

Maple Valley - March 2016 MENU

K-8

Mon	Tue	Wed	Thu	Fri	
	<p>1 Ground Beef Stroganoff Pasta Carrots Applesauce Cup Milk</p>	<p>2 Turkey Hot Dog on a Bun/Keth. Baked Beans Coleslaw Mixed Fruit Milk</p>	<p>3 Lasagna Garlic Toast Spinach Apricots Milk</p>	<p>4 Beef Pepper Steak Brown Rice Herbed Cauliflower Pears Milk</p>	
<p>7 Beef Stew Pasta Corn Broccoli Peaches Milk</p>	<p>8 Parkview Chicken & Dressing Candied Yams Green Beans Cran Orange Jell-o Pineapple Delight Milk</p>	<p>9 Parkview Ham & Beans Deli Turkey Sandwich/Mayo Tomato, Onion, Cucumber Sal. Mandarin Orange Milk</p>	<p>10 Been Beef Tamale Pie Brown Rice / Sour Cream Squash Mixed Fruit Milk</p>	<p>11 Tuna Cheese Rotini Gateway Tossed Salad/Dres Oatmeal Raisin Cookie Strawberries Milk</p>	
<p>14 Baked Fish Cajun Copper Penny Carrots Corn Brown Rice Pilaf Blueberries Milk</p>	<p>15 STAFF WORK DAY NO STUDENTS</p>	<p>16 Mexican Chicken Black Beans Mexicali Corn Sour Cream Mixed Fruit Milk</p>	<p>17 Ham Salad Sandwich Spinach Stewed Tomatoes Pineapple Milk</p>	<p>18 Chicken Pasta Primavera Herbed Cauliflower Green Beans Garlic Toast Apricots Milk</p>	
<p>21 Baked Potato Bar Stewed Tomato Bread/Marg/Jelly Strawberries Milk</p>	<p>22 Chicken a la King Pasta Carrots Mixed Fruit Milk</p>	<p>23 SPRING BREAK NO SCHOOL</p>			<p>25</p>
<p>28 Chicken Nuggets Fries/ Ketchup Peas Cornbread Peaches Milk</p>	<p>29 Tuna Salad Sandwich Gateway Tossed Salad/Dres Fruit Cocktail Ice Cream Milk</p>	<p>30 Beef Burrito Refried Beans Salsa/ Sour Cream Pears Milk</p>	<p>31 Salisbury Steak Mashed Pot/Gravy Green Beans Bread/Marg/Jelly Blueberries Milk</p>		

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Maple Valley -March 2016 MENU

9-12

Mon	Tue	Wed	Thu	Fri
	<p>1 Ground Beef Stroganoff Pasta Carrots Applesauce Cup Milk</p>	<p>2 Turkey Hot Dog on a Bun/Keth. Baked Beans Coleslaw Pasta Salad Mixed Fruit Milk</p>	<p>3 Lasagna Garlic Toast Spinach Apricots Raisins Milk</p>	<p>4 Beef Pepper Steak Brown Rice Herbed Cauliflower Pears Milk</p>
<p>7 Beef Stew Pasta Corn Broccoli Peaches Milk</p>	<p>8 Parkview Chicken & Dressing Candied Yams Green Beans Bread Cran Orange Jell-o Pineapple Delight Milk</p>	<p>9 Parkview Ham & Beans Deli Turkey Sandwich/Mayo Tomato, Onion, Cucumber Sal. Mandarin Orange/Baked Chips Milk</p>	<p>10 Been Beef Tamale Pie Brown Rice / Sour Cream Squash Mixed Fruit Milk</p>	<p>11 Tuna Cheese Rotini Gateway Tossed Salad/Dres Oatmeal Raisin Cookie Strawberries Milk</p>
<p>14 Baked Fish Cajun Copper Penny Carrots Corn Brown Rice Pilaf Blueberries Raisins Milk</p>	<p>15 STAFF WORK DAY NO STUDENTS</p>	<p>16 Mexican Chicken Black Beans Mexicali Corn Brown Rice Sour Cream Mixed Fruit Milk</p>	<p>17 Ham Salad Sandwich Spinach Stewed Tomatoes Pineapple Milk</p>	<p>18 Chicken Pasta Primavera Herbed Cauliflower Green Beans Garlic Toast Apricots Vanilla Pudding Milk</p>
<p>21 Baked Potato Bar Stewed Tomato Bread/Marg/Jelly Strawberries Pineapple Milk</p>	<p>22 Chicken a la King Pasta Carrots Mixed Fruit Milk</p>	<p>23</p> <p>SPRING BREAK</p> <p>NO SCHOOL</p>		
<p>28 Chicken Nuggets Fries/ Ketchup Peas Cornbread Peaches Raisins Milk</p>	<p>29 Tuna Salad Sandwich Gateway Tossed Salad/Dres Baked Chips Fruit Cocktail Ice Cream Milk</p>	<p>30 Beef Burrito Refried Beans / Brown Rice Salsa/ Sour Cream Pears Milk</p>	<p>31 Salisbury Steak Mashed Pot/Gravy Green Beans Bread/Marg/Jelly Blueberries Spiced Peaches Milk</p>	

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