

**Nurse Assistant (51.2601)**

**Cross Reference to Show-Me standards (main report)**

<b>Measurable Learner Objective and Task Statement</b>	<b>Knowledge (Content)</b>	<b>Performance (Goals)</b>	<b>National Standards</b>
<b>A. Identify &amp; demonstrate professional behavior and roles and functions of nursing professionals</b>	HP 2	2.6, 3.4, 4.3, 4.4, 4.5, 4.8	3.31, 4.12, 4.13, 4.31, 4.32, 4.33, 5.24, 6.13, 6.21, 6.22, 8.13, 8.26
1. Define the role of a nurse assistant in acute, long-term and home health care			
2. Identify health care team members and each of their roles			
3. Organize workload and prioritize tasks			
4. Follow a chain of command			
5. Exhibit professionalism			
<b>B. Demonstrate career management skills</b>	HP 2	1.10, 4.3	4.14
1. Practice within the Job Description and Training of the Nurse Assistant			
2. Implement techniques to manage stress			
<b>C. Demonstrate professional interpersonal &amp; communication skills</b>	CA 1, CA 4, SS 6	2.6, 2.7, 3.1, 4.4, 4.6	4.14, 4.15, 4.16, 4.17, 4.21, 4.22, 4.23, 5.14, 5.15, 5.16, 6.31, 6.32, 8.11, 8.12, 8.21, 8.22, 8.23, 8.24, 8.25, 8.27, 8.29
1. Participate as a team member			
2. Provide quality health care			
3. Exhibit sensitivity to the diversity of others			
4. Exhibit tolerance to challenging clients and/or families			
5. Exhibit sensitivity to clients' and/families' pain and loss			
6. Communicate pertinent information at the shift change			

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7. Chart observations and procedures			
8. Recognize and report incidents			
9. Complete incident reports			
10. Reinforce client teaching identified on the care plan			
11. Maintain client confidentiality			
<b>D. Identify and demonstrate safety and sanitation procedures</b>	HP 3, HP 6, HP 7	3.2, 3.3, 4.7	5.21, 5.27, 7.11, 7.12, 7.32, 7.51, 7.53, 7.54, 7.55
1. Follow OSHA guidelines			
2. Respond appropriately to emergencies in a health care delivery setting (e.g., hospital, long-term care, home, office)			
3. Wash hands			
4. Put on and remove daily care non-sterile gloves			
5. Put on and remove mask			
6. Put on and remove non-sterile gown			
<b>E. Demonstrate providing personal care and comfort measures</b>	N/A	1.10	5.21
1. Maintain hearing aids			
2. Maintain eyeglasses			
3. Place and remove eyeglasses			
4. Assist clients to dress			
5. Assist clients to undress			

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6. Give a complete bed bath			
7. Give a tub bath			
8. Give a shower bath			
9. Shave client with a disposable razor			
10. Shave the client with an electric razor			
11. Comb or brush hair			
12. Give a shampoo during a tub bath or shower bath			
13. Give a bed shampoo			
14. Assist with oral hygiene for a conscious client			
15. Administer oral hygiene to helpless or unconscious clients			
16. Provide denture care			
17. Give fingernail care			
18. Give toenail care			
19. Give perineal care to a female client			
20. Give perineal care to a male client			
21. Give perineal care to a client with a catheter			
22. Give backrub			
23. Apply and remove elastic stockings			
24. Make an unoccupied bed			

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25. Make an occupied bed			
<b>F. Demonstrate restorative nursing care</b>	HP 4, HP 5	1.10	5.21, 7.23
1. Move a client to head of bed (two-person assist)			
2. Turn a client to one side (3/4 turn)			
3. Demonstrate one-person pivot transfer from bed to chair			
4. Demonstrate one-person pivot transfer from chair to bed			
5. Demonstrate two-person transfer with a mechanical lift			
6. Demonstrate two-person pivot transfer from chair to bed			
7. Transfer a client from bed to stretcher			
8. Ambulate client with a gait belt			
9. Ambulate client who is using a walker			
10. Ambulate a client who is using a cane			
11. Ambulate a client who is using crutches			
12. Perform passive range of motion exercises			
13. Assist with active range of motion exercises			
14. Give stage one pressure ulcer care			

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<b>G. Demonstrate assisting with feeding and nutrition-related tasks</b>	MA 1	1.10, 3.2. 3.3	5.21
1. Prepare a client for a meal			
2. Distribute trays, assisting with tray set-up			
3. Feed a helpless client			
4. Modify feeding techniques as appropriately for a client's condition			
5. Distribute drinking water			
6. Measure and record intake and output			
7. Convert household measurements to metric equivalents			
8. Convert between pounds and kilograms			
9. Convert inches to feet and inches			
10. Measure client's weight and height			
11. Measure weight and length of infant			
12. Thicken liquids			
<b>H. Demonstrate assisting with special care procedures</b>	N/A	1.10	5.21
1. Assist client with a urinal			
2. Assist client with bedpan			
3. Change urinary drainage bag			
4. Change adult incontinent brief			

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5. Empty urinary drainage bag			
6. Give care of an uncomplicated established colostomy			
7. Collect a midstream clean-catch urine specimen			
8. Collect a 24-hour urine specimen			
9. Collect a sterile urine specimen from a catheter			
10. Collect a stool specimen			
11. Collect a sputum specimen			
12. Apply warm, moist compress			
13. Apply aquathermia pad			
14. Apply ice bag or ice cap			
15. Perform post-mortem care			

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