

Dear Mr.

It's clear to many of us students that the district's thoughts on making the school hours longer is beneficial, in truth, IT'S NOT. Making the school day, especially, the school year longer is the worst mistake the district can make. In many ways it is thought to be helping kid when actually it is hurting them. Mentally, physically and emotionally. Lengthening the school day will only increase drop-out rates and damage in kids' health.

Longer school periods effect physical health by creating less time for kids to engage in sports. In order to keep up with the work demand, they are more likely to drop out of sports or not even be accepted. The weight of school backpacks cause back problems. The constant use of laptops and typing causing damaging eye problems and carpal tunnel to develop. Afterschool homework would be increased, to return home and do a normal 1-2 hours' work of homework would be doubled. Kids would work up until midnight to finish homework, losing their amount of sleep. They would be exhausted everyday coming to school just to repeat the same process.

Kids experience mental challenges here. The amount of school work and homework equals the amount done in college. Kids are more likely to give up and accept bad grades over working themselves dry over pointless assignments. Seen as in the gradebook, you know this. Doubling the homework will only increase bad grade more. Student have little tolerance for the arrogance of adults. If the district were to lengthen the day, most kids would drop-out before they reach college. They see no reason to work themselves over and over tirelessly for nothing. With the added stress kids would be in worst health. Anxious, sick and even guilt-trippy. Most won't be able to escape the school district, so in desperate attempts suicidal rates with increase.

Not only will lengthening the school day effect students mentally, it will affect them emotionally too. Students will become mean, grouchy and even lash out. Depression and anxiety rates will increase as students' progress in grade level. More students will be diagnosed with anxiety disorders and panic attacks. Students will think of themselves as trapped, small and insolated overwhelmed. They'll be miserable and hate school districts. Strong minded

students might even go on strike. This isn't a farfetched idea, previous actions in schools has happened in the previous generation.

Now some might disagree and say increased school will increase learning for kids, but what is the point if students won't do the work or homework. Kids are already struggling in classes, taking the extra way from them to work and understand the material will encourage them to give up the material. Other might say the extra hour could be used a study hall; What about the kids who understand the material already? Are they going to enforce and force them to do work? That would be unfair and unjust. If there is to be an extra hour let it be afterschool. The desperate might even argue increased school time is better than extending the school. Neither are a good idea. The true purpose for this is to compete with a foreign region. Both will result with kids dropping out and effecting their heath.

In conclusion the students feel like it is a terrible idea. Lengthening the school day will only increase drop-out rates and damage in kids' health. What the school district think as helping the students will only hurt them more. Did anyone want school to be longer when they were in school? So why enforce it to the students of this generation? Change is not a favorable option, it is best to leave thing how they have always been.

Sincerely concerned,

### **Organization/Purpose – 3+**

- Uses an obvious formula for writing which feels slightly clunky
- Effective introduction and conclusion “Lengthening the school day will only increase...” and (although perhaps less desirable) “In conclusion”
- Acknowledges both sides of argument “Now some might disagree and say increased school will increase learning...”

### **Evidence/Elaboration – 4**

- offers extensive evidence for each point “weight of school backpacks”, “carpal tunnel”, “anxiety disorders and panic attacks”
- engages reader by addressing him directly “in truth, IT'S NOT”

### **Conventions – 2**

- few errors—fragments, commas—that are not severe