

July 2015



Long Gone are the "Lazy" Days of Summer

It is hard to believe that in about a month, classrooms across the state will be buzzing with back-to-school excitement. First-year teachers and 30-year veterans will be busy putting finishing touches on their classrooms. Young children will be heading to school for the first time. Seniors will be prepping for graduation, ready to take the next step after high school.

After a summer of taking classes, attending professional development seminars, and conferences, the start of school often arrives without warning. And with our busy schedules, we often forget about an important part of summer: taking time to relax.



Educators work to foster creativity in the classroom. During these last few weeks of summer, let's practice what we preach and recharge for the upcoming school year. Have you had a chance to read a new book or take the kids to the zoo or their favorite museum? Something as simple as spending time outdoors can go a long way to ensure you and your children are ready for the year ahead.

Taking time out to explore and reflect not only adds joy to life, it can relieve stress, stimulate your imagination, and help with solving problems.

With school fast approaching, I challenge teachers, parents and students to step back and take a few deep breaths before classes begin next month. When the first bell of the new school year rings, you will be glad you did.

I look forward to visiting with many of you at the 54th Annual Cooperative Conference for School Administrators!

Margie Vandeven