

NEBRASKA TRANSITION GUIDE

ACTIVITIES



JOB EXPLORATION

- Who is coordinating referrals to outside agencies?
- Who is guiding the student?
- How is job exploration coordinated with other plans for transition?
- Who needs to be at the table?
- Who is accountable for the Personal Learning Plan?
- How often is the Personal Learning Plan reviewed?
- How is active student involvement facilitated?
- How is parental involvement encouraged?

WORK-BASED LEARNING

- Who is coordinating referrals to outside agencies?
- How are multiple plans for transition coordinated?
- Who is in charge of creating opportunities for and supervising work-based learning?
- Have appropriate safeguards, regulations and standards been followed?

COUNSELING for TRANSITION & POST-SECONDARY PROGRAMS

- Who is coordinating referrals to outside agencies?
- Who is aligning high school classes and schedules with career interests?
- Who is coordinating services and supports with disability services at post-secondary institutions?
- How are post-school applications, scholarships, and funding sources being investigated?

WORKPLACE READINESS TRAINING

- Who is coordinating referrals to outside agencies?
- What are the student's career goals?
- What steps that need to be taken to reach those goals?
- What supports and/or resources does the student need to reach his/her career goals?
- What experiences are available to develop career readiness skills?
- Who is providing training for career readiness skill development?
- How does explicit instruction in career readiness skills happen for all students?

SELF-DETERMINATION TRAINING

- Who is coordinating referrals to outside agencies?
- Who is supporting development of self-advocacy skills?
- How does the student demonstrate decision-making skills & use of community resources?
- How does the student talk about his/her disability & what he/she needs for support?
- What are the student's goals when he/she is done?

This document was developed by the Nebraska Department of Special Education staff in collaboration with the following partners: Institutes of Higher Education/WinAhead, Nebraska Department of Health and Human Services (DHHS), Nebraska Department of Teaching and Learning, Nebraska VR, PTI-Nebraska, and Transition Specialists.



Grades 12+

Grades 11 - 12

Grades 9 - 10

Middle School

<p>Business Tours H3.ne.gov (activity) Job Fairs</p> <p>Nebraska Career Connections NECareerTours.com (activity) NEWorks</p>	<p>Career Education Classes H3.ne.gov (activity) Job Shadow Job Observations</p> <p>Nebraska Career Connections NECareerTours.com (activity) Career Fairs</p>	<p>Career Education Classes Business Tours Job Shadow Job Observation</p> <p>Nebraska Career Connections NECareerTours.com (activity) Career Fairs</p>	<p>Career Tours ENGAGE - Career Education Curriculum Job Observations</p> <p>Nebraska Career Connections NECareerTours.com (activity) Guest Speakers</p>
<p>Apprenticeship Customized Employment InternNE Internships On-The-Job Training Project Search Work Experience Service Learning Entrepreneurship Experience</p>	<p>Internships Pre-Apprenticeship Project Search School Work-Based Learning Wages CBVI Service Learning Entrepreneurship Experience</p>	<p>Informational Interviewing Job Shadow Business Tours Service Learning Entrepreneurship Experience</p>	<p>Business Tours Job Observations Career Exploration Searches Guest Speakers Service Learning Entrepreneurship Experience</p>
<p>Career Readiness Skills Personal Learning Plan IEP/IPE/ DD IPP (age 21+) Skill Inventories Career Interest Inventories Assessments: Formal/Informal</p>	<p>Career Readiness Skills Know How To Go - EducationQuest Postsecondary Campus Visits Reality Check -EducationQuest Personal Learning Plan IEP/NR IPE Skill Inventories Career Interest Inventories Assessments: Formal/Informal</p>	<p>ASVAB Career Planning Website Career Readiness Skills Personal Learning Plan IEP Transition Plan (age 16) Skill Inventories Career Interest Inventories Assessments: Formal/Informal</p>	<p>Career Readiness Skills Personal Learning Plan IEP Skill Inventories Career Interest Inventories Assessments: Formal/Informal</p>
<p>Career Readiness Modules Nebraska Habitudes Training Mock Interview NE Career Readiness Appraisal Review Service Learning Assistive Technology</p>	<p>Career Readiness Modules Nebraska Habitudes Training NE Career Readiness Appraisal Mock Interview Service Learning Assistive Technology</p>	<p>Nebraska Habitudes Training Career Readiness Standards Introduction Service Learning Assistive Technology</p>	<p>Nebraska Career Connections ENGAGE - Career Education Curriculum Service Learning Assistive Technology</p>
<p>Customized Employment Person-Centered Planning Student-Led IEP</p>	<p>Person-Centered Planning Student-Led IEP</p>	<p>Person-Centered Planning Student-Led IEP</p>	<p>Person-Centered Planning Student-Led IEP</p>

SELF-DETERMINATION

The Arc of Nebraska

<http://www.arc-nebraska.org>
Services, information, resources and advocacy for people with intellectual and developmental disabilities and their families.

Disability Rights Nebraska

<http://www.disabilityrightsnebraska.org/>
Direct assistance or information on disability-related issues.

I'm Determined

<http://www.imdetermined.org>
Instruction, models, videos to build skills on self-determined behavior, IEP participation, etc.

ME Book and TAGG

<http://www.ou.edu/education/centers-and-partnerships/zarrow.html>
Self-determination oriented evaluation, research, development, transition education instruction, and dissemination of best educational and support practices.

Ready, Set, Go!

<http://www.disabilityrightsnebraska.org/>
Materials and resources to assist students in making decision as they move from high school to adult life.

ASSISTIVE TECHNOLOGY

Assistive Technology Partnership (ATP)

<http://www.atp.ne.gov/>
Borrow, purchase equipment or software, and consult with a specialist regarding accessibility issues.

JAN's Searchable Online Accommodations (SOAR)

<http://www.jan.wvu.edu>
Accommodation options in work and educational settings.

League of Human Dignity

www.leagueofhumandignity.com
Independent living centers, housing, transportation, assistive technology resources.

TRANSITION PLANNING RESOURCES

Autism Center of Nebraska

<http://autismcenterofnebraska.org>
Vocational Services, Employment connections, respite & residential services for persons with autism and other developmental disabilities.

National Center on Secondary Education and Transition

<http://www.ncset.org>
Transition resources, technical assistance, and information.

National Technical Assistance Center on Transition

<http://www.technicalta.org/>
Resources, post secondary planning and evidence-based practices for youth transitioning from school to post school education/training and careers.

CAREER EXPLORATION

Bureau of Labor and Statistics for KIDS

<http://www.bls.gov/k12/>
Career information for students in grades 4-8 describes job duties, training requirements, career videos, earning levels for hundreds of occupations.

Career One Stop

<http://www.careeronestop.org>
Career exploration, training, and jobs.

Education Planner

<http://www.educationplanner.org>
One-stop career and college planning website.

Job Corps

<http://jobcorps.dol.gov>
Free education and training program to learn a career and keep a job.

My Next Move

<http://www.mynextmove.org>
Search careers by keywords, by industry, or by what you like to do.

Nebraska Career Connections

<http://www.nebraskacareerconnections.org>
Career exploration, training/education, career planning resources and tools for students, parents, educators, adults for creating a job search portfolio.

O*NET Online

<http://www.onetonline.org>
*The nation's primary source of occupational information. Central to the project is the O*NET database, containing information on hundreds of standardized and occupation-specific descriptors.*

Youthhood

<http://www.youthhood.org>
Free site for students to explore life after high school.

PREPARING FOR CAREER TRAINING AND COLLEGE

Education Quest

<https://www.educationquest.org>
One stop shop for professionals, and students grades 8-12 on preparing for college: career options, reality check of skills & interests, self-advocacy, tips, FAFSA, ACT, etc.

Going to College

<http://www.going-to-college.org>
Video clips and activities resources for teens to get a head start in planning for college.

Guidance Counselors Toolkit

<http://www.health.gwu.edu>
Toolkit of answers to counselors questions about advising high school students with disabilities.

Nebraska Commission for the Deaf and Hard of Hearing (NCDHH)

www.ncdhh.ne.gov
Promotes & advocates for individuals who are deaf, deaf-blind, or hard of hearing to achieve equality and opportunity in social, educational, vocational, and legal aspects impacting their daily lives; enhance & monitor access to effective communication & telecommunication technology.

Nebraska Career Education

<http://www.education.ne.gov/nce/>
Nebraska Department of Education's career education website for college and career readiness, career education standards, and programs of study.

Think College

<http://www.thinkcollege.net>
College options for people with intellectual disabilities.

WinAhead

<http://winahead.wordpress.com>
Guidebook for HS educators; answers to student questions as they consider and transition to college.

EMPLOYMENT

Access Nebraska (Dept. of Health/Human Services)

<https://dhhs-access-neb-menu.ne.gov/start?tl=en>
DHHS programs -job training, education, employment, financial assistance programs; behavioral health, waivers, & long term care.

Easter Seals of Nebraska

<http://www.easterseals.com>
Programs & services for employment & training, assistive technology & job accommodations, medical rehabilitation, camping and recreation.

Goodwill Industries, Inc.

www.goodwill.org
Career planning, service learning opportunities, training, finding a job.

High Wage, High Demand, High Skill, High Demand Occupations

<http://h3.ne.gov/H3/>
Nebraska information on the today's in demand jobs, FAQs, clusters, resources, reports.

National Collaborative on Workforce and Disability For Youth

<http://www.ncwf-youth.info>
Fact sheets, guides, strategies, resources for youth to plan for life after high school.

Nebraska Commission for the Blind and Visually Impaired

<http://www.ncbv.nebraska.gov/>
Assistance to help blind and visually impaired youth achieve full and rewarding lives through independent living skills & finding employment in Nebraska and across the country.

Nebraska Department of Labor

<http://dol.nebraska.gov>
Find a job, research careers, Labor Market Information, Info Link, workforce trends.

Nebraska Ticket to Work

<http://www.nebraskaticketto.org/>
Information for people with disabilities who wish to explore competitive employment opportunities.

Nebraska VR

www.vr.nebraska.gov
Skill and job exploration, adult life planning, training/education to find, and/or keep a job, project search, Nebraska Youth Leadership Council.

FINANCIAL PLANNING / INDEPENDENT LIVING

Benefits.gov

<http://www.govbenefits.gov>
Government benefits and eligibility finder, housing and Social Security employment.

Center for Independent Living

<http://www.cilru.org>
Resources for independent living, home and community-based services, and Americans with Disabilities Act (ADA).

Developmental Services of Nebraska ,Inc.

<http://www.dsnonline.org/>
Residential support services and help finding a job through Labor Solutions Services.

Disability.gov

<https://www.disability.gov>
U.S. Federal government information on disability programs and services nationwide.

Independence Rising

<http://cilne.org>
Services for people with disabilities to help them meet their goals for independence. The center serves 30 counties in south central and southwest Nebraska.

League of Human Dignity

www.leagueofhumandignity.com
Independent Living Centers, housing, transportation, assistive technology resources.

Nebraska Guardianship

<http://children-laws.laws.com/legal-guardianship>
Guardianship information guide

Nebraska Association of Service Providers (NASP)

<http://neserviceproviders.org/>
Guide provides resources for choosing a developmental disabilities service provider, questions to ask, and tips from families.

Social Security Administration

<http://www.ssa.gov/disabilityresearch/wilgeneralinfo.htm>
Explanations of SSDI (Social Security Disability Insurance, SSI (Supplemental Security Income), Work Incentives and the Ticket to Work Program.

Social Security Disability Benefits Resources: Nebraska

<http://www.disability-benefits-help.org/social-security-disability-locations/nebraska>
Resources regarding Social Security Programs, the application process, and disability resources.

Casey Life Skills

www.caseylifefskills.org
Life skills assessments and teaching tools for transition into adulthood.

VODEC

www.vodec.org
Private nonprofit corporation providing employment, residential and day habilitation services for individuals with intellectual disabilities.

INFORMATION	WORKPLACE READINESS	COUNSELING	WORK-BASED LEARNING	JOB EXPLORATION	Grades 12+
					Grades 11 - 12
					Grades 9 - 10
					Middle School

NAME:

DATE:

504 Plan

A civil rights law that prohibits discrimination against individuals with disabilities and ensures equal access and may receive accommodations and modifications.

Americans with Disabilities Act (ADA)

Prohibits discrimination against people with disabilities in communications, transportation, public accommodations, communications, and governmental activities. The ADA also establishes requirements for telecommunications relay services.

Apprenticeships

Trade-related paid or unpaid work with a certified skilled journeyman to build occupational skills related to trade certification.

Assessment formal and informal

The wide variety of methods used to evaluate, measure and document academic readiness, learning progress, and skill acquisition.

Business Tours

Facilitated tours of businesses to explore career options, observe business practices and network with business professionals.

Career Exploration

Learning about yourself and the world of work and identifying and exploring occupations.

Career Interest Inventory

A Federal law designed to put the rights of individuals with disabilities in programs and activities that receive Federal financial assistance. To qualify, a student must have a disability and it must limit a major life function.

Career Readiness

"A career-ready person capitalizes on personal strengths, talents, education and experiences to bring value to the workplace and the community through his/her performance, skill, diligence, ethics and responsible behavior."

— *Definition of career readiness adopted by the Nebraska State Board of Education on May 5, 2010.*

Career Tours

Tours to explore a variety of career options.

Customized Employment

A flexible process designed to personalize the employment relationship between a job candidate or employee and an employer in a way that meets the needs of both. It is based on identifying the strengths, conditions and interests of a job candidate or employee through a process of discovery. Customized Employment also identifies the business needs of an employer. Together, these create a match resulting in a customized position.

H3.ne.gov

A collaborative website by the Nebraska Department of Labor, Economic Development, and Education that provides educators, economic developers, students and their parents, community leaders, and career seekers information on the states' high skill, high wage, and high demand occupations.

Individual Education Program (IEP)

A written education program for a child with a disability. It specifies the special education, related services,

Individualized Plan for Employment (IPE)

A plan that is developed and implemented in a manner that affords eligible individuals the opportunity to exercise informed choice in selecting an employment outcome, the specific vocational rehabilitation services to be provided under the plan, the entity that will provide the vocational rehabilitation services, and the methods used to procure the services.

Individual Program Plan (IPP)

A plan for services developed in coordination with an individual and Developmental Disabilities Services that states specific objectives to develop competencies and achieve personal goals in the areas of community participation, housing, work, school and leisure time, based on hopes and dreams for the future as well as an assessment of the individual's needs, preferences and life choices.

Individuals with Disabilities Education Act (IDEA)

A Federal law ensuring special education to children with disabilities.

Informational Interviewing

An informal conversation with someone working in an area that interests you who will give you information and advice about a potential future workplace.

Internships

Formal agreements in which a youth is assigned specific tasks in a workplace over a predetermined period of time. May be paid or unpaid, depending on the nature of the agreement with the company and the nature of the tasks.

Job Observation

An arranged visit to observe an individual in a specific job or type of work. This usually involves pre-work to become aware of job responsibilities and develop a set of questions/ observations to be utilized during the observation.

Job Shadowing

Work by a youth that does not materially benefit the employer but allows the youth to spend meaningful time in a work environment to learn aspects of potential job tasks and "soft skills" required in the workplace.

Mock Interview

Simulates a real interview for training purposes.

Nebraska Career Readiness Standards

Standards adopted by the Nebraska State Board of Education and Nebraska Workforce Investment Board that define employer expectations of employees. Sometimes called employability skills, these 11 standards were developed by Nebraska business and industry as essential skills for success in the workplace.

Nebraska Habitudes Training

Training in the implementation of Nebraska's Habitudes curriculum that is designed to introduce students to Nebraska's Career Readiness Standards.

On-the-Job Training

Training that is given to an employee at their workplace while they are doing the job for which they are being trained.

Personal Learning Plan (PLP)

A multi-year plan developed by students in collaboration with teachers, counselors, and parents, as a way to help them plan their educational experiences from middle to secondary to postsecondary education to help them achieve their career goals.

Person-Centered Planning (PCP)

A process that assists people with disabilities and their families to plan for the future. It can assist IEP teams and others through structured exercises called Maps that focus on the student's strengths and preferences, and assist them in developing a snapshot of the student and the hopes and dreams for the future that is student-driven. There are several types of PCP tools including MAPS, PATH, Essential Lifestyle Planning, and Personal Futures Planning, but each have unique information gathering strategies; they are all action based and focused on the student's gifts and desires for the future. The information gathered from the PCP should be used as part of the transition requirements outlined in IEPs for students with disabilities.

Pre-Apprenticeship

Services and programs designed to prepare individuals to enter and succeed in Registered Apprenticeship Programs; they have a documented partnership with a Registered Apprenticeship program sponsor and together, expand the participant's career pathway opportunities with industry-based training coupled with classroom instruction.

Project SEARCH

A partnership between Nebraska VR, a business, area school systems, Nebraska Commission for the Blind and Visually Impaired, Assistive Technology Partnership, and Division of Developmental Disabilities. This one-year school-to-work program is business led and takes place entirely in the workplace. The experience includes a combination of classroom instruction, career exploration, and hands-on training through worksite rotations.

Service Learning

Formal volunteer service in a structured community service program for the purpose of contributing to the community, learning soft skills, including follow through on commitments, and taking directions in a community environment.

Skill Inventories

Questionnaires or reports containing information on knowledge, skills, abilities and experiences of the student.

Career Readiness Skills (Employability Skills)

The non-technical skills (e.g. interpersonal skills, personal habits and traits, etc.), knowledge, and understanding necessary to successfully gain and maintain employment and participate effectively in the workplace.

Supported Employment

Competitive work in a community integrated work setting for persons with severe disabilities who need ongoing support services to learn and perform the work.

Work-Based Learning

An extended learning opportunity for students to experience the adult world of work through job shadow, paid or unpaid internships or actual employment conducted in cooperation with a school. Work-based learning programs follow established guidelines including training agreements and assurances to follow state and federal child labor and labor standards laws.

Work Experience

An opportunity for a student to gain practical skills and understanding of a work environment; could be paid or unpaid.

Work Sampling

Unpaid work for the purpose of exposure to different work environments, allowing the youth to spend meaningful time to learn aspects of potential job tasks and employability skills required in the workplace. Potential supports and



Transition Guide Purpose:
"The purpose of the Nebraska Transition Guide is to enhance supports for transitioning between grade levels, programs, schools, districts, and college and careers for all students by increasing collaboration between students, parents, school staff, and community agencies."

For further information, please contact any of the following:

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