

## Chapter 11

### SERVING, FEEDING, AND MONITORING

#### PROCEDURE FOR SERVING A MEAL:

- A. Wash hands according to procedure.
- B. Serve meals promptly so food temperature is maintained.
3. Carry the plate at waist level, not on the shoulders next to hair.
4. See that the appearance of the table or tray is orderly and contains utensils, napkin, and condiments, as allowed.
5. If the client requires assistive feeding device(s), make sure they are on the table or tray.
6. Assist in food preparation as needed. Open milk cartons; butter the bread, cut meat, etc.
7. Encourage the client to do as much as possible.
8. Remove the dishes when client has finished eating. Note the foods and amounts eaten.
9. Wash your hands.