

# ROLLING MEADOW LUNCH MENU

~ **DECEMBER 2015** ~

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> <b>Super Nachos w/ Spanish Rice</b> Fresh garden salad Southwest beans Fresh fruit Pineapple Milk	<b>2</b> <b>NO SCHOOL</b>  STAFF WORK DAY	<b>3</b> <b>Sloppy Joes</b> French fries Fresh garden salad Fresh fruit Tropical fruit Milk	<b>4</b> <b>Turkey &amp; Cheddar Melt</b> Fresh garden salad Roasted vegetables Fresh fruit Blushing pears Lemon Crinkle Cookie Milk
<b>7</b> <b>Chicken &amp; Dumplings</b> Fresh garden salad Corn Fresh fruit Mandarin oranges Milk	<b>8</b> <b>Chili w/ Cornbread</b> Fresh garden salad Texas pinto beans Fresh fruit Banana orange mix Milk	<b>9</b> <b>Homestyle Meatloaf</b> Mashed potatoes w/ gravy Hot roll Glazed carrots Fresh fruit Peaches Milk	<b>10</b> <b>Meatball Sub</b> Fresh garden salad French fries Fresh fruit Applesauce Milk	<b>11</b> <b>Italian Sub on deli bun</b> Fresh garden salad Fresh broccoli w/ dip Fresh fruit Pineapple Milk
<b>14</b> <b>Spaghetti &amp; Meatballs w/ Italian bread</b> Fresh garden salad Corn Fresh fruit Mandarin oranges Milk	<b>15</b> <b>BBQ Rib on Bun</b> Fresh garden salad Cowboy beans Fresh fruit Rosy Applesauce Milk	<b>16 *Holiday Feast</b> <b>Baked Ham</b> Mashed potatoes w/ gravy Hot roll Green beans Fresh fruit Pears Milk	<b>17</b> <b>Burrito</b> French fries Fresh garden salad Fresh fruit Orange pineapple mix Milk	<b>18</b> <b>Tony's Pizza</b> Fresh garden salad Baby carrots w/ dip Fresh fruit Strawberry banana mix Milk
<b>21</b> <b>Public School Not In Session</b>  Please send a lunch with your child to school	<b>22</b> <b>Public School Not In Session</b>  Please send a lunch with your child to school	<b>23</b> <b>Public School Not In Session</b>  Please send a lunch with your child to school	<b>24</b>  <b>NO SCHOOL – WINTER BREAK</b>	<b>25</b>   <b>NO SCHOOL – WINTER BREAK</b>
<b>28</b>  <b>NO SCHOOL – WINTER BREAK</b>	<b>29</b>  <b>NO SCHOOL – WINTER BREAK</b>	<b>30</b>  <b>NO SCHOOL – WINTER BREAK</b>	<b>31</b>  <b>NO SCHOOL – WINTER BREAK</b>	<b>Jan 1</b>  <b>NO SCHOOL – WINTER BREAK</b>

Due to new state regulations a complete meal must consist of at least 3 of the 5 components: Whole Grains, Meat or protein substitute, Fruit, Vegetable, and Milk