

Chapter 26

TRANSFERRING CLIENTS

PROCEDURE FOR ASSISTING A CLIENT TO TRANSFER USING A TRANSFER (SLIDE) BOARD:

1. Gather necessary equipment.
2. Wash your hands.
3. Explain what you are going to do.
4. Provide privacy.
5. If using a hospital bed, adjust bed height to low position and lock brakes.
6. Position the wheelchair next to bed with the back of chair in line with the headboard of the bed. Lock the brakes on the wheelchair.
7. Remove the wheelchair arm on the side of the chair closest to the bed.
8. Assist the client to a sitting position.
9. Place one end of the transfer (slide) board under the client's hip closest to the wheelchair. Place the other end of the transfer (slide) board on the edge of the wheelchair seat.
10. Assist the client to reach across the wheelchair and grasp the attached wheelchair arm.
11. Assist the client to slide his body across the board on to the wheelchair seat.
12. During the transfer support the client's legs and place his feet on the wheelchair foot rests.
13. Remove the transfer (slide) board and replace the wheelchair arm.
14. Make sure that the client is comfortable and that clothing is not wrinkled or bunched under him.
15. To return the client to the bed, reverse the above procedure assisting the client to grasp the overhead trapeze bar on the bed and slide from the wheelchair seat onto the bed
16. During the transfer support the client's legs and place his legs and feet on the bed.

17. Remove the transfer (slide) board and replace the wheelchair arm. Store the transfer (slide) board.
18. Make sure that the client is comfortable and that clothing is not wrinkled or bunched under him.
19. Wash your hands

Chapter Review

1. What methods are used to transfer clients?
2. What are safety measures to observe when transferring clients?
3. What pieces of equipment are used for transfer activities?
4. What areas of the body must be checked for proper body alignment?
5. What is the correct method of positioning a client in the chair?
6. How do you perform a one-person pivot transfer from bed to chair according to proper procedure?
7. How do you perform a one-person pivot transfer from chair to bed according to proper procedure?
8. How do you perform a one-person transfer from bed to chair with a mechanical lift according to proper procedure?
9. How do you assist a client to transfer using a Transfer (Slide) Board?