18. Observe the amount, color, and consistency of feces.

19. Assist the client to clean the perineal area and wash his hands.

20. Remove gloves and wash hands.

21. Make the client comfortable.

Chapter Review

1. What age-related changes affect the digestive system?

2. What factors maintain normal bowel function?

3. What are characteristics of normal and abnormal stool?

4. What conditions may cause abnormal bowel function?

5. What factors can lead to constipation?

6. What are the In-Home Aide’s responsibilities concerning client bowel function?

7. What are some special measures for abnormal bowel function?

8. How do you perform colostomy care/application of a fecal ostomy pouch (uncomplicated established colostomy) according to proper procedure?

9. How do you perform digital stimulation as part of a prescribed bowel program?

10. How do you give a commercially prepared enema?

11. How do you insert a rectal suppository as part of a prescribed bowel program?