

Why the School Day Should Not Be Lengthened

Contrary to popular belief, a longer school day could actually have negative effects on students. With more time during school to learn, it may seem like adding an extra hour to the day might be great and work to the benefit of students. But what people don't consider is that adding another class would bring on its own challenges, with more homework and less free time for students after school. The school day should not be lengthened because it will exhaust students and lead to more stress, it would also give students less time for afterschool activities like sports and will leave less time for students to sleep at night, reducing how well they can learn the next day.

Lengthening the school day would cause stress and exhaust students. With another class in the day, there would be extra homework for students to do in the evening, piling on to what they already have to do. Another school hour would also leave less time afterschool for students to do their homework, which doesn't make sense, considering there would be more homework. Even if students could find time to finish all their homework, most children and teenagers have chores to do to help out around their house and a more limited timespan for them to get their homework and chores done could end up causing stress for students.

There would also be less time left for afterschool activities like sports, drama, and even just socializing. With more homework in the evenings and less time afterschool, students wouldn't be able to find time for activities that are just as important as going to school. It might seem like lengthening the school day is more important than extracurricular activities but these activities can help kids by helping them find an outlet and have something to look forward to after school. Sports can help kids with teambuilding and provide an outlet for their aggression and energy. Drama, music and dance classes are good creative outlets and can help kids learn to

concentrate in school and find ways to help them concentrate. Some people also just need time to socialize with friends out of school and are also expected to spend time with their families, or they might need time after school to rest and reboot before doing anything else. Lengthening the school day would leave less time for this and more homework, interrupting how much time would be left.

With more homework to do, kids might have to stay up later at night to finish it. Having less time to sleep isn't physically healthy and could lead to sickness, which would make students miss more days of school which could possibly lead to even more stress. Less sleep also means students can't concentrate in class and end up falling asleep in class as a result. The stress put on by more homework can also make it hard to sleep and can make people more prone to sicknesses.

It could be argued that with a longer school day would benefit students, giving them more time in class to learn, but another class would add more homework and leave less time to do homework. With more homework and less time after school, there would be a lot of stress put on students, not to mention afterschool activities and such. The extra stress put on students would limit how well they could learn in school and if they are losing sleep over homework they would start falling asleep in class.

Ultimately, a longer school day would have a negative effect on students, leaving them with less time to do homework and other responsibilities and activities. This shortened length of time could leave students feeling stressed and sleep-deprived and limit their concentration and education during the school day. A longer school day would have the opposite of the intended effect on students and therefore is pointless to spend time and money on to set up.

Organization/Purpose – 4

- Clear structure. The thesis is clear without being mechanical “The school day should not be lengthened...” as is the conclusion: “Ultimately, a longer school day...”
- Uses introductory prepositional phrases effectively as transitions: “With more time during school to learn...” “With more homework in the evenings...”
- Makes a logical progression
- Addresses opposite point of view “Contrary to popular belief...” “It could be argued...”

Evidence/Elaboration – 3+

- Some repetition—homework is detailed in multiple paragraphs without adding additional information
- Limited elaboration “Sports can help kids with teambuilding” “Drama, music and dance classes are good creative outlets...”

Conventions – 2

- Few errors—missing commas