

Chapter 29

OXYGEN THERAPY

PROCEDURE FOR TRACHEOSTOMY CARE (UNCOMPLICATED ESTABLISHED TRACHEOSTOMY)

CAUTION: THE IN-HOME AIDE MAY PROVIDE CARE ONLY FOR AN ESTABLISHED HEALED TRACHEOSTOMY.

1. Gather equipment-gloves, clean dry gauze sponge, precut gauze, or 4 x 4, plastic bag.
2. Provide privacy.
3. Explain what you are going to do.
4. Wash your hands and put on gloves.
5. Assist the client to a comfortable position.
6. Remove the gauze around the tracheostomy site carefully, discard in a plastic bag.
7. Observe the skin around the stoma for any redness, irritation or open areas in the skin.
8. Place a clean precut gauze sponge around the site. If a precut gauze sponge is not available, a 4 X 4 can be folded in half and the corners turned down to form a U-shape.
9. Remove gloves and wash hands.
10. Make client comfortable.
11. Report any unusual findings the supervisor/nurse.

Chapter Review

1. What are types of oxygen containers?
2. What are methods of administering oxygen?
3. What safety measures should you follow when administering oxygen?
4. What comfort measures should you follow when administering oxygen?
5. How do you to perform tracheostomy care?