

Physical Therapist Aide (51.2601)

Cross-reference to Show-Me standards (main report)

Measurable Learner Objective and Task Statement	Knowledge (Content)	Performance (Goals)	National Standards
A. Identify the components of physical therapy	HP 3, HP 4	1.2, 2.3, 2.6, 4.8	1.21, 3.31, 4.41, 4.42, 5.11
1. Identify role of Physical Therapist, Physical Therapist Assistant, and Physical Therapist Aide as per state law and APTA Guidelines			
2. Identify common employment sites and settings			
3. Identify common diagnoses requiring physical therapy			
4. Follow chain of command			
5. Identify level of supervision required for Physical Therapist Aide when assisting in patient care			
6. Locate and explore Web Site for the American Physical Therapy Association			
7. Discuss educational requirements for Physical Therapists and Physical Therapist Assistants			
8. Identify basic physical therapy activities			
B. Demonstrate basic patient care	MA 3	2.6, 3.6, 4.4, 4.8	2.11, 2.13, 4.13, 5.21, 6.11, 6.23
1. Exhibit sensitivity to patients' pain and loss			
2. Maintain patient confidentiality			
3. Maintain patient privacy			
4. Differentiate between ethical and unethical decisions and legal and illegal actions			
5. Respond appropriately to physical therapy patients who have sensory and/ or cognitive deficits			
6. Manage client lines, tubes, and bags			
7. Reposition a displaced nasal cannula or oxygen mask			
8. Assist patient with toileting including bedpan and urinal			

CA = Communication Arts
MA = Math

SS = Social Studies
SC = Science

Measurable Learner Objective are bold font.

HP = Health

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9. Assist patient to dress and undress			
C. Identify and perform basic patient transfers and independent transfer supervision	HP 2, HP 4	3.2	5.21, 7.21, 7.23
1. Identify proper body mechanics			
2. Practice correct methods for independent and assisted patient transfers			
3. Perform stand and pivot transfers (patient assisted and unassisted)			
4. Perform sliding board transfer			
5. Perform sliding transfer from stretcher to treatment table			
6. Perform three-person carry transfer			
7. Perform two-person sitting transfer			
8. Perform mechanical lift transfer			
9. Demonstrate appropriate application and use of gait/transfer belt			
10. Set up and remove wheelchair armrests, legrests, and footrests			
11. Propel wheelchair on level surfaces, ramps and over curbs			
D. Assist with physical therapy treatment	HP 2	4.7	4.17, 5.21, 5.22, 6.21
1. Position/reposition patient on mat or treatment table			
2. Prepare patient for treatment in sitting, supine, side lying and prone positions			
3. Drape patient to expose area to be treated while preserving modesty and comfort			

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4. Explain the importance of draping for warmth and modesty			
5. Assist with hot pack treatment			
6. Assist with ultrasound treatments			
7. Assist with paraffin bath			
8. Assist with diathermy			
9. Assist with Fluidotherapy™			
10. Assist with ice pack treatments			
11. Assist with ice massage			
12. Assist with hydrotherapy			
13. Assist with electrotherapy			
14. Assist with cervical traction			
15. Assist with lumbar traction			
16. Set up and take down equipment used in exercise			
17. Identify reasons for using the following modalities: thermal agents, ultrasound, electromagnetic agents, cryotherapy agents, hydrotherapy agents, electrical modalities, and traction			
E. Conduct ROM exercise and ambulation	N/A	N/A	5.21
1. Complete upper extremity and lower extremity active, passive and assisted ROM exercises			
2. Ambulate patient using crutches, walkers, or canes			
3. Identify gait patterns and training techniques used in physical therapy			

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4. Using gait belt, ambulate patient on level surfaces, stairs, ramps and environmental terrain			
F. Maintain treatment areas	N/A	1.2, 4.7	5.21, 7.22, 7.41, 7.42, 7.44, 7.46
1. Check linens and supplies and restock as needed			
2. Follow precautions when using chemicals			
3. Prepare treatment booth			
4. Return equipment to storage area			
5. Perform routine cleaning and maintenance of equipment			
6. Clean whirlpool or full body tank			
G. Demonstrate professional interpersonal and communication skills	CA 1, CA 4	2.6, 4.6	2.12, 2.13, 2.14, 2.27, 8.21, 8.22, 8.24
1. Identify effective telephone techniques			
2. Fill out message slip			
3. Greet patients and visitors			
4. Communicate with the health team members			
5. Maintain client medical records and perform other clerical duties as assigned			

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