

Product Code Number	Product Description	Case Weight (lbs)	Serving Size (oz)	Portions per Serving	Svgs per Case	Calories	Calories From Fat	% Cal From Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (% DV)	Vitamin C (% DV)	Calcium (% DV)	Iron (%DV)	CN Number (if applicable)	Meat/MA Credit	Veg Credit	Bread Svgs Credit
64141	RF Cheddar Cheese Enchilada Bulk Packed	13.28	1.475	1	144	111	50	45%	5	3	0	20	131	9	0.72	0	5	2	0	15	4	83739	0.75	0	0.5
64142	RF Monterey Jack Cheese Enchilada Bulk Packed	16.13	2.00	1	144	150	66	44%	7	4	0	26	172	14	1	0	7	4	0	20	6	83740	1	0	1
64143	RF Cheddar Cheese Enchilada Bulk Packed	18	2.00	1	144	150	67	45%	7	4	0	27	175	13	1	0	7	4	0	20	6	83738	1	0	1
64149	RF Monterey Jack Cheese Enchilada Bulk Packed	13.28	1.475	1	144	111	50	45%	5	3	0	19	129	10	0.72	0	5	4	0	15	4	83653	0.75	0	0.5
71470	Ultra Bean & Cheese Spicy Burrito Ind Wrap	29.75	5.95	1	80	312	96	31%	11	5	0	20	448	42	7.62	0	15	15	15	20	15	83753	2	0	2
71673	Southwestern Style Black Bean & Cheese Burrito Ind Wrap	30.25	6.05	1	80	299	86	29%	10	4	0	16	470	42	10	0	16	20	30	15	20	86604	2	0	2
71676	Shredded Beef, Green Chile, and Cheese Burrito	27	5.40	1	80	282	94	33%	11	5	0	38	415	30	5	0	19	8	15	15	15	87705	2	0	2
97576	Bean & Cheddar Burrito Individual Wrap	31.2	5.20	1	96	291	74	25%	8	3	0	15	478	40	7	0	15	6	2	15	20	81011	2	0	2
97580	Bean, Cheddar, & Geen Chili Burrito Ind Wrap	31.2	5.20	1	96	320	104	33%	11	3	0	15	388	40	7	0	15	4	6	15	15	83639	2	0	2
98765	Beef & Cheddar Cheese Burrito	31.2	5.20	1	96	319	132	41%	15	7	0	38	432	32	5	0	18	10	2	20	15	85815	2	0	2
97882	Egg, Cheese, Turkey Sausage Breakfast Burrito Ind Wrap	16.2	3.60	1	72	227	83	37%	9	4	0	65	268	26	4	0	12	6	4	15	10	85152	1.25	0	2

For additional product information visit http://dese.mo.gov/divadm/food/Nutritional_Facts_Index.html
<http://mcfiods.com/index.php>



SPECIFICATION SHEET

PRODUCT NAME: REDUCED FAT CHEDDAR CHEESE ENCHILADA
In a Whole Grain Corn Tortilla

PRODUCT CODE: 64141

TOTAL WEIGHT: 1.475 oz.

WEIGHT OF REDUCED FAT CHEDDAR CHEESE: 0.75 oz.

WEIGHT OF OTHER INGREDIENTS: 0.00 oz.

TOTAL WEIGHT OF FILLING: 0.75 oz.

TOTAL WEIGHT OF WHOLE GRAIN RICH YELLOW CORN TORTILLA: 0.725 oz.

THE ABOVE PRODUCT READY FOR SERVING CONTAINS 0.75 OZ. OF MEAT ALTERNATE AND 0.50 OZ. EQUIVALENT GRAINS TOWARDS THE NSLP WHEN PREPARED ACCORDING TO COOKING DIRECTIONS.

SLIGHT VARIATION IN PIECE WEIGHT IS POSSIBLE DUE TO NORMAL PROCESSING VARIANCE, HOWEVER AVERAGE WEIGHT PER BOX WILL MEET OR EXCEED THE STATED WEIGHT.

**THIS PRODUCT IS PRODUCED BY M.C.I. FOODS, INC.
I CERTIFY THAT THE ABOVE INFORMATION IS TRUE AND CORRECT.**

Don Southard

SIGNED FOR M.C.I. FOODS, INC.

President
TITLE

09/25/2012
DATE

Reduced Fat Cheddar Cheese Enchiladas

In a Whole Grain Corn Tortilla

144 CT - 1.475 OZ.



Bulk Pack

Los Cabos Mexican Foods

DOP: 270-12-14

KEEP FROZEN

Ingredients: Filling: Reduced Fat Cheddar Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Cheese Color, Enzymes).

CN	Each 1.475 oz. Enchilada provides 0.75 oz. equivalent meat alternate and 0.50 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 05-12.)	CN
		088739
		CN

Lot #

46213

Stock Code
64141

Lot #

46213

1000657464141



10006574641417

CN-ENCH-NON FED WG

CN-ENCH-NON FED WG



10006574641417

Whole Grain Corn Tortilla: Whole Grain Corn Flour (White corn masa flour, propionic acid (preservative), guar gum, cellulose gum, benzoic acid (preservative), Phosphoric acid (acidulant), and enzymes (to preserve freshness)), Yellow Corn Masa Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Calcium Stearate, and Silicon Dioxide to Retard Caking, trace of lime), Water.

Heating Instructions: Heat to an internal temperature of 160 deg. F. Heating times and temperatures may vary due to variation in equipment used. Prepare enchiladas from a frozen state. Spray bottom of pan with a non-stick cooking spray. Arrange enchiladas end to end, seam side down, and place in pre-heated oven (300 degrees F.) for approx. 8 min to take chill off product. Remove from oven and apply chilled sauce, ensuring that ends of enchiladas are covered in sauce to avoid product becoming crispy. Sauce should fill bottom of pan and sauce level should be mid-point of enchilada end. Place in oven and heat until sauce is hot (approximately 12 - 15 min). Remove from oven. Top with shredded cheese, foil and place in steam table for lunch service.

Stock Code

64141

Contains MILK

NET WT. 13 LBS. 4.40 OZ.

M.C.I. FOODS, INC. SANTA FE SPRINGS, CA 90670 US

Copy not for documentation Federal Meal Requirements

oz. equivalent grains
product



Revision Date: 9/25/2012

HealthierUS School Challenge Whole Grain Criteria

Documentation to show primary grains in product are Whole Grains to meet Group A

Product Code #: 64141

Product Name: **Reduced Fat Cheddar Cheese Enchiladas**
In a Whole Grain Corn Tortilla

Serving Size 1.475 oz. (41.82 g) Weight of Filling (oz.) : 0.750 Weight of Tortilla/Bread (oz.) 0.725

1) Product Ingredient Statement:

Ingredients: Filling: Reduced Fat Cheddar Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Cheese Color, Enzymes).

Whole Grain Corn Tortilla: Whole Grain Corn Flour (White corn masa flour, propionic acid (preservative) , guar gum, cellulose gum, benzoic acid (preservative), Phosphoric acid (acidulant), and enzymes (to preserve freshness)), Yellow Corn Masa Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Calcium Stearate, and Silicon Dioxide to Retard Caking, trace of lime), Water.

2) Underline all items that are whole grain in the Ingredient Statement (see above)

3) Serving size in grams for Whole grain bread component: 20.553 (g) or 0.50 oz. equivalent grains*.

* note: some products, such as Enchiladas, are to be served as 2 each in order to meet the full G/B serving

4) Total weight of all Whole grain ingredients in the bread component: 6.079 g Whole Grain Corn Flour

5) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 6.079 g

6) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 6.079 g

A) The serving size for this food product equals 1 Grains/Bread Servings? YES

Per USDA FNS Policy Memo AP-30-2012 relating to Whole Grains Rich Criteria. This product provides 0.25 Whole Grain servings (based on 16 g per serving) and provides 0.50 oz. equivalent grains towards the National School Lunch Program. Some products, such as Enchiladas, are to be served two each in order to meet this criteria

B) The ingredient underlined above is considered whole grain? YES

C) Does the weight in item # 4 exceed (or is equal to) the weight in Item #5? YES

D) Does the weight in item # 4 exceed (or is equal to) the weight in Item #6? YES

E) Are the answers to items A, B & C yes? If yes, the food product meets GROUP A Criteria. Answer = YES

F) Are the answers to items A, B & D yes? If yes, the food product meets GROUP B Criteria. Answer = YES

M.C.I. Foods, Inc. purchases bread components (tortillas) that are made from blends of whole grain flours and enriched flours. The whole grain flour is 51% of the flour component and meets the definition of "whole grain rich" per USDA FNS Policy Memo SP-30-2012

Dan Southard,
President

9/25/2012

Date

dan@mcifoods.com

email



SPECIFICATION SHEET

PRODUCT NAME: REDUCED FAT MONTEREY JACK CHEESE ENCHILADA
In a Whole Grain Corn Tortilla

PRODUCT CODE: 64142

TOTAL WEIGHT: 2.00 oz.

WEIGHT OF REDUCED FAT MONTEREY JACK CHEESE: 1.00 oz.

WEIGHT OF OTHER INGREDIENTS: 0.00 oz.

TOTAL WEIGHT OF FILLING: 1.00 oz.

TOTAL WEIGHT OF WHOLE FRAIN RICH YELLOW CORN TORTILLA: 1.00 oz.

THE ABOVE PRODUCT READY FOR SERVING CONTAINS 1.00 OZ. OF MEAT ALTERNATE AND 1.00 OZ. EQUIVALENT GRAINS TOWARDS THE NSLP WHEN PREPARED ACCORDING TO COOKING DIRECTIONS.

SLIGHT VARIATION IN PIECE WEIGHT IS POSSIBLE DUE TO NORMAL PROCESSING VARIANCE, HOWEVER AVERAGE WEIGHT PER BOX WILL MEET OR EXCEED THE STATED WEIGHT.

**THIS PRODUCT IS PRODUCED BY M.C.I. FOODS, INC.
I CERTIFY THAT THE ABOVE INFORMATION IS TRUE AND CORRECT.**

Don Southard

SIGNED FOR M.C.I. FOODS, INC.

President
TITLE

09/25/2012
DATE



Revision Date: 9/25/2012

Nutritional Analysis

Code #: 64142 **Bulk**
Description: **Reduced Fat Monterey Jack Cheese Enchiladas**
 in a Whole Grain Corn Tortilla
Tortilla Type: Whole Grain Corn

Net Wt. (oz.) 2.000 **Case Pack:** 144
Servings Per Package: 1
Serving Size 2.000 oz. (56.70 g)
Weight of Filling (oz.) : 1
Weight of Tortilla/Bread (oz.) 1

Ingredient Statement

Ingredients: Filling: Reduced Fat Monterey Jack Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Enzymes).

Whole Grain Corn Tortilla: Whole Grain Corn Flour (White corn masa flour, propionic acid (preservative), guar gum, cellulose gum, benzoic acid (preservative), Phosphoric acid (acidulant), and enzymes (to preserve freshness)), Yellow Corn Masa Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Calcium Stearate, and Silicon Dioxide to Retard Caking, trace of lime), Water.

Allergen Statement Contains MILK

Whole Grain Servings: 0.50

National School Lunch Requirements CN # 083740 CN Date 05-12

Each 2.000 oz. Portion (cooked) will provide 1.00 oz. Meat/Meat Alternate and 1.00 oz. equivalent grains and _____ Cup Legume Vegetable.

Nutritional Information

Serving Size 2.000 oz. (56.70 g)

Servings Per Package: 1

Calories (Kcal) 150.6300

Calories from Fat 66.9600

Protein (g) 7.0200

Carbohydrates (g) 14.0200

Tot. Dietary Fiber (g) 1.0000

Ash (g) 0.0000

% Calories from Fat 44.45%

% Calories from Sat Fat 24.56%

Fats

Total Fat (g) 7.4400

Saturated Fat (g) 4.1100

Trans Fat (g)* 0.0000

Cholesterol (mg) 26.3700

Water (g)

Basis of Analysis: as Cooked.

Vitamins

Vitamin A (RE) 4%

Vitamin A (IU) 234.73

Vitamin C (mg) 0.00 0%

Minerals

Iron (mg) 1.00 6%

Sodium (mg) 172.37

Calcium (mg) 200.87 20%

Fat Change +/- 0% Moisture Change +/- 0% Data Source: USDA Handbook 8

*-Trans Fats naturally occurring

Heating Instructions

Heating Instructions: Heat to an internal temperature of 160 deg. F. Heating times and temperatures may vary due to variation in equipment used. Prepare enchiladas from a frozen state. Spray bottom of pan with a non-stick cooking spray. Arrange enchiladas end to end, seam side down, and place in pre-heated oven (300 degrees F.) for approx. 8 min to take chill off product. Remove from oven and apply chilled sauce, ensuring that ends of enchiladas are covered in sauce to avoid product becoming crispy. Sauce should fill bottom of pan and sauce level should be mid-point of enchilada end. Place in oven and heat until sauce is hot (approximately 12 - 15 min). Remove from oven. Top with shredded cheese, foil and place in steam table for lunch service.

For Additional Information Contact

M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661

Stock Code
64142

Lot #

46213

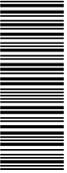
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CN-ENCH-NON FED WG

CN-ENCH-NON FED WG



10006574641424



Bulk Pack

Los Cabos Mexican Foods

DOP: 270-12-14

KEEP FROZEN

Ingredients: Filling: Reduced Fat Monterey Jack Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Enzymes).

Reduced Fat Monterey Jack Cheese Enchiladas

in a Whole Grain Corn Tortilla

CN	Each 2.00 oz. Enchilada provides 1.00 oz. equivalent meat alternate and 1.00 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 05-12.)	CN
	088740	
CN		CN

144 CT - 2.00 OZ.

W902

Lot #

46213

Whole Grain Corn Tortilla: Whole Grain Corn Flour (White corn masa flour, propionic acid (preservative), guar gum, cellulose gum, benzoic acid (preservative), Phosphoric acid (acidulant), and enzymes (to preserve freshness)), Yellow Corn Masa Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Calcium Stearate, and Silicon Dioxide to Retard Caking, trace of lime), Water.

Heating Instructions: Heat to an internal temperature of 160 deg. F. Heating times and temperatures may vary due to variation in equipment used. Prepare enchiladas from a frozen state. Spray bottom of pan with a non-stick cooking spray. Arrange enchiladas end to end, seam side down, and place in pre-heated oven (300 degrees F.) for approx. 8 min to take chill off product. Remove from oven and apply chilled sauce, ensuring that ends of enchiladas are covered in sauce to avoid product becoming crispy. Sauce should fill bottom of pan and sauce level should be mid-point of enchilada end. Place in oven and heat until sauce is hot (approximately 12 - 15 min). Remove from oven. Top with shredded cheese, foil and place in steam table for lunch service.

Stock Code

64142

Contains MILK

NET WT. 18 LBS. 0.00 OZ.

M.C.I. FOODS, INC. SANTA FE SPRINGS, CA 90670 USA

Copy not for documentation Federal Meal Requirements

oz. equivalent grains
product



Revision Date: 9/25/2012

HealthierUS School Challenge Whole Grain Criteria

Documentation to show primary grains in product are Whole Grains to meet Group A

Product Code #: 64142

Product Name: Reduced Fat Monterey Jack Cheese Enchiladas
in a Whole Grain Corn Tortilla

Serving Size 2.000 oz. (56.70 g) Weight of Filling (oz.) : 1.000 Weight of Tortilla/Bread (oz.) 1.000

1) Product Ingredient Statement:

Ingredients: Filling: Reduced Fat Monterey Jack Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Enzymes).

Whole Grain Corn Tortilla: Whole Grain Corn Flour (White corn masa flour, propionic acid (preservative) , guar gum, cellulose gum, benzoic acid (preservative), Phosphoric acid (acidulant), and enzymes (to preserve freshness)), Yellow Corn Masa Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Calcium Stearate, and Silicon Dioxide to Retard Caking, trace of lime), Water.

2) Underline all items that are whole grain in the Ingredient Statement (see above)

3) Serving size in grams for Whole grain bread component: 28.35 (g) or 1.00 oz. equivalent grains*.

* note: some products, such as Enchiladas, are to be served as 2 each in order to meet the full G/B serving

4) Total weight of all Whole grain ingredients in the bread component: 8.385 g Whole Grain Corn Flour

5) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 8.385 g

6) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 8.385 g

A) The serving size for this food product equals 1 Grains/Bread Servings? YES

Per USDA FNS Policy Memo AP-30-2012 relating to Whole Grains Rich Criteria. This product provides 0.5 Whole Grain servings (based on 16 g per serving) and provides 1.00 oz. equivalent grains towards the National School Lunch Program. Some products, such as Enchiladas, are to be served two each in order to meet this criteria

B) The ingredient underlined above is considered whole grain? YES

C) Does the weight in item # 4 exceed (or is equal to) the weight in Item #5? YES

D) Does the weight in item # 4 exceed (or is equal to) the weight in Item #6? YES

E) Are the answers to items A, B & C yes? If yes, the food product meets GROUP A Criteria. Answer = YES

F) Are the answers to items A, B & D yes? If yes, the food product meets GROUP B Criteria. Answer = YES

M.C.I. Foods, Inc. purchases bread components (tortillas) that are made from blends of whole grain flours and enriched flours. The whole grain flour is 51% of the flour component and meets the definition of "whole grain rich" per USDA FNS Policy Memc SP-30-2012

Dan Southard,
President

9/25/2012

Date

dan@mcifoods.com

email



SPECIFICATION SHEET

PRODUCT NAME: REDUCED FAT CHEDDAR CHEESE ENCHILADA
In a Whole Grain Corn Tortilla

PRODUCT CODE: 64143

TOTAL WEIGHT: 2.00 oz.

WEIGHT OF REDUCED FAT CHEDDAR CHEESE: 1.00 oz.

WEIGHT OF OTHER INGREDIENTS: 0.00 oz.

TOTAL WEIGHT OF FILLING: 1.00 oz.

TOTAL WEIGHT OF WHOLE GRAIN RICH YELLOW CORN TORTILLA: 1.00 oz.

THE ABOVE PRODUCT READY FOR SERVING CONTAINS 1.00 OZ. OF MEAT ALTERNATE AND 1.00 OZ. EQUIVALENT GRAINS TOWARDS THE NSLP WHEN PREPARED ACCORDING TO COOKING DIRECTIONS.

SLIGHT VARIATION IN PIECE WEIGHT IS POSSIBLE DUE TO NORMAL PROCESSING VARIANCE, HOWEVER AVERAGE WEIGHT PER BOX WILL MEET OR EXCEED THE STATED WEIGHT.

**THIS PRODUCT IS PRODUCED BY M.C.I. FOODS, INC.
I CERTIFY THAT THE ABOVE INFORMATION IS TRUE AND CORRECT.**

Don Southard

SIGNED FOR M.C.I. FOODS, INC.

President
TITLE

09/25/2012
DATE



Revision Date: 9/25/2012

Nutritional Analysis

Code #: 64143 **Bulk Pack** **Net Wt. (oz.)** 2.000 **Case Pack:** 144
Description: **Reduced Fat Cheddar Cheese Enchiladas** **Servings Per Package:** 1
In a Whole Grain Corn Tortilla **Serving Size** 2.000 oz. (56.70 g)
Tortilla Type: Whole Grain Corn **Weight of Filling (oz.) :** 1
Weight of Tortilla/Bread (oz.) 1

Ingredient Statement

Ingredients: Filling: Reduced Fat Cheddar Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Cheese Color, Enzymes).

Whole Grain Corn Tortilla: Whole Grain Corn Flour (White corn masa flour, propionic acid (preservative), guar gum, cellulose gum, benzoic acid (preservative), Phosphoric acid (acidulant), and enzymes (to preserve freshness)), Yellow Corn Masa Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Calcium Stearate, and Silicon Dioxide to Retard Caking, trace of lime), Water.

Allergen Statement Contains MILK

Whole Grain Servings: 0.50

National School Lunch Requirements CN # 083738 CN Date 05-12

Each 2.000 oz. Portion (cooked) will provide 1.00 oz. Meat/Meat Alternate and 1.00 oz. equivalent grains and _____ Cup Legume Vegetable.

Nutritional Information

Serving Size 2.000 oz. (56.70 g)		% Calories from Fat	45.00%	Basis of Analysis: as Cooked.			
Servings Per Package: <u>1</u>		% Calories from Sat Fat	24.00%				
Calories (Kcal)	150.0000	Fats		Vitamins	%DV	Minerals	%DV
Calories from Fat	67.5000	Total Fat (g)	7.5000	Vitamin A (RE)	4%	Iron (mg)	0.90 4%
Protein (g)	7.0000	Saturated Fat (g)	4.0000	Vitamin A (IU)	200.00	Sodium (mg)	175.00
Carbohydrates (g)	13.0000	Trans Fat (g)*	0.0000	Vitamin C (mg)	0%	Calcium (mg)	190.00 20%
Tot. Dietary Fiber (g)	1.0000	Cholesterol (mg)	27.0000				
Ash (g)	0.0000	Water (g)	0.0000				

Fat Change +/- 0% Moisture Change +/- 0% Data Source: USDA Handbook 8 *-Trans Fats naturally occurring

Heating Instructions

Heating Instructions: Heat to an internal temperature of 160 deg. F. Heating times and temperatures may vary due to variation in equipment used. Prepare enchiladas from a frozen state. Spray bottom of pan with a non-stick cooking spray. Arrange enchiladas end to end, seam side down, and place in pre-heated oven (300 degrees F.) for approx. 8 min to take chill off product. Remove from oven and apply chilled sauce, ensuring that ends of enchiladas are covered in sauce to avoid product becoming crispy. Sauce should fill bottom of pan and sauce level should be mid-point of enchilada end. Place in oven and heat until sauce is hot (approximately 12 - 15 min). Remove from oven. Top with shredded cheese, foil and place in steam table for lunch service.

For Additional Information Contact

M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661

Reduced Fat Cheddar Cheese Enchiladas

In a Whole Grain Corn Tortilla

144 CT - 2.00 OZ.



Bulk Pack

Los Cabos Mexican Foods

DOP: 270-12-14

KEEP FROZEN

Ingredients: Filling: Reduced Fat Cheddar Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Cheese Color, Enzymes).

CN	Each 2.00 oz. Enchilada provides 1.00 oz. equivalent meat alternate and 1.00 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 05-12.)	CN
		088738
		CN

Lot #

46213

Stock Code
64143

Lot #

46213

1000657464143



10006574641431

CN-ENCH-NON FED WG

CN-ENCH-NON FED WG



10006574641431

Stock Code

64143

Contains MILK

NET WT. 18 LBS. 0.00 OZ.

M.C.I. FOODS, INC. SANTA FE SPRINGS, CA 90670 USA

Whole Grain Corn Tortilla: Whole Grain Corn Flour (White corn masa flour, propionic acid (preservative), guar gum, cellulose gum, benzoic acid (preservative), Phosphoric acid (acidulant), and enzymes (to preserve freshness)), Yellow Corn Masa Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Calcium Stearate, and Silicon Dioxide to Retard Caking, trace of lime), Water.

Heating Instructions: Heat to an internal temperature of 160 deg. F. Heating times and temperatures may vary due to variation in equipment used. Prepare enchiladas from a frozen state. Spray bottom of pan with a non-stick cooking spray. Arrange enchiladas end to end, seam side down, and place in pre-heated oven (300 degrees F.) for approx. 8 min to take chill off product. Remove from oven and apply chilled sauce, ensuring that ends of enchiladas are covered in sauce to avoid product becoming crispy. Sauce should fill bottom of pan and sauce level should be mid-point of enchilada end. Place in oven and heat until sauce is hot (approximately 12 - 15 min). Remove from oven. Top with shredded cheese, foil and place in steam table for lunch service.

Copy not for documentation Federal Meal Requirements

oz. equivalent grains
product



Revision Date: 9/25/2012

HealthierUS School Challenge Whole Grain Criteria

Documentation to show primary grains in product are Whole Grains to meet Group A

Product Code #: 64143

Product Name: **Reduced Fat Cheddar Cheese Enchiladas**
In a Whole Grain Corn Tortilla

Serving Size 2.000 oz. (56.70 g) Weight of Filling (oz.) : 1.000 Weight of Tortilla/Bread (oz.) 1.000

1) Product Ingredient Statement:

Ingredients: Filling: Reduced Fat Cheddar Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Cheese Color, Enzymes).

Whole Grain Corn Tortilla: Whole Grain Corn Flour (White corn masa flour, propionic acid (preservative) , guar gum, cellulose gum, benzoic acid (preservative), Phosphoric acid (acidulant), and enzymes (to preserve freshness)), Yellow Corn Masa Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Calcium Stearate, and Silicon Dioxide to Retard Caking, trace of lime), Water.

2) Underline all items that are whole grain in the Ingredient Statement (see above)

3) Serving size in grams for Whole grain bread component: 28.35 (g) or 1.00 oz. equivalent grains*.

* note: some products, such as Enchiladas, are to be served as 2 each in order to meet the full G/B serving

4) Total weight of all Whole grain ingredients in the bread component: 8.385 g Whole Grain Corn Flour

5) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 8.385 g

6) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 8.385 g

A) The serving size for this food product equals 1 Grains/Bread Servings? YES

Per USDA FNS Policy Memo AP-30-2012 relating to Whole Grains Rich Criteria. This product provides 0.5 Whole Grain servings (based on 16 g per serving) and provides 1.00 oz. equivalent grains towards the National School Lunch Program. Some products, such as Enchiladas, are to be served two each in order to meet this criteria

B) The ingredient underlined above is considered whole grain? YES

C) Does the weight in item # 4 exceed (or is equal to) the weight in Item #5? YES

D) Does the weight in item # 4 exceed (or is equal to) the weight in Item #6? YES

E) Are the answers to items A, B & C yes? If yes, the food product meets GROUP A Criteria. Answer = YES

F) Are the answers to items A, B & D yes? If yes, the food product meets GROUP B Criteria. Answer = YES

M.C.I. Foods, Inc. purchases bread components (tortillas) that are made from blends of whole grain flours and enriched flours. The whole grain flour is 51% of the flour component and meets the definition of "whole grain rich" per USDA FNS Policy Memo SP-30-2012

Dan Southard,
President

9/25/2012

Date

dan@mcifoods.com

email



SPECIFICATION SHEET

PRODUCT NAME: REDUCED FAT MONTEREY JACK CHEESE ENCHILADA
In a Whole Grain Corn Tortilla

PRODUCT CODE: 64149

TOTAL WEIGHT: 1.475 oz.

WEIGHT OF REDUCED FAT MONTEREY JACK CHEESE: 0.75 oz.

WEIGHT OF OTHER INGREDIENTS: 0.00 oz.

TOTAL WEIGHT OF FILLING: 0.75 oz.

TOTAL WEIGHT OF WHOLE FRAIN RICH YELLOW CORN TORTILLA: 0.725 oz.

THE ABOVE PRODUCT READY FOR SERVING CONTAINS 0.75 OZ. OF MEAT ALTERNATE AND 0.50 OZ. EQUIVALENT GRAINS TOWARDS THE NSLP WHEN PREPARED ACCORDING TO COOKING DIRECTIONS.

SLIGHT VARIATION IN PIECE WEIGHT IS POSSIBLE DUE TO NORMAL PROCESSING VARIANCE, HOWEVER AVERAGE WEIGHT PER BOX WILL MEET OR EXCEED THE STATED WEIGHT.

**THIS PRODUCT IS PRODUCED BY M.C.I. FOODS, INC.
I CERTIFY THAT THE ABOVE INFORMATION IS TRUE AND CORRECT.**

Don Southard

SIGNED FOR M.C.I. FOODS, INC.

President
TITLE

08/31/2012
DATE



Revision Date: 8/31/2012

Nutritional Analysis

Code #: 64149 **Bulk Pack**
Related Code #'s
Description: Reduced Fat Monterey Jack Cheese Enchiladas

Net Wt. (oz.) 1.475 **Case Pack:** 144
Servings Per Package: 1
Serving Size 1.475 oz. (41.82 g)
Weight of Filling (oz.) : 0.75
Weight of Tortilla/Bread (oz.) 0.725

in a Whole Grain Corn Tortilla

Ingredient Statement

Ingredients: Filling: Reduced Fat Monterey Jack Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Enzymes).

Whole Grain Corn Tortilla: Whole Grain Corn Flour (White corn masa flour, propionic acid (preservative) , guar gum, cellulose gum, benzoic acid (preservative), Phosphoric acid (acidulant), and enzymes (to preserve freshness)), Yellow Corn Masa Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Calcium Stearate, and Silicon Dioxide to Retard Caking, trace of lime), Water.

Allergen Statement Contains MILK

Whole Grain Servings: 0.25

National School Lunch Requirements CN # 083653 CN Date 05-12

Each 1.475 oz. Portion (cooked) will provide 0.75 oz. Meat/Meat Alternate and 0.50 oz. equivalent grains and _____ Cup Legume Vegetable.

Nutritional Information

Serving Size 1.475 oz. (41.82 g)
Servings Per Package: 1
Calories (Kcal) 111.4700
Calories from Fat 50.1300
Protein (g) 5.2400
Carbohydrates (g) 10.1900
Tot. Dietary Fiber (g) 0.7200
Ash (g) 0.0000

Fats
Total Fat (g) 5.5700
Saturated Fat (g) 3.0900
Trans Fat (g)* 0.0000
Cholesterol (mg) 19.7700
Water (g)

Vitamins
Vitamin A (RE) 4%
Vitamin A (IU) 176.05
Vitamin C (mg) 0.00 0%
Minerals
Iron (mg) 0.73 4%
Sodium (mg) 129.27
Calcium (mg) 150.15 15%

Basis of Analysis: as Cooked.

Fat Change +/- 0% Moisture Change +/- 0% Data Source: USDA Handbook 8 *-Trans Fats naturally occurring

Heating Instructions

Heating Instructions: Heat to an internal temperature of 160 deg. F. Heating times and temperatures may vary due to variation in equipment used. Prepare enchiladas from a frozen state. Spray bottom of pan with a non-stick cooking spray. Arrange enchiladas end to end, seam side down, and place in pre-heated oven (300 degrees F.) for approx. 8 min to take chill off product. Remove from oven and apply chilled sauce, ensuring that ends of enchiladas are covered in sauce. Sauce should fill bottom of pan and sauce level should be mid-point of enchilada end. Place in oven and heat until sauce is hot (approximately 12 - 15 min). Remove from oven. Top with shredded cheese, foil and place in steam table for lunch service.

For Additional Information Contact

M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661

Stock Code
64149

Lot #

45888

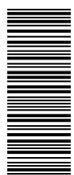
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CN-ENCH-NON FED WG

CN-ENCH-NON FED WG



10006574641493



Bulk Pack

Los Cabos Mexican Foods

DOP: 243-12-N3

KEEP FROZEN

Ingredients: Filling: Reduced Fat Monterey Jack Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Enzymes).

Reduced Fat Monterey Jack Cheese Enchiladas

in a Whole Grain Corn Tortilla

CN	Each 1.475 oz. Enchilada provides 0.75 oz. equivalent meat alternate and 0.50 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 05-12.)	CN
CN		CN

144 CT - 1.475 OZ.

W902

Lot # **45888**

Whole Grain Corn Tortilla: Whole Grain Corn Flour (White corn masa flour, propionic acid (preservative), guar gum, cellulose gum, benzoic acid (preservative), Phosphoric acid (acidulant), and enzymes (to preserve freshness)), Yellow Corn Masa Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Calcium Stearate, and Silicon Dioxide to Retard Caking, trace of lime), Water.

Heating Instructions: Heat to an internal temperature of 160 deg. F. Heating times and temperatures may vary due to variation in equipment used. Prepare enchiladas from a frozen state. Spray bottom of pan with a non-stick cooking spray. Arrange enchiladas end to end, seam side down, and place in pre-heated oven (300 degrees F.) for approx. 8 min to take chill off product. Remove from oven and apply chilled sauce, ensuring that ends of enchiladas are covered in sauce. Sauce should fill bottom of pan and sauce level should be mid-point of enchilada end. Place in oven and heat until sauce is hot (approximately 12 - 15 min). Remove from oven. Top with shredded cheese, foil and place in steam table for lunch service.

Stock Code

64149

Contains MILK

NET WT. 13 LBS. 4.40 OZ.

M.C.I. FOODS, INC. SANTA FE SPRINGS, CA 90670 USA

Copy not for documentation Federal Meal Requirements

oz. equivalent grains
product



Revision Date: 8/31/2012

HealthierUS School Challenge Whole Grain Criteria

Documentation to show primary grains in product are Whole Grains to meet Group A

Product Code #: 64149

Product Name: Reduced Fat Monterey Jack Cheese Enchiladas
in a Whole Grain Corn Tortilla

Serving Size 1.475 oz. (41.82 g) Weight of Filling (oz.) : 0.750 Weight of Tortilla/Bread (oz.) 0.725

1) Product Ingredient Statement:

Ingredients: Filling: Reduced Fat Monterey Jack Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Enzymes).

Whole Grain Corn Tortilla: Whole Grain Corn Flour (White corn masa flour, propionic acid (preservative) , guar gum, cellulose gum, benzoic acid (preservative), Phosphoric acid (acidulant), and enzymes (to preserve freshness)), Yellow Corn Masa Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Calcium Stearate, and Silicon Dioxide to Retard Caking, trace of lime), Water.

2) Underline all items that are whole grain in the Ingredient Statement (see above)

3) Serving size in grams for Whole grain bread component: 20.553 (g) or 0.50 oz. equivalent grains*.

* note: some products, such as Enchiladas, are to be served as 2 each in order to meet the full G/B serving

4) Total weight of all Whole grain ingredients in the bread component: 6.079 g Whole Grain Corn Flour

5) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 6.079 g

6) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 6.079 g

A) The serving size for this food product equals 1 Grains/Bread Servings? YES

Per USDA FNS Policy Memo AP-30-2012 relating to Whole Grains Rich Criteria. This product provides 0.25 Whole Grain servings (based on 16 g per serving) and provides 0.50 oz. equivalent grains towards the National School Lunch Program. Some products, such as Enchiladas, are to be served two each in order to meet this criteria

B) The ingredient underlined above is considered whole grain? YES

C) Does the weight in item # 4 exceed (or is equal to) the weight in Item #5? YES

D) Does the weight in item # 4 exceed (or is equal to) the weight in Item #6? YES

E) Are the answers to items A, B & C yes? If yes, the food product meets GROUP A Criteria. Answer = YES

F) Are the answers to items A, B & D yes? If yes, the food product meets GROUP B Criteria. Answer = YES

M.C.I. Foods, Inc. purchases bread components (tortillas) that are made from blends of whole grain flours and enriched flours. The whole grain flour is 51% of the flour component and meets the definition of "whole grain rich" per USDA FNS Policy Memo SP-30-2012

Dan Southard,
President

8/31/2012

Date

dan@mcifoods.com

email



Specification Sheet

Product Name: ULTRA SPICY BEAN & CHEESE BURRITO with Whole Wheat Flour Tortilla

Stock Code: 71470

Total Weight: 5.95 oz.

Weight of Cheddar Cheese: 0.663 oz.

Weight of Dry Pinto Beans: 0.641 oz.

*Weight of Hydrated TVP: 0 oz.

Weight of Other Ingredients: 2.396 oz.

Total Weight of Filling: 3.70 oz.

Total Weight of Whole Wheat Flour Tortilla: 2.25 oz.

Meat Alternate from Tortilla: 0.50 oz.

*CHS Legacy Foods, Inc. C (SF) protein content 50%.

The above product ready for serving contains 2.00 oz. of cooked meat alternate and 2.00 oz. equivalent grains towards the NSLP when prepared according to cooking directions.

Slight variation in piece weight is possible due to normal processing variance, however average weight per box will meet or exceed the stated weight.

This product is produced by M.C.I. Foods, Inc.

I certify that the above information is true and correct.

Signed for M.C.I. Foods, Inc.

President
Title

9/14/2012
Date



Revision Date: 9/14/2012

Nutritional Analysis

Code #: **71470** Individually Wrapped Net Wt. (oz.) 5.95 Case Pack: 80
 Description: **Ultra Spicy Bean & Cheese Burrito** Servings Per Package: 1
 Serving Size **5.95 oz. (168.68 g)**
 Weight of Filling (oz.) : 3.7
 Tortilla Type: Whole Wheat Flour Weight of Tortilla/Bread (oz.): 2.25

Ingredient Statement

Ingredients: Filling: Refried Beans [Water, Pinto Beans, Vegetable Oil, Salt, and Lecithin], Red Sauce [Water, Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, May contain Annatto Color), Jalapenos (May contain one or more of the following: Water, Salt, Citric Acid, and Calcium Chloride), Seasoning (Modified Corn Starch, Paprika, Spices, Onion & Garlic Powder, Tomato, Dextrose, Sugar, Autolyzed Yeast Extract, Caramel Color, Extractive of Paprika, Guar Gum, Citric Acid, Malic Acid, Xanthan Gum, Ascorbic Acid, Disodium Inosinate & Guanylate, less than 2% Silicon Dioxide to Prevent Caking), Vinegar, Flavorings, Modified Food Starch (Refined from Corn), and Salt.]

Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flours [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)], Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate).

Allergen Statement Contains **WHEAT, SOY, MILK**

National School Lunch Requirements CN # **083753** CN Date **07-12**

Each 5.95 oz. Portion (cooked) will provide 2.00 oz. Meat/Meat Alternate and 2.00 oz. Equivalent Grains and _____ Cups Fruit/Vegetable Servings.

Nutritional Information

Serving Size 5.95 oz. (168.68 g)		% Calories from Fat	30.71%	Basis of Analysis: as Cooked.			
Servings Per Package: 1		% Calories from Sat Fat	13.59%	Vitamins		Minerals	
		Fats		%DV		%DV	
Calories (Kcal)	311.8400	Total Fat (g)	10.6400	Vitamin A (RE) 20.05	15%	Iron (mg)	3.06 15%
Calories from Fat	95.7600	Saturated Fat (g)	4.7100	Vitamin A (IU) 810.69		Sodium (mg)	447.03
Protein (g)	15.3000	Trans Fat (g)*	0.0200	Vitamin C (mg) 8.54	15%	Calcium (mg)	195.11 20%
Carbohydrates (g)	41.2800	Cholesterol (mg)	19.9400				
Tot. Dietary Fiber (g)	7.6200	Water (g)	95.4100				
Ash (g)	1.4600						

Fat Change +/- 0% Moisture Change +/- 0% Data Source: USDA Handbook 8 *-Trans Fats naturally occurring

Heating Instructions

Heating Instructions: Place burritos on a sheet pan with seam of wrapper facing down. Heat to an internal temperature of 160 deg. F. Caution: Do not over heat. Heating above 165 deg. F. may cause filling leakage. Heating times may vary due to variation in equipment used. Convection Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 28-33 min. Refrigerated: Heat for 15-20 min. Conventional Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 30-35 min. Refrigerated: Heat for 18-22 min. Microwave: Frozen: Heat on High for 2 mins. Let rest for 15 seconds. Heat for another 50 seconds. Let rest for 1 min. before consuming. Thawed: Heat for 60 seconds. Let rest for 15 seconds. Heat for another 30 seconds. Let rest for 1 min. before consuming. Do not Fry.

For Additional Information Contact

M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661

Ultra Spicy Bean & Cheese Burrito



Individually Wrapped

80 CT - 5.95 OZ.

Stock Code
71470
Lot #



10006574714708

CP-CN-NON FED-WG

CP-CN-NON FED-WG



10006574714708

DOP: 174-12-13

KEEP FROZEN

CN ————— 083759
Each 5.95 oz. Burrito provides 2.00 oz. equivalent meat alternate and
2.00 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of
this logo and statement authorized by the Food and Nutrition Service, USDA 07-12.)
CN

Lot #
WC10 PF048

Ingredients: Filling: Refried Beans [Water, Pinto Beans, Vegetable Oil, Salt, and Lecithin], Red Sauce [Water, Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, May contain Annatto Color), Jalapenos (May contain one or more of the following: Water, Salt, Citric Acid, and Calcium Chloride), Seasoning (Modified Corn Starch, Paprika, Spices, Onion & Garlic Powder, Tomato, Dextrose, Sugar, Autolyzed Yeast Extract, Caramel Color, Extractive of Paprika, Guar Gum, Citric Acid, Malic Acid, Xanthan Gum, Ascorbic Acid, Disodium Inosinate & Guanylate, less than 2% Silicon Dioxide to Prevent Caking), Vinegar, Flavors, Modified Food Starch (Refined from Corn), and Salt.]

Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flours [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)], Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate).

Heating Instructions: Place burritos on a sheet pan with seam of wrapper facing down. Heat to an internal temperature of 160 deg. F. Caution: Do not over heat. Heating above 165 deg. F. may cause filling leakage. Heating times may vary due to variation in equipment used. Convection Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 28-33 min. Refrigerated: Heat for 15-20 min. Conventional Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 30-35 min. Refrigerated: Heat for 18-22 min. Microwave: Frozen: Heat on High for 2 mins. Let rest for 15 seconds. Heat for another 50 seconds. Let rest for 1 min. before consuming. Thawed: Heat for 60 seconds. Let rest for 15 seconds. Heat for another 30 seconds. Let rest for 1 min. before consuming. Do not Fry.

Stock Code

71470

Contains WHEAT, SOY, MILK

NET WT. 29 LBS. 12.00 OZ.

M.G.I. FOODS, INC. SANTA FE SPRINGS, CA 90670 USA

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oz. equivalent grains
product

Revision Date: 9/14/2012



HealthierUS School Challenge Whole Grain Criteria

Documentation to show primary grains in product are Whole Grains to meet Group A

Product Code #: 71470

Product Name: Ultra Spicy Bean & Cheese Burrito

Serving Size 5.950 oz. (168.68 g) Weight of Filling (oz.) : 3.700 Weight of Tortilla/Bread (oz.) 2.250

1) Product Ingredient Statement:

Ingredients: Filling: Refried Beans [Water, Pinto Beans, Vegetable Oil, Salt, and Lecithin], Red Sauce [Water, Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, May contain Annatto Color), Jalapenos (May contain one or more of the following: Water, Salt, Citric Acid, and Calcium Chloride), Seasoning (Modified Corn Starch, Paprika, Spices, Onion & Garlic Powder, Tomato, Dextrose, Sugar, Autolyzed Yeast Extract, Caramel Color, Extractive of Paprika, Guar Gum, Citric Acid, Malic Acid, Xanthan Gum, Ascorbic Acid, Disodium Inosinate & Guanylate, less than 2% Silicon Dioxide to Prevent Caking), Vinegar, Flavorings, Modified Food Starch (Refined from Corn), and Salt.]

Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flours [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)], Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate).

2) Underline all items that are whole grain in the Ingredient Statement (see above)

3) Serving size in grams for Whole grain bread component: 63.787 (g) or 2.00 oz. equivalent grains*.

* note: some products, such as Enchiladas, are to be served as 2 each in order to meet the full G/B serving

4) Total weight of all Whole grain ingredients in the bread component 18.21 g Whole Wheat Flour

5) Weight of primary ingredient in the bread component listed first in the Ingredient Statement 18.21 g

6) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 18.21 g

A) The serving size for this food product equals 1 Grains/Bread Servings? YES

Per USDA FNS Policy Memo AP-30-2012 relating to Whole Grains Rich Criteria. This product provide 1 Whole Grain servings (based on 16 g per serving) and provides 2.00 oz. equivalent grains towards the National School Lunch Program. Some products, such as Enchiladas, are to be served two each in order to meet this criteria

B) The ingredient underlined above is considered whole grain? YES

C) Does the weight in item # 4 exceed (or is equal to) the weight in Item #5? YES

D) Does the weight in item # 4 exceed (or is equal to) the weight in Item #6? YES

E) Are the answers to items A, B & C yes? If yes, the food product meets GROUP A Criteria. Answer = YES

F) Are the answers to items A, B & D yes? If yes, the food product meets GROUP B Criteria. Answer = YES

M.C.I. Foods, Inc. purchases bread components (tortillas) that are made from blends of whole grain flours and enriched flours. The whole grain flour is 51% of the flour component and meets the definition of "whole grain rich" per USDA FNS Policy Memo SP-30-2012

Dan Southard,
President

9/14/2012

Date

dan@mcifoods.com

email

Product Spec and Nutritional Information

Revision Date: 9/20/2013



Stock Code		Product Name								
71673		Southwestern Style Black Bean & Cheese Burrito								
Individually Wrapped										
Net Wt. (oz)	Case Pack		UPC/GTIN	Ship Wt. (Lbs)	Case Cube	Case Dimensions	Pallet Count	Tie/High		
6.050	80		10006574716733	32.832	1.151	19.000 L 14.688 W 7.125 H	48	6 x 8		
National School Lunch Meal Pattern (CN) Contributions ¹										
					CN # 086604	CN Date 05-13				
Each 6.050 oz. portion provides*:		Meat/Meat Alternate. (oz)	Equivalent Grains (oz)	Legume veg (cup)	Red/Orange veg (cup)	Dark Green veg (cup)	Starchy veg (cup)	Other veg (cup)		
A		2.00	2.00							
--- OR ---										
B		2.00	2.00							

* - use the crediting in row A or row B, but not both. (based on the dual meat alternate/vegetable crediting for legumes.)

1 - if there is a CN number and CN date listed, the item is CN labeled.

Ingredient Statement

Ingredients: Filling: Black Beans (Water, Black Beans, and Salt), Water, Reduced Fat Monterey Jack Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Enzymes), Diced Tomato (may contain one or more of the following: Tomato Juice, Salt, Citric Acid, and Calcium Chloride), Cut Corn, Red Bell Pepper, Jalapeno Peppers (May contain one or more of the following: Water, Salt, Citric Acid and Calcium Chloride), Textured Vegetable Protein [Soy Flour, Caramel Color, Zinc Oxide, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride (B6), Riboflavin (B2), Thiamine Mononitrate (B1), Vitamin A Palmitate, and Vitamin B12], Diced Onion, Cilantro, Red Sauce Seasoning (Modified Corn Starch, Paprika, Spices, Onion & Garlic Powder, Tomato, Dextrose, Sugar, Autolyzed Yeast Extract, Caramel Color, Extractive of Paprika, Guar Gum, Citric Acid, Malic Acid, Xanthan Gum, Ascorbic Acid, Disodium Inosinate & Guanylate, less than 2% Silicon Dioxide to Prevent Caking), Vinegar, Soybean Oil, Modified Food Starch (Refined From Corn), Soy Protein Isolate, Salt.

Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flours [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)], Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate).

Allergen Statement Contains WHEAT, SOY, MILK

BID Specification

Burrito -Frozen Black beans, southwest vegetables and reduced fat Monterey Jack Cheese filling. Each 6.05 oz. burrito provides 2 OZ Meat Alternate and 2 OZ EQV Grain towards the NSLP, Whole Grain Rich Tortilla. CN labeled. Preparation instruction printed on outside of case. Burrito is individually wrapped ovenable film containing high impact graphics that can be recycled. 80 count. No more than 480 mg Sodium, No more than 10% Calories from Saturated Fat, 0 Trans Fat, No less than 295 Kcal. Hand held-Fully cooked. Heat & Serve.-Vegetarian Cabo Primo Brand 71673

Nutritional Information

		% Calories from Fat	28.55%	Basis of Analysis: as Cooked.					
Serving Size 6.050 oz. (171.52 g)		% Calories from Sat Fat	9.47%						
Servings Per Package: 1				Fats	Vitamins	%DV	Minerals	%DV	
Calories (Kcal)	298.5000	Total Fat (g)	9.4700	Vitamin A (RE)	40.22	20%	Iron (mg)	3.28	20%
Calories from Fat	85.2300	Saturated Fat (g)	3.1400	Vitamin A (IU)	876.46		Sodium (mg)	470.43	
Protein (g)	16.0300	Trans Fat (g)*	0.0000	Vitamin C (mg)	18.04	30%	Calcium (mg)	168.12	15%
Carbohydrates (g)	41.4800	Cholesterol (mg)	16.0300						
Tot. Dietary Fiber (g)	9.4800	Water (g)	63.5000						
Ash (g)	1.5400								
Fat Change +/- 0%		Moisture Change +/- 0%		Data Source: USDA Handbook 8		*-Trans Fats naturally occurring			

Heating Instructions

Heating Instructions: Place burritos on a sheet pan with seam of wrapper facing down. Heat to an internal temperature of 160 deg. F. Caution: Do not over heat. Heating above 165 deg. F. may cause filling leakage. Heating times may vary due to variation in equipment used. Convection Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 28-33 min. Refrigerated: Heat for 15-20 min. Conventional Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 30-35 min. Refrigerated: Heat for 18-22 min. Microwave: Frozen: Heat on High for 2 mins. Let rest for 15 seconds. Heat for another 50 seconds. Let rest for 1 min. before consuming. Thawed: Heat for 60 seconds. Let rest for 15 seconds. Heat for another 30 seconds. Let rest for 1 min. before consuming. Do not Fry.

For Additional Information Contact

M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661

Southwestern Style Black Bean & Cheese Burrito



Individually Wrapped

80 CT - 6.05 OZ.

W226 CF002

CN	086604	CN
Each 6.05 oz. Burrito provides 2.00 oz. equivalent meat alternate and 2.00 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. Use of this logo and statement authorized by the Food and Nutrition Service, USDA 05-13.)		
CN		CN

Lot # **47788**

DOP: 122-13-N2

KEEP FROZEN

Ingredients: Filling: Black Beans (Water, Black Beans, and Salt), Water, Reduced Fat Monterey Jack Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Enzymes), Diced Tomato (may contain one or more of the following: Tomato Juice, Salt, Citric Acid, and Calcium Chloride), Cut Corn, Red Bell Pepper, Jalapeno Peppers (May contain one or more of the following: Water, Salt, Citric Acid and Calcium Chloride), Textured Vegetable Protein [Soy Flour, Caramel Color, Zinc Oxide, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride (B6), Riboflavin (B2), Thiamine Mononitrate (B1), Vitamin A Palmitate, and Vitamin B12], Diced Onion, Cilantro, Red Sauce Seasoning (Modified Corn Starch, Paprika, Spices, Onion & Garlic Powder, Tomato, Dextrose, Sugar, Autolyzed Yeast Extract, Caramel Color, Extractive of Paprika, Guar Gum, Citric Acid, Malic Acid, Xanthan Gum, Ascorbic Acid, Disodium Inosinate & Guanylate, less than 2% Silicon Dioxide to Prevent Caking), Vinegar, Soybean Oil, Modified Food Starch (Refined From Corn), Soy Protein Isolate, Salt.

Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flours [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)], Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate).

Heating Instructions: Place burritos on a sheet pan with seam of wrapper facing down. Heat to an internal temperature of 160 deg. F. Caution: Do not over heat. Heating above 165 deg. F. may cause filling leakage. Heating times may vary due to variation in equipment used. Convection Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 28-33 min. Refrigerated: Heat for 15-20 min. Conventional Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 30-35 min. Refrigerated: Heat for 18-22 min. Microwave: Frozen: Heat on High for 2 mins. Let rest for 15 seconds. Heat for another 50 seconds. Let rest for 1 min. before consuming. Thawed: Heat for 60 seconds. Let rest for 15 seconds. Heat for another 30 seconds. Let rest for 1 min. before consuming. Do not Fry.

Contains WHEAT, SOY, MILK

NET WT. 30 LBS. 4.00 OZ.

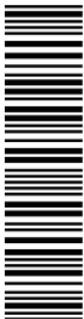
M.C.I. FOODS, INC. SANTA FE SPRINGS, CA 90670 USA

Stock Code

71673

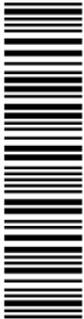
Lot #

47788



10006574716733

CP-CN-NON FED-WG
CP-CN-NON FED-WG



10006574716733

Stock Code

71673

Copy not for document 2009 Federal Meal Requirements

KEEP FROZEN



Southwestern Style Black Bean & Cheese Burrito

NET WT 6.05 OZ (172g)

Product Spec and Nutritional Information

Revision Date: 9/9/2013



Stock Code		Product Name							
71676		Shredded Beef, Green Chile and Cheese Burrito							
Individually Wrapped									
Net Wt. (oz)	Case Pack	UPC/GTIN	Ship Wt. (Lbs)	Case Cube	Case Dimensions	Pallet Count	Tie/High		
5.400	80	10006574716764	29.582	1.151	19.000 L 14.688 W 7.125 H	48	6 x 8		
National School Lunch Meal Pattern (CN) Contributions ¹									
CN # 087705 CN Date 08-13									
Each 5.400 oz. portion provides*:	Meat/Meat Alternate. (oz)	Equivalent Grains (oz)	Legume veg (cup)	Red/Orange veg (cup)	Dark Green veg (cup)	Starchy veg (cup)	Other veg (cup)		
A	2.00	2.00							
--- OR ---									
B	2.00	2.00							

* - use the crediting in row A or row B, but not both. (based on the dual meat alternate/vegetable crediting for legumes.)

1 - if there is a CN number and CN date listed, the item is CN labeled.

Ingredient Statement

Ingredients: Filling: Diced Beef Round Roast, Green Chiles (green chiles, water, salt, citric acid and Calcium chloride), Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto Color), Water, Textured Vegetable Protein Product [(Soy Flour, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), and Cyanocobalamin (B12)], Contains 2% or less of: Tomato Puree (Tomatoes, Citric Acid), Diced Onion, Jalapenos (May contain one or more of the following: Water, Salt, Citric Acid, and Calcium Chloride), Garlic Powder, Spices, Vinegar, Soybean Oil, Modified Food Starch (refined from corn), Salt, Isolated Soy Protein, Hydrolyzed Soy Protein, and Flavoring (Contains: Dextrose, Salt, Autolyzed Yeast Extract, and Food Starch - Modified). Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flours [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)], Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Annatto & Turmeric.

Allergen Statement Contains: Wheat, Soy, Milk.

BID Specification

Burrito -Frozen Shredded Beef, diced green chilies and cheddar cheese. No beans allowed in filling. Each 5.40 oz. burrito provides 2 OZ Meat Alternate and 2 OZ EQV Grain towards the NSLP, Whole Grain Rich Tortilla. CN labeled. Preparation instruction printed on outside of case. Burrito is individually wrapped ovenable film containing high impact graphics that can be recycled. 80 count. No more than 420 mg Sodium, No more than 15% Calories from Saturated Fat, 0 Trans Fat added NO less than 280 Kcal. Hand held-Fully cooked. Heat & Serve.- Cabo Primo Brand 71676

Nutritional Information

Serving Size	5.400 oz. (153.09 g)	% Calories from Fat	33.09%	Basis of Analysis: as Cooked.			
		% Calories from Sat Fat	14.28%				
Servings Per Package:	1	Fats		Vitamins	%DV	Minerals	%DV
Calories (Kcal)	281.7500	Total Fat (g)	10.3600	Vitamin A (RE)	4.16 8%	Iron (mg)	3.04 15%
Calories from Fat	93.2400	Saturated Fat (g)	4.4700	Vitamin A (IU)	379.41	Sodium (mg)	414.22
Protein (g)	19.0600	Trans Fat (g)*	0.0000	Vitamin C (mg)	7.52 15%	Calcium (mg)	162.94 15%
Carbohydrates (g)	30.0300	Cholesterol (mg)	37.1100				
Tot. Dietary Fiber (g)	5.0200	Water (g)	88.2200				
Ash (g)	1.6500						
Fat Change +/- 0% Moisture Change +/- 0%				Data Source: USDA Handbook 8		*-Trans Fats naturally occurring	

Heating Instructions

Heating Instructions: Place burritos on a sheet pan with seam of wrapper facing down. Heat to an internal temperature of 160 deg. F. Caution: Do not over heat. Heating above 165 deg. F. may cause filling leakage. Heating times may vary due to variation in equipment used. Convection Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 28-33 min. Refrigerated: Heat for 15-20 min. Conventional Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 30-35 min. Refrigerated: Heat for 18-22 min. Microwave: Frozen: Heat on High for 2 mins. Let rest for 15 seconds. Heat for another 50 seconds. Let rest for 1 min. before consuming. Thawed: Heat for 60 seconds. Let rest for 15 seconds. Heat for another 30 seconds. Let rest for 1 min. before consuming. Do not Fry.

For Additional Information Contact

M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661

Shredded Beef, Green Chile and Cheese Burrito



Individually Wrapped

DOP: 246-13-12

KEEP FROZEN

CN	Each 5.40 oz. Burrito provides 2.00 oz. equivalent meat/meat alternate and 2.00 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. Use of this logo and statement authorized by the Food and Nutrition Service, USDA 08-13.)	CN
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80 CT - 5.40 OZ.

W227

Lot # 48463

Ingredients: Filling: Diced Beef Round Roast, Green Chiles (green chiles, water, salt, citric acid and Calcium chloride), Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto Color), Water, Textured Vegetable Protein Product [(Soy Flour, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), and Cyanocobalamin (B12)), Contains 2% or less of: Tomato Puree (Tomatoes, Citric Acid), Diced Onion, Jalapenos (May contain one or more of the following: Water, Salt, Citric Acid, and Calcium Chloride), Garlic Powder, Spices, Vinegar, Soybean Oil, Modified Food Starch (refined from corn), Salt, Isolated Soy Protein, Hydrolyzed Soy Protein, and Flavoring (Contains: Dextrose, Salt, Autolyzed Yeast Extract, and Food Starch - Modified).

Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flours [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)], Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate) , Annatto & Turmeric.

Heating Instructions: Place burritos on a sheet pan with seam of wrapper facing down. Heat to an internal temperature of 160 deg. F. Caution: Do not over heat. Heating above 165 deg. F. may cause filling leakage. Heating times may vary due to variation in equipment used. Convection Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 28-33 min. Refrigerated: Heat for 15-20 min. Conventional Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 30-35 min. Refrigerated: Heat for 18-22 min. Microwave: Frozen: Heat on High for 2 mins. Let rest for 15 seconds. Heat for another 50 seconds. Let rest for 1 min. before consuming. Thawed: Heat for 60 seconds. Let rest for 15 seconds. Heat for another 30 seconds. Let rest for 1 min. before consuming. Do not Fry.

Contains: Wheat, Soy, Milk.

NET WT. 27 LBS. 0.00 OZ.

M.C.I. FOODS, INC. SANTA FE SPRINGS, CA 90670 USA

Stock Code

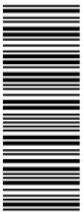
71676

Stock Code
71676

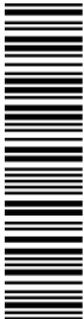
Lot #

48463

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10006574716764

CP-CN-MEAT-WG

CP-CN-MEAT-WG

Copy not for document Federal Meal Requirements

KEEP FROZEN



**CABO
PRIMO[®]**

NET WT. 5.40 OZ. (153g)

Shredded Beef, Green Chile & Cheese Burrito

U.S.
INSPECTED
AND PASSED BY
DEPARTMENT OF
AGRICULTURE
EST. 1162A



Specification Sheet

Product Name: BEAN & CHEESE BURRITO with Whole Grain Flour Tortilla

Stock Code: 97576

Total Weight: 5.20 oz.

Weight of Cheddar Cheese: 0.510 oz.

Weight of Dry Pinto Beans: 0.738 oz.

*Weight of Hydrated TVP: 0.2172 oz.

Weight of Other Ingredients: 1.624 oz.

Total Weight of Filling: 2.95 oz.

Total Weight of Whole Wheat Flour Tortilla: 2.25 oz.

Meat Alternate from Tortilla: 0.50 oz.

*CHS Legacy Foods, Inc. C (SF) protein content 50%.

The above product ready for serving contains 2.00 oz. of cooked meat alternate and 2.00 oz. equivalent grains towards the NSLP when prepared according to cooking directions.

Slight variation in piece weight is possible due to normal processing variance, however average weight per box will meet or exceed the stated weight.

This product is produced by M.C.I. Foods, Inc.

I certify that the above information is true and correct.

A handwritten signature in black ink that reads "Dan Southard".

President

2/28/2012

Signed for M.C.I. Foods, Inc.

Title

Date



Revision Date: 6/26/2012

Nutritional Analysis

Code #: **97576** Individually Wrapped Net Wt. (oz.) 5.200 Case Pack: 96
 Related Code #'s 71662, 97576, 67576, 67565 Servings Per Package: 1
 Description: **Bean & Cheese Burritos** Serving Size **5.200 oz. (147.42 g)**
 Weight of Filling (oz.) : 2.95
 Weight of Tortilla/Bread (oz.): 2.25

Ingredient Statement

Ingredients: Filling: Water, Pinto Beans, Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, May contain Annatto Color), Textured Vegetable Protein Product [Soy Flour, Caramel Color, Zinc Oxide, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride (B6), Riboflavin (B2), Thiamine Mononitrate (B1), Vitamin A Palmitate, and Vitamin B12], Salt, Flavorings, Modified Food Starch (Refined From Corn).

Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flours [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)], Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate).

Allergen Statement Contains **WHEAT, SOY, MILK**

Whole Grain Servings: 1.00

National School Lunch Requirements CN # 081011 CN Date 06-12

Each 5.200 oz. Portion (cooked) will provide 2.00 oz. Meat/Meat Alternate and 2.00 oz. equivalent grains and _____ Cup Legume Vegetable.

Nutritional Information		% Calories from Fat	25.63%	Basis of Analysis: as Cooked.			
Serving Size 5.200 oz. (147.42 g)		% Calories from Sat Fat	11.19%				
Servings Per Package: 1		Fats		Vitamins	%DV	Minerals	%DV
Calories (Kcal)	291.1100	Total Fat (g)	8.2900	Vitamin A (RE)	0.00 6%	Iron (mg)	3.33 20%
Calories from Fat	74.6100	Saturated Fat (g)	3.6200	Vitamin A (IU)	295.24	Sodium (mg)	478.94
Protein (g)	15.6000	Trans Fat (g)*	0.0100	Vitamin C (mg)	1.54 2%	Calcium (mg)	171.00 15%
Carbohydrates (g)	40.9500	Cholesterol (mg)	15.3300				
Tot. Dietary Fiber (g)	7.9600	Water (g)	76.0700				
Ash (g)	1.6100						
Fat Change +/- 0%		Moisture Change +/- 0%		Data Source: USDA Handbook 8		*-Trans Fats naturally occurring	

Heating Instructions

Heating Instructions: Place burritos on a sheet pan with seam of wrapper facing down. Heat to an internal temperature of 160 deg. F. Caution: Do not over heat. Heating above 165 deg. F. may cause filling leakage. Heating times may vary due to variation in equipment used. Convection Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 19-21 min. Refrigerated: Heat for 11-13 min. Conventional Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 24-28 min. Refrigerated: Heat for 13-15 min. Microwave: Frozen: Heat on High for 50 seconds. Let rest for 15 seconds. Heat for another 30 seconds. Let rest for 1 min. before consuming. Thawed: Heat for 45 seconds. Let rest for 15 seconds. Heat for another 15 seconds. Let rest for 1 min. before

For Additional Information Contact Dan Southard at 562-977-4006

M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661



Individually Wrapped

Los Cabos Mexican Foods

DOP: 174-12-13

KEEP FROZEN

Ingredients: Filling: Water, Pinto Beans, Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, May contain Annatto Color), Textured Vegetable Protein Product (Soy Flour, Caramel Color, Zinc Oxide, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride (B6), Riboflavin (B2), Thiamine Mononitrate (B1), Vitamin A Palmitate, and Vitamin B12), Salt, Flavorings, Modified Food Starch (Refined From Corn).

Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flours [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)], Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate).

Heating Instructions: Place burritos on a sheet pan with seam of wrapper facing down. Heat to an internal temperature of 160 deg. F. Caution: Do not over heat. Heating above 165 deg. F. may cause filling leakage. Heating times may vary due to variation in equipment used. Convection Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 19-21 min. Refrigerated: Heat for 11-13 min. Conventional Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 24-28 min. Refrigerated: Heat for 13-15 min. Microwave: Frozen: Heat on High for 50 seconds. Let rest for 15 seconds. Heat for another 30 seconds. Let rest for 1 min. before consuming. Do not Fry.

Stock Code

97576

Bean & Cheese Burritos

96 CT - 5.20 OZ.

W101 PF103

CN Each 5.20 oz. Burrito provides 2.00 oz. equivalent meat alternate and 2.00 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. Use of this logo and statement authorized by the Food and Nutrition Service, USDA 06-12.) CN

Lot #

Stock Code
97576
Lot #



10006574975765
CN-NON FED-WG
CN-NON FED-WG



10006574975765

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oz. equivalent grains
product



Revision Date: 6/6/2012

HealthierUS School Challenge Whole Grain Criteria

Documentation to show primary grains in product are Whole Grains to meet Group A

Product Code #: 97576

Product Name: Bean & Cheese Burritos

Serving Size 5.200 oz. (147.42 g) Weight of Filling (oz.) : 2.950 Weight of Tortilla/Bread (oz.) 2.250

1) Product Ingredient Statement:

Ingredients: Filling: Water, Pinto Beans, Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, May contain Annatto Color), Textured Vegetable Protein Product [Soy Flour, Caramel Color, Zinc Oxide, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride (B6), Riboflavin (B2), Thiamine Mononitrate (B1), Vitamin A Palmitate, and Vitamin B12], Salt, Flavorings, Modified Food Starch (Refined From Corn).

Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flours [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)], Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate).

2) Underline all items that are whole grain in the Ingredient Statement (see above)

3) Serving size in grams for Whole grain bread component: 63.787 (g) or 2.00 oz. equivalent grains*.

* note: some products, such as Enchiladas, are to be served as 2 each in order to meet the full G/B serving

4) Total weight of all Whole grain ingredients in the bread component: 18.18 g Whole Wheat Flour

5) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 18.18 g

6) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 18.18 g

A) The serving size for this food product equals 1 Grains/Bread Servings? YES

Per USDA FNS Policy Memo AP-30-2012 relating to Whole Grains Rich Criteria. This product provides 1 Whole Grain servings (based on 16 g per serving) and provides 2.00 oz. equivalent grains towards the National School Lunch Program. Some products, such as Enchiladas, are to be served two each in order to meet this criteria

B) The ingredient underlined above is considered whole grain? YES

C) Does the weight in item # 4 exceed (or is equal to) the weight in Item #5? YES

D) Does the weight in item # 4 exceed (or is equal to) the weight in Item #6? YES

E) Are the answers to items A, B & C yes? If yes, the food product meets GROUP A Criteria. Answer = YES

F) Are the answers to items A, B & D yes? If yes, the food product meets GROUP B Criteria. Answer = YES

M.C.I. Foods, Inc. purchases bread components (tortillas) that are made from blends of whole grain flours and enriched flours. The whole grain flour is 51% of the flour component and meets the definition of "whole grain rich" per USDA FNS Policy Memo SP-30-2012

Dan Southard,
President

6/6/2012

Date

dan@mcifoods.com

email



Specification Sheet

Product Name: BEAN AND CHEESE AND GREEN CHILI BURRITO with Whole Wheat Flour Tortilla

Stock Code: 97580

Total Weight: 5.20 oz.

Weight of Cheddar Cheese: 0.51 oz.

Weight of Dry Pinto Beans: 0.738 oz.

*Weight of Hydrated TVP: 0.2172 oz.

Weight of Other Ingredients: 1.4848 oz.

Total Weight of Filling: 2.95 oz.

Total Weight of Whole Wheat Flour Tortilla: 2.25 oz.

Meat Alternate from Tortilla: 0.50 oz.

*CHS Legacy Foods, Inc. C (SF) protein content 50%.

The above product ready for serving contains 2.00 oz. of cooked meat alternate and 2.00 oz. equivalent grains towards the NSLP when prepared according to cooking directions.

Slight variation in piece weight is possible due to normal processing variance, however average weight per box will meet or exceed the stated weight.

This product is produced by M.C.I. Foods, Inc.

I certify that the above information is true and correct.

President

9/14/2012

Signed for M.C.I. Foods, Inc.

Title

Date



Revision Date: 9/14/2012

Nutritional Analysis

Code #: 97580 **Individually Wrapped** **Net Wt. (oz.)** 5.200 **Case Pack:** 96
Description: **Bean and Cheese and Green Chile Burrito** **Servings Per Package:** 1
Serving Size 5.200 oz. (147.42 g)
Weight of Filling (oz.) : 2.95
Tortilla Type: Whole Wheat Flour **Weight of Tortilla/Bread (oz.):** 2.25

Ingredient Statement

Ingredients: Filling: Water, Pinto Beans, Cheddar Cheese (Pasteurized Milk, Salt, Culture, Enzymes, May contain Annatto Color), Green Chile (Green Chiles, water, calcium chloride, citric acid), Green Chile Puree (Green Chile Peppers, Water, Citric Acid), Soy Bean Oil, Textured Vegetable Protein Product [Soy Flour, Caramel Color, Zinc Oxide, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride (B6), Riboflavin (B2), Thiamine Mononitrate (B1), Vitamin A Palmitate, and Vitamin B12], Diced Onion, Salt, Flavorings.

Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flours [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)], Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate).

Allergen Statement Contains WHEAT, SOY , MILK

Whole Grain Servings: 1.00

National School Lunch Requirements **CN #** 083639 **CN Date** 07-12

Each 5.200 oz. Portion (cooked) will provide 2.00 oz. Meat/Meat Alternate and 2.00 oz. equivalent grains and _____ Cup Legume Vegetable.

Nutritional Information

Serving Size 5.200 oz. (147.42 g)		% Calories from Fat	32.47%	Basis of Analysis: as Cooked.			
Servings Per Package: <u>1</u>		% Calories from Sat Fat	10.90%				
Calories (Kcal)	320.3700	Fats		Vitamins	%DV	Minerals	%DV
Calories from Fat	104.0400	Total Fat (g)	11.5600	Vitamin A (RE)	1.50 4%	Iron (mg)	3.14 15%
Protein (g)	15.5800	Saturated Fat (g)	3.8800	Vitamin A (IU)	179.60	Sodium (mg)	388.09
Carbohydrates (g)	40.9800	Trans Fat (g)*	0.0100	Vitamin C (mg)	3.79 6%	Calcium (mg)	169.29 15%
Tot. Dietary Fiber (g)	7.8800	Cholesterol (mg)	15.3300				
Ash (g)	1.3500	Water (g)	73.0800				

Fat Change +/- 0% Moisture Change +/- 0% Data Source: USDA Handbook 8 *-Trans Fats naturally occurring

Heating Instructions

Heating Instructions: Place burritos on a sheet pan with seam of wrapper facing down. Heat to an internal temperature of 160 deg. F. Caution: Do not over heat. Heating above 165 deg. F. may cause filling leakage. Heating times may vary due to variation in equipment used. Convection Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 19-21 min. Refrigerated: Heat for 11-13 min. Conventional Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 24-28 min. Refrigerated: Heat for 13-15 min. Microwave: Frozen: Heat on High for 50 seconds. Let rest for 15 seconds. Heat for another 30 seconds. Let rest for 1 min. before consuming. Thawed: Heat for 45 seconds. Let rest for 15 seconds. Heat for another 15 seconds. Let rest for 1 min. before consuming. Do not Fry.

For Additional Information Contact

M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661

Bean and Cheese and Green Chile Burrito



Individually Wrapped

Los Cabos Mexican Foods

DOP: 194-12-15

KEEP FROZEN

Ingredients: Filling: Water, Pinto Beans, Cheddar Cheese (Pasteurized Milk, Salt, Culture, Enzymes, May contain Annatto Color), Green Chile (Green Chiles, water, calcium chloride, citric acid), Green Chile Puree (Green Chile Peppers, Water, Citric Acid), Soy Bean Oil, Textured Vegetable Protein Product [Soy Flour, Caramel Color, Zinc Oxide, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride (B6), Riboflavin (B2), Thiamine Mononitrate (B1), Vitamin A Palmitate, and Vitamin B12], Diced Onion, Salt, Flavorings.

Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flours [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)], Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate).

Heating Instructions: Place burritos on a sheet pan with seam of wrapper facing down. Heat to an internal temperature of 160 deg. F. Caution: Do not over heat. Heating above 165 deg. F. may cause filling leakage. Heating times may vary due to variation in equipment used. Convection Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 19-21 min. Refrigerated: Heat for 11-13 min. Conventional Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 24-28 min. Refrigerated: Heat for 13-15 min. Microwave: Frozen: Heat on High for 50 seconds. Let rest for 15 seconds. Heat for another 30 seconds. Let rest for 1 min. before consuming. Do not Fry.

Stock Code

97580

Contains WHEAT, SOY, MILK

NET WT. 31 LBS. 3.20 OZ.
M.C. FOODS, INC. SANTA FE SPRINGS, CA 90670 USA

96 CT - 5.20 OZ.

W120A PF050

Lot # **45554**

Stock Code
97580
Lot #
45554



10006574975802
CN-NON FED-WG
CN-NON FED-WG



10006574975802

CN Each 5.20 oz. Burrito provides 2.00 oz. equivalent meat alternate and 2.00 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. Use of this logo and statement authorized by the Food and Nutrition Service, USDA 07-12.) CN

Copy not for distribution Federal Meal Requirements

oz. equivalent grains
product



Revision Date: 9/14/2012

HealthierUS School Challenge Whole Grain Criteria

Documentation to show primary grains in product are Whole Grains to meet Group A

Product Code #: 97580

Product Name: Bean and Cheese and Green Chile Burrito

Serving Size 5.200 oz. (147.42 g) Weight of Filling (oz.) : 2.950 Weight of Tortilla/Bread (oz.) 2.250

1) Product Ingredient Statement:

Ingredients: Filling: Water, Pinto Beans, Cheddar Cheese (Pasteurized Milk, Salt, Culture, Enzymes, May contain Annatto Color), Green Chile (Green Chiles, water, calcium chloride, citric acid), Green Chile Puree (Green Chile Peppers, Water, Citric Acid), Soy Bean Oil, Textured Vegetable Protein Product [Soy Flour, Caramel Color, Zinc Oxide, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride (B6), Riboflavin (B2), Thiamine Mononitrate (B1), Vitamin A Palmitate, and Vitamin B12], Diced Onion, Salt, Flavorings.

Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flours [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)], Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate).

2) Underline all items that are whole grain in the Ingredient Statement (see above)

3) Serving size in grams for Whole grain bread component: 63.787 (g) or 2.00 oz. equivalent grains*.

* note: some products, such as Enchiladas, are to be served as 2 each in order to meet the full G/B serving

4) Total weight of all Whole grain ingredients in the bread component: 18.21 g Whole Wheat Flour

5) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 18.21 g

6) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 18.21 g

A) The serving size for this food product equals 1 Grains/Bread Servings? YES

Per USDA FNS Policy Memo AP-30-2012 relating to Whole Grains Rich Criteria. This product provides 1 Whole Grain servings (based on 16 g per serving) and provides 2.00 oz. equivalent grains towards the National School Lunch Program. Some products, such as Enchiladas, are to be served two each in order to meet this criteria

B) The ingredient underlined above is considered whole grain? YES

C) Does the weight in item # 4 exceed (or is equal to) the weight in Item #5? YES

D) Does the weight in item # 4 exceed (or is equal to) the weight in Item #6? YES

E) Are the answers to items A, B & C yes? If yes, the food product meets GROUP A Criteria. Answer = YES

F) Are the answers to items A, B & D yes? If yes, the food product meets GROUP B Criteria. Answer = YES

M.C.I. Foods, Inc. purchases bread components (tortillas) that are made from blends of whole grain flours and enriched flours. The whole grain flour is 51% of the flour component and meets the definition of "whole grain rich" per USDA FNS Policy Memo SP-30-2012

Dan Southard,
President

9/14/2012

Date

dan@mcifoods.com

email

Product Spec and Nutritional Information

Revision Date: 3/25/2013



Stock Code		Product Name							
97882		Egg, Cheese & Cooked Sausage Crumbles (Made with Turkey) Breakfast Wrap							
Individually Wrapped									
Net Wt. (oz)	Case Pack		UPC/GTIN	Ship Wt. (Lbs)	Case Cube	Case Dimensions	Pallet Count	Tie/High	
3.600	72		10006574978827	17.625	0.606	19.500 L 14.813 W 3.625 H	66	6 x 11	
National School Lunch Meal Pattern (CN) Contributions ¹									
CN # 085152 CN Date 03-13									
Each 3.600 oz. portion provides*:		Meat/Meat Alternate. (oz)	Equivalent Grains (oz)	Legume veg (cup)	Red/Orange veg (cup)	Dark Green veg (cup)	Starchy veg (cup)	Other veg (cup)	
A		1.25	2.00						
--- OR ---									
B		1.25	2.00						

* - use the crediting in row A or row B, but not both. (based on the dual meat alternate/vegetable crediting for legumes.)

1 - if there is a CN number and CN date listed, the item is CN labeled.

Ingredient Statement

Filling: Pre-Cooked Scrambled Eggs (Whole Eggs, Skim Milk, Soybean Oil, Corn Starch, Salt, Xanthan Gum, Citric Acid), Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, May contain Annatto Color), Water, Cooked Sausage Crumbles (made with turkey) [Ground Turkey Thigh Meat, Mechanically Separated Turkey, Water, Soy Protein Concentrate, Salt, Spices, Dextrose, Flavoring, Sugar, Disodium Inosinate and Disodium Guanylate], Red Sauce Seasoning (Modified Corn Starch, Paprika, Spices, Onion & Garlic Powder, Tomato, Dextrose, Sugar, Autolyzed Yeast Extract, Caramel Color, Extractive of Paprika, Guar Gum, Citric Acid, Malic Acid, Xanthan Gum, Ascorbic Acid, Disodium Inosinate & Guanylate, less than 2% Silicon Dioxide to Prevent Caking), Modified Food Starch (Refined From Corn), Vinegar, Salt, and Flavorings.

Ingredients: Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flours [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)]), Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate).

Allergen Statement Contains: Wheat, Egg, Milk, Soy.

BID Specification

Wrap -Frozen Egg, Cheese and Turkey Sausage. Each 3.60 oz. Wrap provides 1.25 OZ Meat Alternate and 2.00 OZ Grain EQV towards the SBP, Whole Grain Rich Tortilla. CN labeled. Preparation instruction printed on outside of case. Burrito is individually wrapped ovenable film containing high impact graphics that can be recycled. 72 count. No more than 270 mg Sodium, Less than 15% Calories from Saturated fat, 0 Trans Fat. No less than 225 Kcal. Hand held, Fully Cooked. Heat & Serve.- Los Cabos Brand 97882

Nutritional Information

		% Calories from Fat	36.31%	Basis of Analysis: as Cooked.					
Serving Size 3.600 oz. (102.06 g)		% Calories from Sat Fat	14.77%						
Servings Per Package: 1				Fats	Vitamins	%DV	Minerals	%DV	
Calories (Kcal)	226.0500	Total Fat (g)	9.1200	Vitamin A (RE)	0.00	6%	Iron (mg)	2.00	10%
Calories from Fat	82.0800	Saturated Fat (g)	3.7100	Vitamin A (IU)	305.52		Sodium (mg)	267.18	
Protein (g)	11.5900	Trans Fat (g)*	0.0100	Vitamin C (mg)	2.14	4%	Calcium (mg)	127.78	15%
Carbohydrates (g)	25.9900	Cholesterol (mg)	64.5200						
Tot. Dietary Fiber (g)	3.9700	Water (g)	40.0000						
Ash (g)	0.6900								
Fat Change +/- 0%		Moisture Change +/- 0%		Data Source: USDA Handbook 8		*-Trans Fats naturally occurring			

Heating Instructions

Heating Instructions: Place wrap on a sheet pan with seam of wrapper facing down. Heat to an internal temperature of 160 deg. F. Caution: Do not over heat. Heating above 165 deg. F. may cause filling leakage. Heating times may vary due to variation in equipment used. Convection Oven: Preheat Oven to 300 deg. F. Frozen: Bake 16-18 min. Refrigerated: 13-15. Conventional Oven: Preheat Oven to 300 deg. F. Frozen: Bake for 18-20 min. Refrigerated: Cook for 15-17 min. Microwave: Frozen: Heat for 50 secs. Refrigerated: Heat for 30 secs.

For Additional Information Contact

M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661

Stock Code
97882

Lot #

45782



10006574978827

CN-WRAP-POULTRY-WG-TF
CN-WRAP-POULTRY-WG-TF



Egg, Cheese & Cooked Sausage Crumbles (Made with Turkey) Breakfast Wrap

Individually Wrapped

DOP: 025-13-13

KEEP FROZEN



10006574978827

Stock Code

97882

CN

Each 3.60 oz. Wrap provides 1.25 oz. equivalent meat/meat alternate and 2.00 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. Use of this logo and statement authorized by the Food and Nutrition Service, USDA 03-13.)

CN
CN

085152

CN

Lot #

45782

72 CT - 3.60 OZ.

W104B-TF PF101

Ingredients: Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flours [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)], Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate) .

Filling: Pre-Cooked Scrambled Eggs (Whole Eggs, Skim Milk, Soybean Oil, Corn Starch, Salt, Xanthan Gum, Citric Acid), Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, May contain Annatto Color), Water, Cooked Sausage Crumbles (made with turkey) [Ground Turkey Thigh Meat, Mechanically Separated Turkey, Water, Soy Protein Concentrate, Salt, Spices, Dextrose, Flavoring, Sugar, Disodium Inosinate and Disodium Guanylate, Red Sauce Seasoning (Modified Corn Starch, Paprika, Spices, Onion & Garlic Powder, Tomato, Dextrose, Sugar, Autolyzed Yeast Extract, Caramel Color, Extractive of Paprika, Guar Gum, Citric Acid, Malic Acid, Xanthan Gum, Ascorbic Acid, Disodium Inosinate & Guanylate, less than 2% Silicon Dioxide to Prevent Caking), Modified Food Starch (Refined From Corn), Vinegar, Salt, and Flavorings.

Heating Instructions: Place wrap on a sheet pan with seam of wrapper facing down. Heat to an internal temperature of 160 deg. F. Caution: Do not over heat. Heating above 165 deg. F. may cause filling leakage. Heating times may vary due to variation in equipment used. Convection Oven: Preheat Oven to 300 deg. F. Frozen: Bake for 18 min. Refrigerated: 13-15. Conventional Oven: Preheat Oven to 300 deg. F. Frozen: Bake for 18- 20 min. Refrigerated: Cook for 15- 17 min. Microwave: Frozen: Heat for 50 secs. Refrigerated: Heat for 30 secs.

Contains: Wheat, Egg, Milk, Soy.

NET WT. 16 LBS. 3.20 OZ.

M.C.I. FOODS, INC. SANTA FE SPRINGS, CA 90670 USA

Copy not for documenting Federal Meal Requirements



Breakfast

WRAP

**EGG, CHEESE & COOKED
SAUSAGE CRUMBLES
(MADE WITH TURKEY)**

Say NO
to
DRUGS!

KEEP FROZEN

NET WT. 3.60 OZ. (102g)





Specification Sheet

Product Name: BEEF & CHEESE & TEXTURED VEGETABLE PROTEIN TACO SNACK
with Yellow Whole Wheat Flour Tortilla

Stock Code: 98765

Total Weight: 5.20 oz.

Weight of Ground Beef: 0.9652 oz.

Percent of Fat in Ground Beef: 20 %

Weight of Cheddar Cheese: 0.615 oz.

*Weight of Hydrated TVP: 0.4056 oz.

Weight of Other Ingredients: 0.9642 oz.

Total Weight of Filling: 2.95 oz.

Total Weight of Yellow Whole Wheat Flour Tortilla: 2.25 oz.

Meat Alternate from Tortilla: 0.50 oz.

*CHS Legacy Foods, Inc. C (SF) protein content 50%.

The above product ready for serving contains 2.00 oz. of cooked meat alternate and 2.00 oz. equivalent grains towards the NSLP when prepared according to cooking directions.

Slight variation in piece weight is possible due to normal processing variance, however average weight per box will meet or exceed the stated weight.

This product is produced by M.C.I. Foods, Inc.

I certify that the above information is true and correct.

President

2/14/2013

Signed for M.C.I. Foods, Inc.

Title

Date



Revision Date: 2/14/2013

Nutritional Analysis

Code #: 98765 **Individually Wrapped** **Net Wt. (oz.)** 5.200 **Case Pack:** 96
Description: **Beef & Cheese & Textured Vegetable Protein Taco Snack** **Servings Per Package:** 1
Serving Size 5.200 oz. (147.42 g)
Weight of Filling (oz.) : 2.95
Tortilla Type: Whole Wheat -Yellow Color **Weight of Tortilla/Bread (oz.)** 2.25

Ingredient Statement

INGREDIENTS: Filling: Ground Beef (Not more than 20% fat), Water, Cheddar Cheese (Pasteurized Milk, Salt, Culture, Annatto if Colored, Enzymes), Textured Vegetable Protein Product [Soy Flour, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), and Cyanocobalamin (B12)], Tomatoes (May contain one or more of the following: Tomato Juice, Water, Salt, Citric Acid, and Calcium Chloride), Modified Food Starch (refined from corn), Taco Seasoning (Spices (Including Paprika, Cumin and Oregano), Onion, Salt, Garlic, Potato Flour, Enriched Wheat Flour (Flour, Niacin, Iron, Thiamine Mononitrate (B1), and Riboflavin (B2), Folic Acid), Cocoa, Corn Syrup Solids, Citric Acid and Natural Flavor), Chili Pepper, Minced Onion and Salt.

Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flours [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)], Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Annatto & Turmeric.

Allergen Statement Contains WHEAT, SOY , MILK

Whole Grain Servings: 1.00

National School Lunch Requirements CN # 085815 CN Date 01-13

Each 5.200 oz. Portion (cooked) will provide 2.00 oz. Meat/Meat Alternate and 2.00 oz. equivalent grains and _____ Cup Legume Vegetable.

Nutritional Information

Serving Size	5.200 oz. (147.42 g)	% Calories from Fat	41.18%	Basis of Analysis: as Cooked.			
Servings Per Package:	<u>1</u>	% Calories from Sat Fat	17.90%				
Calories (Kcal)	318.2300	Fats		Vitamins	%DV	Minerals	%DV
Calories from Fat	131.0400	Total Fat (g)	14.5600	Vitamin A (RE)	2.80 10%	Iron (mg)	3.10 15%
Protein (g)	17.7400	Saturated Fat (g)	6.3300	Vitamin A (IU)	499.51	Sodium (mg)	431.09
Carbohydrates (g)	31.4100	Trans Fat (g)*	0.3500	Vitamin C (mg)	1.42 2%	Calcium (mg)	182.91 20%
Tot. Dietary Fiber (g)	5.1200	Cholesterol (mg)	37.9300				
Ash (g)	1.5400	Water (g)	77.1200				

Fat Change +/- 0% Moisture Change +/- 0% Data Source: USDA Handbook 8 *-Trans Fats naturally occurring

Heating Instructions

Heating Instructions: Place burritos on a sheet pan with seam of wrapper facing down. Heat to an internal temperature of 160 deg. F. Caution: Do not over heat. Heating above 165 deg. F. may cause filling leakage. Heating times may vary due to variation in equipment used. Convection Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 19-21 min. Refrigerated: Heat for 11-13 min. Conventional Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 24-28 min. Refrigerated: Heat for 13-15 min. Microwave: Frozen: Heat on High for 50 seconds. Let rest for 15 seconds. Heat for another 30 seconds. Let rest for 1 min. before consuming. Thawed: Heat for 45 seconds. Let rest for 15 seconds. Heat for another 15 seconds. Let rest for 1 min. before consuming. Do not Fry.

For Additional Information Contact

M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661

Stock Code
98765
Lot #
46984



10006574987652

CN-TS-MEAT-WG
CN-TS-MEAT-WG



10006574987652



Individually Wrapped

Los Cabos Mexican Foods

DOP: 355-12-11

KEEP FROZEN

INGREDIENTS: Filling: Ground Beef (Not more than 20% fat), Water, Cheddar Cheese (Pasteurized Milk, Salt, Culture, Annatto if Colored, Enzymes), Textured Vegetable Protein Product (Soy Flour, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), and Cyanocobalamin (B12)), Tomatoes (May contain one or more of the following: Tomato Juice, Water, Salt, Citric Acid, and Calcium Chloride), Modified Food Starch (refined from corn), Taco Seasoning (Spices (Including Paprika, Cumin and Oregano), Onion, Salt, Garlic, Potato Flour, Enriched Wheat Flour (Flour, Niacin, Iron, Thiamine Mononitrate (B1), and Riboflavin (B2), Folic Acid), Cocoa, Corn Syrup Solids, Citric Acid and Natural Flavor), Chili Pepper, Minced Onion and Salt.

Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flours [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)], Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate) , Annatto & Turmeric

Heating Instructions: Place burritos on a sheet pan with seam of wrapper facing down. Heat to an internal temperature of 160 deg. F. Caution: Do not over heat. Heating above 165 deg. F. may cause filling leakage. Heating times may vary due to variation in equipment used. Convection Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 19-21 min. Refrigerated: Heat for 11-13 min. Conventional Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 24-28 min. Refrigerated: Heat for 13-15 min. Microwave: Frozen: Heat on High for 50 seconds. Let rest for 15 seconds. Heat for another 30 seconds. Let rest for 1 min. before consuming. Thawed: Heat for 45 seconds. Let rest for 15 seconds. Heat for another 15 seconds. Let rest for 1 min. before consuming. Do not Fry.

Stock Code

98765

Beef & Cheese & Textured Vegetable Protein Taco Snack

96 CT - 5.20 OZ.
W125 PF101

CN ————— CN
Each 5.20 oz. Taco Snack provides 2.00 oz. equivalent meat/meat alternate and 2.00 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA-01-13.)
————— CN

Lot # **46984**

Contains WHEAT, SOY, MILK
NET WT. 31 LBS. 3.20 OZ.
M.C.I. FOODS, INC. SANTA FE SPRINGS, CA 90670 USA

Copy not for distribution Federal Meal Requirements

oz. equivalent grains
product



Revision Date: 2/14/2013

HealthierUS School Challenge Whole Grain Criteria

Documentation to show primary grains in product are Whole Grains to meet Group A

Product Code #: 98765

Product Name: Beef & Cheese & Textured Vegetable Protein Taco Snack

Serving Size 5.200 oz. (147.42 g) Weight of Filling (oz.) : 2.950 Weight of Tortilla/Bread (oz.) 2.250

1) Product Ingredient Statement:

INGREDIENTS: Filling: Ground Beef (Not more than 20% fat), Water, Cheddar Cheese (Pasteurized Milk, Salt, Culture, Annatto if Colored, Enzymes), Textured Vegetable Protein Product [Soy Flour, Caramel Color, Zinc Oxide, Niacinamide, Ferrrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), and Cyanocobalamin (B12)], Tomatoes (May contain one or more of the following: Tomato Juice, Water, Salt, Citric Acid, and Calcium Chloride), Modified Food Starch (refined from corn), Taco Seasoning (Spices (Including Paprika, Cumin and Oregano), Onion, Salt, Garlic, Potato Flour, Enriched Wheat Flour (Flour, Niacin, Iron, Thiamine Mononitrate (B1), and Riboflavin (B2), Folic Acid), Cocoa, Corn Syrup Solids, Citric Acid and Natural Flavor), Chili Pepper, Minced Onion and Salt.

Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flours [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)], Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Annatto & Turmeric.

2) Underline all items that are whole grain in the Ingredient Statement (see above)

3) Serving size in grams for Whole grain bread component: 63.787 (g) or 2.00 oz. equivalent grains*.

* note: some products, such as Enchiladas, are to be served as 2 each in order to meet the full G/B serving

4) Total weight of all Whole grain ingredients in the bread component: 18.21 g Whole Wheat Flour

5) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 18.21 g

6) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 18.21 g

A) The serving size for this food product equals 1 Grains/Bread Servings? YES

Per USDA FNS Policy Memo AP-30-2012 relating to Whole Grains Rich Criteria. This product provides 1 Whole Grain servings (based on 16 g per serving) and provides 2.00 oz. equivalent grains towards the National School Lunch Program. Some products, such as Enchiladas, are to be served two each in order to meet this criteria

B) The ingredient underlined above is considered whole grain? YES

C) Does the weight in item # 4 exceed (or is equal to) the weight in Item #5? YES

D) Does the weight in item # 4 exceed (or is equal to) the weight in Item #6? YES

E) Are the answers to items A, B & C yes? If yes, the food product meets GROUP A Criteria. Answer = YES

F) Are the answers to items A, B & D yes? If yes, the food product meets GROUP B Criteria. Answer = YES

M.C.I. Foods, Inc. purchases bread components (tortillas) that are made from blends of whole grain flours and enriched flours. The whole grain flour is 51% of the flour component and meets the definition of "whole grain rich" per USDA FNS Policy Memo SP-30-2012

Dan Southard,
President

2/14/2013

Date

dan@mcifoods.com

email