

Unit #1 Title: What do First Graders Look and Act Like?	
Lesson Title: Portrait of a First Grader	Lesson: 1 of 2
Grade Level: 1	
Length of Lesson: 30 minutes	
Missouri Comprehensive School Counseling Standard Big Idea: AD.5: Applying the Skills of Transitioning Between Educational Levels	
Grade Level Expectation (GLE): AD.5.A.01: Identify increased school expectations.	
American School Counselor Association (ASCA) Mindsets and Behaviors: Academic Development	

Materials (include activity sheets and/ or supporting resources)

Large piece of bulletin board paper or two pieces of chart paper taped together Puppet Markers
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Show Me Standards: Performance Goals (check one or more that apply and identify relevant process standards)

X	Goal 1: Gather, analyze and apply information and ideas 1. Develop questions and ideas to initiate and refine research
X	Goal 2: Communicate effectively within and beyond the classroom 3. Exchange information, questions and ideas while recognizing the perspectives of others
	Goal 3: Recognize and solve problem
X	Goal 4: Make decisions and act as responsible members of society 1. Explain reasoning and identify information to support decisions

This lesson supports the development of skills in the following academic content areas.

Academic Content Area(s)		Specific Skill(s)
X	Communication Arts	6. Participating in formal and informal presentations and discussions of issues and ideas.
	Mathematics	
X	Social Studies	6. Relationships of the individual and groups to institutions and cultural traditions.
	Science	
X	Health/Physical Education	2. Principles and practices of physical and mental health
	Fine Arts	

Enduring Life Skill(s)

	Perseverance		Integrity	X	Problem Solving
	Courage		Compassion		Tolerance
X	Respect	X	Goal Setting		

Lesson Measurable Learning Objectives:

The student will name two thoughts or activities that are associated with a first grader.

Lesson Formative Assessment (acceptable evidence):

Assessment should relate to the performance outcome for goals, objectives and GLEs. Assessment can be question answer, performance activity, etc.
 Students will generate ideas of the things that a 1st grade student thinks, does and feels based on a model on bulletin board paper.

Lesson Preparation

Essential Questions:
 How are the expectations in school different from Kindergarten to 1st grade?

Engagement (Hook):
 A puppet is used to ask students what a 1st Grade student thinks, does and feels.

Procedures

Instructor Procedures/Instructional Strategies:	Student Involvement/Instructional Activities:
<p>1. Counselor will pick a student and trace that student’s body onto a piece of bulletin board paper on the floor. The rest of the students will sit in a circle around the paper.</p> <p>2. Counselor will ask students the following: a. What does a 1st Grader think about friends, schoolwork, and play? b. What does a 1st Grader do with friends, schoolwork, and play? c. What does a 1st Grader feel about friends, schoolwork, and play? Counselor will write the responses from the students in marker on the paper silhouette.</p> <p>3. Counselor will look at the completed body and discuss the ideas that were generated.</p> <p>4. The counselor will pass the puppet around the circle and have the students share one</p>	<p>1. One student will need to lie on the paper so that the counselor can trace the student.</p> <p>2. Students will raise their hands and share their responses.</p> <p>3. Students will participate in discussion.</p> <p>4. Student will share their individual ideas about 1st grade.</p>

<p>thing they like about being a first grader.</p> <p>5. The counselor tells students that during the next lesson they will be making their own body profile describing their thoughts, things they like to do in first grade and their feelings about first grade.</p>	<p>5. Students respond or ask questions before ending the lesson.</p>
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Teacher Follow-Up Activities

Teacher could determine where in the classroom or hallway the completed body on the bulletin board paper could hang until the next lesson.

Counselor reflection notes (completed after the lesson)