

Maple Valley -April 2016 MENU

K-8

Mon	Tue	Wed	Thu	Fri
				<p>1 Fish stks/Tartar Sauce Peas & Carrots Stew Tomato Bread/Marg Spiced Peaches Milk</p>
<p>4 Mac Cheese Chicken Broccoli Carrots Apricots Orange Juice Milk</p>	<p>5 Sloppy Joe on Bun Gateway Salad/dressing Peas Pears Milk</p>	<p>6 Beef A Roni Pinto Beans Garlic Toast Spiced Apples Milk</p>	<p>7 Chick Salad Sandwich Herb Cauliflower Raw Tomato Mand. Oranges Milk</p>	<p>8 Chicken Tetrizzini Peas & Carrots Garlic Toast Applesauce Cup Milk</p>
<p>11 Catfish / Tartar sauce Spinach Fries / Hamb. bun Spiced Peaches Milk</p>	<p>12 Roast Beef Carrots Green Beans Bread/Marg Stuffing w/ Gravy Cranberry Sauce Pineapple Delight Milk</p>	<p>13 Chick Scandia Baked Beans Stew Tomato Brown Rice Pilaf Pears Milk</p>	<p>14 Beef Bean Tamale Pie Yellow Squash Brown Rice Sour cream Apricots Milk</p>	<p>15 Tuna Cheese Rotini Gateway Toss Salad/Dress Blue Berries Sugar Cookie Milk</p>
<p>18 Baked Ham Roasted Potatoes Carrots WG Bread/Marg/Jelly Raisins Milk</p>	<p>19 STAFF WORK DAY NO STUDENTS</p>		<p>20 Chick Burrito Blk Beans Sour Cream Mexicali Corn Peaches Milk</p>	<p>21 Beef Veg Soup Deli Turkey/Cheese Sand/Mayo Lettuce Tomato Broccoli Fruit Cocktail Milk</p>
<p>25 Baked Potato Bar Stewed Tomato Bread/Marg/Jelly Strawberry Cup Milk</p>	<p>26 Ground Beef Stroganoff Pasta Carrots Pears Milk</p>	<p>27 Turkey Hot Dog on Bun/Ket. Baked Beans Creamy Coleslaw Spiced Apples Milk</p>	<p>28 Breaded Fish Portion Rice Pilaf Broccoli Sliced Tomato Banana Orange Juice Milk</p>	<p>29 Beef Pepper Steak Brown Rice Herbed Cauliflower Mandarin Oranges Milk</p>

USDA Nondiscrimination Statement For all other FNS nutrition assistance programs, State or local agencies, and their subrecipients, must post the following Nondiscrimination Statement: In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (566) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov. This institution is an equal opportunity provider.

Maple Valley - April 2016 MENU

9-12

Mon	Tue	Wed	Thu	Fri
				<p>1 Fish stks/Tartar Sauce Peas & Carrots Stew Tomato Bread/Marg Spiced Peaches Applesauce Milk</p>
<p>4 Mac Cheese Chicken Broccoli Carrots Bread/Marg Apricots Orange Juice Milk</p>	<p>5 Sloppy Joe on Bun Gateway Salad/dressing Peas Pears Raisins Milk</p>	<p>6 Beef A Roni Pinto Beans Garlic Toast Spiced Apples Milk</p>	<p>7 Chick Salad Sandwich Herb Cauliflower Raw Tomato Mand. Oranges Vanilla Pudding Milk</p>	<p>8 Chicken Tetrizzini Peas & Carrots Garlic Toast Applesauce Cup Apricots Milk</p>
<p>11 Catfish / Tartar sauce Spinach Fries / Hamb. bun Spiced Peaches Apple Juice Milk</p>	<p>12 Roast Beef Carrots Green Beans Bread/Marg Stuffing w/ Gravy Cranberry Sauce Pineapple Delight Milk</p>	<p>13 Chick Scandia Baked Beans Stew Tomato Brown Rice Pilaf Pears Mixed Fruit Milk</p>	<p>14 Beef Bean Tamale Pie Yellow Squash Brown Rice Sour cream Apricots Applesauce Cup Milk</p>	<p>15 Tuna Cheese Rotini Gateway Toss Salad/Dress Blue Berries Sugar Cookie Milk</p>
<p>18 Baked Ham Roasted Potatoes Carrots WG Bread/Marg/Jelly Raisins Pineapple Milk</p>	<p>19 STAFF WORK DAY NO STUDENTS</p>		<p>20 Chick Burrito Blk Beans Sour Cream Mexicali Corn Brown Rice Peaches Milk</p>	<p>21 Beef Veg Soup Deli Turkey/Cheese Sand/Mayo Lettuce Tomato Broccoli Baked Chips Fruit Cocktail Milk</p>
<p>25 Baked Potato Bar Stewed Tomato Bread/Marg/Jelly Strawberry Cup Pineapple Milk</p>	<p>26 Ground Beef Stroganoff Pasta Carrots Pears Applesauce Milk</p>	<p>27 Turkey Hot Dog on Bun/Ket. Baked Beans Pasta Salad Creamy Coleslaw Spiced Apples Apricots Milk</p>	<p>28 Breaded Fish Portion Rice Pilaf Broccoli/Cheese Sliced Tomato Banana Orange Juice Milk</p>	<p>29 Beef Pepper Steak Brown Rice Herbed Cauliflower Mandarin Oranges Mixed Fruit Milk</p>

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