



School Year 2014-2015
 Nutritional Information for Rich Products Corporation



Product Code Number	Product Description	Case Weight (lbs)	Serving Size (oz)	Portions per Serving	Svgs per Case	Calories	Calories From Fat	% Cal From Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (% DV)	Vitamin C (% DV)	Calcium (% DV)	Iron (%DV)	CN Number (if applicable)	Meat/MA Credit	Veg Credit	Bread Svgs Credit
65219	Reduced Sodium Whole Grain Rich Breaded Cheese Stick	25.33	4.5	5 sticks	85	380	162	43%	18	7	0	30	410	35	3	1	19	9%	0.9%	46%	11%	083661	2	0	2
65220	Better For You Whole Grain Rich Breaded Mozzarella Cheese Sticks	24.84	4.578	6 sticks	84	330	108	33%	12	4	0	15	660	36	4	3	20	12%	1.6%	52%	11%	086738	2	0	2.25
65224	Whole Grain Rich Buffalo Cheese Cruncher	26.38	5.792	4 Sticks	69	530	279	53%	31	9	0.5	25	830	40	4	3	20	56%	16.7%	49%	10%	083660	2	0	2
65225	Whole Grain Rich Pizza Cruncher	28.24	5.48	4 Sticks	72	420	180	43%	20	9	0	30	790	41	5	3	20	10%	3.1%	43%	12%	080329	2	0	2.25

For additional product information visit http://dese.mo.gov/divadm/food/Nutritional_Facts_Index.html
<http://www.richs.com/>



Rich Products Corporation
 One Robert Rich Way, PO Box 245, Buffalo, NY 14240
 St. Simons Island office (912) 634-3053; Fresno office (559) 227-9265

BID SPECIFICATION

Product Name: FARM RICH® BFY REDUCED SODIUM CHEESESTICKS WITH WHOLE GRAIN	Serving Size: 5 PIECES (4.5 OZ.)
Product Code: 65219	Case Count: 8/3 lb bags Case Wt: 24 lbs.
	Servings / Case: 85
	Case Cube (ft):

Grain Serving Based on Flour Content		Meat/Meat Alternate Based on Weight (Oz.)	
Grain Serving		Food Based Serving Credits:	2.00 oz. meat alternate
Food Based Menu Credits:	2.00 oz. equivalent grains		
69.6% Whole Grain	Whole Grains: 19 g Enriched Flour: 10 g	Reference used to determine M/MA servings:	USDA FOOD BUYING GUIDE (Meat/Meat Alternates Section)
Based on 16 grams Flour = 1 oz. eq. USDA Memo SP 30-2012 dated 4/26/12		Cheese: 1 oz = 28 gm or 1.0 oz. 3/4 oz. = 21 gm or 0.75 oz	1/2 oz = 14 gm or 0.5 oz. 1/4 oz = 7 gm or 0.25 oz.

Nutrition Facts:

Calories: 380	Sodium: 410 mg	Vitamin A: 428 IU
Fat: 18 g	Carbohydrates: 35 g	Vitamin C: 0.52 mg
Saturated Fat: 7 g	Dietary Fiber: 3 g	Calcium: 458 mg
Trans Fat: 0 g	Sugar: 1 g	Iron: 2 mg
Cholesterol: 30 mg	Protein: 19 g	

Ingredient Statement:

LOW MOISTURE PART SKIM MOZZARELLA CHEESE (PASTEURIZED PART SKIM MILK, CHEESE CULTURES, SALT, ENZYME), WHOLE WHEAT FLOUR, WATER, REDUCED FAT MOZZARELLA CHEESE (PASTEURIZED PART SKIM MILK, NONFAT MILK, CHEESE CULTURES, MODIFIED CORN STARCH*, SALT, VITAMIN A PALMITATE, VITAMIN D3, ENZYME), ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL, YELLOW CORN FLOUR, MODIFIED CORNSTARCH, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: CULTURED SKIM MILK, DEHYDRATED GARLIC, DEHYDRATED ONIONS, GUAR GUM, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), METHYLCELLULOSE, NATURAL FLAVOR, ROMANO AND PARMESAN CHEESES (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYME), SALT, SODIUM CITRATE, SPICES, SUGAR, WHEY POWDER, YEAST. *INGREDIENT NOT IN REGULAR MOZZARELLA CHEESE CONTAINS MILK, WHEAT.

Child Nutrition Product Statement:

Five Reduced Sodium Breaded Mozzarella Cheese Sticks (0.90 oz each) provides 2.00 oz meat alternate and 2.00 oz equivalent grains for the Child Nutrition Meal Pattern Requirements. (CN #083661, Expired June 30, 2013, Pending USDA Renewal)

Bid Specification Description:

Individually frozen whole grain breaded cheese sticks. Serve 6 sticks to provide 2.00 oz. equivalent meat alternate and 2.25 oz. equivalent grains. Packed 8/3 lb. sealed bags per 24 lb. case. Rich's® Farm Rich PC# 65220

I certify that the above product information is accurate.

*Penny
Hennessy*

Signature/Title _____
 Penny Hennessy
 Quality Assurance and Compliance Manager

6-May-13
 Issue Date



Rich Products Corporation
 One Robert Rich Way, PO Box 245, Buffalo, NY 14240
 St. Simons Island office (912) 634-3053; Fresno office (559) 227-9265

BID SPECIFICATION

Product Name: FARM RICH® BFY Breaded Mozzarella Cheese Sticks	Serving Size: 6 PIECES (4.578 oz.)
Product Code: 65220	Case Count: 8/3 lb bags Case Wt: 24 lbs.
	Servings / Case: 84
	Case Cube (ft):

Grain Serving Based on Flour Content		Meat/Meat Alternate Based on Weight (Oz.)	
Grain Serving			
Food Based Menu Credits:	2.25 oz. equivalent grains	Food Based Serving Credits:	2.00 oz. meat alternate
69.6% Whole Grain	Whole Grains: 26 g Enriched Flour: 11.36 g	Reference used to determine M/MA servings:	USDA FOOD BUYING GUIDE (Meat/Meat Alternates Section)
Based on 16 grams Flour = 1 oz. eq.	USDA Memo SP 30-2012 dated 4/26/12	Cheese: 1 oz = 28 gm or 1.0 oz. 3/4 oz. = 21 gm or 0.75 oz	1/2 oz = 14 gm or 0.5 oz. 1/4 oz = 7 gm or 0.25 oz.

Nutrition Facts:

Calories: 330	Sodium: 660 mg	Vitamin A: 580 IU
Fat: 12 g	Carbohydrates: 36 g	Vitamin C: 0.93 mg
Saturated Fat: 4 g	Dietary Fiber: 4 g	Calcium: 519 mg
Trans Fat: 0 g	Sugar: 3 g	Iron: 2 mg
Cholesterol: 15 mg	Protein: 20 g	

Ingredient Statement:

REDUCED FAT MOZZARELLA CHEESE (PASTEURIZED PART SKIM MILK, NONFAT MILK, CHEESE CULTURES, MODIFIED CORN STARCH*, SALT, VITAMIN A PALMITATE, VITAMIN D3, ENZYME), WHOLE WHEAT FLOUR, WATER, ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL, MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: GARLIC POWDER, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE), METHYLCELLULOSE, ONION POWDER, SALT, SPICE, SUGAR, YEAST.
 *INGREDIENT NOT IN REGULAR MOZZARELLA CHEESE.
 CONTAINS MILK, WHEAT.

Child Nutrition Product Statement:

Six Reduced Fat Breaded Mozzarella Cheese Sticks (0.763 oz each) provides 2.00 oz. equivalent meat alternate and 2.25 oz. equivalent grains for the Child Nutrition Meal Pattern Requirements. (CN#086738, Pending Approval)

Bid Specification Description:

Individually frozen whole grain breaded cheese sticks. Serve 6 sticks to provide 2.00 oz. equivalent meat alternate and 2.25 oz. equivalent grains. Packed 8/3 lb. sealed bags per 24 lb. case. Rich's® Farm Rich PC# 65220

I certify that the above product information is accurate.

*Penny
Hennessy*

Signature/Title _____
 Penny Hennessy
 Quality Assurance and Compliance Manager

13-Nov-13
 Issue Date



Rich Products Corporation
 One Robert Rich Way, PO Box 245, Buffalo, NY 14240
 St. Simons Island office (912) 634-3053; Fresno office (559) 227-9265

BID SPECIFICATION

Product Name: FARM RICH® BUFFALO CHEESE CRUNCHER	Serving Size: 4 PIECES (5.792 OZ.)
Product Code: 65224	Case Count: 8/3.125 bags Case Wt: 25 lbs.
	Servings / case: 69
	Case Cube (ft):

Grain Serving Based on Flour Content		Meat/Meat Alternate Based on Weight (Oz.)	
Grain Serving		Food Based Menu Credits:	2.00 oz. equivalent grains
Food Based Menu Credits:	2.00 oz. equivalent grains	Food Based Serving Credits:	2.00 oz. meat alternate
82% whole grains	Whole Grains: 27.5 g Enriched Flour: 6 g	Reference used to determine M/MA servings:	USDA FOOD BUYING GUIDE (Meat/Meat Alternates Section)
Based on 16 grams Flour = 1 oz. eq. USDA Memo SP 30-2012 dated 4/26/12		Cheese: 1 oz = 28 gm or 1.0 oz. 3/4 oz. = 21 gm or 0.75 oz.	1/2 oz = 14 gm or 0.5 oz. 1/4 oz = 7 gm or 0.25 oz.

Nutrition Facts:

Calories: 530	Sodium: 830 mg	Vitamin A: 2819 IU
Fat: 31 g	Carbohydrates: 40g	Vitamin C: 10 mg
Saturated Fat: 9 g	Dietary Fiber: 4 g	Calcium: 492 mg
Trans Fat: 0.5 g	Sugar: 3 g	Iron: 1.8 mg
Cholesterol: 25 mg	Protein: 20 g	

Ingredient Statement:

LOW MOISTURE PART SKIM MOZZARELLA CHEESE (PASTEURIZED PART SKIM MILK, CHEESE CULTURES, SALT, ENZYME), REDUCED FAT MOZZARELLA CHEESE WITH ADDED VITAMIN A & D (PASTEURIZED PART SKIM MILK, NONFAT MILK, CHEESE CULTURES, MODIFIED CORN STARCH*, SALT, VITAMIN A PALMITATE, VITAMIN D3, ENZYME), SAUCE (TOMATO PUREE, VINEGAR, CANOLA OIL, WATER, MODIFIED CORN STARCH, CAYENNE PEPPER SAUCE [AGED CAYENNE RED PEPPERS, VINEGAR, SALT, GARLIC], MILKFAT, GARLIC, NATURAL FLAVOR, SOY LECITHIN, METHYLCCELLULOSE, SALT, BEET POWDER, PAPRIKA), WHOLE WHEAT FLOUR, SOYBEAN OIL, WATER, ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: ARTIFICIAL FLAVOR, DEXTROSE, DRIED WHEY, GARLIC POWDER, GUAR GUM, METHYLCCELLULOSE, NATURAL FLAVOR, ONION POWDER, PAPRIKA EXTRACT (COLOR), POWDERED BUFFALO WING SAUCE (MALTODEXTRIN, AGED CAYENNE RED PEPPERS, VINEGAR, SALT, HIGH OLEIC SUNFLOWER OIL, NATURAL FLAVOR), RICE FLOUR, SALT, SPICE, SUGAR, TAPIOCA DEXTRIN, VINEGAR POWDER (MALTODEXTRIN, MODIFIED CORN STARCH, VINEGAR), WHEAT GLUTEN, YEAST, YELLOW CORN FLOUR. *INGREDIENT NOT PRESENT IN REGULAR MOZZARELLA CHEESE
 CONTAINS: MILK, WHEAT, SOY.

Child Nutrition Product Statement:

Four Farm Rich Buffalo Cheese Crunchers (1.448 oz. each) provides 2.00 oz. equivalent meat alternate and 2.00 oz. equivalent grains for the Child Nutrition Meal Pattern Requirements. (CN # 083660. Expires June 11, 2017)

Bid Specification Description:

Mozzarella cheese and buffalo-style sauce in a crispy whole grain breading. Serve 4 sticks to provide 2.00 oz. meat alternate and 2.00 oz. equivalent grains. Packed 8/3.125 lb. sealed bags per 25 lb. case. Rich's® Farm Rich PC# 65224

I certify that the above product information is accurate.

*Penny
Hennessy*

Signature/Title _____
 Penny Hennessy
 Manager, Quality Assurance & Regulatory Affairs

15-Nov-12
 Issue Date



Rich Products Corporation
 One Robert Rich Way, PO Box 245, Buffalo, NY 14240
 St. Simons Island office (912) 634-3053; Fresno office (559) 227-9265

BID SPECIFICATION

Product Name: FARM RICH® PIZZA CRUNCHERS	Serving Size: 4 PIECES (5.48 oz.)
Product Code: 65225	Case Count: 8/3.125 lb. Case Wt: 25 lbs.
	Servings / case: 72
	Case Cube (ft):

Grain Serving Based on Flour Content		Meat/Meat Alternate Based on Weight (Oz.)	
Grain Serving		Food Based Serving Credits:	2.00 oz. meat alternate
Food Based Menu Credits:	2.25 oz. equivalent grains		
73.5% whole grain	Whole Grains: 29.7 g Enriched Flour: 10.7 g	Reference used to determine M/MA servings:	USDA FOOD BUYING GUIDE (Meat/Meat Alternates Section)
Based on 16 grams Flour = 1 oz. eq. USDA Memo SP 30-2012 dated 4/26/12		Cheese: 1 oz = 28 gm or 1.0 oz. 3/4 oz. = 21 gm or 0.75 oz	1/2 oz = 14 gm or 0.5 oz. 1/4 oz = 7 gm or 0.25 oz.

Nutrition Facts:

Calories: 420	Sodium: 790 mg	Vitamin A: 480 IU
Fat: 20 g	Carbohydrates: 41 g	Vitamin C: 1.87 mg
Saturated Fat: 9 g	Dietary Fiber: 5 g	Calcium: 426 mg
Trans Fat: 0 g	Sugar: 3 g	Iron: 2.15 mg
Cholesterol: 30 mg	Protein: 20 g	

Ingredient Statement:

LOW MOISTURE PART SKIM MOZZARELLA CHEESE (PASTEURIZED PART SKIM MILK, CHEESE CULTURES, SALT, ENZYMES), WHOLE WHEAT FLOUR, MARINARA SAUCE (WATER, TOMATO PASTE, TOMATOES, CORN SYRUP SOLIDS, SUN DRIED TOMATOES, OLIVE OIL, ONIONS, SUGAR, SALT, SPICES, GARLIC, METHYLCELLULOSE GUM, CITRIC ACID, NATURAL CHEESE FLAVOR [MALTODEXTRIN, WHEY SOLIDS, NATURAL PARMESAN CHEESE FLAVOR, SALT], GARLIC POWDER, ONION POWDER, MALIC ACID, DEHYDRATED GARLIC, YEAST EXTRACT [YEAST EXTRACT, SUNFLOWER OIL, CANOLA OIL], SODIUM BENZOATE, NATURAL FLAVOR), WATER, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL, MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: DEXTROSE, DRIED YEAST, GARLIC POWDER, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), METHYLCELLULOSE, ONION POWDER, SALT, SPICE. CONTAINS MILK, WHEAT

Child Nutrition Product Statement:

Four Farm Rich Pizza Cheese Crunchers (1.370 oz. each) provides 2.00 oz. equivalent meat alternate and 2.25 oz. equivalent grains for the Child Nutrition Meal Pattern Requirements. (CN # 080329. Expires Aug. 27, 2017)

Bid Specification Description:

Marinara stuffed mozzarella sticks in a crispy whole grain breading. Serve 4 sticks to provide 2.00 oz. meat alternate and 2.25 oz. equivalent grains. Packed 8/3.125 lb. sealed bags per 25 lb. case. Rich's® Farm Rich PC# 65225

I certify that the above product information is accurate.

*Penny
Hennessy*

Signature/Title Penny Hennessy
 Manager, Quality Assurance & Regulatory Affairs

3-Apr-13
 Issue Date