

School counseling programs are collaborative efforts benefiting students, parents, teachers, administrators and the overall community. School counseling programs should be an integral part of students' daily educational environment, and school counselors should be partners in student achievement. ASCA



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Resources and information provided in the Counselors Digest are for communication purposes only. Listing these resources and information does not constitute endorsement by either the School Counseling Services Section or the Department of Elementary and Secondary Education.

DESE Update



NCI 2019 was a success! Over 60 participants starting their first year gained valuable resources, knowledge, and began to build their school counseling network!

The revised Gysbers Award application is now available on the DESE School Counseling [website](#). Applications are due in June but you can upload the document and work on it throughout the year.

A new Guidance Document specific to schools (regarding the Trauma Informed Missouri Model) is available on the DESE website: <https://dese.mo.gov/traumainformed>.

Legislation you NEED to know!	
638 - Trauma Informed	Must be shared by October 1 ST each year
1606 (167.902) - Critical Need/Shortage Occupations	Must be shared by November 1st each year
3 - Computer Science	Substitution for an academic credit – not accepted at all higher education institutions. School has specific role of informing parents

Announcements

Suicide Assessment Survey – School Counselor Experience

A research team is seeking participants for a research study exploring school counselors' experiences with suicide assessments, intervention, and death of a student by suicide.

If you are a school counselor who is currently employed in a school and would like to participate, please use this URL (Click on or copy/paste into browser) to access a more detailed explanation of research and the survey: http://ucf.qualtrics.com/jfe/form/SV_d5bGhblxidNwLQh. Contact Jaimie.sticklhaugen@ucf.edu for more information.

Registration with Selective Service

Please inform your students that all male U.S. citizens are required to register with the Selective Service within 30 days of their 18th birthday. In addition, non-US citizen men between the ages of 18 and 25 (inclusive) living in the United States must register.

Please designate a staff member as your school's Selective Service System "Registrar." The Registrar is a point of contact that your students can go to if they need assistance registration.

[Register with Selective Service Registrar Program](#)

Youth Mental Health First Aid

Mental Health First Aid is an 8-hour course that teaches you how to help someone who may be experiencing a mental health or substance use challenge. The training helps you identify, understand and respond to signs of addictions and mental illnesses. **Find a Mental Health First Aid course near you using the search tool:** <https://www.mentalhealthfirstaid.org/take-a-course/find-a-course/>

Missouri Comprehensive Tobacco Control Program

The [Missouri Comprehensive Tobacco Control Program](#) is a resource to your school for tobacco use prevention and cessation. If you have any questions, need additional information, or would like tobacco use prevention and cessation assistance, please contact Valerie Howard at (573) 522-2824 or Joyce Lara at (573) 751-6183 or joyce.lara@health.mo.gov

United States Senate Youth Program

The United States Senate Youth Program, is a unique educational experience for outstanding high school students interested in public service. Students are nominated by their local high school principal and selected through a rigorous application and interview process. In March 2019, selected students will spend a busy week in Washington D.C. They will also receive a \$10,000 scholarship. Completed applications for Missouri students are due no later than Wednesday, September 12, 2019: <https://dese.mo.gov/college-career-readiness/curriculum/social-studies/senate-youth-program>

Professional Development and Upcoming Conferences

Journey to College

SAVE THE DATE: 8/23/19

Use this link: <https://dhe.mo.gov/ppc/journeystocollegeprograms.php> to get information and resources to learn all about Apply Missouri, FAFSA Frenzy, and Decisions Events to host in your school!

Manufacturing Day

SAVE THE DATE: October 5, 2019

MFG Day is a great way to dispel common myths about modern manufacturing. "Before, I thought of factories as being a place where it's really smoky and people are really sad and it's not like anything that you'd want to be in," said one student. "But now that I come here, everyone's happy, they're working together. It's like a huge team and like a family." Learn more about hosting one in your community including resources: <https://missourienterprise.org/mfgday>

COLLEGE COUNSELING INSTITUTE (CCI)

Date and Location: Monday, October 21st at Rockhurst University (Kansas City)

CCI is a one-day professional development opportunity for high school counselors who want to learn more about helping their students with the college admissions process. Whether you are new to the college counseling profession or a seasoned pro, we are confident you'll find this day to be worth your valuable time! Counselors will have the opportunity to attend three sessions throughout the morning with topics such as writing letters of recommendation, financial aid

basics, helping students find the right fit, academic accommodations at the post-secondary level, mock admissions committee application case study and more...

REGISTER HERE: <https://moacac.memberclicks.net/college-counseling-institute-cci->

21st Annual Community Services Summit

SAVE THE DATE: October 29, 2019

Plan to attend the Community Services Summit in St. Peters, Missouri! Skill building workshops on trauma, assessing suicide, personal safety, and expressive arts therapy will be offered which would be beneficial for anyone working with youth and families. A special midday theme will focus on: Taking Care of You is the Best Way to Help Others. Register and find more information at: <http://www.communitycouncilstc.org/community-services-summit>

ASCA U Specialist Trainings

SAVE THE DATE: Anytime!

Whether you are new to the field or have years of experience, an ASCA Specialist designation from ASCA U can help you further master important school counseling-related subject areas. Go back to school with ASCA U. There are a wide variety of courses offered. You can find more information and registration at <https://www.schoolcounselor.org/school-counselors-members/professional-development/asca-u>

Responsive Services

Mandated Reporter

Missouri's Mandated Reporter requirements state that "All mandatory reporters shall, upon finding reasonable cause, directly and immediately report suspected child abuse or neglect." (Section 162.069.3 RSMo.) (Section 210.115 RSMo.) <http://missourikidsfirst.org/>

Resource Numbers

National Suicide Prevention Lifeline

1-800-273-TALK (8255) <http://www.suicidepreventionlifeline.org/>

Missouri School Violence Hotline

1-866-748-7047 <https://www.schoolviolencehotline.com/>

Missouri Child Abuse or Neglect Hotline

1-800-392-3738 <http://dss.mo.gov/cd/can.htm>

Final Thoughts



It is the policy of the Missouri Department of Elementary and Secondary Education not to discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs or employment practices as required by Title VI and VII of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975 and Title II of the Americans with Disabilities Act of 1990. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator–Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number (573) 526-4757 or TTY (800) 735-2966, fax (573) 522-4883, email civilrights@dese.mo.gov.