

Unit #1 Title: Applying the Skills of Transitioning Between Educational Levels	
Lesson Title: Exploration of Post-Secondary Options	Lesson: 2 of 4
Grade Level: 10	
Length of Lesson: 55-70 minutes	
Missouri Comprehensive School Counseling Standard Big Idea: AD.5: Applying the Skills of Transitioning Between Educational Levels	
Grade Level Expectation (GLE): AD.5.A.10: Self-assess and apply information to expand awareness of the relationship between high school options and post-secondary options.	
American School Counselor Association (ASCA) Mindsets and Behaviors: Academic Development	

Materials (include activity sheets and/ or supporting resources)

<p>Computer access for each student and/or several copies of college guides Alumni of your school Written instructions for navigating the selected program, such as Missouri Connections, Choices, or Discover (ACT) and a sample analysis sheet for chosen program. Or websites where student may do a college search (www.act.org www.collegeview.com www.petersons.com).</p>
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Show Me Standards: Performance Goals (check one or more that apply and identify relevant process standards)

X	Goal 1: Gather, analyze and apply information and ideas 2. Conduct research to answer questions and evaluate information and ideas 4. Use technological tools and other resources to locate, select and organize information 5. Comprehend and evaluate written, visual and oral presentations and works 6. Discover and evaluate patterns and relationships in information, ideas and structures 10. Apply acquired information, ideas and skills to different contexts as students, workers, citizens and consumers
	Goal 2: Communicate effectively within and beyond the classroom
	Goal 3: Recognize and solve problems
X	Goal 4: Make decisions and act as responsible members of society 8. Explore, prepare for and seek educational and job opportunities

This lesson supports the development of skills in the following academic content areas.

Academic Content Area(s)	Specific Skill(s)
X	Communication Arts 6. Participating in formal and informal presentations and discussions of issues and ideas

	Mathematics	
X	Social Studies	7. The use of tools of social science inquiry (such as surveys, statistics, maps, documents)
	Science	
	Health/Physical Education	
	Fine Arts	

Enduring Life Skill(s)

X	Perseverance	X	Integrity	X	Problem Solving
	Courage		Compassion		Tolerance
	Respect	X	Goal Setting		

Lesson Measurable Learning Objectives:

The student will make a list of 2-3 post secondary options and required information necessary for application. Students will write an essay about their transitional needs.

Lesson Formative Assessment (acceptable evidence):

Assessment should relate to the performance outcome for goals, objectives and GLE. Assessment can be question answer, performance activity, etc.

Assessment of this lesson will be through analysis and discussion of personal computer print out from various inventories such as Missouri Connections, PLAN, ASVAB, Choices, Discover, etc.

Complete a list of personal options and requirements to transition into those options.

Lesson Preparation

Essential Questions:
How will my life be different this year?

Engagement (Hook):
Have two or three alumni of your school explain how they chose the college or school they are attending.

Procedures

<p>Instructor Procedures/Instructional Strategies:</p> <p>1. With the class, develop a list of personal information about the applicant a college or employer may require. Some suggestions are:</p> <ul style="list-style-type: none"> • GPA • Class rank • ACT/SAT scores • High school curriculum • Extracurricular and community activities • Honors and awards earned 	<p>Student Involvement/Instructional Activities:</p> <p>1. Students will brainstorm information a college or employer may require.</p>
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<ul style="list-style-type: none"> • Work experience • Community service/volunteerism • Leadership positions • Essay • Resume <p>2. Ask students to discuss post-secondary choices (i.e., four year universities, employment, community college, engineering and technical colleges, vocational-technical school, fine arts schools, nursing school, business school, military.</p> <p>3. Counselors will help students to conduct a computer search of college/job requirements.</p> <p>4. Have students make a list of 2 to 3 interesting options and describe the information they will need to transition into the next stage of their lives (college, training, work, and military.)</p> <p>5. Collect, review and return essays.</p>	<p>2. Students will participate in discussion.</p> <p>3. Students will complete a career and/or college search utilizing the Missouri Connections website in order to identify their own special needs, talents, and requirements.</p> <p>4. Students will write an essay about their transitional needs.</p> <p>5. Students will turn in essays.</p>
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Teacher Follow-Up Activities

Have students make a collage using pictures out of old magazines to show the things they do that will someday help them get a job or into a college. Display collages in the room.

Counselor reflection notes (completed after the lesson)