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<th>Serving Size (oz)</th>
<th>Servings Per Case</th>
<th>Calories</th>
<th>Calories From Fat</th>
<th>% Calories From Fat</th>
<th>Total Fat (g)</th>
<th>Sat Fat (g)</th>
<th>Trans Fat (g)</th>
<th>Cholest (mg)</th>
<th>Sodium (mg)</th>
<th>Total Carbs (g)</th>
<th>Dietary Fiber (g)</th>
<th>Sugars (g)</th>
<th>Protein (g)</th>
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<th>Vitamin C (% DV)</th>
<th>Calcium (% DV)</th>
<th>Iron (%DV)</th>
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<th>Veg Credit</th>
<th>Bread Svs Credit</th>
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<td>320</td>
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<td>3</td>
<td>0</td>
<td>15</td>
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<td>15</td>
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<tr>
<td>71680</td>
<td>Bean, Cheddar, &amp; Green-Chile Burrito Ind Wrap</td>
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<td>96</td>
<td>320</td>
<td>104</td>
<td>34%</td>
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<td>3</td>
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For additional product information visit [http://dese.mo.gov/ls/food/Nutritional_Facts_Index.html](http://dese.mo.gov/ls/food/Nutritional_Facts_Index.html)
SPECIFICATION SHEET

PRODUCT NAME: REDUCED FAT CHEDDAR CHEESE ENCHILADA
In a Whole Grain Corn Tortilla

PRODUCT CODE: 64141

TOTAL WEIGHT: 1.475 oz.

WEIGHT OF REDUCED FAT CHEDDAR CHEESE: 0.75 oz.

WEIGHT OF OTHER INGREDIENTS: 0.00 oz.

TOTAL WEIGHT OF FILLING: 0.75 oz.

TOTAL WEIGHT OF WHOLE GRAIN RICH YELLOW CORN TORTILLA: 0.725 oz.

THE ABOVE PRODUCT READY FOR SERVING CONTAINS 0.75 OZ. OF MEAT ALTERNATE AND 0.50 OZ. EQUIVALENT GRAINS TOWARDS THE NSLP WHEN PREPARED ACCORDING TO COOKING DIRECTIONS.

SLIGHT VARIATION IN PIECE WEIGHT IS POSSIBLE DUE TO NORMAL PROCESSING VARIANCE, HOWEVER AVERAGE WEIGHT PER BOX WILL MEET OR EXCEED THE STATED WEIGHT.

THIS PRODUCT IS PRODUCED BY M.C.I. FOODS, INC.
I CERTIFY THAT THE ABOVE INFORMATION IS TRUE AND CORRECT.

President
09/25/2012

SIGNED FOR M.C.I. FOODS, INC.  TITLE  DATE
Nutritional Analysis

Code #: 64141  Bulk Pack
Description: Reduced Fat Cheddar Cheese Enchiladas

Net Wt. (oz.) 1.475  Case Pack: 144
Servings Per Package: 1
Serving Size 1.475 oz. (41.82 g)
Weight of Filling (oz.): 0.75
Weight of Tortilla/Bread (oz.): 0.725

Ingredient Statement
Ingredients: Filling: Reduced Fat Cheddar Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Cheese Color, Enzymes).
Whole Grain Corn Tortilla: Whole Grain Corn Flour (White corn masa flour, propionic acid (preservative), guar gum, cellulose gum, benzoic acid (preservative), Phosphoric acid (acidulant), and enzymes (to preserve freshness)), Yellow Corn Masa Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Calcium Stearate, and Silicon Dioxide to Retard Caking, trace of lime), Water.

Heating Instructions
Heating Instructions: Heat to an internal temperature of 160 deg. F. Heating times and temperatures may vary due to variation in equipment used. Prepare enchiladas from a frozen state. Spray bottom of pan with a non-stick cooking spray. Arrange enchiladas end to end, seam side down, and place in pre-heated oven (300 degrees F.) for approx. 8 min to take chill off product. Remove from oven and apply chilled sauce, ensuring that ends of enchiladas are covered in sauce to avoid product becoming crispy. Sauce should fill bottom of pan and sauce level should be mid-point of enchilada end. Place in oven and heat until sauce is hot (approximately 12 - 15 min). Remove from oven. Top with shredded cheese, foil and place in steam table for lunch service.

For Additional Information Contact
M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670  562-977-4000 or 800-704-4661

Basis of Analysis: as Cooked.

Nutritional Information

Servings Per Package: 1

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<th>Nutrient</th>
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<tr>
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<td>Protein (g)</td>
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<td>Cholesterol (mg)</td>
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<td>Vitamin C (mg)</td>
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<td>Calcium (mg)</td>
<td>142.00 15%</td>
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Fat Change +/- 0%  Moisture Change +/- 0%  Data Source: USDA Handbook 8

Allergen Statement Contains MILK
Whole Grain Servings: 0.25

National School Lunch Requirements

Each 1.475 oz. Portion (cooked) will provide 0.75 oz. Meat/Meat Alternate and 0.50 oz. equivalent grains and 1 Cup Legume Vegetable.

Revision Date: 9/25/2012
Reduced Fat Cheddar Cheese Enchiladas

In a Whole Grain Corn Tortilla

Ingredients: Filling: Reduced Fat Cheddar Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Cheese Color, Enzymes).

Whole Grain Corn Tortilla: Whole Grain Corn Flour (White corn masa flour, propionic acid (preservative), guar gum, cellulose gum, benzoic acid (preservative), Phosphoric acid (acidulant), and enzymes (to preserve freshness)), Yellow Corn Masa Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Calcium Stearate, and Silicon Dioxide to Retard Caking, trace of lime), Water.

Heating Instructions: Heat to an internal temperature of 160 deg. F. Heating times and temperatures may vary due to variation in equipment used. Prepare enchiladas from a frozen state. Spray bottom of pan with a non-stick cooking spray. Arrange enchiladas end to end, seam side down, and place in pre-heated oven (300 degrees F.) for approx. 8 min to take chill off product. Remove from oven and apply chilled sauce, ensuring that ends of enchiladas are covered in sauce to avoid product becoming crispy. Sauce should fill bottom of pan and sauce level should be mid-point of enchilada end. Place in oven and heat until sauce is hot (approximately 12 - 15 min). Remove from oven. Top with shredded cheese, foil and place in steam table for lunch service.
HealthierUS School Challenge Whole Grain Criteria

Documentation to show primary grains in product are Whole Grains to meet Group A

Product Code #: 64141
Product Name: Reduced Fat Cheddar Cheese Enchiladas
In a Whole Grain Corn Tortilla

Serving Size 1.475 oz. (41.82 g)  Weight of Filling (oz.): 0.750  Weight of Tortilla/ Bread (oz.) 0.725

1) Product Ingredient Statement:
Ingredients: Filling: Reduced Fat Cheddar Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Cheese Color, Enzymes).

Whole Grain Corn Tortilla: Whole Grain Corn Flour (White corn masa flour, propionic acid (preservative), guar gum, cellulose gum, benzoic acid (preservative), Phosphoric acid (acidulant), and enzymes (to preserve freshness)), Yellow Corn Masa Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Calcium Stearate, and Silicon Dioxide to Retard Caking, trace of lime), Water.

2) Underline all items that are whole grain in the Ingredient Statement (see above)

3) Serving size in grams for Whole grain bread component: 20.553 (g) or 0.50 oz. equivalent grains*.  
* note: some products, such as Enchiladas, are to be served as 2 each in order to meet the full G/B serving

4) Total weight of all Whole grain ingredients in the bread component: 6.079 g  Whole Grain Corn Flour

5) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 6.079 g

6) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 6.079 g

A) The serving size for this food product equals 1 Grains/Bread Servings? YES
Per USDA FNS Policy Memo AP-30-2012 relating to Whole Grains Rich Criteria. This product provides 0.25 Whole Grain servings (based on 16 g per serving) and provides 0.50 oz. equivalent grains towards the National School Lunch Program. Some products, such as Enchiladas, are to be served two each in order to meet this criteria

B) The ingredient underlined above is considered whole grain? YES

C) Does the weight in item # 4 exceed (or is equal to) the weight in Item #5? YES

D) Does the weight in item # 4 exceed (or is equal to) the weight in Item #6? YES

E) Are the answers to items A, B & C yes?  If yes, the food product meets GROUP A Criteria. Answer = YES

F) Are the answers to items A, B & D yes?  If yes, the food product meets GROUP B Criteria. Answer = YES

M.C.I. Foods, Inc. purchases bread components (tortillas) that are made from blends of whole grain flours and enriched flours. The whole grain flour is 51% of the flour component and meets the definition of “whole grain rich” per USDA FNS Policy Memo SP-30-2012

Dan Southard, 
President

9/25/2012  
dan@mcifoods.com

M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661
SPECIFICATION SHEET

PRODUCT NAME: REDUCED FAT MONTEREY JACK CHEESE ENCHILADA
In a Whole Grain Corn Tortilla

PRODUCT CODE: 64142

TOTAL WEIGHT: 2.00 oz.

WEIGHT OF REDUCED FAT MONTEREY JACK CHEESE: 1.00 oz.

WEIGHT OF OTHER INGREDIENTS: 0.00 oz.

TOTAL WEIGHT OF FILLING: 1.00 oz.

TOTAL WEIGHT OF WHOLE GRAIN RICH YELLOW CORN TORTILLA: 1.00 oz.

THE ABOVE PRODUCT READY FOR SERVING CONTAINS 1.00 OZ. OF MEAT ALTERNATE AND 1.00 OZ. EQUIVALENT GRAINS TOWARDS THE NSLP WHEN PREPARED ACCORDING TO COOKING DIRECTIONS.

SLIGHT VARIATION IN PIECE WEIGHT IS POSSIBLE DUE TO NORMAL PROCESSING VARIANCE, HOWEVER AVERAGE WEIGHT PER BOX WILL MEET OR EXCEED THE STATED WEIGHT.

THIS PRODUCT IS PRODUCED BY M.C.I. FOODS, INC.
I CERTIFY THAT THE ABOVE INFORMATION IS TRUE AND CORRECT.

SIGNED FOR M.C.I. FOODS, INC.  President  09/25/2012
TITLE DATE
Nutritional Analysis

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<td>Net Wt. (oz.)</td>
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<td>Weight of Filling (oz.):</td>
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<td>Weight of Tortilla/Bread (oz.):</td>
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**Ingredient Statement**
Ingredients: Filling: Reduced Fat Monterey Jack Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Enzymes).
Whole Grain Corn Tortilla: Whole Grain Corn Flour (White corn masa flour, propionic acid (preservative), guar gum, cellulose gum, benzoic acid (preservative), Phosphoric acid (acidulant), and enzymes (to preserve freshness)), Yellow Corn Masa Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Calcium Stearate, and Silicon Dioxide to Retard Caking, trace of lime), Water.

**Allergen Statement**
Contains MILK

**National School Lunch Requirements**
Each 2.000 oz. Portion (cooked) will provide 1.00 oz. Meat/Meat Alternate and 1.00 oz. equivalent grains and Legume Vegetable.

**Nutritional Information**

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<th>Serving Size</th>
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<td>Fat Change +/- 0%</td>
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**Heating Instructions**
Heating Instructions: Heat to an internal temperature of 160 deg. F. Heating times and temperatures may vary due to variation in equipment used. Prepare enchiladas from a frozen state. Spray bottom of pan with a non-stick cooking spray. Arrange enchiladas end to end, seam side down, and place in pre-heated oven (300 degrees F.) for approx. 8 min to take chill off product. Remove from oven and apply chilled sauce, ensuring that ends of enchiladas are covered in sauce to avoid product becoming crispy. Sauce should fill bottom of pan and sauce level should be mid-point of enchilada end. Place in oven and heat until sauce is hot (approximately 12 - 15 min). Remove from oven. Top with shredded cheese, foil and place in steam table for lunch service.

**For Additional Information Contact**
M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661
Reduced Fat Monterey Jack Cheese Enchiladas

Ingredients: Filling: Reduced Fat Monterey Jack Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Enzymes). Whole Grain Corn Tortilla: Whole Grain Corn Flour (White corn masa flour, propionic acid (preservative), guar gum, cellulose gum, benzoic acid (preservative), Phosphoric acid (acidiulant), and enzymes to preserve freshness), Yellow Corn Masa Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Calcium Stearate, and Silicon Dioxide to Retard Caking, trace of lime), Water.

Heating Instructions: Heat to an internal temperature of 160 deg. F. Heating times and temperatures may vary due to variation in equipment used. Prepare enchiladas from a frozen state. Spray bottom of pan with a non-stick cooking spray. Arrange enchiladas end to end, seam side down, and place in pre-heated oven (300 degrees F.) for approx. 8 min to take chill off product. Remove from oven and apply chilled sauce, ensuring that ends of enchiladas are covered in sauce to avoid product becoming crispy. Sauce should fill bottom of pan and sauce level should be mid-point of enchilada end. Place in oven and heat until sauce is hot (approximately 12 - 15 min). Remove from oven. Top with shredded cheese, foil and place in steam table for lunch service.
HealthierUS School Challenge Whole Grain Criteria

Documentation to show primary grains in product are Whole Grains to meet Group A

Product Code #:  64142
Product Name: Reduced Fat Monterey Jack Cheese Enchiladas in a Whole Grain Corn Tortilla

Serving Size 2.000 oz. (56.70 g)  Weight of Filling (oz.) : 1.000  Weight of Tortilla/Bread (oz.) 1.000

1) Product Ingredient Statement:
Ingredients: Filling: Reduced Fat Monterey Jack Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Enzymes).

Whole Grain Corn Tortilla: Whole Grain Corn Flour (White corn masa flour, propionic acid (preservative), guar gum, cellulose gum, benzoic acid (preservative), Phosphoric acid (acidulant), and enzymes (to preserve freshness)), Yellow Corn Masa Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Calcium Stearate, and Silicon Dioxide to Retard Caking, trace of lime), Water.

2) Underline all items that are whole grain in the Ingredient Statement (see above)

3) Serving size in grams for Whole grain bread component: 28.35 (g) or 1.00 oz. equivalent grains*.
* note: some products, such as Enchiladas, are to be served as 2 each in order to meet the full G/B serving

4) Total weight of all Whole grain ingredients in the bread component: 8.385 g Whole Grain Corn Flour

5) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 8.385 g

6) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 8.385 g

A) The serving size for this food product equals 1 Grains/Bread Servings? YES
Per USDA FNS Policy Memo AP-30-2012 relating to Whole Grains Rich Criteria. This product provides 0.5 Whole Grain servings (based on 16 g per serving) and provides 1.00 oz. equivalent grains towards the National School Lunch Program. Some products, such as Enchiladas, are to be served two each in order to meet this criteria

B) The ingredient underlined above is considered whole grain? YES

C) Does the weight in item # 4 exceed (or is equal to) the weight in Item #5? YES

D) Does the weight in item # 4 exceed (or is equal to) the weight in Item #6? YES

E) Are the answers to items A, B & C yes? If yes, the food product meets GROUP A Criteria. Answer = YES

F) Are the answers to items A, B & D yes? If yes, the food product meets GROUP B Criteria. Answer = YES

M.C.I. Foods, Inc. purchases bread components (tortillas) that are made from blends of whole grain flours and enriched flours. The whole grain flour is 51% of the flour component and meets the definition of “whole grain rich” per USDA FNS Policy Memo SP-30-2012

Dan Southard,  9/25/2012  dan@mcifoods.com
President email

M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670  562-977-4000 or 800-704-4661
SPECIFICATION SHEET

PRODUCT NAME: REDUCED FAT CHEDDAR CHEESE ENCHILADA In a Whole Grain Corn Tortilla

PRODUCT CODE: 64143

TOTAL WEIGHT: 2.00 oz.

WEIGHT OF REDUCED FAT CHEDDAR CHEESE: 1.00 oz.

WEIGHT OF OTHER INGREDIENTS: 0.00 oz.

TOTAL WEIGHT OF FILLING: 1.00 oz.

TOTAL WEIGHT OF WHOLE GRAIN RICH YELLOW CORN TORTILLA: 1.00 oz.

THE ABOVE PRODUCT READY FOR SERVING CONTAINS 1.00 OZ. OF MEAT ALTERNATE AND 1.00 OZ. EQUIVALENT GRAINS TOWARDS THE NSLP WHEN PREPARED ACCORDING TO COOKING DIRECTIONS.

SLIGHT VARIATION IN PIECE WEIGHT IS POSSIBLE DUE TO NORMAL PROCESSING VARIANCE, HOWEVER AVERAGE WEIGHT PER BOX WILL MEET OR EXCEED THE STATED WEIGHT.

THIS PRODUCT IS PRODUCED BY M.C.I. FOODS, INC.
I CERTIFY THAT THE ABOVE INFORMATION IS TRUE AND CORRECT.

SIGNED FOR M.C.I. FOODS, INC.   President   09/25/2012
TITLE   DATE
Nutritional Analysis

Code #: 64143  Bulk Pack
Description: Reduced Fat Cheddar Cheese Enchiladas

In a Whole Grain Corn Tortilla

Tortilla Type: Whole Grain Corn

Ingredient Statement
Ingredients: Filling: Reduced Fat Cheddar Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Cheese Color, Enzymes).
Whole Grain Corn Tortilla: Whole Grain Corn Flour (White corn masa flour, propionic acid (preservative), guar gum, cellulose gum, benzoic acid (preservative), Phosphoric acid (acidulant), and enzymes (to preserve freshness)), Yellow Corn Masa Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Calcium Stearate, and Silicon Dioxide to Retard Caking, trace of lime), Water.

Nutritional Information

Servings Per Package: 1
Serving Size 2.000 oz. (56.70 g)

Fats

<table>
<thead>
<tr>
<th>Nutrient</th>
<th>Amount (g)</th>
<th>%DV</th>
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</thead>
<tbody>
<tr>
<td>Calories from Fat</td>
<td>7.5000</td>
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</tr>
<tr>
<td>Saturated Fat</td>
<td>4.0000</td>
<td></td>
</tr>
<tr>
<td>Trans Fat*</td>
<td>0.0000</td>
<td></td>
</tr>
<tr>
<td>Cholesterol</td>
<td>27.0000</td>
<td></td>
</tr>
<tr>
<td>Water</td>
<td>0.0000</td>
<td></td>
</tr>
</tbody>
</table>

Vitamins

<table>
<thead>
<tr>
<th>Nutrient</th>
<th>Amount (IU)</th>
<th>%DV</th>
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</thead>
<tbody>
<tr>
<td>Vitamin A (RE)</td>
<td>200.00</td>
<td></td>
</tr>
<tr>
<td>Vitamin C (mg)</td>
<td>190.00</td>
<td>20%</td>
</tr>
</tbody>
</table>

Minerals

<table>
<thead>
<tr>
<th>Nutrient</th>
<th>Amount (mg)</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Iron</td>
<td>0.90</td>
<td>4%</td>
</tr>
<tr>
<td>Sodium</td>
<td>175.00</td>
<td></td>
</tr>
<tr>
<td>Calcium</td>
<td>190.00</td>
<td>20%</td>
</tr>
</tbody>
</table>

National School Lunch Requirements

Each 2.000 oz. Portion (cooked) will provide 1.00 oz. Meat/Meat Alternate and 1.00 oz. equivalent grains and 1 Cup Legume Vegetable.

Basis of Analysis: as Cooked.

Heating Instructions

Heating Instructions: Heat to an internal temperature of 160 deg. F. Heating times and temperatures may vary due to variation in equipment used. Prepare enchiladas from a frozen state. Spray bottom of pan with a non-stick cooking spray. Arrange enchiladas end to end, seam side down, and place in pre-heated oven (300 degrees F.) for approx. 8 min to take chill off product. Remove from oven and apply chilled sauce, ensuring that ends of enchiladas are covered in sauce to avoid product becoming crispy. Sauce should fill bottom of pan and sauce level should be mid-point of enchilada end. Place in oven and heat until sauce is hot (approximately 12 - 15 min). Remove from oven. Top with shredded cheese, foil and place in steam table for lunch service.

Allergen Statement Contains MILK

Whole Grain Servings: 0.50

For Additional Information Contact
M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661
Reduced Fat Cheddar Cheese Enchiladas

In a Whole Grain Corn Tortilla

Ingredients: Filling: Reduced Fat Cheddar Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Cheese Color, Enzymes).
Whole Grain Corn Tortilla: Whole Grain Corn Flour (White corn masa flour, propionic acid (preservative), guar gum, cellulose gum, benzoic acid (preservative), Phosphoric acid (acidulant), and enzymes (to preserve freshness)), Yellow Corn Masa Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Calcium Stearate, and Silicon Dioxide to Retard Caking, trace of lime), Water.

Heating Instructions: Heat to an internal temperature of 160 deg. F. Heating times and temperatures may vary due to variation in equipment used. Prepare enchiladas from a frozen state. Spray bottom of pan with a non-stick cooking spray. Arrange enchiladas end to end, seam side down, and place in pre-heated oven (300 degrees F.) for approx. 8 min to take chill off product. Remove from oven and apply chilled sauce, ensuring that ends of enchiladas are covered in sauce to avoid product becoming crispy. Sauce should fill bottom of pan and sauce level should be mid-point of enchilada end. Place in oven and heat until sauce is hot (approximately 12 - 15 min). Remove from oven. Top with shredded cheese, foil and place in steam table for lunch service.

Copy not for documenting Federal Meal Requirements
HealthierUS School Challenge Whole Grain Criteria

Documentation to show primary grains in product are Whole Grains to meet Group A

Product Code #: 64143
Product Name: Reduced Fat Cheddar Cheese Enchiladas
In a Whole Grain Corn Tortilla

Serving Size: 2.000 oz. (56.70 g)  Weight of Filling (oz.) : 1.000  Weight of Tortilla/Bread (oz.) 1.000

1) Product Ingredient Statement:
Ingredients: Filling: Reduced Fat Cheddar Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Cheese Color, Enzymes).

Whole Grain Corn Tortilla: Whole Grain Corn Flour (White corn masa flour, propionic acid (preservative), guar gum, cellulose gum, benzoic acid (preservative), Phosphoric acid (acidulant), and enzymes (to preserve freshness)), Yellow Corn Masa Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Calcium Stearate, and Silicon Dioxide to Retard Caking, trace of lime), Water.

2) Underline all items that are whole grain in the Ingredient Statement (see above)

3) Serving size in grams for Whole grain bread component: 28.35 (g) or 1.00 oz. equivalent grains*.  
   * note: some products, such as Enchiladas, are to be served as 2 each in order to meet the full G/B serving

4) Total weight of all Whole grain ingredients in the bread component: 8.385 g  Whole Grain Corn Flour
5) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 8.385 g
6) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 8.385 g

A) The serving size for this food product equals 1 Grains/Bread Servings? YES
   Per USDA FNS Policy Memo AP-30-2012 relating to Whole Grains Rich Criteria. This product provides
   0.5 Whole Grain servings (based on 16 g per serving) and provides 1.00 oz. equivalent grains
   towards the National School Lunch Program. Some products, such as Enchiladas, are to be served two
   each in order to meet this criteria

B) The ingredient underlined above is considered whole grain? YES

C) Does the weight in item # 4 exceed (or is equal to) the weight in Item #5? YES

D) Does the weight in item # 4 exceed (or is equal to) the weight in Item #6? YES

E) Are the answers to items A, B & C yes?  If yes, the food product meets GROUP A Criteria. Answer = YES

F) Are the answers to items A, B & D yes?  If yes, the food product meets GROUP B Criteria. Answer = YES

M.C.I. Foods, Inc. purchases bread components (tortillas) that are made from blends of whole grain flours and enriched flours. The whole grain flour is 51% of the flour component and meets the definition of “whole grain rich” per USDA FNS Policy Memc SP-30-2012

Dan Southard,
President

9/25/2012
Date
dan@mcifoods.com
email

M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670  562-977-4000 or 800-704-4661
PRODUCT NAME: REDUCED FAT MONTEREY JACK CHEESE ENCHILADA
In a Whole Grain Corn Tortilla

PRODUCT CODE: 64149

TOTAL WEIGHT: 1.475 oz.

WEIGHT OF REDUCED FAT MONTEREY JACK CHEESE: 0.75 oz.

WEIGHT OF OTHER INGREDIENTS: 0.00 oz.

TOTAL WEIGHT OF FILLING: 0.75 oz.

TOTAL WEIGHT OF WHOLE GRAIN RICH YELLOW CORN TORTILLA: 0.725 oz.

THE ABOVE PRODUCT READY FOR SERVING CONTAINS 0.75 OZ. OF MEAT ALTERNATE AND 0.50 OZ. EQUIVALENT GRAINS TOWARDS THE NSLP WHEN PREPARED ACCORDING TO COOKING DIRECTIONS.

SLIGHT VARIATION IN PIECE WEIGHT IS POSSIBLE DUE TO NORMAL PROCESSING VARIANCE, HOWEVER AVERAGE WEIGHT PER BOX WILL MEET OR EXCEED THE STATED WEIGHT.

THIS PRODUCT IS PRODUCED BY M.C.I. FOODS, INC.
I CERTIFY THAT THE ABOVE INFORMATION IS TRUE AND CORRECT.

Signed for M.C.I. Foods, Inc.
President
08/31/2012
# Nutritional Analysis

**Bulk Pack**

<table>
<thead>
<tr>
<th>Code #:</th>
<th>64149</th>
</tr>
</thead>
<tbody>
<tr>
<td>Related Code #’s:</td>
<td></td>
</tr>
<tr>
<td>Description:</td>
<td>Reduced Fat Monterey Jack Cheese Enchiladas in a Whole Grain Corn Tortilla</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>Net Wt. (oz.)</td>
<td>1.475</td>
</tr>
<tr>
<td>Case Pack:</td>
<td>144</td>
</tr>
<tr>
<td>Servings Per Package:</td>
<td>1</td>
</tr>
<tr>
<td>Serving Size</td>
<td>1.475 oz. (41.82 g)</td>
</tr>
<tr>
<td>Weight of Filling (oz.):</td>
<td>0.75</td>
</tr>
<tr>
<td>Weight of Tortilla/ Bread (oz.):</td>
<td>0.725</td>
</tr>
</tbody>
</table>

---

### Ingredient Statement

Ingredients: Filling: Reduced Fat Monterey Jack Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Enzymes).

Whole Grain Corn Tortilla: Whole Grain Corn Flour (White corn masa flour, propionic acid (preservative), guar gum, cellulose gum, benzoic acid (preservative), Phosphoric acid (acidulant), and enzymes (to preserve freshness)), Yellow Corn Masa Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Calcium Stearate, and Silicon Dioxide to Retard Caking, trace of lime), Water.

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### National School Lunch Requirements

Each **1.475** oz. Portion (cooked) will provide **0.75** oz. Meat/Meat Alternate and **0.50** oz. equivalent grains and **1** Cup Legume Vegetable.

### Nutritional Information

<table>
<thead>
<tr>
<th>Servings Per Package:</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Calories (Kcal)</td>
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<tr>
<td>Calories from Fat</td>
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<tr>
<td>Protein (g)</td>
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<tr>
<td>Carbohydrates (g)</td>
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<td>Tot. Dietary Fiber (g)</td>
<td>0.7200</td>
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<tr>
<td>Ash (g)</td>
<td>0.0000</td>
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<tr>
<td>% Calories from Fat</td>
<td>44.97%</td>
</tr>
<tr>
<td>% Calories from Sat Fat</td>
<td>24.95%</td>
</tr>
<tr>
<td>Fats</td>
<td></td>
</tr>
<tr>
<td>Total Fat (g)</td>
<td>5.5700</td>
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<tr>
<td>Saturated Fat (g)</td>
<td>3.0900</td>
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<tr>
<td>Trans Fat (g)*</td>
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<tr>
<td>Cholesterol (mg)</td>
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<td>Vitamin A (RE)</td>
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<tr>
<td>Vitamin A (IU)</td>
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<td>Vitamin C (mg)</td>
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<td>Calcium (mg)</td>
<td>150.15</td>
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<tr>
<td>% DV</td>
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</tr>
<tr>
<td>Basis of Analysis:</td>
<td>as Cooked.</td>
</tr>
</tbody>
</table>

**Whole Grain Servings:** 0.25

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### Heating Instructions

Heating Instructions: Heat to an internal temperature of 160 deg. F. Heating times and temperatures may vary due to variation in equipment used. Prepare enchiladas from a frozen state. Spray bottom of pan with a non-stick cooking spray. Arrange enchiladas end to end, seam side down, and place in pre-heated oven (300 degrees F.) for approx. 8 min to take chill off product. Remove from oven and apply chilled sauce, ensuring that ends of enchiladas are covered in sauce. Sauce should fill bottom of pan and sauce level should be mid-point of enchilada end. Place in oven and heat until sauce is hot (approximately 12 - 15 min). Remove from oven. Top with shredded cheese, foil and place in steam table for lunch service.

---

For Additional Information Contact
M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661
Reduced Fat Monterey Jack Cheese Enchiladas

Ingredients: Filling: Reduced Fat Monterey Jack Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Enzymes).
Whole Grain Corn Tortilla: Whole Grain Corn Flour (White corn masa flour, propionic acid (preservative), guar gum, cellulose gum, benzoic acid (preservative), Phosphoric acid (acidulant), and enzymes (to preserve freshness)), Yellow Corn Masa Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Calcium Stearate, and Silicon Dioxide to Retard Caking, trace of lime), Water.

Heating Instructions: Heat to an internal temperature of 160 deg. F. Heating times and temperatures may vary due to variation in equipment used. Prepare enchiladas from a frozen state. Spray bottom of pan with a non-stick cooking spray. Arrange enchiladas end to end, seam side down, and place in pre-heated oven (300 degrees F.) for approx. 8 min to take chill off product. Remove from oven and apply chilled sauce, ensuring that ends of enchiladas are covered in sauce. Sauce should fill bottom of pan and sauce level should be mid-point of enchilada end. Place in oven and heat until sauce is hot (approximately 12 - 15 min). Remove from oven. Top with shredded cheese, foil and place in steam table for lunch service.

Lot #: 45888

Reduced Fat Monterey Jack Cheese Enchiladas

Copy not for documenting Federal Meal Requirements
HealthierUS School Challenge Whole Grain Criteria

Documentation to show primary grains in product are Whole Grains to meet Group A

Product Code #: 64149
Product Name: Reduced Fat Monterey Jack Cheese Enchiladas in a Whole Grain Corn Tortilla

Serving Size: 1.475 oz. (41.82 g)
Weight of Filling (oz.): 0.750
Weight of Tortilla/Bread (oz.): 0.725

1) Product Ingredient Statement:
Ingredients: Filling: Reduced Fat Monterey Jack Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Enzymes).

Whole Grain Corn Tortilla: Whole Grain Corn Flour (White corn masa flour, propionic acid (preservative), guar gum, cellulose gum, benzoic acid (preservative), Phosphoric acid (acidulant), and enzymes (to preserve freshness)), Yellow Corn Masa Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Calcium Stearate, and Silicon Dioxide to Retard Caking, trace of lime), Water.

2) Underline all items that are whole grain in the Ingredient Statement (see above)

3) Serving size in grams for Whole grain bread component: 20.553 (g) or 0.50 oz. equivalent grains*

* note: some products, such as Enchiladas, are to be served as 2 each in order to meet the full G/B serving

4) Total weight of all Whole grain ingredients in the bread component: 6.079 g - Whole Grain Corn Flour

5) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 6.079 g

6) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 6.079 g

A) The serving size for this food product equals 1 Grains/Bread Servings? YES
Per USDA FNS Policy Memo AP-30-2012 relating to Whole Grains Rich Criteria. This product provides 0.25 Whole Grain servings (based on 16 g per serving) and provides 0.50 oz. equivalent grains towards the National School Lunch Program. Some products, such as Enchiladas, are to be served two each in order to meet this criteria

B) The ingredient underlined above is considered whole grain? YES

C) Does the weight in item # 4 exceed (or is equal to) the weight in Item #5? YES

D) Does the weight in item # 4 exceed (or is equal to) the weight in Item #6? YES

E) Are the answers to items A, B & C yes? If yes, the food product meets GROUP A Criteria. Answer = YES

F) Are the answers to items A, B & D yes? If yes, the food product meets GROUP B Criteria. Answer = YES

M.C.I. Foods, Inc. purchases bread components (tortillas) that are made from blends of whole grain flours and enriched flours. The whole grain flour is 51% of the flour component and meets the definition of “whole grain rich” per USDA FNS Policy Memc SP-30-2012
Specification Sheet

ULTRA SPICY BEAN & CHEESE BURRITO with Whole Wheat Flour Tortilla

Product Name: 

Stock Code: 71470

Total Weight: 5.95 oz.

Weight of Cheddar Cheese: 0.663 oz.

Weight of Dry Pinto Beans: 0.641 oz.

*Weight of Hydrated TVP: 0 oz.

Weight of Other Ingredients: 2.396 oz.

Total Weight of Filling: 3.70 oz.

Total Weight of Whole Wheat Flour Tortilla: 2.25 oz.

Meat Alternate from Tortilla: 0.50 oz.

*CHS Legacy Foods, Inc. C (SF) protein content 50%.

The above product ready for serving contains 2.00 oz. of cooked meat alternate and 2.00 oz. equivalent grains towards the NSLP when prepared according to cooking directions.

Slight variation in piece weight is possible due to normal processing variance, however average weight per box will meet or exceed the stated weight.

This product is produced by M.C.I. Foods, Inc.

I certify that the above information is true and correct.

President 9/14/2012

Signed for M.C.I. Foods, Inc. Title Date
Nutritional Analysis

Code #: 71470 Individually Wrapped

Nutritional Information

<table>
<thead>
<tr>
<th>Serving Size 5.95 oz. (168.68 g)</th>
<th>% Calories from Fat 30.71%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Servings Per Package: 1</td>
<td>% Calories from Sat Fat 13.59%</td>
</tr>
<tr>
<td>Calories (Kcal): 331.8400</td>
<td></td>
</tr>
<tr>
<td>Calories from Fat 95.7600</td>
<td>Total Fat (g) 10.6400</td>
</tr>
<tr>
<td>Protein (g) 15.3000</td>
<td>Saturated Fat (g) 4.7100</td>
</tr>
<tr>
<td>Carbohydrates (g) 41.2800</td>
<td>Trans Fat (g)* 0.0200</td>
</tr>
<tr>
<td>Tot. Dietary Fiber (g) 7.6200</td>
<td>Cholesterol (mg) 19.9400</td>
</tr>
<tr>
<td>Ash (g) 1.4600</td>
<td>Water (g) 95.4100</td>
</tr>
</tbody>
</table>

Fat Change +/- 0%  Moisture Change +/- 0%  Data Source: USDA Handbook 8  

Vitamins % DV Minerals % DV
Vitamin A (RE) 20.05 15%  Iron (mg) 3.06 15%
Vitamin A (IU) 810.69 Sodium (mg) 447.03
Vitamin C (mg) 8.54 15%  Calcium (mg) 195.11 20%

Equivalent Whole Grain Servings (16g): 1.00

Basis of Analysis: as Cooked.

Allergen Statement Contains WHEAT, SOY, MILK

National School Lunch Requirements

Each 5.95 oz. Portion (cooked) will provide 2.00 oz. Meat/Meat Alternate and 2.00 oz. Equivalent Grains and Cups Fruit/Vegetable Servings.

Heating Instructions


For Additional Information Contact
M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661

Ingredient Statement

Ingredients: Filling: Refried Beans [Water, Pinto Beans, Vegetable Oil, Salt, and Lecithin], Red Sauce [Water, Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, May contain Annatto Color), Jalapenos (May contain one or more of the following: Water, Salt, Citric Acid, and Calcium Chloride), Seasoning (Modified Corn Starch, Paprika, Spices, Onion & Garlic Powder, Tomato, Dextrose, Sugar, Autolyzed Yeast Extract, Caramel Color, Extractive of Paprika, Guar Gum, Citric Acid, Malic Acid, Xanthan Gum, Disodium Inosinate & Guanylate, less than 2% Silicon Dioxide to Prevent Caking), Vinegar, Flavorings, Modified Food Starch (Refined from Corn), and Salt.]
Ultra Spicy Bean & Cheese Burrito

Ingredients: Filling: Refried Beans [Water, Pinto Beans, Vegetable Oil, Salt, and Lecithin], Red Sauce [Water, Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, May contain Annatto Color), Jalapenos (May contain one or more of the following: Water, Salt, Citric Acid, and Calcium Chloride), Seasoning (Modified Corn Starch, Paprika, Spices, Onion & Garlic Powder, Tomato, Dextrose, Sugar, Autolyzed Yeast Extract, Caramel Color, Extractive of Paprika, Guar Gum, Citric Acid, Malic Acid, Xanthan Gum, Ascorbic Acid, Disodium Inosinate & Guanylate, less than 2% Silicon Dioxide to Prevent Caking), Vinegar, Flavorings, Modified Food Starch (Refined from Corn), and Salt.]


Net Wt. 29 LBS. 12.00 OZ.

Keep Frozen

Contains WHEAT, SOY, MILK

Each 5.95 oz. Burrito provides 2.00 oz. equivalent meat alternate and 2.00 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. Use of this logo and statement authorized by the Food and Nutrition Service, USDA.

Lot #

CT - OZ.

Keep Frozen

M.C.I. FOODS, INC. SANTA FE SPRINGS, CA 90670 USA

Copy not for documenting Federal Meal Requirements
HealthierUS School Challenge Whole Grain Criteria

Documentation to show primary grains in product are Whole Grains to meet Group A

Product Code #: 71470
Product Name: Ultra Spicy Bean & Cheese Burrito

Serving Size: 5.950 oz. (168.68 g)  Weight of Filling (oz.): 3.700  Weight of Tortilla/Bread (oz.): 2.250

1) Product Ingredient Statement:
Ingredients: Filling: Refried Beans [Water, Pinto Beans, Vegetable Oil, Salt, and Lecithin], Red Sauce [Water, Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, May contain Annatto Color), Jalapenos (May contain one or more of the following: Water, Salt, Citric Acid, and Calcium Chloride), Seasoning (Modified Corn Starch, Paprika, Spices, Onion & Garlic Powder, Tomato, Dextrose, Sugar, Autolyzed Yeast Extract, Caramel Color, Extractive of Paprika, Guar Gum, Citric Acid, Malic Acid, Xanthan Gum, Ascorbic Acid, Disodium Inosinate & Guanylate, less than 2% Silicon Dioxide to Prevent Caking), Vinegar, Flavorings, Modified Food Starch (Refined from Corn), and Salt.]

2) Underline all items that are whole grain in the Ingredient Statement (see above)

3) Serving size in grams for Whole grain bread component: 63.787 (g) or 2.00 oz. equivalent grains*.

* note: some products, such as Enchiladas, are to be served as 2 each in order to meet the full G/B serving

4) Total weight of all Whole grain ingredients in the bread component 18.21 g Whole Wheat Flour

5) Weight of primary ingredient in the bread component listed first in the Ingredient Statement 18.21 g

6) Weight of primary ingredient in the bread component listed first in the Ingredient Statement 18.21 g

A) The serving size for this food product equals 1 Grains/Bread Servings? YES
B) The ingredient underlined above is considered whole grain? YES
C) Does the weight in item # 4 exceed (or is equal to) the weight in Item #5? YES
D) Does the weight in item # 4 exceed (or is equal to) the weight in Item #6? YES
E) Are the answers to items A, B & C yes? If yes, the food product meets GROUP A Criteria. Answer = YES
F) Are the answers to items A, B & D yes? If yes, the food product meets GROUP B Criteria. Answer = YES

M.C.I. Foods, Inc. purchases bread components (tortillas) that are made from blends of whole grain flours and enriched flours. The whole grain flour is 51% of the flour component and meets the definition of “whole grain rich” per USDA FNS Policy Memo SP-30-2012.

Dan Southard
President
9/14/2012

9/14/2012

dan@mcifoods.com

M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661
Product Spec and Nutritional Information

Revision Date: 9/20/2013

Stock Code
71673

Product Name
Southwestern Style Black Bean & Cheese Burrito

Individually Wrapped

<table>
<thead>
<tr>
<th>Net Wt. (oz)</th>
<th>Case Pack</th>
<th>UPC/ GTIN</th>
<th>Ship Wt. (Lbs)</th>
<th>Case Cube</th>
<th>Case Dimensions</th>
<th>Pallet Count</th>
<th>Tie/High</th>
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<td>80</td>
<td>1000657471673</td>
<td>32.832</td>
<td>1.151</td>
<td>19.000 L 14.688 W 7.125 H</td>
<td>48</td>
<td>6 x 8</td>
</tr>
</tbody>
</table>

National School Lunch Pattern (CN) Contributions

<table>
<thead>
<tr>
<th>Each 6.050 oz. portion provides::*</th>
<th>Meat/Meat Alternate. (oz)</th>
<th>Equivalent Grains (oz)</th>
<th>Legume veg (cup)</th>
<th>Red/Orange veg (cup)</th>
<th>Dark Green veg (cup)</th>
<th>Starchy veg (cup)</th>
<th>Other veg (cup)</th>
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</thead>
<tbody>
<tr>
<td>A</td>
<td>2.00</td>
<td>2.00</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>B</td>
<td>2.00</td>
<td>2.00</td>
<td></td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>

* - use the crediting in row A or row B, but not both. (based on the dual meat alternate/vegetable crediting for legumes.)

1 - if there is a CN number and CN date listed, the item is CN labeled.

Ingredient Statement

Ingredients: Filling: Black Beans ([Water, Black Beans], and Salt), Water, Reduced Fat Monterey Jack Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Enzymes), Diced Tomato (may contain one or more of the following: Tomato Juice, Salt, Citric Acid, and Calcium Chloride), Cut Corn, Red Bell Pepper, Jalapeno Peppers (May contain one or more of the following: Water, Salt, Citric Acid and Calcium Chloride), Textured Vegetable Protein [Soy Flour, Caramel Color, Zinc Oxide, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride (B6), Riboflavin (B2), Thiamine Mononitrate (B1), Vitamin A Palmitate, and Vitamin B12], Diced Onion, Cilantro, Red Sauce Seasoning (Modified Corn Starch, Paprika, Spices, Onion & Garlic Powder, Tomato, Dextrose, Sugar, Autolyzed Yeast Extract, Caramel Color, Extractive of Paprika, Guar Gum, Citric Acid, Malic Acid, Xanthan Gum, Ascorbic Acid, Disodium Inosinate & Guanylate, less than 2% Silicon Dioxide to Prevent Caking), Vinegar, Soybean Oil, Modified Food Starch (Refined From Corn), Soy Protein Isolate, Salt.


Allergen Statement

Contains WHEAT, SOY, MILK

BID Specification

Burrito -Frozen Black beans, southwest vegetables and reduced fat Monterey Jack Cheese filling. Each 6.05 oz. burrito provides 2 OZ Meat Alternate and 2 OZ EQV Grain towards the NSLP, Whole Grain Rich Tortilla. CN labeled. Preparation instruction printed on outside of case. Burrito is individually wrapped ovenable film containing high impact graphics that can be recycled. 80 count. No more than 480 mg Sodium, No more than 10% Calories from Saturated Fat, No less than 295 Kcal. Hand held-Fully cooked. Heat & Serve.-Vegetarian Cabo Primo Brand 71673

Nutritional Information

<table>
<thead>
<tr>
<th>% Calories from Fat</th>
<th>% Calories from Sat Fat</th>
</tr>
</thead>
<tbody>
<tr>
<td>28.55%</td>
<td>9.47%</td>
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</table>

Serving Size 6.050 oz. (171.52 g)

Serving Per Package: 1

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<th>Fats</th>
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<tr>
<td></td>
<td>Calories from Fat 85.2300</td>
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<td></td>
<td>Protein 16.0300</td>
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<td>Carbohydrates 41.4800</td>
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<td></td>
<td>Tot. Dietary Fiber 9.4800</td>
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<tr>
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<td>Ash 1.5400</td>
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<tr>
<td></td>
<td>Water 63.5000</td>
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<tr>
<td></td>
<td>Fat Change +/- 0%</td>
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<tr>
<td></td>
<td>Moisture Change +/- 0%</td>
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Vitamins

<table>
<thead>
<tr>
<th>% DV</th>
<th>Minerals</th>
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</thead>
<tbody>
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<td>40.22</td>
<td>Iron (mg) 3.28</td>
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<tr>
<td>87.46</td>
<td>Sodium (mg) 470.43</td>
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<tr>
<td>18.04</td>
<td>Calcium (mg) 168.12</td>
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</tbody>
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Basis of Analysis: as Cooked.

Data Source: USDA Handbook 8

*-Trans Fats naturally occurring

Heating Instructions


For Additional Information Contact
M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661
Southwestern Style Black Bean & Cheese Burrito

Ingredients: Filling: Black Beans ([Water, Black Beans], and Salt), Water, Reduced Fat Monterey Jack Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Enzymes), Diced Tomato (may contain one or more of the following: Tomato Juice, Salt, Citric Acid, and Calcium Chloride), Cut Green Red Bell Pepper, Jalapeno Peppers (May contain one or more of the following: Water, Salt, Citric Acid and Calcium Chloride), Textured Vegetable Protein [Soy Flour, Caramel Color, Zinc Oxide, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride (B6), Riboflavin (B2), Thiamine Mononitrate (B1), Vitamin A Palmitate, and Vitamin B12], Diced Onion, Cilantro, Red Sauce Seasoning (Modified Corn Starch, Paprika, Spices, Onion & Garlic Powder, Tomato, Dextrose, Sugar, Autoxylized Yeast Extract, Caramel Color, Extractive of Paprika, Guar Gum, Citric Acid, Malic Acid, Xanthan Gum, Ascorbic Acid, Disodium Inosinate & Guanylate, less than 2% Silicon Dioxide to Prevent Caking), Vinegar, Soybean Oil, Modified Food Starch (Refined From Corn), Soy Protein Isolate, Salt.


Each 6.05 oz. Burrito provides 2.00 oz. equivalent meat alternate and 2.00 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA.)

Individually Wrapped

M.C.I. FOODS, INC. SANTA FE SPRINGS, CA 90670 USA

KEEP FROZEN

Consists of WHEAT, SOY, MILK
Product Spec and Nutritional Information

Stock Code
71676

Product Name
Shredded Beef, Green Chile and Cheese Burrito

Individually Wrapped

Net Wt. (oz)  Case Pack  UPC/ GTIN  Ship Wt. (Lbs)  Case Cube  Case Dimensions  Pallet Count  Tie/High
5.400  80  10006574716764  29.582  1.151  19.000 L 14.688 W 7.125 H 48  6 x 8

National School Lunch Meal Pattern (CN) Contributions 1

Basis of Analysis: as Cooked.

Each 5.40 oz. portion provides*:

<table>
<thead>
<tr>
<th></th>
<th>Meat/Meat Alternate. (oz)</th>
<th>Equivalent Grains (oz)</th>
<th>Legume veg (cup)</th>
<th>Red/Orange veg (cup)</th>
<th>Dark Green veg (cup)</th>
<th>Starchy veg (cup)</th>
<th>Other veg (cup)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>2.00</td>
<td>2.00</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>--- OR ---</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>B</td>
<td>2.00</td>
<td>2.00</td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

* - use the crediting in row A or row B, but not both. (based on the dual meat alternate/vegetable crediting for legumes.)

1 - if there is a CN number and CN date listed, the item is CN labeled.

Ingredient Statement
Ingredients: Filling: Diced Beef Round Roast, Green Chiles (green chiles, water, salt, citric acid and Calcium chloride), Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto Color), Water, Textured Vegetable Protein Product [(Soy Flour, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), and Cyanocobalamin (B12)], Contains 2% or less of: Tomato Puree (Tomatoes, Citric Acid), Diced Onion, Jalapenos (May contain one or more of the following: Water, Salt, Citric Acid, and Calcium Chloride), Garlic Powder, Spices, Vinegar, Soybean Oil, Modified Food Starch (refined from corn), Salt, Isolated Soy Protein, Hydrolyzed Soy Protein, and Flavoring (Contains: Dextrose, Salt, Autolyzed Yeast Extract, and Food Starch - Modified).


Allergen Statement Contains: Wheat, Soy, Milk.

BID Specification
Burrito -Frozen Shredded Beef, diced green chilies and cheddar cheese. No beans allowed in filling. Each 5.40 oz. burrito provides 2 OZ Meat Alternate and 2 OZ EQV Grain towards the NSLP. Whole Grain Rich Tortilla. CN labeled. Preparation instruction printed on outside of case. Burrito is individually wrapped ovenable film containing high impact graphics that can be recycled. 80 count. No more than 420 mg Sodium, No more than 15% Calories from Saturated Fat, 0 Trans Fat added NO less than 280 Kcal. Hand held-Fully cooked. Heat & Serve.- Cabo Primo Brand 71676

Nutritional Information

<table>
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<tr>
<th>Servings Per Package: 1</th>
<th>% Calories from Fat: 33.09%</th>
<th>% Calories from Sat Fat: 14.28%</th>
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<tr>
<td>Calories (Kcal)</td>
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<tr>
<td>Calories from Fat</td>
<td>93.2400</td>
<td>Total Fat (g)</td>
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<tr>
<td>Protein (g)</td>
<td>19.0600</td>
<td>Saturated Fat (g)</td>
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<tr>
<td>Carbohydrates (g)</td>
<td>30.0300</td>
<td>Trans Fat (g)*</td>
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<tr>
<td>Tot. Dietary Fiber (g)</td>
<td>5.0200</td>
<td>Cholesterol (mg)</td>
</tr>
<tr>
<td>Ash (g)</td>
<td>1.6500</td>
<td>Water (g)</td>
</tr>
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</table>

Fat Change +/- 0%  Moisture Change +/- 0%  Data Source: USDA Handbook 8

Basis of Analysis: as Cooked.

Vitamins % DV
Vitamin A (RE) 4.16 8%
Vitamin A (IU) 379.41
Vitamin C (mg) 7.52 15%
Iron (mg) 3.04 15%
Calcium (mg) 162.94 15%

Minerals % DV
Sodium (mg) 414.22
Calcium (mg) 162.94 15%

Heating Instructions

For Additional Information Contact
M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661
Shredded Beef, Green Chile & Cheese Burrito

KEEP FROZEN

HIGHEST QUALITY • HANDMADE

CABO PRIMO

NET WT. 5.40 OZ. (153g)
Specification Sheet

Product Name: BEAN & CHEESE BURRITO with Whole Grain Flour Tortilla

Stock Code: 97576

Total Weight: 5.20 oz.

Weight of Cheddar Cheese: 0.510 oz.

Weight of Dry Pinto Beans: 0.738 oz.

*Weight of Hydrated TVP: 0.2172 oz.

Weight of Other Ingredients: 1.624 oz.

Total Weight of Filling: 2.95 oz.

Total Weight of Whole Wheat Flour Tortilla: 2.25 oz.

Meat Alternate from Tortilla: 0.50 oz.

*CHS Legacy Foods, Inc. C (SF) protein content 50%.

The above product ready for serving contains 2.00 oz. of cooked meat alternate and 2.00 oz. equivalent grains towards the NSLP when prepared according to cooking directions.

Slight variation in piece weight is possible due to normal processing variance, however average weight per box will meet or exceed the stated weight.

This product is produced by M.C.I. Foods, Inc.

I certify that the above information is true and correct.

[Signature]
President
2/28/2012

[Signature]
Signed for M.C.I. Foods, Inc.

Title

Date
Nutritional Analysis

Code #: 97576  Individually Wrapped  Net Wt. (oz.) 5.200  Case Pack: 96
Related Code #: 71662, 97576, 67576, 67565
Servings Per Package: 1
Serving Size 5.200 oz. (147.42 g)
Weight of Filling (oz.): 2.95
Weight of Tortilla/Bread (oz.): 2.25
Servings Per Package: 147.42 (g)

Ingredient Statement

Ingredients: Filling: Water, Pinto Beans, Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, May contain Annatto Color), Textured Vegetable Protein Product [Soy Flour, Caramel Color, Zinc Oxide, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride (B6), Riboflavin (B2), Thiamine Mononitrate (B1), Vitamin A Palmitate, and Vitamin B12], Salt, Flavorings, Modified Food Starch (Refined From Corn).


Heating Instructions


Allergen Statement Contains WHEAT, SOY, MILK

Whole Grain Servings: 1.00

National School Lunch Requirements

Each 5.200 oz. Portion (cooked) will provide 2.00 oz. Meat/Meat Alternate and 2.00 oz. equivalent grains and Cup Legume Vegetable.

Nutritional Information

<table>
<thead>
<tr>
<th>Basis of Analysis: as Cooked.</th>
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</thead>
<tbody>
<tr>
<td>% Calories from Fat 25.63%</td>
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<tr>
<td>% Calories from Sat Fat 11.19%</td>
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<tr>
<td>Fats</td>
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<tr>
<td>Calories (Kcal) 291.1100</td>
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<tr>
<td>Calories from Fat 74.6100</td>
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<tr>
<td>Protein (g) 15.6000</td>
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<tr>
<td>Carbohydrates (g) 40.9500</td>
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<tr>
<td>Tot. Dietary Fiber (g) 7.9600</td>
</tr>
<tr>
<td>Ash (g) 1.6100</td>
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<tr>
<td>Total Fat (g)</td>
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<td>Saturated Fat (g)</td>
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<td>Trans Fat (g)*</td>
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<tr>
<td>Cholesterol (mg)</td>
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<tr>
<td>Water (g)</td>
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<table>
<thead>
<tr>
<th>Vitamins</th>
<th>% DV</th>
<th>Minerals</th>
<th>% DV</th>
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<tr>
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<td>Vitamin A (IU) 295.24</td>
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<td>Sodium (mg)</td>
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<td>Vitamin C (mg) 1.54</td>
<td>2%</td>
<td>Calcium (mg)</td>
<td>171.00</td>
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</tbody>
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Fat Change +/- 0%  Moisture Change +/- 0%  Data Source: USDA Handbook 8  *-Trans Fats naturally occuring

For Additional Information Contact Dan Southard at 562-977-4006

M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661
Bean & Cheese Burritos

Ingredients: Filling: Water, Pinto Beans, Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, May contain Annatto Color), Textured Vegetable Protein Product [Soy Flour, Caramel Color, Zinc Oxide, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride (B6), Thiamine Mononitrate (B1), Vitamin A Palmitate, and Vitamin B12], Salt, Flavorings, Modified Food Starch (Refined From Corn).


HealthierUS School Challenge Whole Grain Criteria

Documentation to show primary grains in product are Whole Grains to meet Group A

Product Code #: 97576
Product Name: Bean & Cheese Burritos

Serving Size 5.200 oz. (147.42 g)  Weight of Filling (oz.): 2.950  Weight of Tortilla/ Bread (oz.) 2.250

1) Product Ingredient Statement:
Ingredients: Filling: Water, Pinto Beans, Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, May contain Annatto Color), Textured Vegetable Protein Product [Soy Flour, Caramel Color, Zinc Oxide, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride (B6), Riboflavin (B2), Thiamine Mononitrate (B1), Vitamin A Palmitate, and Vitamin B12], Salt, Flavorings, Modified Food Starch (Refined From Corn).


2) Underline all items that are whole grain in the Ingredient Statement (see above)

3) Serving size in grams for Whole grain bread component: 63.787 (g) or 2.00 oz. equivalent grains*.  
   * note: some products, such as Enchiladas, are to be served as 2 each in order to meet the full G/B serving

4) Total weight of all Whole grain ingredients in the bread component: 18.18 g  Whole Wheat Flour

5) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 18.18 g

6) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 18.18 g

A) The serving size for this food product equals 1 Grains/Bread Servings? YES
Per USDA FNS Policy Memo AP-30-2012 relating to Whole Grains Rich Criteria. This product provides 1 Whole Grain servings (based on 16 g per serving) and provides 2.00 oz. equivalent grains towards the National School Lunch Program. Some products, such as Enchiladas, are to be served two each in order to meet this criteria

B) The ingredient underlined above is considered whole grain? YES

C) Does the weight in item # 4 exceed (or is equal to) the weight in Item #5? YES

D) Does the weight in item # 4 exceed (or is equal to) the weight in Item #6? YES

E) Are the answers to items A, B & C yes? If yes, the food product meets GROUP A Criteria. Answer = YES

F) Are the answers to items A, B & D yes? If yes, the food product meets GROUP B Criteria. Answer = YES

M.C.I. Foods, Inc. purchases bread components (tortillas) that are made from blends of whole grain flours and enriched flours. The whole grain flour is 51% of the flour component and meets the definition of “whole grain rich” per USDA FNS Policy Memo SP-30-2012

Dan Southard, President
6/6/2012  dan@mcifoods.com
M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670  562-977-4000 or 800-704-4661
BEAN AND CHEESE AND GREEN CHILI BURRITO with Whole Wheat Flour Tortilla

Product Name: ____________________________

Stock Code: ____________________________ 97580

Total Weight: ____________________________ 5.20 oz.

Weight of Cheddar Cheese: ____________________________ 0.51 oz.

Weight of Dry Pinto Beans: ____________________________ 0.738 oz.

*Weight of Hydrated TVP: ____________________________ 0.2172 oz.

Weight of Other Ingredients: ____________________________ 1.4848 oz.

Total Weight of Filling: ____________________________ 2.95 oz.

Total Weight of Whole Wheat Flour Tortilla: ____________________________ 2.25 oz.

Meat Alternate from Tortilla: ____________________________ 0.50 oz.

*CHS Legacy Foods, Inc. C (SF) protein content 50%.

The above product ready for serving contains 2.00 oz. of cooked meat alternate and 2.00 oz. equivalent grains towards the NSLP when prepared according to cooking directions.

Slight variation in piece weight is possible due to normal processing variance, however average weight per box will meet or exceed the stated weight.

This product is produced by M.C.I. Foods, Inc.

I certify that the above information is true and correct.

Signed for M.C.I. Foods, Inc. ____________________________

President ____________________________

Title ____________________________

Date 9/14/2012
### Nutritional Analysis

<table>
<thead>
<tr>
<th>Code #</th>
<th>97580</th>
<th>Individually Wrapped</th>
<th>Net Wt. (oz.)</th>
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<th>Case Pack: 96</th>
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<tr>
<td>Description:</td>
<td>Bean and Cheese and Green Chile Burrito</td>
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<td>Servings Per Package: 1</td>
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<td></td>
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<tr>
<td>Net Wt. (oz.)</td>
<td>5.200</td>
<td>Serving Size 5.200 oz. (147.42 g)</td>
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<tr>
<td>Weight of Filling (oz.)</td>
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<tr>
<td>Weight of Tortilla/Bread (oz.)</td>
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<td>Tortilla Type:</td>
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</tr>
</tbody>
</table>

### Ingredient Statement

Ingredients: Filling: Water, Pinto Beans, Cheddar Cheese (Pasteurized Milk, Salt, Culture, Enzymes, May contain Annatto Color), Green Chile (Green Chiles, water, calcium chloride, citric acid), Green Chile Puree (Green Chile Peppers, Water, Citric Acid), Soy Bean Oil, Textured Vegetable Protein Product [Soy Flour, Caramel Color, Zinc Oxide, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride (B6), Riboflavin (B2), Thiamine Mononitrate (B1), Vitamin A Palmitate, and Vitamin B12], Diced Onion, Salt, Flavorings.


### National School Lunch Requirements

Each 5.200 oz. Portion (cooked) will provide 2.00 oz. Meat/Meat Alternate and 2.00 oz. equivalent grains and 1/4 Cup Legume Vegetable.

### Nutritional Information

<table>
<thead>
<tr>
<th></th>
<th>Serving Size 5.200 oz. (147.42 g)</th>
<th>% Calories from Fat</th>
<th>32.47%</th>
<th>% Calories from Sat Fat</th>
<th>10.90%</th>
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</thead>
<tbody>
<tr>
<td>Servings Per Package: 1</td>
<td>Calories (Kcal)</td>
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<td>Total Fat (g)</td>
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<td>Protein (g)</td>
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<td>Trans Fat (g)*</td>
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<td>Carbohydrates (g)</td>
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<td>Cholesterol (mg)</td>
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<td>Tot. Dietary Fiber (g)</td>
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<td>Water (g)</td>
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<tr>
<td>Ash (g)</td>
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<td></td>
</tr>
</tbody>
</table>

Fat Change +/- 0%  Moisture Change +/- 0%  Data Source: USDA Handbook 8  
Basis of Analysis: as Cooked.  
%-Trans Fats naturally occuring

### Heating Instructions


### For Additional Information Contact

M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670  562-977-4000 or 800-704-4661
Bean and Cheese and Green Chile Burrito

Ingredients: Filling: Water, Pinto Beans, Cheddar Cheese (Pasteurized Milk, Salt, Culture, Enzymes, May contain Annatto Color), Green Chile (Green Chiles, water, calcium chloride, citric acid), Green Chile Puree (Green Chile Peppers, Water, Citric Acid), Soy Bean Oil. Textured Vegetable Protein Product [Soy Flour, Caramel Color, Zinc Oxide, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride (B6), Riboflavin (B2), Thiamine Mononitrate (B1), Vitamin A Palmitate, and Vitamin B12], Diced Onion, Salt, Flavorings.


Nutrition Information: Each 5.20 oz. Burrito provides: 2.00 oz. equivalent meat alternate and 2.00 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA.)
HealthierUS School Challenge Whole Grain Criteria

Documentation to show primary grains in product are Whole Grains to meet Group A

Product Code #: 97580
Product Name: Bean and Cheese and Green Chile Burrito

Serving Size 5.200 oz. (147.42 g) Weight of Filling (oz.) : 2.950  Weight of Tortilla/ Bread (oz.) 2.250

1) Product Ingredient Statement:
Ingredients: Filling: Water, Pinto Beans, Cheddar Cheese (Pasteurized Milk, Salt, Culture, Enzymes, May contain Annatto Color), Green Chile (Green Chiles, water, calcium chloride, citric acid), Green Chile Puree (Green Chile Peppers, Water, Citric Acid), Soy Bean Oil, Textured Vegetable Protein Product [Soy Flour, Caramel Color, Zinc Oxide, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride (B6), Riboflavin (B2), Thiamine Mononitrate (B1), Vitamin A Palmitate, and Vitamin B12], Diced Onion, Salt, Flavorings.


2) Underline all items that are whole grain in the Ingredient Statement (see above)

3) Serving size in grams for Whole grain bread component: 63.787 (g) or 2.00 oz. equivalent grains*.  
* note: some products, such as Enchiladas, are to be served as 2 each in order to meet the full G/B serving

4) Total weight of all Whole grain ingredients in the bread component: 18.21 g Whole Wheat Flour

5) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 18.21 g

6) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 18.21 g

A) The serving size for this food product equals 1 Grains/Bread Servings? YES

Per USDA FNS Policy Memo AP-30-2012 relating to Whole Grains Rich Criteria. This product provides 1 Whole Grain servings (based on 16 g per serving) and provides 2.00 oz. equivalent grains towards the National School Lunch Program. Some products, such as Enchiladas, are to be served two each in order to meet this criteria

B) The ingredient underlined above is considered whole grain? YES

C) Does the weight in item # 4 exceed (or is equal to) the weight in Item #5? YES

D) Does the weight in item # 4 exceed (or is equal to) the weight in Item #6? YES

E) Are the answers to items A, B & C yes? If yes, the food product meets GROUP A Criteria. Answer = YES

F) Are the answers to items A, B & D yes? If yes, the food product meets GROUP B Criteria. Answer = YES

M.C.I. Foods, Inc. purchases bread components (tortillas) that are made from blends of whole grain flours and enriched flours. The whole grain flour is 51% of the flour component and meets the definition of “whole grain rich” per USDA FNS Policy Memo SP-30-2012

Dan Southard,  
President

Date 9/14/2012  
email dan@mcifoods.com

M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661
**Product Spec and Nutritional Information**

**Revision Date:** 3/25/2013

<table>
<thead>
<tr>
<th>Stock Code</th>
<th>Product Name</th>
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<tbody>
<tr>
<td>97882</td>
<td>Egg, Cheese &amp; Cooked Sausage Crumbles (Made with Turkey) Breakfast Wrap</td>
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<table>
<thead>
<tr>
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**National School Lunch Meal Pattern (CN) Contributions**

<table>
<thead>
<tr>
<th>Each 3.600 oz. portion provides*</th>
<th>Meat/Meat Alternate. (oz)</th>
<th>Equivalent Grains (oz)</th>
<th>Legume veg (cup)</th>
<th>Red/orange veg (cup)</th>
<th>Dark Green veg (cup)</th>
<th>Starchy veg (cup)</th>
<th>Other veg (cup)</th>
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<tbody>
<tr>
<td>A</td>
<td>1.25</td>
<td>2.00</td>
<td></td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>--- OR ---</td>
<td></td>
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<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>B</td>
<td>1.25</td>
<td>2.00</td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

* - use the crediting in row A or row B, but not both. (based on the dual meat alternate/vegetable crediting for legumes.)
1 - if there is a CN number and CN date listed, the item is CN labeled.

**Ingredient Statement**

Filling: Pre-Cooked Scrambled Eggs (Whole Eggs, Skim Milk, Soybean Oil, Corn Starch, Salt, Xanthan Gum, Citric Acid), Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, May contain Annatto Color), Water, Cooked Sausage Crumbles (made with turkey) [Ground Turkey Thigh Meat, Mechanically Separated Turkey, Water, Soy Protein Concentrate, Salt, Spices, Dextrose, Flavoring, Sugar, Disodium Inosinate and Disodium Guanylate], Red Sauce Seasoning (Modified Corn Starch, Paprika, Spices, Onion & Garlic Powder, Tomato, Dextrose, Sugar, Autolyzed Yeast Extract, Caramel Color, Extractive of Paprika, Guar Gum, Citric Acid, Malic Acid, Xanthan Gum, Ascorbic Acid, Disodium Inosinate & Guanylate, less than 2% Silicon Dioxide to Prevent Caking), Modified Food Starch (Refined From Corn), Vinegar, Salt, and Flavorings.


**Allergen Statement Contains:** Wheat, Egg, Milk, Soy.

**BID Specification**

Wrap - Frozen Egg, Cheese and Turkey Sausage. Each 3.60 oz. Wrap provides 1.25 OZ Meat Alternate and 2.00 OZ Grain EQV towards the SBP, Whole Grain Rich Tortilla. CN labeled. Preparation instruction printed on outside of case. Burrito is individually wrapped ovenable film containing high impact graphics that can be recycled. 72 count. No more than 270 mg Sodium, Less than 15% Calories from Saturated fat, 0 Trans Fat. No less than 225 Kcal. Hand held, Fully Cooked. Heat & Serve.- Los Cabos Brand 97882

**Nutritional Information**

- **Serving Size:** 3.600 oz. (102.06 g)
- **Serving Per Package:** 1

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<td>Water (g)</td>
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<table>
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<th>Vitamins</th>
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<th>Minerals</th>
<th>% DV</th>
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<td>Vitamin A (IU)</td>
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<td>Sodium (mg)</td>
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<tr>
<td>Vitamin C (mg)</td>
<td>2.14</td>
<td>Calcium (mg)</td>
<td>127.78</td>
</tr>
</tbody>
</table>

**Basis of Analysis:** as Cooked.

**Heating Instructions**


**For Additional Information Contact**

M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661
Egg, Cheese & Cooked Sausage Crumbles (Made with Turkey) Breakfast Wrap


Red Sauce Seasoning (Modified Corn Starch, Paprika, Spices, Onion & Garlic Powder, Tomato, Dextrose, Sugar, Disodium Inosinate and Disodium Guanylate, Egg Sauce Seasoning (Modified Corn Starch, Paprika, Spices, Onion & Garlic Powder, Tomato, Dextrose, Sugar, Autolyzed Yeast Extract, Caramel Color, Extractives of Paprika, Deer Gum, Citric Acid, Malic Acid, Xanthan Gum, Ascorbic Acid, Disodium Inosinate & Guanylate, less than 2% Silicon Dioxide to Prevent Caking), Modified Food Starch (Refined From Corn), Vinegar, Salt, and Flavorings.


Each 3.60 oz. Wrap provides 1.25 oz. equivalent meat/meat alternate and 2.00 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA.)

Keep Frozen

Contains: Wheat, Egg, Milk, Soy.

Net WT. 16 LBS. 3.20 OZ.

M.C.I. FOODS, INC. SANTA FE SPRINGS, CA 90670 USA

Copy not for documenting Federal Meal Requirements
Breakfast Wrap

EGG, CHEESE & COOKED SAUSAGE CRUMBRLES (MADE WITH TURKEY)

KEEP FROZEN

NET WT. 3.60 OZ. (102g)
# Specification Sheet

**BEEF & CHEESE & TEXTURED VEGETABLE PROTEIN TACO SNACK**

**Product Name:** BEEF & CHEESE & TEXTURED VEGETABLE PROTEIN TACO SNACK with Yellow Whole Wheat Flour Tortilla

**Stock Code:** 98765

**Total Weight:** 5.20 oz.

**Weight of Ground Beef:** 0.9652 oz.

**Percent of Fat in Ground Beef:** 20 %

**Weight of Cheddar Cheese:** 0.615 oz.

**Weight of Hydrated TVP:** 0.4056 oz.

**Weight of Other Ingredients:** 0.9642 oz.

**Total Weight of Filling:** 2.95 oz.

**Total Weight of Yellow Whole Wheat Flour Tortilla:** 2.25 oz.

**Meat Alternate from Tortilla:** 0.50 oz.

*CHS Legacy Foods, Inc. C (SF) protein content 50%.

The above product ready for serving contains 2.00 oz. of cooked meat alternate and 2.00 oz. equivalent grains towards the NSLP when prepared according to cooking directions.

Slight variation in piece weight is possible due to normal processing variance, however average weight per box will meet or exceed the stated weight.

This product is produced by M.C.I. Foods, Inc.

I certify that the above information is true and correct.

Signed for M.C.I. Foods, Inc.  
President  
Title  
Date  

2/14/2013
Nutritional Analysis

Code #:  98765  Individually Wrapped  Net Wt. (oz.)  5.200  Case Pack:  96
Description:  Beef & Cheese & Textured Vegetable Protein Taco Snack
Serving Size  5.200 oz. (147.42 g)
Servings Per Package:  1
Weight of Filling (oz.):  2.95
Weight of Tortilla/Bread (oz.):  2.25

Ingredient Statement
INGREDIENTS: Filling: Ground Beef (Not more than 20% fat), Water, Cheddar Cheese (Pasteurized Milk, Salt, Culture, Annatto if Colored, Enzymes), Textured Vegetable Protein Product (Soy Flour, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), and Cyanocobalamin (B12)). Tomatoes (May contain one or more of the following: Tomato Juice, Water, Salt, Citric Acid, and Calcium Chloride), Modified Food Starch (Refined from corn), Taco Seasoning (Spices (Including Paprika, Cumin and Oregano), Onion, Salt, Garlic, Potato Flour, Enriched Wheat Flour (Flour, Niacin, Iron, Thiamine Mononitrate (B1), and Riboflavin (B2), Folic Acid), Cocoa, Corn Syrup Solids, Citric Acid and Natural Flavor), Chili Pepper, Minced Onion and Salt.

Heating Instructions

For Additional Information Contact
M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661

Whole Grain Servings:  1.00

Nutritional Information
Servings Per Package:  1
Calories (Kcal)  318.2300
Calories from Fat  131.0400
Fat (g)  17.7400
Saturated Fat (g)  31.4100
Total Fat (g)  6.3300
Trans Fat (g)*  0.3500
Cholesterol (mg)  37.9300
Ash (g)  5.1200
Water (g)  7.1200
Net Wt. (oz)  5.200 Case Pack:  96

Vitamins
Vitamin A (RE)  2.80 10% Iron (mg)  3.10 15%
Vitamin A (IU)  499.51 100%
Vitamin C (mg)  1.42 2%
Sodium (mg)  431.09 20%
Calcium (mg)  182.91 20%

Minerals

Data Source: USDA Handbook 8
Beef & Cheese & Textured Vegetable Protein Taco Snack

INGREDIENTS: Filling: Ground Beef (Not more than 20% fat), Water, Cheddar Cheese (Pasteurized Milk, Salt, Culture, Annatto if Colored, Enzymes), Textured Vegetable Protein Product (Soy Flour, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), and Cyanocobalamin (B12)), Tomatoes (May contain one or more of the following: Tomato Juice, Water, Salt, Citric Acid, and Calcium Chloride), Modified Food Starch (refined from corn), Taco Seasoning (Spices (Including Paprika, Cumin and Oregano), Onion, Salt, Garlic, Potato Flour, Enriched Wheat Flour (Flour, Niacin, Iron, Thiamine Mononitrate (B1), and Riboflavin (B2), Folic Acid, Cocoa, Corn Syrup Solids, Citric Acid and Natural Flavor), Chili Pepper, Minced Onion and Salt.


Contains WHEAT, SOY, MILK

Each 5.20 oz. Taco Snack provides 2.00 oz. equivalent meat/meat alternate and 2.00 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA.)

Los Cabos Mexican Foods
DOP: 355-12-11
KEEP FROZEN
M.C.I. FOODS, INC. SANTA FE SPRINGS, CA 90670 USA

Stock Code
Lot # W125
CT - 5.20 OZ.

Lot # 46984
Stock Code
CN - 355-12-11DOP: 96 5.20
NET WT. OZ.
31 3.20

Copy not for documenting Federal Meal Requirements

Copy not for documenting Federal Meal Requirements
**HealthierUS School Challenge Whole Grain Criteria**

Documentation to show primary grains in product are Whole Grains to meet Group A

<table>
<thead>
<tr>
<th>Serving Size</th>
<th>Weight of Filling (oz.)</th>
<th>Weight of Tortilla/Bread (oz.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>5.200 oz.</td>
<td>2.950</td>
<td>2.250</td>
</tr>
</tbody>
</table>

1) **Product Ingredient Statement:**

INGREDIENTS: Filling: Ground Beef (Not more than 20% fat), Water, Cheddar Cheese (Pasteurized Milk, Salt, Culture, Annatto if Colored, Enzymes), Textured Vegetable Protein Product [Soy Flour, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), and Cyanocobalamin (B12)], Tomatoes (May contain one or more of the following: Tomato Juice, Water, Salt, Citric Acid, and Calcium Chloride), Modified Food Starch (refined from corn), Taco Seasoning (Spices (Including Paprika, Cumin and Oregano), Onion, Salt, Garlic, Potato Flour, Enriched Wheat Flour (Flour, Niacin, Iron, Thiamine Mononitrate (B1), and Riboflavin (B2), Folic Acid), Cocoa, Corn Syrup Solids, Citric Acid and Natural Flavor), Chili Pepper, Minced Onion and Salt.

2) Underline all items that are whole grain in the Ingredient Statement (see above)

3) Serving size in grams for Whole grain bread component: 63.787 (g) or 2.00 oz. equivalent grains*.

* note: some products, such as Enchiladas, are to be served as 2 each in order to meet the full G/B serving

4) Total weight of all Whole grain ingredients in the bread component: 18.21 g **Whole Wheat Flour**

5) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 18.21 g

6) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 18.21 g

A) The serving size for this food product equals 1 Grains/Bread Servings? **YES**

Per USDA FNS Policy Memo AP-30-2012 relating to Whole Grains Rich Criteria. This product provides 1 Whole Grain servings (based on 16 g per serving) and provides 2.00 oz. equivalent grains towards the National School Lunch Program. Some products, such as Enchiladas, are to be served two each in order to meet this criteria

B) The ingredient underlined above is considered whole grain? **YES**

C) Does the weight in item # 4 exceed (or is equal to) the weight in Item #5? **YES**

D) Does the weight in item # 4 exceed (or is equal to) the weight in Item #6? **YES**

E) Are the answers to items A, B & C yes?  If yes, the food product meets GROUP A Criteria. Answer = **YES**

F) Are the answers to items A, B & D yes?  If yes, the food product meets GROUP B Criteria. Answer = **YES**

M.C.I. Foods, Inc. purchases bread components (tortillas) that are made from blends of whole grain flours and enriched flours. The whole grain flour is 51% of the flour component and meets the definition of “whole grain rich” per USDA FNS Policy Memc SP-30-2012.

---

Dan Southard, President

2/14/2013

M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661