

Trails West School Lunch Menu March 2016

9-12

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	29 Egg Salad Sandwich Gateway Tossed Salad FF Ranch Dressing Baked Potato Chips Pineapple chunks	1 Chicken Pasta Primavera Herbed Cauliflower Green Beans Garlic Toast Mixed Fruit Vanilla Pudding Cup	2 Bean & Ham Soup Toast Cheese Sandwich Baby Carrots Banana Applesauce Cup	3 Chicken Broccoli Rice Carrots Wholegrain biscuit w/marg. & jelly Apricots	4 Baked Ham Carrots & Lima Beans Corn bread muffin w/marg & jelly Raisins Mandarin Oranges	5
6	7 Beef Shepherd's Pie Broccoli Hamb. bun w/marg & Jelly Frozen Strawberries	8 Chicken A La King Carrots Brown Rice Spiced Apples	9 Bean Soup Deli Turkey Cheese Sandwich Baked Potato Chips Green Beans Pears	10 Breaded Fish Tomatoes Broccoli w/cheese sauce Raisins Apple Juice	11 Spinach Cheese Egg Casserole Baked Potato Yellow Squash Peaches	12
13	14 Macaroni w/chicken/broccoli Carrots Wholegrain bread w/marg Apricots Apple Juice	15 NO SCHOOL 	16 Beef A Roni Black Beans Garlic Toast Fruit Cocktail	17 Chicken Divan Corn Gateway Tossed Salad FF Ranch Dressing Wholegrain bread w/marg Pears & Raisins	18 Tuna Noodle Casserole Peas & Carrots Wholegrain bread w/marg Mandarin Oranges	19
20	21 Salisbury Steak Yellow Squash Mashed Potatoes w/gravy Ham. bun with/marg & jelly Grapes Sliced Peaches	22 Beef Burrito Pinto Beans Brown Rice Peaches Salsa & Sour Cream	23 	24 	25 	26
27	28 Broccoli Cheese Soup Green Beans Cornbread w/marg Fruit Cocktail Yogurt	29 Ground Beef & Spanish Rice Cornbread w/marg Carrots Applesauce Cup Peaches	30 Country Fried Steak Mashed Potato w/gravy Broccoli Hamb Bun w/marg Mixed Fruit	31 Cheese Pizza Macaroni Salad Gateway Tossed Salad FF Ranch Dressing Banana Apple Juice	Notes: Full Price Lunch: daily \$2.45 / month \$49.00 Reduced Price Lunch: daily 40¢ / month \$8.00 Extra Milk 30¢ - Milk served with lunch every day.	

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