

16. Ask or assist client to turn slightly to one side. Wash peri area from front to back and discard the washcloth in a laundry basket.

NOTE: WASH FEMALE LABIA AREA FROM FRONT OF CHAIR; WASH ANAL AREA FROM UNDER CHAIR.

17. Turn off shower and cover client with a towel; place towel around hair if wet.
18. Assist the client out of shower.
19. Remove and dispose of gloves.
20. Uncover client one area at a time and pat dry.

CAUTION: ONCE A TOWEL HAS BEEN USED TO DRY ANY AREA BELOW THE WAIST, IT SHOULD NOT BE USED ON ANY AREA ABOVE THE WAIST.

21. Apply powder, lotion, and deodorant, if applicable.
22. Assist with dressing.
23. Help the client to the room of his choice and assist with any personal care such as shaving, nail care, and hair care.
24. Make the client comfortable.
25. Return to bathroom, remove soiled articles, and clean the shower chair per in-home provider's policy.
26. Wash your hands.
27. Record observations and report anything unusual to the nurse/supervisor.

Chapter Review

1. What key points should you follow while giving a tub bath?
2. What key points should you follow while giving a shower?
3. What observations can you make during a tub bath or shower?
4. How do you give a tub bath according to proper procedure?
5. How do you give a shower according to proper procedure?