



School Year 2016-2017
 Nutritional Information for Rich Products Corporation



Product Code Number	Product Description	Case Weight (lbs)	Serving Size (oz)	Portions per Serving	Svgs per Case	Calories	Calories From Fat	% Cal From Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (% DV)	Vitamin C (% DV)	Calcium (% DV)	Iron (%DV)	CN Number (if applicable)	Meat/MA Credit	Veg Credit	Bread Svgs Credit
65215	Breaded Mozzarella Cheese Sticks	12	4.18	6 sticks	46	360	180	50%	20	8	0	25	810	30	1	<1	15	6%	1%	34%	11%	084094	2	0	1.75
65216	Breaded Mozzarella Cheese Sticks	24	4.3	5 sticks	89	380	180	47%	20	8	0	30	750	32	1	1	17	6%	1%	38%	11%	084042	2	0	2
65219	Whole Grain Rich Reduced Sodium Breaded Cheese Stick	24	4.5	5 sticks	85	380	162	43%	18	7	0	30	410	35	3	1	19	9%	1%	46%	11%	083661	2	0	2
65220	Whole Grain Rich Breaded Cheese Stick	24	4.578	6 sticks	84	330	108	33%	12	4	0	15	660	36	4	3	20	12%	2%	52%	11%	086738	2	0	2.25
65224	Whole Grain Rich Breaded Buffalo Cheese Cruncher	25	5.792	4 Sticks	69	530	279	53%	31	9	0	25	830	40	4	3	20	56%	17%	49%	10%	083660	2	0	2
65225	Whole Grain Rich Breaded Pizza Cheese Cruncher	25	5.48	4 Sticks	72	420	180	43%	20	9	0	30	790	41	5	3	20	10%	3%	43%	12%	080329	2	0	2.25

For additional product information visit http://dese.mo.gov/divadm/food/Nutritional_Facts_Index.html
 Rich Products



Rich Products Corporation
 One Robert Rich Way, PO Box 245, Buffalo, NY 14240
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BID SPECIFICATION

Product Name: FARM RICH® BREADED MOZZARELLA CHEESE STICKS	Serving Size: 6 PIECES (4.18 OZ.)
Product Code: 65215	Case Count: 8/1.5 lbs. Case Wt: 12 lbs.
	Servings / case: 46
	Case Cube (ft):

Grain Serving Based on Flour Content	Meat/Meat Alternate Based on Weight (Oz.)
Grain Serving Food Based Menu Credits: 1.75 servings bread alternate	Food Based Serving Credits: 2.00 oz. meat alternate
Whole Grains: 0 g Enriched Flour: 25 g	Reference used to determine M/MA servings: USDA FOOD BUYING GUIDE (Meat/Meat Alternates Section)
Based on 16 grams Flour = 1 oz. eq. USDA Memo SP 30-2012 dated 4/26/12	Cheese: 1 oz = 28 gm or 1.0 oz. 1/2 oz = 14 gm or 0.5 oz. 3/4 oz. = 21 gm or 0.75 oz 1/4 oz = 7 gm or 0.25 oz.

Nutrition Facts:

Calories: 360	Sodium: 810 mg	Vitamin A: 280 IU
Fat: 20 g	Carbohydrates: 30 g	Vitamin C: 0.52 mg
Saturated Fat: 8 g	Dietary Fiber: 1 g	Calcium: 344 mg
Trans Fat: 0 g	Sugar: <1 g	Iron: 2 mg
Cholesterol: 25 mg	Protein: 15 g	

Ingredient Statement:

LOW MOISTURE PART SKIM MOZZARELLA CHEESE (PASTEURIZED PART SKIM MILK, CHEESE CULTURES, SALT, ENZYME), WATER, ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL, YELLOW CORN FLOUR, ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: ARTIFICIAL FLAVOR, CARAMEL COLOR, CORN STARCH, DEHYDRATED GARLIC, DEXTROSE, DRIED PARSLEY, EGGS, EXTRACTIVE OF PAPRIKA, GARLIC POWDER, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), METHYLCELLULOSE, MONOGLYCERIDES, NATURAL FLAVOR, NONFAT MILK, ONION POWDER, PAPRIKA EXTRACT (COLOR), PAPRIKA OLEORESIN (COLOR), SALT, SODIUM ALGINATE, SOY FLOUR, SOY LECITHIN, SPICES, SUGAR, WHEAT STARCH, WHEY, YEAST.
 CONTAINS: MILK, EGGS, WHEAT, SOY

Child Nutrition Product Statement:

Six Farm Rich Precooked Breaded Mozzarella Cheese Sticks (0.69 oz each) provides 2.00 oz equivalent meat alternate and 1.75 servings bread alternate for the Child Nutrition Meal Pattern Requirements. (CN #084094)

Bid Specification Description:

Individually frozen Pre-Fried Breaded Mozzarella Cheese Sticks. Serve 6 sticks to provide 2.00 oz. meat alternate and 1.75 servings bread alternate. Packed 8/1.5 lb. sealed bags per 12 lb. case. Rich's® Farm Rich PC# 65215

I certify that the above product information is accurate.

Diana Schaefer

Signature/Title Diana Schaefer
 Commodity Coordinator

10-Dec-12
 Issue Date



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BID SPECIFICATION

Product Name: FARM RICH® BREADED SMART MOZZARELLA CHEESE STICKS	Serving Size: 5 PIECES (4.3 OZ.)
Product Code: 65216	Case Count: 8/3 lb. bags Case Wt: 24 lbs.
	Servings / case: 89
	Case Cube (ft):

Grain Serving Based on Flour Content	Meat/Meat Alternate Based on Weight (Oz.)
Grain Serving Food Based Menu Credits: 2.00 servings bread alternate	Food Based Serving Credits: 2.00 oz. meat equivalent
Whole Grains: 0 g Enriched Flour: 33 g	Reference used to determine M/MA servings: USDA FOOD BUYING GUIDE (Meat/Meat Alternates Section)
Based on 16 grams Flour = 1 oz. eq. USDA Memo SP 30-2012 dated 4/26/12	Cheese: 1 oz = 28 gm or 1.0 oz. 1/2 oz = 14 gm or 0.5 oz. 3/4 oz. = 21 gm or 0.75 oz 1/4 oz = 7 gm or 0.25 oz.

Nutrition Facts:

Calories: 380	Sodium: 750 mg	Vitamin A: 315 IU
Fat: 20 g	Carbohydrates: 32 g	Vitamin C: 0.87 mg
Saturated Fat: 8 g	Dietary Fiber: 1 g	Calcium: 384 mg
Trans Fat: 0 g	Sugar: 1 g	Iron: 2 mg
Cholesterol: 30 mg	Protein: 17 g	

Ingredient Statement:

LOW MOISTURE, PART-SKIM MOZZARELLA CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES), ENRICHED UNBLEACHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL, ENRICHED YELLOW CORN FLOUR (CORN FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, MODIFIED FOOD STARCH, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: YELLOW CORN FLOUR, SOY LECITHIN, METHYLCELLULOSE, NATURAL BUTTER FLAVOR, SALT, SUGAR, ONION POWDER, YEAST, GARLIC POWDER, SPICES, CARAMEL COLOR, EXTRACTIVES OF PAPRIKA, DEHYDRATED PARSLEY, WHEAT STARCH, DEXTROSE, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), WHEY, MONOGLYCERIDES, SOY FLOUR, GUAR GUM, SPICE EXTRACTIVES. CONTAINS MILK, WHEAT, SOY.

Child Nutrition Product Statement:

Five Farm Rich Precooked Breaded Mozzarella Cheese Sticks (0.86 oz each) provides 2.00 oz equivalent meat alternate and 2.00 servings of bread alternate for the Child Nutrition Meal Pattern Requirements. (CN #084042, Expires June 30, 2014)

Bid Specification Description:

Individually frozen Pre-Fried Breaded Mozzarella Cheese Sticks. Serve 5 sticks to provide 2.00 oz. meat alternate and 2.00 servings bread alternate. Packed 8/3 lb. sealed bags per 24 lb. case. Rich's® Farm Rich PC# 65216

I certify that the above product information is accurate.

*Penny
Hennessy*

Signature/Title Penny Hennessy
 Manager, Quality Assurance & Regulatory Affairs

2-May-13
 Issue Date



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BID SPECIFICATION

Product Name: FARM RICH® BUFFALO CHEESE CRUNCHER	Serving Size: 4 PIECES (5.792 OZ.)
Product Code: 65224	Case Count: 8/3.125 bags Case Wt: 25 lbs.
	Servings / case: 69
	Case Cube (ft):

Grain Serving Based on Flour Content		Meat/Meat Alternate Based on Weight (Oz.)	
Grain Serving		Food Based Serving Credits:	2.00 oz. meat alternate
Food Based Menu Credits:	2.00 oz. equivalent grains		
82% whole grains	Whole Grains: 27.5 g Enriched Flour: 6 g	Reference used to determine M/MA servings:	USDA FOOD BUYING GUIDE (Meat/Meat Alternates Section)
Based on 16 grams Flour = 1 oz. eq. USDA Memo SP 30-2012 dated 4/26/12		Cheese: 1 oz = 28 gm or 1.0 oz. 3/4 oz. = 21 gm or 0.75 oz	1/2 oz = 14 gm or 0.5 oz. 1/4 oz = 7 gm or 0.25 oz

Nutrition Facts:

Calories:	530	Sodium:	830 mg	Vitamin A:	2819 IU
Fat:	31 g	Carbohydrates:	40g	Vitamin C:	10 mg
Saturated Fat:	9 g	Dietary Fiber:	4 g	Calcium:	492 mg
Trans Fat:	0.5 g	Sugar:	3 g	Iron:	1.8 mg
Cholesterol:	25 mg	Protein:	20 g		

Ingredient Statement:

LOW MOISTURE PART SKIM MOZZARELLA CHEESE (PASTEURIZED PART SKIM MILK, CHEESE CULTURES, SALT, ENZYME), REDUCED FAT MOZZARELLA CHEESE WITH ADDED VITAMIN A & D (PASTEURIZED PART SKIM MILK, NONFAT MILK, CHEESE CULTURES, MODIFIED CORN STARCH*, SALT, VITAMIN A PALMITATE, VITAMIN D3, ENZYME), SAUCE (TOMATO PUREE, VINEGAR, CANOLA OIL, WATER, MODIFIED CORN STARCH, CAYENNE PEPPER SAUCE [AGED CAYENNE RED PEPPERS, VINEGAR, SALT, GARLIC], MILKFAT, GARLIC, NATURAL FLAVOR, SOY LECITHIN, METHYLCELLULOSE, SALT, BEET POWDER, PAPRIKA), WHOLE WHEAT FLOUR, SOYBEAN OIL, WATER, ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: ARTIFICIAL FLAVOR, DEXTROSE, DRIED WHEY, GARLIC POWDER, GUAR GUM, METHYLCELLULOSE, NATURAL FLAVOR, ONION POWDER, PAPRIKA EXTRACT (COLOR), POWDERED BUFFALO WING SAUCE (MALTODEXTRIN, AGED CAYENNE RED PEPPERS, VINEGAR, SALT, HIGH OLEIC SUNFLOWER OIL, NATURAL FLAVOR), RICE FLOUR, SALT, SPICE, SUGAR, TAPIOCA DEXTRIN, VINEGAR POWDER (MALTODEXTRIN, MODIFIED CORN STARCH, VINEGAR), WHEAT GLUTEN, YEAST, YELLOW CORN FLOUR, *INGREDIENT NOT PRESENT IN REGULAR MOZZARELLA CHEESE
 CONTAINS: MILK, WHEAT, SOY.

Child Nutrition Product Statement:

Four Farm Rich Buffalo Cheese Crunchers (1.448 oz. each) provides 2.00 oz. equivalent meat alternate and 2.00 oz. equivalent grains for the Child Nutrition Meal Pattern Requirements. (CN # 083660. Expires June 11, 2017)

Bid Specification Description:

Mozzarella cheese and buffalo-style sauce in a crispy whole grain breading. Serve 4 sticks to provide 2.00 oz. meat alternate and 2.00 oz. equivalent grains. Packed 8/3.125 lb. sealed bags per 25 lb. case. Rich's® Farm Rich PC# 65224

I certify that the above product information is accurate.

Penny Hennessy

Signature/Title Penny Hennessy
 Manager, Quality Assurance & Regulatory Affairs

15-Nov-12
 Issue Date



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BID SPECIFICATION

Product Name: FARM RICH® PIZZA CRUNCHERS	Serving Size: 4 PIECES (5.48 oz.)
Product Code: 65225	Case Count: 8/3.125 lb. Case Wt: 25 lbs.
	Servings / case: 72
	Case Cube (ft):

Grain Serving Based on Flour Content		Meat/Meat Alternate Based on Weight (Oz.)	
Grain Serving			
Food Based Menu Credits:	2.25 oz. equivalent grains	Food Based Serving Credits:	2.00 oz. meat alternate
73.5% whole grain	Whole Grains: 29.7 g Enriched Flour: 10.7 g	Reference used to determine M/MA servings:	USDA FOOD BUYING GUIDE (Meat/Meat Alternates Section)
Based on 16 grams Flour = 1 oz. eq. USDA Memo SP 30-2012 dated 4/26/12		Cheese: 1 oz = 28 gm or 1.0 oz. 3/4 oz. = 21 gm or 0.75 oz	1/2 oz = 14 gm or 0.5 oz. 1/4 oz = 7 gm or 0.25 oz.

Nutrition Facts:

Calories: 420	Sodium: 790 mg	Vitamin A: 480 IU
Fat: 20 g	Carbohydrates: 41 g	Vitamin C: 1.87 mg
Saturated Fat: 9 g	Dietary Fiber: 5 g	Calcium: 426 mg
Trans Fat: 0 g	Sugar: 3 g	Iron: 2.15 mg
Cholesterol: 30 mg	Protein: 20 g	

Ingredient Statement:

LOW MOISTURE PART SKIM MOZZARELLA CHEESE (PASTEURIZED PART SKIM MILK, CHEESE CULTURES, SALT, ENZYMES), WHOLE WHEAT FLOUR, MARINARA SAUCE (WATER, TOMATO PASTE, TOMATOES, CORN SYRUP SOLIDS, SUN DRIED TOMATOES, OLIVE OIL, ONIONS, SUGAR, SALT, SPICES, GARLIC, METHYLCELLULOSE GUM, CITRIC ACID, NATURAL CHEESE FLAVOR [MALTODEXTRIN, WHEY SOLIDS, NATURAL PARMESAN CHEESE FLAVOR, SALT], GARLIC POWDER, ONION POWDER, MALIC ACID, DEHYDRATED GARLIC, YEAST EXTRACT [YEAST EXTRACT, SUNFLOWER OIL, CANOLA OIL], SODIUM BENZOATE, NATURAL FLAVOR), WATER, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL, MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: DEXTROSE, DRIED YEAST, GARLIC POWDER, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), METHYLCELLULOSE, ONION POWDER, SALT, SPICE. CONTAINS MILK, WHEAT

Child Nutrition Product Statement:

Four Farm Rich Pizza Cheese Crunchers (1.370 oz. each) provides 2.00 oz. equivalent meat alternate and 2.25 oz. equivalent grains for the Child Nutrition Meal Pattern Requirements. (CN # 080329. Expires Aug. 27, 2017)

Bid Specification Description:

Marinara stuffed mozzarella sticks in a crispy whole grain breading. Serve 4 sticks to provide 2.00 oz. meat alternate and 2.25 oz. equivalent grains. Packed 8/3.125 lb. sealed bags per 25 lb. case. Rich's® Farm Rich PC# 65225

I certify that the above product information is accurate.

*Penny
Hennessy*

Signature/Title _____
 Penny Hennessy
 Manager, Quality Assurance & Regulatory Affairs

3-Apr-13
 Issue Date