

ROLLING MEADOW ~ STUDENT LUNCH MENU

March 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Chili w/ Cinnamon Roll Fresh garden salad Texas pintos Fresh fruit Applesauce Milk	2 Homestyle Meatloaf Mashed potatoes w/gravy Hot roll Glazed carrots Fresh fruit Peaches Milk	3 BBQ Chicken on Bun Sweet potato fries Fresh garden salad Fresh fruit Banana orange mix Milk	4 Fish & Chips Fresh garden salad Fresh broccoli w/ dip Fresh fruit Pinapple Milk
7 Lasagna w/ Italian Bread Fresh garden salad Cheesy cauliflower popcorn Fresh fruit Peaches Milk	8 BBQ Beef on Bun Fresh garden salad Cowboy beans Fresh fruit Applesauce Milk	9 Chicken Patty Mashed potatoes w/gravy Hot roll Corn Fresh fruit Pears Milk	10 <i>*New item</i> Smothered Burrito French fries Fresh garden salad Fresh fruit Strawberry banana mix Milk	11 Tony's Pizza Fresh garden salad Baby carrots w/ dip Fresh fruit Orange pineapple mix Snickerdoodles Milk
14 Hamburger Mac N Cheese Fresh garden salad Steamed broccoli Fresh fruit Mandarin oranges Milk	<p style="color: green; font-size: 1.2em;">No School</p> <p>Staff Development Day</p>	16 Breaded Pork Chopette Mashed potatoes w/gravy Hot roll Green beans Fresh fruit Cinnamon apple slices Milk	17 Cheeseburger French fries Fresh garden salad Fresh fruit Tropical fruit Milk 	<p style="color: red; font-weight: bold;">Public School Not in Session</p> <p style="color: red; font-weight: bold;">Please send a lunch to school with your child</p>
21 Chicken Alfredo w/ Italian Bread Fresh garden salad Corn Fresh fruit Mandarin oranges Milk	22 Chicken Nachos w/ White Queso & Spanish Rice Fresh garden salad Texas pintos Fresh fruit Banana orange mix Milk	<p style="color: green; font-weight: bold;">NO SCHOOL – SPRING BREAK</p>	<p style="color: green; font-weight: bold;">NO SCHOOL – SPRING BREAK</p>	<p style="color: green; font-weight: bold;">NO SCHOOL – SPRING BREAK</p>
<p style="color: red; font-weight: bold;">Public School Not in Session</p> <p style="color: red; font-weight: bold;">Please send a lunch to school with your child</p>	29 BBQ Rib on Bun Fresh garden salad Cowboy beans Fresh fruit Applesauce Milk	30 Meatloaf Mashed potatoes w/ gravy Hot roll Corn Fresh fruit Pears Milk	31 Burrito French fries Fresh garden salad Fresh fruit Orange pineapple mix Milk	

Due to new state regulations a complete meal must consist of at least 3 of the 5 components: Whole Grains, Meat or protein substitute, Fruit, Vegetable, and Milk