

**VERELLE PENISTON ~ STUDENT LUNCH MENU**  
**OCTOBER 2015**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b> Cavatini Breadstick Lettuce Salad Romaine Fruit Assortment Milk	<b>2</b> Corn Dog Lettuce Salad Romaine Veggies/Dip Fruit Assortment Cookies Milk
<b>5</b> Hotdog on Bun Green Bens Raw Vegetables Fruit Assortment Milk	<b>6</b> Chicken Nuggets Tator Tots Veggies/Dip Fruit Assortment Milk	<b>7</b> Hamburger on Bun Butter corn Buttered peas Fruit Assortment Milk  <i>School Pictures</i> 	<b>8</b> Spaghetti w/ Meat Sauce Breadstick Lettuce Salad Romaine Veggies/Dip Fruit Assortment Milk	<b>9</b> Quesadilla w/ Salsa, sour cream, black olives and tomatoes Lettuce Salad Romaine Fruit Assortment Cookies Milk
<b>12</b> Chicken Strip Macaroni & Cheese Mixed Vegetables Lettuce Salad Romaine Fruit Assortment Milk	<b>13</b> Beef & Bean Burrito w/ Salsa Baked Beans Lettuce Salad Romaine Veggies/dip Fruit Assortment Milk	<b>14</b> Grilled Chicken on Bun Green Beans Lettuce Salad Romaine Jello Fruit Assortment Milk  <i>Pumpkin Patch Field Trip</i>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>
<b>19</b> Chicken Patty on Bun Buttered Corn Green Beans Lettuce Salad Romaine Fruit Assortment Milk	<b>20</b> BBQ Rib on Bun Baked Beans California Vegetables Lettuce Salad Romaine Fruit Assortment Pudding Milk	<b>21</b> Hotdog on Bun Chips Veggies & Dip Fruit Assortment Milk <b>PTO Playground Ribbon Cutting Ceremony &amp; Open House</b>	<b>22</b> Pizza Veggies/Dip Lettuce Salad Romaine Fruit Assortment Cookies Milk	<b>23</b> Public School Not In Session  <b>Please send a lunch with your child to school</b>
<b>26</b> BBQ Chicken on Bun Baked Beans Green Beans Lettuce Salad Romaine Fruit Assortment Milk	<b>27</b> Chicken Nuggets Green Beans California Vegetables Lettuce Salad Romaine Fruit Assortment Jello Milk	<b>28</b> Hamburger on Bun Buttered Corn Buttered Peas Fruit Assortment Milk	<b>29</b> Sloppy Jo w/ Bun French Fries Veggies/Dip Fruit Assortment Milk	<b>30</b> Quesadilla w/ Salsa, sour cream, black olives and tomatoes Lettuce Salad Romaine Fruit Assortment Milk

All lunches include the vegetable of the day and two fruits. Menu subject to change by Chillicothe Middle School.