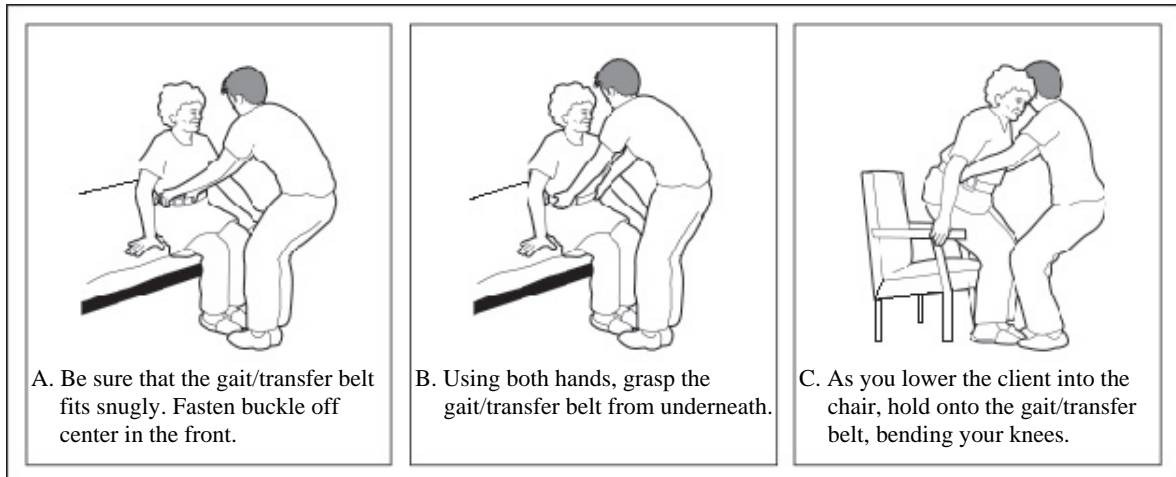


Chapter 26

TRANSFERRING CLIENTS

PROCEDURE FOR PERFORMING A ONE-PERSON PIVOT TRANSFER FROM A CHAIR OR WHEELCHAIR TO BED:

Active Transfer



CAUTION: AVOID TWISTING A CLIENT'S HIPS DURING A PIVOT TRANSFER. HIP FRACTURES MAY OCCUR WHEN THE CLIENT IS UNABLE TO MOVE HIS FEET DURING THE PIVOT. ALWAYS FOLLOW THE IN-HOME PROVIDER'S POLICY AND THE SERVICE PLAN WHEN PERFORMING CLIENT TRANSFERS.

1. Gather necessary equipment.
2. Wash your hands.
3. Explain what you are going to do.
4. Provide privacy.
5. If the client uses a hospital bed, adjust bed height to low position. Lock brakes of bed.
6. If the client uses a hospital bed, raise head of bed and make sure opposite side rail is raised.
7. Fanfold bedclothes to end of bed.
8. Position chair at side of bed, facing head of bed.
9. Lock wheels, raise footrests, and remove if possible. If possible, remove the armrest on the side next to the bed.
10. Place/assist client's feet to the floor.

11. Remove lap robe/blanket.
12. Apply a gait belt.
13. Stand in front of the client with feet about 18 inches apart.
14. Place your hands underneath the belt. If the client is able, have him place his hands on the arms of wheelchair and push. If the client is unable to push off the chair, the client may place his arms on the In-Home Aide's arms.
15. Assist client to stand.
16. Pivot your body and the client's body toward the bed.
17. Slowly lower client to sitting position on the bed.
18. Remove gait belt.
19. Position your body facing the head of the bed. One foot should be in front of the other foot.
20. Place one forearm around client's shoulders and the other behind the client's knees.
21. Swing/assist client's legs onto the bed as you pivot the client's body.
22. Lower head of bed.
23. Move/assist client to center of bed.
24. Remove slippers.
25. Cover client, position pillows and straighten bed clothes.
26. Make client comfortable. Lower opposite side rail after transfer per service plan if necessary.
27. Wash your hands.