

39. Fold a towel over the client's side to expose his back and buttocks; place clean towel parallel to client's back.
40. Wash, rinse, and dry the client's back and buttocks.
41. Give backrub using warmed lotion.
42. Turn client to back; place clean towel under buttocks.
43. If client is able, provide wash cloth, soap, and towel and instruct him to wash and dry peri area.
44. If the client is unable, wash peri area from front to back.
45. Place dirty linen in appropriate container.
46. Remove and dispose of gloves. Wash hands.
47. If client did own peri care, provide fresh water for client to wash hands.
48. Apply warmed lotion and deodorant as needed.
49. Put clean clothing on client without exposing him.
50. Remove, clean, and store equipment.
51. Wash your hands.
52. Make the client comfortable.
53. Record observations and report anything unusual to nurse/supervisor.

NOTE: LINENS ARE USUALLY CHANGED WHEN THE BED BATH IS COMPLETED, USING THE PROCEDURE FOR OCCUPIED BED MAKING.

Chapter Review

1. What are the four purposes of bathing?
2. What is the difference between a complete bed bath and a partial bed bath?
3. What are specific measures related to giving a bed bath?
4. How do you give a complete bed bath according to proper procedure?