

## Qualifying Beans and Peas in the School Nutrition Program

Mature dry beans and peas are creditable in food-based menu planning as either a vegetable or Meat/Meat Alternate component, but not as both components simultaneously. The term “dry beans and peas” refers to the harvesting process of allowing the bean or pea to “mature” or “dry” on the plant before harvesting; it does not refer to the “as-purchased” form of the bean. Many canned or frozen beans or peas are actually dry beans and peas that have been cooked and canned or frozen and are therefore acceptable for meeting criteria. For additional information see the USDA Food Buying Guide Calculator at: <http://fbg.nfsmi.org/>

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Bean Products, dehydrated, Refried Beans  
Bean products, dry beans, canned, beans baked or in sauce with pork  
Bean Products, dry beans, canned, beans with bacon in sauce  
Bean Products, dry beans, canned, beans with frankfurters in sauce  
Bean Products, dry beans, canned; Beans, Baked or in sauce, Vegetarian, includes USDA Foods  
Bean Products, dry beans, canned; Refried Beans, includes USDA Foods  
Bean soup, dry beans, canned, condensed, (1 part soup to 1 part water)  
Bean soup, dry beans, canned, ready-to-serve  
Beans, black, (Turtle beans), dry, canned, whole, includes USDA Foods  
Beans, black, (Turtle beans), dry, whole  
Beans, black-eyed (or peas), dry, canned, whole, includes USDA Foods  
Beans, black-eyed (or Peas), dry, whole, includes USDA Foods  
Beans, garbanzo or chickpeas, dry, canned, whole, includes USDA Foods  
Beans, garbanzo or chickpeas, dry, whole  
Beans, Great Northern, dry, canned, whole, includes USDA Foods  
Beans, Great Northern, dry, whole, includes USDA Foods  
Beans, Kidney, dry, canned, whole, includes USDA Foods  
Beans, Kidney, dry, whole, includes USDA Foods  
Beans, Lima, dry Baby, whole, includes USDA Foods  
Beans, Lima, dry, canned, Green, whole, includes USDA Foods  
Beans, Lima, dry, Fordhook, whole  
Beans, Mung, dry, whole  
Beans, Navy or Pea, dry, whole, includes USDA Foods  
Beans, Pink, dry, canned, whole, includes USDA Foods  
Beans, Pink, dry, whole, includes USDA Foods  
Beans, Pinto, dehydrated  
Beans, Pinto, dry, canned, whole, includes USDA Foods  
Beans, Pinto, dry, whole, includes USDA Foods  
Beans, Red, Small, dry, canned, whole, includes USDA Foods  
Beans, Red, Small, dry, whole, includes USDA Foods  
Beans, Soy, dry, canned, shelled  
Beans, Soy, dry, shelled  
Lentils, dry  
Pea soup, dry peas, canned, condensed, (1 part soup to 1 part water), includes cream of pea soup  
Pea soup, dry peas, canned, ready-to-serve  
Peas, dry, split  
Peas, dry, whole