

9-12 October 2016

****Milk is served with all meals.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Oven Fried Chicken Mashed Potatoes/Gravy Broccoli & Bread/Margarine Spiced Apples & Mandarin Oranges	4 Chicken n' Noodle Casserole Mixed Veggies Apple Juice & Banana Bread/Margarine/Jelly	5 Beef Tamale Pie Refried Beans Brown Rice & Carrots Grapes & Raisins	6 Sweet & Sour Pork Rice & Green Beans Mandarin Oranges & Fruit Cocktail	7 Beef N' Rice Carrots Corn Bread/Margarine Peaches & Pears
10 Baked Chicken Cajun Mashed Sweet Potatoes Broccoli & Rice Apricots & Mixed Fruit	11 Sloppy Joe on Bun G-Tossed Salad/Dressing Peas Peaches & Banana	12 Beef A Roni Black Beans Garlic Toast Spiced Peaches & Pineapple	13 Chicken Salad Sandwich Herbed Cauliflower Cherry Tomatoes Mandarin Oranges, Pudding, Pineapple.	14 Tuna Noodle Casserole Peas & Carrots Bread w/ Margarine Applesauce and Apricots
17 Beef Sheppard's Pie Broccoli Bread/Margarine/Jelly Grapes	18 Baked Ham Carrots Stuffing w/Gravy Spiced Apples & Mixed Fruit	19 Bean Soup Turkey Sandwich Green Beans Baked Potato Chips Applesauce & Peaches	20 No School 	21 No School 
23 Chicken N' Dumplings Broccoli & Peas Spiced Peaches& Pineapple Corn Bread/Margarine	24 Rodeo Mac Carrots Garlic Toast Spiced peaches/Fruit Cocktail	25 Western Eggs Baked Beans & Carrots Corn Bread/Margarine Mixed Fruit & Mandarin Oranges	26 Pork Stir-Fry Herbed Cauliflower Rice Pears & Applesauce	27 Chicken Salad G-Tossed Salad w/Dressing Pasta Salad Grapes & Strawberries Oatmeal Muffin Square
30 Chicken Nuggets Mashed Potatoes w/Gravy Broccoli Peaches & Banana Corn Bread w/ Margarine	31 Chicken Rice Soup Cheese Sandwich G-Tossed Salad w/Dressing Pineapple & Pears Ice Cream			

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K-8 October 2016

****Milk is served with all meals.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Oven Fried Chicken Mashed Potatoes/Gravy Broccoli Spiced Apples Bread/Margarine	4 Chicken n' Noodle Casserole Mixed Veggies Apple Juice & Banana Bread/Margarine/Jelly	5 Beef Tamale Pie Refried Beans Brown Rice Carrots Grapes	6 Sweet & Sour Pork Rice Green Beans Mandarin Orange	7 Beef N' Rice Carrots Corn Bread/Margarine Peaches
10 Baked Chicken Cajun Mashed Sweet Potatoes Broccoli & Rice Apricots	11 Sloppy Joe on Bun G-Tossed Salad/Dressing Peas Peaches	12 Beef A Roni Black Beans Garlic Toast Spiced Peaches	13 Chicken Salad Sandwich Herbed Cauliflower Cherry Tomatoes Mandarin Oranges	14 Tuna Noodle Casserole Peas & Carrots Bread w/ Margarine Applesauce
17 Beef Sheppard's Pie Broccoli Bread Grapes	18 Baked Ham Carrots Stuffing w/Gravy Spiced Apples	19 Bean Soup Turkey Sandwich Green Beans Baked Potato Chips Applesauce	20 NO SCHOOL 	21 NO SCHOOL 
24 Chicken N' Dumplings Broccoli & Peas Spiced Peaches Corn Bread	25 Rodeo Mac Carrots Garlic Toast Spiced peaches	26 Western Eggs Baked Beans & Carrots Corn Bread Mixed Fruit	27 Pork Stir-Fry Herbed Cauliflower Rice Pears	28 Chicken Salad G-Tossed Salad w/Dressing Pasta Salad Grapes Oatmeal Muffin Square
31 Chicken Rice Soup Cheese Sandwich G-Tossed Salad w/Dressing Pineapple Ice Cream				

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