## Chapter 22

## **ELIMINATION OF URINE**

## PROCEDURE FOR ASSISTING CLIENT IN USING A URINAL:

- 1. Wash your hands. Put on gloves.
- 2. Gather necessary equipment.
- 3. Explain what you are going to do.
- 4. Provide privacy.
- 5. Turn back top bedding, except for top sheet. Expose the perineal area.
- 6. Place the client's penis in the urinal and the urinal between his legs. Make sure there is no pressure on the client's scrotum.
- 7. Make sure urinal is placed at an angle to keep urine from spilling out. Flat edge should be lying on bed.
- 8. Remove and dispose of gloves.
- 9. Wash your hands.
- 10. Leave the room and provide privacy while making sure you can hear the client if he calls for assistance.
- 11. Return to room promptly when client calls.
- 12. Wash hands. Put on gloves.
- 13. Remove urinal; take it to the bathroom.
- 14. Empty urinal into toilet.
- 15. Clean equipment.
- 16. Remove and dispose of gloves. Wash hands.
- 17. Store equipment.
- 18. Give client a clean, wet washcloth to wash his hands. Make client comfortable.
- 19. Record observations and report anything unusual to supervisor/nurse.