COURSE INTRODUCTION:

**Personal/Social Development**
The units in Personal/Social Development are designed to assist students in developing the knowledge and skills to be productive and respectful citizens in a global society. The units focus on self-understanding, diversity, respect, and personal social and safety skills. The three major areas covered in Personal/Social Development are:

**Understanding self as an individual and as a member of diverse local and global communities.**
**Major Points:** The content of this area is designed to help students in grades K-12 know and understand themselves and their roles as contributing members of society. Emphasis is placed on personal characteristics and the roles and responsibilities of each individual. Students will gain knowledge that leads to the recognition and understanding of the interrelationship of thoughts, feelings and actions in students’ daily lives. Learning includes knowledge that contributes to an understanding of the importance of each person in his or her extended (global) as well as immediate community (e.g. family, classroom, school, city or town) and each person’s role and inter-relatedness with all other people of the world.

**Interacting with others in ways that respect individual and group differences.**
**Major Points:** This area focuses on helping students in grades K-12 know, understand and respect others in order to develop and maintain quality relationships. The learning includes developing an understanding of the similarities and differences of others and ways these similarities and differences contribute to working together in our diverse world. Students will learn about their roles in advocating for respect for all human beings.

**Applying personal safety skills and coping strategies.**
**Major Points:** Physical and psychological safety and healthy personal coping skills are emphasized in the content this area. The learning is based on the premise that young people are vulnerable. They are vulnerable to the pressure of peers to engage in unhealthy behaviors. They are vulnerable to harassment, sexual abuse or physical abuse. In addition, they are vulnerable to expected and unexpected life events (e.g. a new sibling or the death of a parent). In each situation, external influences interact with individual factors as the young person makes decisions and choices about how to respond. The emphasis is on developing within each student the ability to advocate for self. The knowledge and skills include the ability to recognize the warning signs of external and internal threats to the personal safety of self and others. Students will learn a variety of methods for seeking help when an external threat to health or safety exists, when an internal conflict threatens his or her well-being (e.g. suicidal thoughts) or when a life situation requires a new way of coping. Learning includes how to respond to personal concerns as well as the needs of peers.
**UNIT DESCRIPTION:** What Does it Take to Get Along With Others?  
The lessons in this unit contain the rationale, strategies, and examples of interacting with others in positive ways that acknowledge and respect individual and group differences.

**SUGGESTED UNIT TIMELINE:** 6 Lessons  
**CLASS PERIOD (min.):** 30 minutes each

**ESSENTIAL QUESTIONS:**  
1. Why is it important to respect differences?

<table>
<thead>
<tr>
<th>ESSENTIAL MEASURABLE LEARNING OBJECTIVES</th>
<th>CCSS LEARNING GOALS (Anchor Standards/Clusters)</th>
<th>CROSSWALK TO STANDARDS</th>
</tr>
</thead>
</table>
| 1. The student will self-assess 16 areas of respect at school by completing a self-report survey and write a plan for improvement. | PS.2.A.04: Demonstrate respect for others’ personal opinions and ideas.  
PS.2.B.04: Recognize and respect diverse groups within the school and community.  
PS.2.C.04: Identify and practice the skills used to compromise in a variety of situations. | SL.4.1  
L.4.1  
L.4.3  
L.4.5  
L.4.6 |
| | | P/SD A.  
Students will acquire the knowledge, attitude, and interpersonal skills to help them understand and respect self and others. | Level 2 |
| 2. The student will self-assess 16 areas of respect in the context of family by completing a self-respect survey and write a plan for improvement. | PS.2.A.04  
PS.2.B.04  
PS.2.C.04 | SL.4.1  
L.4.1  
L.4.3 |
| | | P/SD A  
Level 2 |
| | | Level 2 |
| | | Level 3 |
3. The student will list 23 ways in which people are different on the diversity puzzle.

4. The student will compare and contrast 18 characteristics they have with 18 characteristics of another student.

5. The student will use the STAR method to role play at least two conflict resolution scenarios in school.

6. The student will find win-win compromise solutions to two problem scenarios in school.

**ASSESSMENT DESCRIPTIONS**:
The student will use the STAR steps in problem solving to resolve conflict scenarios.

**Obj. #** | **INSTRUCTIONAL STRATEGIES (research-based): (Teacher Methods)**
---|---
| X | Direct
| X | Indirect
| X | Experiential
|  | Independent study
| X | Interactive Instruction

**See Lessons:**
1. Lesson 1 What Does Respect Look Like in School?
2. Lesson 2 What Does Respect Look Like at Home?
3. Lesson 3 Respect for All Kinds of People Inside and Outside the School
4. Lesson 4 Similar and Different
5. Lesson 5 Talk it Over and Work It Out: Compromise!
<table>
<thead>
<tr>
<th>Obj. #</th>
<th>INSTRUCTIONAL ACTIVITIES: (What Students Do)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>See Lessons:</td>
</tr>
<tr>
<td>2</td>
<td>Lesson 1 What Does Respect Look Like in School?</td>
</tr>
<tr>
<td>3</td>
<td>Lesson 2 What Does Respect Look Like at Home?</td>
</tr>
<tr>
<td>4</td>
<td>Lesson 3 Respect for All Kinds of People Inside and Outside the School</td>
</tr>
<tr>
<td>5</td>
<td>Lesson 4 Similar and Different</td>
</tr>
<tr>
<td>6</td>
<td>Lesson 5 Talk it Over and Work It Out: Compromise!</td>
</tr>
<tr>
<td></td>
<td>Lesson 6 Tic Tac Toe, Get Off My Toes</td>
</tr>
</tbody>
</table>

**Direct:**

- Structured Overview
- Lecture
- Explicit Teaching
- Drill & Practice
- Compare & Contrast Ls 4
- Didactic Questions
- Demonstrations

**Indirect:**

- Problem Solving Ls 5
- Case Studies
- Reading for Meaning
- Inquiry
- Reflective Discussion
- Writing to Inform
- Concept Formation
- Concept Mapping
- Concept Attainment
- Cloze Procedure
- X Surveys Ls 1,2

**Experiential:**

- Field Trips
- Narratives
- Conducting Experiments
- Simulations
- X Games Ls 3,6
- Storytelling
- Focused Imaging
- Field Observations
- Role-playing
- Model Building
- Surveys Ls 1,2

**Independent Study**

- Essays
- Computer Assisted Instruction
- Journals
- Learning Logs
- Reports
- Learning Activity
- Packages
- Correspondence Lessons
- Learning Contracts
- Homework
- Research Projects
- Assigned Questions
- Learning Centers

**Interactive Instruction**

- Debates
- X Role Playing Ls 5
- Panels
- X Brainstorming Ls 3, 5
- Peer Partner Learning
- X Discussion Ls 1, 2, 3, 4
- Laboratory Groups
- Think, Pair, Share
- Cooperative Learning
- Jigsaw
- X Problem Solving Ls 5, 6
- Structured Controversy
- Tutorial Groups
- Interviewing
- Conferencing

**UNIT RESOURCES: (include internet addresses for linking)**
