Unit #1 Title: Becoming a Self Starter  

Grade Level: 2

Number of Lessons in Unit: 2

Time Required for each lesson: 30 minutes

Lesson Titles:
Lesson #1: I WILL DO IT!
Materials and Preparation Suggestions:
Story: “The Not-So Independent Working Classroom” (provided)
Independent Working Skills Checklist
Chart Paper

Lesson #2: I DID IT!
Materials and Preparation Suggestions:
Completed Independent Working Skills Checklist (see lesson 1)
“Positive Work Habit Name” Sheet

Missouri Comprehensive School Counseling Big Idea:
AD.4: Applying Skills Needed for Educational Achievement

Grade Level Expectations (GLEs):
AD.4.A.02: Demonstrate skills needed to complete classroom tasks independently. (DOK Level -2)
AD.4.B.02: Build individual work habits and study skills that apply to a variety of learning situations. (DOK Level - 4)

American School Counselor Association (ASCA) Mindsets and Behaviors:
Academic Development

Show Me Standards: Performance Goals (check one or more that apply and identify relevant process standards)

| X | Goal 1: Gather, analyze and apply information and ideas |
|   | 8. Organize data, information, and ideas into useful forms for analysis or presentation. |
|   | 10. Apply acquired information, ideas, and skills to different contexts as students, workers, citizens, and consumers. |
| X | Goal 2: Communicate effectively within and beyond the classroom |
|   | 3. Exchange information, questions, and ideas while recognizing the perspectives of others. |
| X | Goal 3: Recognize and solve problems |
|   | 6. Examine problems and proposed solutions from multiple perspectives. |
| X | Goal 4: Make decisions and act as responsible members of society |
|   | 5. Develop, monitor, and revise plans of action to meet deadlines and accomplish goals. |
|   | 4. Recognize and practice honesty and integrity in academic work and in the workplace. |

This lesson supports the development of skills in the following academic content areas.
Missouri Comprehensive School Counseling Programs:

Linking School Success to Life Success

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<table>
<thead>
<tr>
<th>Academic Content Area(s)</th>
<th>Specific Skill(s)</th>
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<tbody>
<tr>
<td>X Communication Arts</td>
<td>6. Participating in formal and informal presentations and discussions of issues and ideas.</td>
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<tr>
<td>Mathematics</td>
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<tr>
<td>X Social Studies</td>
<td>6. Relationships of the individual and groups to institutions and cultural traditions.</td>
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<tr>
<td>Science</td>
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<tr>
<td>Health/Physical Education</td>
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<td>Fine Arts</td>
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Unit Essential Questions:

What work/study habits will help you be successful in life?

Why are positive habits important?

Unit Measurable Learning Objectives:

The student will demonstrate abilities to complete classroom tasks independently.

The student will evaluate individual work habits by completing an independent working skills progress report.

Unit Instructional Strategies/Instructional Activities:

- X Direct (Compare & Contrast)
- X Indirect (Reading for Meaning, Reflective Discussion)
- X Experiential
- X Independent Study (Homework)
- X Interactive Instruction (Discussion)

Unit Summative Assessment (acceptable evidence):

Assessment should relate to the performance outcome for goals, objectives and GLEs. Assessment can be question answer, performance activity, etc.

The student will self-assess their level of success on two work habits.

Brief Summary of Unit:

Students will learn the work habits people use while working independently, will self-assess their abilities on two of those work habits, and will develop a plan for strengthening their ability to apply work habits.

What prior knowledge do students need (e.g. the steps to solving a problem) to be successful in this unit?

Steps for completing classroom assignments and activities.

Work habits necessary for school success.

Ability to demonstrate skills needed to complete classroom tasks independently.
| Ability to develop plans and apply planning ability to build individual work habits and study skills in a variety of learning situations. |