

Unit #1 Title: Tick-Tock Goes The Clock	Grade Level: 4
Number of Lessons in Unit: 3	
Time Required for each lesson: 30-40 min. each	
Lesson Titles:	
Lesson # 1: Time Is On My Side!	
Materials and Preparation Suggestions:	
<i>Weekly Time Management Schedule</i> Template (provided)	
<i>Betty's Busy Week</i> (provided)	
Lesson # 2: Time Is On My Side! Again!	
Materials and Preparation Suggestions:	
<i>Weekly Time Management Schedule</i> Template (saved from Lesson 1)	
Case Study: <i>Frantic Fred's Week</i> (provided)	
Blank <i>Weekly Time Management Schedule</i> Template (provided)	
Colored markers in red, yellow, and green	
Lesson # 3: It's Time for Test Skills Rock!	
Materials and Preparation Suggestions:	
<i>Song: Testing Skills Rock</i> (provided)	
<i>Tips and Pointers for Taking Tests</i> (provided)	
<i>Study/Test-Taking Strategies Inventory</i> (provided)	
Missouri Comprehensive School Counseling Big Idea:	
AD.4: Applying Skills Needed for Educational Achievement	
Grade Level Expectations (GLEs):	
AD.4.A.04: Apply study skills and test taking strategies to improve academic achievement. (DOK Level -3)	
AD.4.B.04: Apply basic time management and organizational techniques necessary for assignments and/or task completion. (DOK Level -3)	
American School Counselor Association (ASCA) Mindsets and Behaviors:	
Academic Development	

Show Me Standards: Performance Goals (check one or more that apply and identify relevant process standards)

X	Goal 1: Gather, analyze and apply information and ideas 1. Develop questions and ideas to refine research. 6. Discover and evaluate patterns and relationships in information, ideas and structure. 8. Organize data, information and ideas into useful forms.
X	Goal 2: Communicate effectively within and beyond the classroom 3. Exchange information, questions, and ideas while recognizing the perspectives of others.

X	Goal 3: Recognize and solve problems 2. Develop and apply strategies based on ways others have prevented or solved problems. 7. Evaluate the extent to which a strategy addresses the problem.
X	Goal 4: Make decisions and act as responsible members of society 1. Explain reasoning and identify information used to support decisions. 5. Develop, monitor and revise plans of action to meet deadlines and accomplish goals.

This lesson supports the development of skills in the following academic content areas.

Academic Content Area(s)	Specific Skill(s)
X Communication Arts	6. Participating in formal and informal presentations and discussions of issues and ideas.
Mathematics	
X Social Studies	7. The use of tools of social science inquiry.
Science	
X Health/Physical Education	2. Principles and practices of physical and mental health.
Fine Arts	

Unit Essential Questions:

What does it mean to use time wisely?
How can I manage my time?
How can I improve my test scores?

Unit Measurable Learning Objectives:

The student will apply two study skills and two test taking strategies used to improve academic achievement.
The student will apply two time management techniques and two organizational techniques necessary for task completion.

Unit Instructional Strategies/Instructional Activities:

Direct (Guided and Shared-Reading Listening, Viewing, Thinking)
 Indirect
 Experiential (Simulations)
 Independent Study
 Interactive Instruction (Brainstorming, Peer Partner Learning, Discussion, Think, Pair, Share, Cooperative Learning, Problem Solving)

Unit Summative Assessment (acceptable evidence):

**Assessment should relate to the performance outcome for goals, objectives and GLEs.
Assessment can be question answer, performance activity, etc.**

The student will work in small groups to develop a weekly self-management schedule based on a case study.
The student will be able to identify study and test taking skills.

Brief Summary of Unit:

Students will utilize case study to develop and evaluate a weekly self-management schedule. They will use the self-management skills to help them learn positive test taking skills.

What prior knowledge do students need (e.g. the steps to solving a problem) to be successful in this unit?

Self management and organizational skills

Telling Time

Vocabulary: Venn Diagrams (Definition and Use)