

To Remove an External Catheter:

Follow steps 1-6 above and:

7. Using warm water and wash cloth wet the penis.
8. Gently roll the catheter sheath down the shaft of the penis.
9. Disconnect the catheter from the tubing and discard in a plastic bag. Set the catheter bag and tubing aside for cleaning according to agency policy.
10. Provide perineal care with mild soap and warm water. Rinse and pat the area dry.
11. Observe the skin for redness, irritation, or open areas.
12. Remove gloves and wash hands.
13. Make client comfortable.
14. Report any unusual findings the supervisor/nurse.

Chapter Review

1. What age-related changes affect the urinary system?
2. What factors help maintain normal urine elimination?
3. What are characteristics of normal urine?
4. What conditions may cause abnormal urine elimination?
5. What factors can lead to urinary incontinence?
6. How do you care for a client with a urinary catheter?
7. How do you care for a client with an ureterostomy?
8. How should you help a client use a bedpan, urinal, or bedside commode?
9. What observations can you make about the urinary system?
10. How do you give perineal care with catheter according to proper procedure?
11. How do you change a urinary drainage bag according to proper procedure?
12. How do you empty a urinary drainage bag according to proper procedure?
13. How do you assist a client in using urinal according to proper procedure?

14. How do you assist a client in using bedpan according to proper procedure?
15. How do you care for an ureterostomy according to proper procedure?
16. How do you care for a suprapubic catheter according to proper procedure?
17. How do you apply and remove an external catheter according to proper procedure?