

<p>Unit 1 Title: Learning for Life</p> <p>Lesson Title: Making Your Own Master Calendar Lesson: Lesson 2 of 6</p> <p>Grade Level: 9</p> <p>Length of Lesson: 50 minutes</p> <p>Missouri Comprehensive School Counseling Big Idea: AD.4: Applying skills needed for educational achievement</p> <p>Grade Level Expectation (GLE): AD.4.B.09: Review and build upon self-management system and adjust to increase academic demands.</p> <p>American School Counselor Association (ASCA) Mindsets and Behaviors: Academic Development</p>

Materials (include activity sheets and/ or supporting resources)

<p>Provide students with a school year calendar. (Students may already have one in their school planner.) Students may also make their own school year calendar by dividing paper into the 9 different months.</p>
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Show Me Standards: Performance Goals (check one or more that apply and identify relevant process standards)

X	<p>Goal 1: Gather, analyze and apply information and ideas 4. Use technological tools and other resources to locate, select and organize information</p>
	<p>Goal 2: Communicate effectively within and beyond the classroom</p>
X	<p>Goal 3: Recognize and solve problems 3. Develop and apply strategies based on one’s own experience in preventing or solving problems 4. Evaluate the processes used in recognizing and solving problems</p>
X	<p>Goal 4: Make decisions and act as responsible members of society 5. Develop, monitor and revise plans of action to meet deadlines and accomplish goals</p>

This lesson supports the development of skills in the following academic content areas.

Academic Content Area(s)	Specific Skill(s)
X	<p>Communication Arts</p> <p>1. Speaking and writing standard English (including grammar, usage, punctuation, spelling, capitalization) 6. Participating in formal and informal presentations and discussions of issues and ideas</p>
	<p>Mathematics</p>
X	<p>Social Studies</p> <p>7. The use of tools of social science inquiry (such as surveys, statistics, maps, documents)</p>
	<p>Science</p>
	<p>Health/Physical Education</p>

	Fine Arts	
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Enduring Life Skill(s)

X	Perseverance		Integrity		Problem Solving
	Courage		Compassion		Tolerance
	Respect	X	Goal Setting		

Lesson Measurable Learning Objectives:

The student will complete a personal master calendar for the current school year.

Lesson Formative Assessment (acceptable evidence):

Assessment should relate to the performance outcome for goals, objectives and GLE.
 Assessment can be question answer, performance activity, etc.
 Completed Personal Master Calendar for the present school year.

Lesson Preparation

Essential Questions:
 How do I spend my time?

Engagement (Hook): Make up a high school announcement sheet with several time conflicts for activities. Discuss the time demands that each student has such as: homework, activities, family, friends, and chores.

Procedures

Instructor Procedures/Instructional Strategies:	Student Involvement/Instructional Activities:
1. Read announcements (real or fake), or have coaches/activity advisors interrupt and make announcements during the class.	1. Listen.
2. Ask students the steps they follow to plan their time.	2. Volunteers discuss how they plan their time.
3. Go over the school calendar with the class. Have students put their birthdays and other important dates on their calendars.	3. Students will write important dates on their calendars (end of quarters, special events).
4. Have school activity schedules available and share information with the students.	4. Students add information that is important to them.
5. Ask students to write dates important to them on their calendars.	5. Students continue to fill out calendars.
6. Discuss how conflicts may occur and how to avoid them.	6. Participate in a group discussion about conflicts and priorities.

Teacher Follow-Up Activities

At the beginning of each month ask the teacher to review calendars with students, or have students take out their Personal Master Calendars when announcements are read.

Counselor reflection notes (completed after the lesson)