

VERELLE PENISTON ~ STUDENT LUNCH MENU

January 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 No School Winter Break <i>Happy New Year!</i>
4 *Welcome back! Public School Not in Session Please send a lunch to school with your child	5 Hamburger w/ bun Green beans Fruit Assortment Milk	6 Chicken Strips Mixed vegetables Fruit Assortment Milk	7 Ravioli Roll Lettuce salad Fruit Assortment Milk	8 Pizza Chips Fruit Assortment Milk
11 Chicken Sandwich Corn Fruit Assortment Milk	12 BBQ Pork Sandwich Baked beans Fruit Assortment Milk	13 No School Staff Development Day	14 Pork Fritter Au Gratin potatoes Fruit Assortment Milk	15 Quesadilla w/ salsa Fruit Assortment Milk
18 No School Martin Luther King Jr. Holiday	19 Grilled Chicken w/ bun Green beans Fruit Assortment Milk	20 Ham & Cheese Sandwich Baked beans Fruit Assortment Milk	21 Breaded Beef Patty Mashed potatoes w/ gravy Fruit Assortment Milk	22 Chili Dog Corn chips Fruit Assortment Milk
25 BBQ Rib Sandwich Corn Fruit Assortment Milk	26 Enchilada Pie Lettuce salad Fruit Assortment Milk	27 Chicken Parmesan Sandwich California vegetables Fruit Assortment Milk	28 Hamburger w/ bun Green beans Fruit Assortment Milk	29 Pizza Chips Fruit Assortment Milk

Student Lunch \$1.90 Complete meals consist of at least 3 of the 5 components offered (Grains, Meat, Fruit, Vegetable and Milk).

Menu subject to change by CMS without notice. Menu does not provide menu planning for a child with a medical condition or food allergy. Please consult a medical professional for assistance in planning for or treating medical conditions.