Qualifying Beans and Peas in the School Nutrition Program

Mature dry beans and peas are creditable in food-based menu planning as either a vegetable or Meat/Meat Alternate component, but not as both components simultaneously. The term “dry beans and peas” refers to the harvesting process of allowing the bean or pea to “mature” or “dry” on the plant before harvesting; it does not refer to the “as-purchased” form of the bean. Many canned or frozen beans or peas are actually dry beans and peas that have been cooked and canned or frozen and are therefore acceptable for meeting criteria. For additional information see the USDA Food Buying Guide Calculator at: http://fbg.nfsmi.org/

Bean Products, dehydrated, Refried Beans
Bean products, dry beans, canned, beans baked or in sauce with pork
Bean Products, dry beans, canned, beans with bacon in sauce
Bean Products, dry beans, canned, beans with frankfurters in sauce
Bean Products, dry beans, canned; Beans, Baked or in sauce, Vegetarian, includes USDA Foods
Bean Products, dry beans, canned; Refried Beans, includes USDA Foods
Bean soup, dry beans, canned, condensaded, (1 part soup to 1 part water)
Bean soup, dry beans, canned, ready-to-serve
Beans, black, (Turtle beans), dry, canned, whole, includes USDA Foods
Beans, black, (Turtle beans), dry, whole
Beans, black-eyed (or peas), dry, canned, whole, includes USDA Foods
Beans, black-eyed (or Peas), dry, whole, includes USDA Foods
Beans, garbanzo or chickpeas, dry, canned, whole, includes USDA Foods
Beans, garbanzo or chickpeas, dry, whole
Beans, Great Northern, dry, canned, whole, includes USDA Foods
Beans, Great Northern, dry, whole, includes USDA Foods
Beans, Kidney, dry, canned, whole, includes USDA Foods
Beans, Kidney, dry, whole, includes USDA Foods
Beans, Lima, dry Baby, whole, includes USDA Foods
Beans, Lima, dry, canned, Green, whole, includes USDA Foods
Beans, Lima, dry, Fordhook, whole
Beans, Mung, dry, whole
Beans, Navy or Pea, dry, whole, includes USDA Foods
Beans, Pink, dry, canned, whole, includes USDA Foods
Beans, Pink, dry, whole, includes USDA Foods
Beans, Pinto, dehydrated
Beans, Pinto, dry, canned, whole, includes USDA Foods
Beans, Pinto, dry, whole, includes USDA Foods
Beans, Red, Small, dry, canned, whole, includes USDA Foods
Beans, Red, Small, dry, whole, includes USDA Foods
Beans, Soy, dry, canned, shelled
Beans, Soy, dry, shelled
Lentils, dry
Pea soup, dry peas, canned, condensaded, (1 part soup to 1 part water), includes cream of pea soup
Pea soup, dry peas, canned, ready-to-serve
Peas, dry, split
Peas, dry, whole