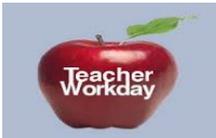


Trails West School Lunch Menu November 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Ham Salad Gateway Salad/FF Ranch Dressing Peaches & Raisins Applejuice Strawberries	2 Beef Taco Pie Brown Rice Refried Beans Raw Tomatoes Fruit Cocktail Pears	3 Broccoli Cheese Soup Green Beans Cornbread /w Butter Peaches Yogurt	4 Ground Beef & Spanish Rice Carrots Cornbread /w Butter Apple Sauce Banana	5
6	7 Chicken la King Carrots Brown Rice Spiced Apples Raisins	8 New Dawn Chicken Corn Broccoli Rice Pudding Strawberry Cup	9 Bean Soup Turkey & Chesse Sandwich Green Beans Peaches Fruit Cocktail	10 Breaded Fish Stewed Tomatoes Spinach Apricots Apple Juice Grapes	11 Meatloaf/Brown Gravy Scalloped Potatoes Peas Cornbread/butter Applesauce Peaches	12
13	14 Oven Fried Chicken Mashed Potatoes w/ Gravy Spinach Wheat Bread w/ Butter Mixed Fruit Pears	15 	16 Beef Tamale Pie Brown Rice Refried Beans Raw Tomatoes Pears Pineapple	17 Chili Green Beans Cornbread w/ Butter Pineapple Applesauce	18 Hamburger Sweet Potato Fries Lettuce Tomatoes Fruit Cocktail Peaches	19
20	21 Stew Broccoli Corn Noodles Applesauce Strawberries	22 Turkey w/ Dressing Gravy Yams Green Beans Mandarin Oranges Cherries	23 	24 	25 	26
27	28 Honey Chicken Peas & Carrots Brown Rice Wheat Bread w/ Butter Strawberries Peaches	29 Beef Roni Black Bean Galic Toast Pears Apple Sauce	30 Chicken Diva Tossed Salad w/FFRanch Dressing Corn Wheat Bread w/ Butter Pears & Peaches	Notes: Full Price Lunch:\$2.65 per day - \$47.70 per month Reduced Price Lunch \$.40 per day- \$7.20 per month Milk served with every meal. Extra milk \$.30		

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