

## Administrative Memo

**Date:** October 6, 2014  
**To:** School Administrators, Physical Education Teachers  
**From:** Janice Rehak, Coordinator, Office of College and Career Readiness  
**Subject:** CCR-14-013 - Fitness reporting changes

Cade's Law, passed during the 2013 legislative session, requires that a physical fitness recognition plan be established for public elementary, middle and high school students, schools as well as districts. A panel of experts representing physical education from each of these grade spans, the Missouri Association of Health, Physical Education, Recreation and Dance (MOAHPERD), special education, and post-secondary instructors was convened during the summer and fall of 2013 to establish proposed rules for this law. Comments on the proposed rule were solicited in November, 2013 and the final rule was approved and published in the Missouri Register in April, 2014.

Beginning in the 2014-15 school year, schools are to collect and report data on aerobic capacity, muscular strength, endurance, and flexibility for all eligible elementary students in grade five (5), middle school students in grade seven (7), and high school students in grade nine (9) who are enrolled in a physical education class for any part of the traditional school year as identified by each LEA's beginning and ending date or summer school. This is similar to previous requirements with the addition of grade seven.

Schools are to use FITNESSGRAM® protocols found on the [Presidential Youth Fitness Program](#) website. These materials are free of charge and are very similar to those protocols previously found in the Missouri Physical Fitness Assessment Manual (2000). Information will be reported on Core Data Screen 17 beginning the June 2015 cycle.

Additional guidance, including definitions for student eligibility as well as student, team, school and district recognition indicators, can be found on the [DESE website](#).

Please contact [Janice Rehak](#) for more information or questions concerning Cade's Law.