

Lakeview Woods Menu OCTOBER 2015 K-8,

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Macaroni with Chicken/Broccoli Carrots Applesauce Orange Juice Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	6 Sloppy Joe on Bun Gateway Tossed Salad Fat Free Ranch Dressing Corn Pears Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	7 Chicken Tamale Pie Refried Beans Brown Rice Mixed Fruit Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	8 Chicken Salad Sandwich Herbed Cauliflower Raw Tomatoes Pineapple Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	9 Tuna Noodle Casserole Peas and Carrots with Margarine Hamburger Bun Apricots Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk
12 Catfish Broccoli Fries Hamburger Bun with Margarine Fruit Cocktail Tartar Sauce Ketchup Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	13 Roast Beef with Brown Gravy Carrots Green Beans Stuffing Hamburger Bun with Margarine Pineapple Delight Cranberry Sauce Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	14 Parkview Ham and Bean Soup Roast Turkey Sandwich Stewed Tomatoes Mandarin Oranges Mayonnaise Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	15 NO SCHOOL Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	16 NO SCHOOL Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk
19 Beef Shepherd's Pie Broccoli Hamburger Bun with Margarine Watermelon Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	20 Beef Stroganoff Carrots Noodles Pears Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	21 Turkey Hot Dog Creamy Coleslaw Baked Beans Applesauce Ketchup Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	22 Breaded Fish Stewed Tomatoes Broccoli Banana Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	23 Meatloaf with Brown Gravy Quick Baked Potato Green Beans Cornbread Peaches Margarine Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk
26 Turkey, Dressing and Gravy Carrots Lima Beans Hamburger Bun with Margarine Fresh Grapes Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	27 Egg Salad Sandwich Gateway Tossed Salad Baked Potato Chips Spiced Peaches Fat Free Ranch Dressing Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	28 Mexican Chicken Black Beans Mexicali Corn Pears Sour Cream Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	29 Beef Vegetable Soup Deli Turkey and Cheese Sandwich Mayonnaise Broccoli Lettuce and Tomato Fruit Cocktail Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	30 Minestrone Toasted Cheese Sandwich Green Beans Creamy Coleslaw Applesauce Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk

Lakeview Woods Menu OCTOBER 2015 9-12,

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Macaroni with Chicken/Broccoli Carrots Applesauce Hamburger Bun with Margarine Orange Juice Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	6 Sloppy Joe on Bun Gateway Tossed Salad Fat Free Ranch Dressing Corn Pears Raisins Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	7 Chicken Tamale Pie Refried Beans Brown Rice Mixed Fruit Applesauce Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	8 Chicken Salad Sandwich Herbed Cauliflower Raw Tomatoes Pineapple Chocolate Pudding Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	9 Tuna Noodle Casserole Peas and Carrots with Margarine Hamburger Bun Fresh Orange Applesauce Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk
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