

Lakeview Woods Menu NOVEMBER 2015 K-8,

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Beef Shepherd's Pie Broccoli with Margarine Hamburger Bun Strawberries Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	Ground Beef Stroganoff Carrots Rotini Peaches Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	Turkey Hot Dog Creamy Coleslaw Baked Beans Apricots Ketchup Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	Breaded Fish Stewed Tomatoes Broccoli Brown Rice Pilaf Raisins Orange Juice Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	Meatloaf Quick Baked Potato Green Beans Cornbread Peaches Brown Gravy Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk
9	10	11	12	13
NO SCHOOL Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	Sloppy Joe on Bun Gateway Tossed Salad Corn Pears Fat Free Ranch Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	Chicken Tamale Pie Black Beans Brown Rice Mandarin Oranges Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	Chicken Salad Sandwich Herbed Cauliflower Raw Tomatoes Pineapple Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	Tuna Noodle Casserole Peas and Carrots with Margarine Wholegrain Bread Apricots Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk
16	17	18	19	20
Chicken Nuggets Mashed Potato Broccoli Whole Wheat Sugar Cookie Pears Chicken Gravy Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	Tuna Salad Sandwich Gateway Tossed Salad Vanilla Ice Cream Pineapple Fat Free Ranch Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	Spaghetti and Meat Sauce Black Beans Pears Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	BBQ Chicken Green Beans Creamy Coleslaw Hamburger Bun Mixed Fruit Margarine Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	Fish Nuggets Peas and Carrots Stewed Tomatoes Spiced Peaches Tartar Sauce Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk
23	24	25	26	27
Turkey, Dressing and Gravy Carrots Corn Whole Grain Bread Strawberries Margarine Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	Gateway Chicken Salad Gateway Tossed Salad Garlic Toast Oatmeal Muffin Square Pineapple Fat Free Ranch Dressing Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	NO SCHOOL Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	NO SCHOOL Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	NO SCHOOL Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk

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Lakeview Woods Menu NOVEMBER 2015 9-12,

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Beef Shepherd's Pie Broccoli with Margarine Hamburger Bun Strawberries Margarine and Jelly Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	Ground Beef Stroganoff Carrots Rotini Peaches Applesauce Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	Turkey Hot Dog Creamy Coleslaw Baked Beans Apricots Ketchup Macaroni Salad Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	Breaded Fish Stewed Tomatoes Broccoli Brown Rice Pilaf Raisins Orange Juice Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	Meatloaf Quick Baked Potato Green Beans Cornbread Peaches Brown Gravy Margarine Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk
9	10	11	12	13
NO SCHOOL Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	Sloppy Joe on Bun Gateway Tossed Salad Corn Pears Raisins Fat Free Ranch Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	Chicken Tamale Pie Black Beans Brown Rice Mandarin Oranges Applesauce Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	Chicken Salad Sandwich Herbed Cauliflower Raw Tomatoes Pineapple Vanilla Pudding Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	Tuna Noodle Casserole Peas and Carrots with Margarine Wholegrain Bread Apricots Applesauce Margarine Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk
16	17	18	19	20
Chicken Nuggets Mashed Potato Broccoli Whole Wheat Sugar Cookie Pears Raisins Chicken Gravy Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	Tuna Salad Sandwich Gateway Tossed Salad Vanilla Ice Cream Pineapple Fat Free Ranch Baked Potato Chips Peaches Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	Spaghetti and Meat Sauce Black Beans Pears Applesauce Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	BBQ Chicken Green Beans Creamy Coleslaw Hamburger Bun Mixed Fruit Margarine Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	Fish Nuggets Peas and Carrots Stewed Tomatoes Spiced Peaches Tartar Sauce Margarine Orange Juice Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk
23	24	25	26	27
Turkey, Dressing and Gravy Carrots Corn Whole Grain Bread Strawberries Raisins Margarine Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	Gateway Chicken Salad Gateway Tossed Salad Garlic Toast Oatmeal Muffin Square Pineapple Fat Free Ranch Dressing Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	NO SCHOOL Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	NO SCHOOL Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	NO SCHOOL Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk

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