School Year 2016-2017

Nutritional Information for ConAgra Foods Lamb Weston, Inc.

Product Code Number	Product Description	Case Weight (lbs)	Serving Size (oz)	Portions per Serving	Svgs per Case	Calories	Calories From Fat	% Cal From Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (% DV)	Vitamin C (% DV)	Calcium (% DV)	Iron (%DV)	CN Number (if applicable)	Meat/MA Credit	Veg Credit	Bread Svgs Credit
33230	Lamb Weston Tri-Cut Roasted Sweet Potatoes	40	3.00		214	90	0	0%	0	0	0	0	60	20	2	8	2	60	10	4	4			1.65 oz = 1/4 cup of Red/Orange Veg	
L0082	Sweet Things Seasoned Wavelength	15	3.00		80	120	35	29%	4	0	0	0	330	20	3	7	1	60	2	2	2			2.20 oz = 1/2 cup of Red/Orange Veg	
L0084	Sweet Things 3/8" Crinkle Cuts Sweet Potato Fries	15	3.00		80	130	40	31%	4.5	0.5	0	0	110	22	3	7	1	60	10	2	2			2.21 oz = 1/2 cup of Red/Orange Veg	
L0089	Sweet Things Vanilla Sugar Fries	15	3.00		80	150	45	30%	5	0	0	0	280	24	3	10	1	60	6	0	2			2.10 oz = 1/2 cup of Red/Orange Veg	
L0090	Sweet Things Criss Cut Fries	15	3.00		80	150	50	33%	6	0.5	0	0	180	23	2	5	2	70	4	2	2			2.21 oz = 1/2 cup of Red/Orange Veg	
L0091	Sweet Things 5/16" Regular Cut Fries	15	3.00		80	150	40	27%	4.5	0.5	0	0	115	26	3	7	1	60	10	2	2			2.02 oz = 1/2 cup of Red/Orange Veg	
L0094	Sweet Things Potato Puffs	15	3.00		80	130	30	23%	3.5	0	0	0	200	23	2	8	1	60	6	2	2			2.80 oz = 1/2 cup of Red/Orange Veg	
L0097	Sweet Things Seasoned RibCut Fries	15	3.00		80	120	40	33%	4.5	0	0	0	440	19	3	5	1	70	4	0	4			2.33 oz = 1/2 cup of Red/Orange Veg	
L0098	Sweet Things Seasoned Crinkle Cut Slice	15	3.00		80	160	70	44%	8	1	0	0	420	21	2	5	1	60	8	2	4			1.97 oz = 1/2 cup of Red/Orange Veg	
L0099	Sweet Things Crispy Cube	15	3.00		80	160	60	38%	7	0.5	0	0	350	22	2	5	1	60	2	2	4			2.59 oz = 1/2 cup of Red/Orange Veg	
L0100	Sweet Things Chef Cut Fries	15	3.00		80	130	35	27%	4	0.5	0	0	230	22	3	9	1	60	4	2	2				
L0101	Sweet Things 3/8" Convertina	15	3.00		80	130	45	35%	5	0.5	0	0	280	21	3	7	1	60	2	2	2			2.27 oz = 1/2 cup of Red/Orange Veg	
L0102	Sweet Things Seasoned Trim Fry	15	3.00		80	160	70	44%	8	1	0	0	420	33	2	5	1	60	2	2	2			2.04 oz = 1/2 cup of Red/Orange Veg	
L0103	Sweet Things Seasoned Platter Fry	15	3.00		80	160	60	38%	7	0.5	0	0	280	22	2	5	1	70	2	2	2			2.53 oz = 1/2 cup of Red/Orange Veg	
L8000	Sweet Things Trim Fries	15	3.00		80	180	70	39%	8	1	0	0	120	25	3	7	2	60	6	2	2			1.99 oz = 1/2 cup of Red/Orange Veg	
L8100	Sweet Things Platter Fries	15	3.00		80	140	40	29%	4	0.5	0	0	130	24	3	7	1	70	8	2	0			2.52 oz = 1/2 cup of Red/Orange Veg	
M0007	Sweet Things Mashed Sweet Potatoes	24	2/3 C		78	140	10	7%	1	0	0	0	50	31	3	18	1	70	4	6	4			4.24 oz = 1/2 cup of Red/Orange Veg	
M8000	Monarch Sweet Things Trim Fries	15	3.00		80	180	70	39%	8	1	0	0	120	25	3	7	2	60	6	2	2				
M8100	Monarch Sweet Things Platter Fries	15	3.00		80	140	40	29%	4	0	0	0	130	24	3	7	1	70	10	2	0				
M9400	Monarch Sweet Things Potato Puffs	15	3.00		80	130	30	23%	3.5	0	0	0	200	23	2	8	1	60	6	2	2				
02143	Hashbrown Potatoes	30	1 patty		213	130	70	54%	8	2	0	0	250	14	2	<1	1	0	8	0	4			4.5 oz = 1/2 cup of Starchy Veg	
21994	Inland Valley 3/8" RC Fries	30	3.00		160	120	35	29%	4	1	0	0	25	18	2	<1	2	0	8	0	4				
2200D	Lamb's MunchSkins	16	3.00		85	120	35	29%	4	1	0	0	20	20	3	<1	2	0	8	0	8				
24298	Taterboy Western Spicy Wedges	30	3.00		160	110	45	41%	5	1.5	0	0	260	14	2	<1	2	0	8	0	4			2.9 oz = 1/2 cup of Starchy Veg	
24322	Taterboy Western Spicy Crispy QQQ's	30	3.00		160	150	60	40%	7	2	0	0	420	20	2	<1	2		8		4			2.26 oz = 1/2 cup of Starchy Veg	
24504	Taterboy Long Brach 3/8" Regular Cut Wester Spicy	30	3.00		160	140	50	36%	6	1.5	0	0	330	19	2	<1	2	0	8	0	2			2.52 oz = 1/2 cup of Starchy Veg	
23C	Shoestring 1/4SS	24	3.00		128	180	60	33%	7	0.5	0	0	30	27	2	<1	2		8		4			1.83 oz = 1/2 cup of Starchy Veg	
23G	Canola Quick 5/16" Thin Cut	24	3.00		128	160	45	28%	5	0	0	0	30	27	2	<1	2		8		4			1.83 oz = 1/2 cup of Starchy Veg	
23L	Thin Concertinas	24	3.00		128	170	50	29%	6	0.5	0	0	30	26	2	<1	2		8		4			1.97 oz = 1/2 cup of Starchy Veg	
24G	Lamb's 3/8" Regular Cuts - Spicy	30	3.00		160	140	60	43%	7	2	0	0	350	18	2	<1	2	0	8	0	4				
24U	Lamb's Seasoned Mini Bakers	30	3.00		160	120	40	33%	4	1	0	0	230	18	2	<1	2		10		4			2.90 oz = 1/2 cup of Starchy Veg	
30H	Lamb's Natural Chips	30	3.00		160	160	70	44%	8	2	0	0	230	21	2	<1	2	0	4	0	2				
32N	Lamb Weston Private Reserve Breakfast Cubest	36	2/3 C		192	110	25	23%	3	1	0	0	280	19	2	<1	2	0	8	0	4			2.28 oz = 1/2 cup of Starchy Veg	
33D	Private Reserve 10 Cut Crinkle Wedge	30	3.00		160	120	35	29%	4	1	0	0	310	20	2	<1	2		8		4				
A01	Lamb's Supreme Hi-Fries SS	27	3.00		144	130	40	31%	4.5	1	0	0	25	21	2	<1	2	0	8	0	4				
A10	Lamb's Seasoned Jr Jo Jo's	30	3.00		160	100	40	40%	4	1	0	0	230	15	2	<1	2		8		4			2.98 oz = 1/2 cup of Starchy Veg	
A26	Lamb Supreme Roundabouts	30	3.00		160	170	80	47%	9	2.5	0	0	330	20	2	<1	2	0	6	0	4			2.54 oz = 1/2 cup Starchy Veg	
A28	Crispy Cubes	36	3.00		192	130	50	38%	6	2	0	0	280	18	2	<1	2		8		4			2.91 oz = 1/2 cup Starchy Veg	
A40	Lamb's Seasoned Southern Style Wedge	30	3.00		160	130	45	35%	5	1.5	0	0	330	18	2	<1	2		8		4			2.95 oz = 1/2 cup of Starchy Veg	
AX505	Alexia Natural Wedge Cut	30	3.00		160	110	25	23%	3	0	0	0	230	18	2	<1	2		8		4			2.69 oz = 1/2 cup of Starchy Veg	
B03	Supreme Tri-Patties	30	1 patty		240	100	45	45%	5	1.5	0	0	230	12	1	<1	1	0	2	0	2			4.5 oz = 1/2 cup of Starchy Veg	
B27	Lamb Supreme Fast Browns	21	1 patty		134	140	60	43%	7	2	0	0	270	16	2	<1	2		4		2			4.5 oz = 1/2 cup of Starchy Veg	
B43	Seasoned Thin Reg Cut	30	3.00		160	160	70	44%	8	2	0	0	310	21	2	<1	2		10		6			2.03 oz = 1/2 cup of Starchy Veg	
B91	Seasoned 3/8" Regular Cut	30	3.00		160	140	50	36%	6	2	0	0	330	19	2	<1	2		8		4			2.52 oz = 1/2 cup of Starchy Veg	
C0034	Colassal Crisp 1/4" SS	27	3.00		144	190	90	47%	10	2.5	0	0	330	24	2	<1	2		8		4			2.12 oz = 1/2 cup of Stachy Veg	
C0057	Colossal Crisp SSND 3/8 RC	30	3.00		160	170	70	41%	8	2	0	0	310	23	1	<1	2	0	8	0	4			2.58 oz = 1/2 cup of Starchy Veg	
C0058	Colossal Crisp SSND 1/4 Twist	24	3.00		128	180	70	39%	8	2	0	0	420	24	3	<1	2	0	8	0	6				
C0084	Lamb's Natural Twister-Oven Ready	30	3.00		160	140	45	32%	5	1.5	0	0	20	21	2	<1	2		8		4			1.98 oz = 1/2 cup of Starchy Veg	
C22	Tator Valley 1/2" Crinkle Cut Oven Browns	30	3.00		160	90	20	22%	2.5	0.5	0	0	15	15	1	0	1	0	6	0	2			1.97 oz = 1/2 cup of Starchy Veg	
C26	Crispy Coat Thin Reg Cut	30	3.00		160	150	70	47%	8	2	0	0	320	18	2	<1	2	0	6	0	4			2.02 oz = 1/2 cup of Starchy Veg	
C27	8-Cut Wedges	30	3.00		160	130	50	38%	6	1.5	0	0	280	18	2	<1	2	0	8	0	4			2.87 oz = 1/2 cup of Starchy Veg	
C28	Crispy Coat Reg Cut	30	3.00		160	160	70	44%	8	2	0	0	280	21	2	<1	2	0	8	0	4			2.49 oz = 1/2 cup of Starchy Veg	
C55	5/16" Thin RC Extra Long	30	3.00		160	140	45	32%	5	1	0	0	25	21	2	<1	2	0	8	0	4				
D0073	Seasoned Twisters-Original	30	3.00		160	160	70	44%	8	2	0	0	420	20	2	<1	2	0	8	0	6			2.25 oz = 1/2 cup of Starchy Veg	
D23	Seasoned CrissCuts	27	3.00		144	160	70	44%	8	2	0	0	360	19	2	<1	2		8		4			2.18 oz = 1/2 cup of Starchy Veg	
E02	Lamb's Supreme Steak House Fries	30	3.00		160	110	25	23%	3	1	0	0	25	19	2	<1	2		8		4			2.28 oz = 1/2 cup of Starchy Veg	
G5300	Lamb's Supreme/Side O'Browns	33.75	1 patty		240	130	70	54%	8	2	0	0	250	14	3	<1	1	0	4	0	2			4.5 oz = 1/2 cup of Starchy Veg	
H30	Tator Puffs	30	3.00		160	160	70	44%	8	2	0	0	330	19	2	<1	2	0	4	0	4			2.52 oz = 1/2 cup of Starchy Veg	

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb Weston 1/2" Tri-Cut Roasted Sweet Potatoes 33230** **Fancy Other - Regular**

Ingredient Statement:
Sweet Potatoes, Sodium Acid Pyrophosphate Used As a Processing Aid.

Food Allergens: NONE

Nutrition Facts

Serving Size 1.65 oz. (47g)
Servings Per Container

Amount Per Serving

Calories 50	Calories from Fat 0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 35mg	1%
Potassium 160mg	5%
Total Carbohydrate 11g	4%
Dietary Fiber 1g	4%
Sugars 4g	
Protein 1g	

Vitamin A 35% • Vitamin C 4%
Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-80)

USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	9.7	1/4 cup cooked vegetable	10.4

LAMB WESTON EQUILVALENT PER BAG PRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
40 LB	388	1/4 cup cooked vegetable	0.26

LAMB WESTON EQUILVALENT PER CASE PRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
40 LB	388	1/4 cup cooked vegetable	0.26

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Sweet Potatoes, frozen Center Cuts	Red/Orange	1.65 oz	X	9.7/16	1.00

I certify the above information is true and correct and that 1.65 ounce serving of the above product contains 1/4 cup(s) of Red/ Orange vegetables.

Cooking Instructions
Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 30-35 minutes or to desired crispness and texture.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Sweet Things® Wavelength Fries L0082** **Long Fancy - Seasoned Fries**

Ingredient Statement:

Ingredients: Sweet Potatoes, Vegetable Oil (Contains One or More of the Following: High Oleic Canola, Canola, Sunflower), Modified Food Starch (Potato, Corn), Corn Starch, Salt, Dextrin, Spices, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Xanthan Gum, Sugar, Oleoresin Paprika.

Food Allergens: NONE

Nutrition Facts

Serving Size 2.20 oz. (62g)

Amount Per Serving	
Calories 90	Calories from Fat 25
	% Daily Value*
Total Fat 3g	**5%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 240mg	**10%**
Potassium 140mg	**4%**
Total Carbohydrate 15g	**5%**
Dietary Fiber 2g	**8%**
Sugars 5g	
Protein 1g	
Vitamin A 45% • Vitamin C 2%	
Calcium 2% • Iron 2%	

*Percent Daily Values are based on a 2,000 calorie diet.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	36.36	1/2 cup cooked vegetable	2.75

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
15 LB	109.09	1/2 cup cooked vegetable	0.916

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen Crinkle Cut Low Moisture	Red/Orange	1.98 oz by weight	X	16.2/16	2.00

I certify the above information is true and correct and that 2.20 ounce serving of the above product contains 1/2 cup(s) of Red/ Orange vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 32-35 minutes or to desired crispness and texture.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-12 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: Sweet Things 3/8" Crinkle Cut Seasoned Fries L0084

Long Fancy - Seasoned Fries

Ingredient Statement:

Ingredients: Sweet Potatoes, Vegetable Oil (Contains One or More of the Following: High Oleic Canola, Canola, Sunflower), Modified Food Starch (Corn, Potato, Tapioca), Sugar, Rice Flour, Corn Starch, Dextrin, Spice, Salt,Oleoresin Paprika, Xanthan Gum, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate)

Food Allergens: NONE

Nutrition Facts

Serving Size 2.21 oz. (63g)

Amount Per Serving

Calories 100	Calories from Fat 30
	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 80mg	3%
Potassium 170mg	5%
Total Carbohydrate 16g	5%
Dietary Fiber 2g	8%
Sugars 5g	
Protein 1g	

Vitamin A 45% • Vitamin C 6%

Calcium --% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
3 LB	21.72	1/2 cup cooked vegetable	4.6

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
15 LB	108.59	1/2 cup cooked vegetable	0.92

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen Crinkle Cut Regular Moisture	Red/Orange	1.97 oz by weight	X	16.2/16	2.00

I certify the above information is true and correct and that 2.21 ounce serving of the above product contains 1/2 cup(s) of Red/ Orange vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 21-25 minutes or to desired crispness and texture.

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-12 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schneider Sr. Nutritionist Date: July 1, 2015

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LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Sweet Things® Vanilla Sugar Seasoned Fries L0089** **Long A - Seasoned Fries**

Ingredient Statement:

Ingredients: Sweet Potatoes, Vegetable Oil (Contains One or More of the Following: High Oleic Canola, Canola, Sunflower), Sugar, Modified Food Starch (Corn, Tapioca), Propylene Glycol, Rice Flour, Corn Starch, Dextrin, Salt, Natural and Artificial Flavor, Color (Turmeric, Oleoresin Paprika), Xanthan Gum, Dextrose, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate).

Food Allergens: None

Nutrition Facts

Serving Size 2.10 oz. (60g)

Amount Per Serving	
Calories 100	Calories from Fat 30
	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	8%
Potassium 140mg	4%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	8%
Sugars 7g	
Protein 1g	
Vitamin A 45%	• Vitamin C 4%
Calcium 0%	• Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	17.5	1/4 cup cooked vegetable	5.8

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
3 LB	22.85	1/2 cup cooked vegetable	4.37

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
15 LB	114.28	1/2 cup cooked vegetable	0.87

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potaotes, Frozen Striaght Cut Regular Moisture	Red/Orange	1.83 oz by weight	X	17.5/16	2.00

I certify the above information is true and correct and that 2.10 ounce serving of the above product contains 1/2 cup(s) of Red/ Orange vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or to desired crispness and texture.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-12 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

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LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Sweet Things® CrissCuts® L0090** **Fancy From Whole Potatoes - Seasoned**

Ingredient Statement:

Ingredients: Sweet Potatoes, Vegetable Oil (Contains One or More of the Following: High Oleic Canola, Canola, Sunflower), Modified Food Starch (Corn, Potato, Tapioca), Sugar, Rice Flour, Corn Starch, Dextrin, Spice, Salt, Oleoresin Paprika, Xanthan Gum, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate).

Food Allergens: None

Nutrition Facts

Serving Size 2.21 oz. (63g)

Amount Per Serving

Calories 110	Calories from Fat 35
	% Daily Value*
Total Fat 4g	6%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 135mg	6%
Potassium 200mg	6%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	8%
Sugars 4g	
Protein 2g	

Vitamin A 50% • Vitamin C 2%

Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
3 LB	21.72	1/2 cup cooked vegetable	4.6

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
15 LB	108.59	1/2 cup cooked vegetable	0.92

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen Crinkle Cut Low Moisture	Red/Orange	1.97oz by weight	X	16.2/16	2.00

I certify the above information is true and correct and that 2.21 ounce serving of the above product contains 1/2 cup(s) of Red/ Orange vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 18-20 minutes or to desired crispness and texture.

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 7-9 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Sweet Things Sweet Potato 5/16" Regular Cut Fries L0091** **Extra Long Seasoned**

Ingredient Statement:

Ingredients: Sweet Potatoes, Vegetable Oil (Contains One or More of the Following: High Oleic Canola, Canola, Sunflower), Modified Food Starch (Corn, Potato, Tapioca), Sugar, Rice Flour, Corn Starch, Dextrin, Spice, Salt, Oleoresin Paprika, Xanthan Gum, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate).

Food Allergens: NONE

Nutrition Facts

Serving Size 2.02 oz. (57g)

Amount Per Serving	
Calories 100	Calories from Fat 25
	% Daily Value*
Total Fat 3g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 80mg	3%
Potassium 160mg	5%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	8%
Sugars 5g	
Protein 1g	

Vitamin A 40% • Vitamin C 6%

Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	17.5	1/4 cup cooked vegetable	5.8

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
3 LB	23.76	1/2 cup cooked vegetable	4.21

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
15 LB	118.81	1/2 cup cooked vegetable	0.84

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen Crinkle Cut Low Moisture, Oven	Red/Orange	1.83 oz.	X	17.5/16	2.00

I certify the above information is true and correct and that 2.02 ounce serving of the above product contains 1/2 cup(s) of red/orange vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 25-30 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-12 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Sweet Things® Mini Sweet Potato Tater Puffs® L0094** **Formed Product - Seasoned**

Ingredient Statement:

Ingredients: Sweet Potatoes, Sugar, Corn Starch, High Oleic Canola Oil, Modified Food Starch (Corn, Tapioca, Potato), Rice Flour, Salt, Dextrin, Natural Flavor, Color (Turmeric, Oleoresin Paprika), Dextrose, Xanthan Gum, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate).

Food Allergens: None

Nutrition Facts

Serving Size 2.80 oz. (79g)/about 8 pieces
Servings Per Container

Amount Per Serving

Calories 120	Calories from Fat 30
	% Daily Value*
Total Fat 3.5g	**5%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 190mg	**8%**
Potassium 160mg	**5%**
Total Carbohydrate 22g	**7%**
Dietary Fiber 2g	**8%**
Sugars 8g	
Protein 1g	

Vitamin A 60% • Vitamin C 4%
Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITION (March 2013 update) PRODUCT: (pg. 2-70)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	12.2	1/4 cup cooked vegetable	8.2

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
2.5 LB	14.28	1/2 cup cooked vegetable	7.00

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
15 LB	85.71	1/2 cup cooked vegetable	1.166

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato Products, frozen Rounds Regular Size	Red/ Orange	2.62	X	12.7/16	2.00

I certify the above information is true and correct and that 2.80 ounce serving of the above product contains 1/2 cup(s) of Red/Orange vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 22-25 minutes or to desired crispness and texture.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-12 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca [illegible] Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Sweet Things® Seasoned Rib Cut Fries L0097** **Long Fancy - Seasoned Fries**

Ingredient Statement:

Sweet Potatoes, High Oleic Canola Oil, Modified Food Starch, Sugar, Cornstarch, Salt, Dextrin, Spices, Garlic Powder, Onion Powder, Dried Yeast, Colored with Oleoresin Paprika, Xanthan Gum, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate).

Food Allergens: NONE

Nutrition Facts

Serving Size 2.33 oz. (66g)
Servings Per Container

Amount Per Serving

Calories 100	Calories from Fat 30
	% Daily Value*
Total Fat 3.5g	**5%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 350mg	**15%**
Potassium 135mg	**4%**
Total Carbohydrate 15g	**5%**
Dietary Fiber 2g	**8%**
Sugars 4g	
Protein 1g	

Vitamin A 60% • Vitamin C 4%
Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)

USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	34.33	1/2 cup cooked vegetable	2.91

LAMB WESTON EQUILVALENT PER CASE PRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
15 LB	103.00	1/2 cup cooked vegetable	0.97

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen Crinkle Cut Low Moisture	Red/Orange	1.975 oz by weight	X	16.2/16	2.00

I certify the above information is true and correct and that 2.33 ounce serving of the above product contains 1/2 cup(s) of Red/ Orange vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 22-27 minutes or to desired crispness and texture.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 11-14 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

ConAgra Foods
Food you love

Product Formulation Statement (PFS) for Documenting Vegetables and Fruits

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Specific vegetable subgroups must be offered weekly and fruit must be served daily for the National School Lunch Program. For more detailed information on meal pattern requirements see the Nutrition Standards for School Meals Website at http://www.fns.usda.gov/cnd/Governance/Legislation/nutritionstandards.htm.

Product Name: Sweet Potato Savory Crinkle Cut Slice Supplier ID: L0098 UPC: 10044979408099

Manufacture: ConAgra Foods / Lamb Weston Serving Size: 2.29 oz. (65g)

I. Vegetable Component

Please fill out the chart below to determine the creditable amount of vegetables.

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchase Unit	Creditable Amount[1] (quarter cups)
Potatoes, Frozen, Crinkle Cut, Regular Moisture	Starchy	1.97 oz.	X	16.2/16	2.00
			X		
			X		
Total Creditable Vegetable Amount:					

- [1]FBG calculations for vegetables are in quarter cups. See chart on following page for quarter cup to cup conversions.
- Vegetables and vegetable purees credit on volume served.
- At least ⅛ cup of recognizable vegetable is required to contribute towards the vegetable component or a specific vegetable subgroup.
- The other vegetable subgroup may be met with any additional amounts from the dark green, red/orange, and beans/peas (legumes) vegetable subgroups.
- School food authorities may offer any vegetable subgroup to meet the total weekly requirement for the additional vegetable subgroup.
- Please note that raw leafy green vegetables credit as half the volume served in school meals (For example: 1 cup raw spinach credits as ½ cup dark green vegetable. Legumes may credit towards the vegetable component or the meat alternate component, but not as both in the same meal. The school menu planner will decide how to incorporate legumes into the school meal. However, a manufacturer should provide documentation to show how legumes contribute towards the vegetable component and the meat alternate component. See chart on the following page for conversion factors
- The PFS for meat/meat alternate may be used to document how legumes contribute towards the meat alternate component.

Total Cups Beans/Peas (Legumes)	_____
Total Cups Dark Green	_____
Total Cups Red/Orange	_____
Total Cups Starchy	1/2 cup
Total Cups Other	_____

I certify the above information is true and correct and that 2.29 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.
(vegetable subgroup)

ConAgra Foods
Food you love

II. Fruit Component

Please fill out the chart below to determine the creditable amount of fruits.

Description of Creditable Ingredient per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchase Unit	Creditable Amount[1] (quarter cups)
		X		
		X		
		X		
Total Creditable Fruit Amount:				

- [1]FBG calculations for fruits are in quarter cups. See chart below for quarter cup to cup conversions.
- Fruits and fruit purees credit on volume served.
- At least ⅛ cup of recognizable fruit is required to contribute towards the fruit component.
- Please note that dried fruits credit as double the volume served in school meals (For example, ½ cup raisins credits as1 cup fruit).

I certify the above information is true and correct and that _____ounce serving of the above product contains _____cup(s) of fruit.

Quarter Cup to Cup Conversions*

0.5 Quarter Cups vegetable = ⅛ Cup vegetable or 0.5 ounces of equivalent meat alternate

1.0 Quarter Cups vegetable = ¼ Cup vegetable or 1.0 ounce of equivalent meat alternate

1.5 Quarter Cups vegetable = ⅜ Cup vegetable or 1.5 ounces of equivalent meat alternate

2.0 Quarter Cups vegetable = ½ Cup vegetable or 2.0 ounces of equivalent meat alternate

2.5 Quarter Cups vegetable = ⅝ Cup vegetable or 2.5 ounces of equivalent meat alternate

3.0 Quarter Cups vegetable = ¾ Cup vegetable or 3.0 ounces of equivalent meat alternate

3.5 Quarter Cups vegetable =⅞ Cup vegetable or 3.5 ounces of equivalent meat alternate

4.0 Quarter Cups vegetable = 1 Cup vegetable or 4.0 ounces of equivalent meat alternate

*The result of 0.9999 equals ⅛ cup but a result of 1.0 equals ¼ cup

Rebecca Schmidt
Signature

Senior Nutritionist, Enterprise Regulatory Affairs
Title

Rebecca Schmidt
Printed Name

9/10/2015
Date

509-375-5881
Phone Number

Item #L0098

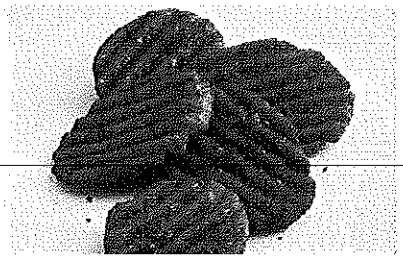
Sweet Potato Crinkle Cut Slices

Brand: SWEET THINGS®

Cut Size: Slices Package Size: 3/5#

LambWeston
SEEING POSSIBILITIES IN POTATOES

Sweet Things® crinkle cut sweet potato slices eat like a chip with the texture of a fry. A crunchy exterior and tender interior make this a unique, dippable cut. Good source of Vitamin A.



Ingredients: Ingredients: Sweet Potatoes, Vegetable Oil (Contains One or More of the Following: High Oleic Canola, Canola, Sunflower), Modified Food Starch (Corn, Tapioca, Potato), Sugar, Salt, Dextrin, Spices, Corn Starch, Rice Flour, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Oleoresin Paprika, Xanthan Gum, Natural Flavor.
Allergens: NONE
Grade: A (FANCY OTHER - SEASONED)
Kosher: No
Country of Origin: USA
Shelf Life: 720 days
SCC Code: 10044979408099
Item Number: L0098

Serving Size: 3 oz (84g)
Servings per container: About 80
Calories [per serving]: 160.0
Calories from fat: 70.0

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

** Contains less than 2% of the Daily Value of these nutrients.

Amount Per Serving		DV%
Total Fat	8.0g	12.0%
Saturated Fat	1.0g	5.0%
Trans Fat	0	
Cholesterol	0.0mg	0.0%
Sodium	420.0mg	18.0%
Potassium	160.0mg	5.0%
Total Carbohydrate	21.0g	7.0%
Dietary Fiber	2.0g	8.0%
Sugars	5g	
Protein	1.0g	
Vitamin A		60%
Vitamin C		8%
Calcium		2%
Iron		4%

Method	Time	Temperature	Additional Instructions
Convection Oven	8-12 min	400°F	
Conventional Oven	16-20 min	425°F	
Deep Fry	2 1/2 min	350°F	

Shipping Information		Product Information	
Net Weight	15.0000	Grade	A (FANCY OTHER - SEASONED)
Gross Weight	16.5000	Country of Origin	USA
Count Per Pound	N/A	Kosher Status	No
Case Cube	0.87	Shelf Life	720 days
Ti/Hi	9,12		

Handling Instructions
Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Sweet Things® Crispy Cubes L0099**

Fancy Other - Seasoned

Ingredient Statement:

Sweet Potatoes, Canola Oil, Modified Food Starch (Corn, Tapioca, Potato), Corn Starch, Dextrin, Salt, Spices, Sugar, Garlic Powder, Onion Powder, Natural Flavor, Spice and Coloring, Leavening, Xanthan Gum, Disodium Dihydrogen Pyrophosphate (to promote color retention).

Food Allergens: NONE

Nutrition Facts

Serving Size 2.59 oz. (73g)
Servings Per Container

Amount Per Serving

Calories 100	Calories from Fat 25
	% Daily Value*
Total Fat 3g	**5%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 300mg	**13%**
Potassium 220mg	**6%**
Total Carbohydrate 17g	**6%**
Dietary Fiber 3g	**12%**
Sugars 6g	
Protein 1g	

Vitamin A 50% • Vitamin C 2%

Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON
PRODUCT: (pg.2-69)

USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	14	1/4 cup cooked vegetable	7.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	30.89	1/2 cup cooked vegetable	3.24

LAMB WESTON EQUILVALENT PER CASE PRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
15 LB	92.66	1/2 cup cooked vegetable	1.08

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen Straight Cut Regular Moisture	Red/Orange	2.29 oz by weight	X	14/16	2.00

I certify the above information is true and correct and that 2.59 ounce serving of the above product contains 1/2 cup(s) of Red/ Orange vegetables.

Cooking Instructions

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

Item #L0100

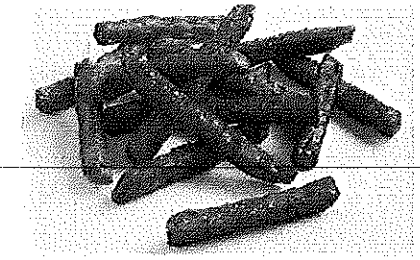
Sweet Potato Chef Cut Fries

Brand: SWEET THINGS®

Cut Size: 7/16 RC Package Size: 3/5#

LambWeston
SEEING POSSIBILITIES IN POTATOES

Sweet Things® Chef Cut Fries are ideal for the traditional sweet potato lover - sweet, thick-cut sweet potato fries that are crispy on the outside, tender on the inside. Good source of Vitamin A.



Ingredients: Ingredients: Sweet Potato, Vegetable Oil (Contains One or More of the Following: High Oleic Canola, Canola, Sunflower), Sugar, Modified Food Starch (Corn, Tapioca), Rice Flour, Corn Starch, Dextrin, Salt, Spice, Disodium Dihydrogen Pyrophosphate (to promote color retention), Xanthan Gum, Oleoresin Paprika.
Allergens: NONE
Grade: A (EXTRA LONG FANCY-SEASONED FRIES)
Kosher: No
Country of Origin: USA
Shelf Life: 720 days
SCC Code: 10044979012012
Item Number: L0100

Serving Size: 3 oz (84g)
Servings per container: About 80
Calories [per serving]: 130.0
Calories from fat: 35.0

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

** Contains less than 2% of the Daily Value of these nutrients.

Amount Per Serving		DV%
Total Fat	4.0g	6.0%
Saturated Fat	0.5g	3.0%
Trans Fat	0	
Cholesterol	0.0mg	0.0%
Sodium	230.0mg	10.0%
Potassium	210.0mg	6.0%
Total Carbohydrate	22.0g	7.0%
Dietary Fiber	3.0g	12.0%
Sugars	9g	
Protein	1.0g	
Vitamin A		60%
Vitamin C		4%
Calcium		2%
Iron		2%

Method	Time	Temperature	Additional Instructions
Deep Fry	2 1/4 - 2 3/4 min	350°F	

Shipping Information		Product Information	
Net Weight	15.0000	Grade	A (EXTRA LONG FANCY-SEASONED FRIES)
Gross Weight	16.5000	Country of Origin	USA
Count Per Pound	N/A	Kosher Status	No
Case Cube	0.84	Shelf Life	720 days
Ti/Hi	9,12		

Handling Instructions
Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Sweet Things® 3/8" Concertinas® L0101** **Long Fancy - Seasoned Fries**

Ingredient Statement:

Ingredients: Sweet Potatoes, Modified Food Starch (Corn, Potato, Tapioca), High Oleic Canola Oil, Sugar, Rice Flour, Salt, Dextrin, Spices, Soy Protein, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Garlic Powder, Onion Powder, Oleoresin Paprika (Color), Xanthan Gum.

Food Allergens: SOY

Nutrition Facts

Serving Size 2.27 oz. (64g)

Amount Per Serving	
Calories 110	Calories from Fat 50
	% Daily Value*
Total Fat 5g	8%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Potassium 115mg	3%
Total Carbohydrate 16g	5%
Dietary Fiber 2g	8%
Sugars 4g	
Protein 1g	
Vitamin A 45% • Vitamin C 6%	
Calcium 2% • Iron 2%	

*Percent Daily Values are based on a 2,000 calorie diet.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	35.24	1/2 cup cooked vegetable	2.84

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
15 LB	105.72	1/2 cup cooked vegetable	0.94

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen Crinkle Cut Low Moisture	Red/Orange	1.98 oz by weight	X	16.2/16	2.00

I certify the above information is true and correct and that 2.27 ounce serving of the above product contains 1/2 cup(s) of Red/ Orange vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 21-25 minutes or to desired crispness and texture.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-12 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Sweet Things® Savory Seasoned Trim Fries L0102** **Long Fancy - Seasoned Fries**

Ingredient Statement:

Sweet Potatoes, High Oleic Canola Oil, Modified Food Starch (Corn, Tapioca, Potato), Salt, Spices, Dextrin, Sugar, Cornstarch, Rice Flour, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Spice and Coloring, Xanthan Gum, Natural Flavor.

Food Allergens: NONE

Nutrition Facts

Serving Size 2.04 oz. (58g)

Amount Per Serving	
Calories 130	Calories from Fat 60
	% Daily Value*
Total Fat 7g	**11%**
Saturated Fat 0.5g	**3%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 300mg	**13%**
Potassium 110mg	**3%**
Total Carbohydrate 15g	**5%**
Dietary Fiber 1g	**4%**
Sugars 3g	
Protein 1g	

Vitamin A 40% • Vitamin C 4%

Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)

USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	17.5	1/4 cup cooked vegetable	5.8

LAMB WESTON EQUILVALENT PER BAGPRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	39.21	1/2 cup cooked vegetable	2.55

LAMB WESTON EQUILVALENT PER CASE PRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
15 LB	117.64	1/2 cup cooked vegetable	0.85

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen Shoestring Straight Cut Low Moisture	Red/Orange	1.83 oz by weight	X	17.5/16	2.00

I certify the above information is true and correct and that 2.04 ounce serving of the above product contains 1/2 cup(s) of Red/ Orange vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or to desired crispness and texture.

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-10 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Sweet Things® Seasoned Platter Fries L0103** **Long Fancy - Seasoned Fries**

Ingredient Statement:

Sweet Potatoes, High Oleic Canola Oil, Modified Food Starch (Corn, Tapioca, Potato), Cornstarch, Sugar, Dextrin, Salt, Spices, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Spice and Coloring, Natural Flavor, Xanthan Gum.

Food Allergens: NONE

Nutrition Facts

Serving Size 2.53 oz. (72g)

Amount Per Serving

Calories 130 Calories from Fat 50

	% Daily Value*
Total Fat 6g	9%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 310mg	13%
Potassium 130mg	4%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	8%
Sugars 4g	
Protein 1g	

Vitamin A 50% • Vitamin C 6%

Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)

USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	14	1/4 cup cooked vegetable	7.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	31.62	1/2 cup cooked vegetable	3.16

LAMB WESTON EQUILVALENT PER CASE PRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
15 LB	94.86	1/2 cup cooked vegetable	1.05

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen Straight Cut Regular Moisture	Red/Orange	2.28 oz by weight	X	14/16	2.00

I certify the above information is true and correct and that 2.53 ounce serving of the above product contains 1/2 cup(s) of Red/ Orange vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or to desired crispness and texture.

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-12 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Sweet Things® Trim Fries L8000** **Long Fancy - Seasoned Fries**

Ingredient Statement:

Sweet Potatoes, Vegetable Oil (Contains One or More of the Following: High Oleic Canola, Sunflower), Modified Food Starch (Corn, Potato, Tapioca), Sugar, Rice Flour, Corn Starch, Dextrin, Spice, Salt, Oleoresin Paprika, Xanthan Gum, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate).

Food Allergens: NONE

Nutrition Facts

Serving Size 1.99oz. (56g)

Amount Per Serving

Calories 120	Calories from Fat 50
	% Daily Value*
Total Fat 5g	8%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 80mg	3%
Potassium 160mg	5%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	8%
Sugars 5g	
Protein 1g	

Vitamin A 40% • Vitamin C 4%

Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)

USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	17.5	1/4 cup cooked vegetable	5.8

LAMB WESTON EQUILVALENT PER BAGPRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
3 LB	24.12	1/2 cup cooked vegetable	4.14

LAMB WESTON EQUILVALENT PER CASE PRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
15 LB	120.6	1/2 cup cooked vegetable	0.83

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potaotes, Frozen Straight Cut Regular Moisture	Red/Orange	1.83 oz by weight	X	17.5/16	2.00

I certify the above information is true and correct and that 1.99 ounce serving of the above product contains 1/2 cup(s) of Red/ Orange vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or to desired crispness and texture.

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-10 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schneider Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Sweet Things® Platter Fries® L8100**

Long Fancy - Seasoned Fries

Ingredient Statement:

Sweet Potatoes, Vegetable Oil (Contains One or More of the Following: High Oleic Canola, Sunflower), Modified Food Starch (Corn, Potato, Tapioca), Sugar, Rice Flour, Corn Starch, Dextrin, Spice, Salt, Oleoresin Paprika, Xanthan Gum, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate).

Food Allergens: NONE

Nutrition Facts

Serving Size 2.52 oz. (71g)
Servings Per Container

Amount Per Serving

Calories 120	Calories from Fat 30
	% Daily Value*
Total Fat 3.5g	**5%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 110mg	**5%**
Potassium 200mg	**6%**
Total Carbohydrate 20g	**7%**
Dietary Fiber 3g	**12%**
Sugars 6g	
Protein 1g	

Vitamin A 60% • Vitamin C 8%
Calcium 2% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	14	1/4 cup cooked vegetable	7.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
3 LB	19.05	1/2 cup cooked vegetable	5.25

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
15 LB	95.24	1/2 cup cooked vegetable	1.05

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potaotes, Frozen Striaght Cut Regular Moisture	Red/Orange	2.29 oz by weight	X	14/16	2.00

I certify the above information is true and correct and that 2.52 ounce serving of the above product contains 1/2 cup(s) of Red/ Orange vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or to desired crispness and texture.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-12 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schneider Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Sweet Things™ Mashed Sweet Potatoes M0007** **Grade A Fancy**

Ingredient Statement:
Ingredients: Sweet Potatoes, Water, Brown Sugar (Sugar, Cane Molasses), Dehydrated Sweet Potato, Modified Food Starch (Potato, Corn), Natural And Artificial Flavors (Milk), Molasses Powder, Disodium Dihydrogen Pyrophosphate (to promote color retention), Corn Syrup Solids, Caramel (Color), Gum Arabic.

Food Allergens: MILK

Nutrition Facts

Serving Size 4.24 oz. (120g)

Amount Per Serving

Calories 120	Calories from Fat 10
	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 45mg	2%
Potassium 200mg	6%
Total Carbohydrate 27g	9%
Dietary Fiber 3g	12%
Sugars 15g	
Protein 1g	

Vitamin A 60% • Vitamin C 4%

Calcium 6% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-80)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	7.55	1/4 cup cooked vegetable	13.3

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
2 LB	7.54	1/2 cup cooked vegetable	13.26

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
24 LB	90.56	1/2 cup cooked vegetable	1.1

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Sweet Potatoes, Frozen Mashed	Red/Orange	4.24 oz.	X	7.55/16	2.00

I certify the above information is true and correct and that 4.24 ounce serving of the above product contains 1/2 cup(s) of Red/Orange vegetables.

Cooking Instructions
Microwave Oven: Heat 14-16 minutes at Medium High power. Cut a 1" slit in center of bag. Heat on Medium High power for 1/2 of the total heating time. Rotate the bag; push corners inward. Finish heating.
NOTE: Oven power may vary. Adjust heating time as needed.
Boil-In-Bag: Full rolling boil for 18-20 minutes. Place (unopened) bag in boiling water.
NOTE: Cook from frozen state. Heat thoroughly to 170°- 180° F. Mix thoroughly and serve.
Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schneider Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

ConAgra Foods
Food you love

LambWeston
SEEING POSSIBILITIES IN POTATOES

Product: USF Monarch Sweet Potato Trim Fries
Catalog # M8000

Bulk Code 5806
Package Size 15 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84g)
Servings Per Container About 80

Amount Per Serving

Calories 180	Calories from Fat 70
	%Daily Value*
Total Fat 8g	12%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 120mg	5%
Potassium 240mg	7%
Total Carbohydrate 25g	8%
Dietary Fiber 3g	12%
Sugars 7g	
Protein 2g	

Vitamin A 60% • Vitamin C 6%

Calcium 2% • Iron 2 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt
Sr. Nutritionist
Enterprise Regulatory Affairs
ConAgra Foods/Lamb Weston
November 30, 2015

Technical Center: Quality Assurance, Food Safety
2005 Saint Street, Richland, WA 99354 – Phone: 509-375-5840; Fax: 509-375-5870

ConAgra Foods
Food you love

LambWeston
SEEING POSSIBILITIES IN POTATOES

Product: USF Monarch Sweet Tater Nuggets
Catalog # M9400

Bulk Code 5791
Package Size 15 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84g)
Servings Per Container About 80

Amount Per Serving

Calories 130 Calories from Fat 30

	%Daily Value*
Total Fat 3.5g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	8%
Potassium 170mg	5%
Total Carbohydrate 23g	8%
Dietary Fiber 2g	8%
Sugars 8g	
Protein 1g	

Vitamin A 60% • Vitamin C 6%
Calcium 2% • Iron 2 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt
Sr. Nutritionist
Enterprise Regulatory Affairs
ConAgra Foods/Lamb Weston
November 30, 2015

Technical Center: Quality Assurance, Food Safety
2005 Saint Street, Richland, WA 99354 – Phone: 509-375-5840; Fax: 509-375-5870

ConAgra Foods®
Food you love

LambWeston®
SEEING POSSIBILITIES IN POTATOES

Product: Monarch Sweet Potato Platter Fries
Catalog # M8100

Bulk Code 5816
Package Size 15 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84g)
Servings Per Container About 80

Amount Per Serving

Calories 140 Calories from Fat 40

	%Daily Value*
Total Fat 4g	6%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 130mg	5%
Potassium 240mg	7%
Total Carbohydrate 24g	8%
Dietary Fiber 3g	12%
Sugars 7g	
Protein 1g	

Vitamin A 70% • Vitamin C 10%

Calcium 2% • Iron 0 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt
Sr. Nutritionist
Enterprise Regulatory Affairs
ConAgra Foods/Lamb Weston
November 30, 2015

Technical Center: Quality Assurance, Food Safety
2005 Saint Street, Richland, WA 99354 – Phone: 509-375-5840; Fax: 509-375-5870

School Year 2016-2017

Nutritional Information for ConAgra Foods Lamb Weston, Inc.

Product Code Number	Product Description	Case Weight (lbs)	Serving Size (oz)	Portions per Serving	Svgs per Case	Calories	Calories From Fat	% Cal From Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (% DV)	Vitamin C (% DV)	Calcium (% DV)	Iron (%DV)	CN Number (if applicable)	Meat/MA Credit	Veg Credit	Bread Svgs Credit
H40	Lamb's Supreme/Potato Stix	24	5 stix		128	170	80	47%	9	2.5	0	0	330	20	2	<1	2	0	6	0	4			4.5 oz = 1/2 cup of Starchy Veg	
J71	Time Savor Soup Cubes 3/8"	36	1 C		148	90	0	0%	0	0	0	0	5	20	2	<1	2		10	0	2			3.16 oz = 1/2 cup of Starchy Veg	
J73	Time Savor Salad Dices 5/8"	36	3/4 C		148	90	0	0%	0	0	0	0	25	20	3	<1	3		10		4			3.16 oz = 1/2 cup of Starchy Veg	
K0120	Lamb's Seasoned Mini Criss Cuts	24	3.00		128	170	70	41%	8	2	0	0	440	23	2	<1	2	0	2	2	4				
K39	Lamb Weston Mini Potato Cakes	18	3.00		96	150	80	53%	9	2.5	0	15	330	14	1	<1	2	0	6	0	2			5.36 oz = 1/2 cup of Starchy Veg	
M0013	Jalapeno Cheddar Redskin Mashed	24	2/3 C		78	140	45	32%	5	2	0	10	650	20	3	2	4	0	0	8	2				
M12	Seasoned Mashed	24	2/3 C		78	110	25	23%	2.5	1	0	5	500	21	2	0	2	0	0					4.34 oz = 1/2 cup of Starchy Veg	
M14	Lamb's Supreme Lightly Seasoned Mashed	24	2/3 C		78	110	20	18%	2	1	0	5	500	21	2	0	2	0	2	2	2			4.34 oz = 1/2 cup of Starchy Veg	
M15	Lamb's Supreme Low Fat Recipe Mashed	24	2/3 C		78	110	10	9%	1	0	0	0	300	22	2	<1	2	0	6	2	2				
M16	Mashed - Supreme	24	2/3 C		78	90	10	11%	1	0	0	0	500	18	2	0	2	0	0	0	0			4.34 oz = 1/2 cup of Starchy Veg	
M18	Lamb Supreme Mashed Potato	24	2/3 C		78	110	20	18%	2	1	0	5	500	21	2	0	2	0	0	0	0				
N88	Lamb's Supreme Mashed Potatoes	30	2/3 C		78	130	40	31%	4.5	1.5	0	5	590	21	2	0	2	0	0					4.34 oz = 1/2 cup of Starchy Veg	
P40	Lamb's Tantalizer Round Stuffed Spudz	18	3.00		96	180	90	50%	10	2.5	0	15	450	18	3	1	5	4	0	10	2				
P55	Lamb's Natural Crisscut Fries	27	3.00		144	140	50	36%	6	2	0	0	20	20	2	<1	2		6		4			1.97 oz = 1/2 cup of Starchy Veg	
PP24	Park Premium 3/8" Regular Cut Fries	30	3.00		160	120	35	29%	4	1	0	0	25	18	2	<1	2	0	8	0	6				
PP50	Park Premium Rounds	30	3.00		160	140	70	50%	8	2	0	0	280	18	2	0	2	0	6	0	4			2.52 oz = 1/2 cup of Starchy Veg	
PP51	Park Premium Roundabouts	30	3.00		160	170	80	47%	9	2.5	0	0	330	20	2	<1	2	0	6	0	4				
PP52	Park Premium Tater Wedges (Triangles)	30	1 wedge		238	100	45	45%	5	1.5	0	0	330	12	1	<1	1	0	2	0	2			4.5 oz = 1/2 cup of Starchy Veg	
Q49	Lamb Weston Quick Bites 1/2" Crinkle Cut	27	3.00		144	170	50	29%	6	0.5	0	0	260	26	3	<1	3	0	4	0	4			1.97 oz = 1/2 cup of Starchy Veg	
Q80	Lamb's Natural 8 Segment Wedges	30	3.00		160	110	25	23%	3	1	0	0	25	20	2	<1	2	0	8	0	4			2.69 oz = 1/2 cup of Starchy Veg	
R12	Lamb's Ranch Recipe Frozen Potatoes	30	3.00		160	120	45	38%	5	1	0	0	280	17	2	<1	2	0	8	0	2			2.92 oz = 1/2 cup of Starchy Veg	
R45	Russetts Oven 1/2" Crinkle Cuts	30	3.00		160	120	35	29%	4	0	0	0	35	20	2	<1	2	0	8	0	4			1.97 oz = 1/2 cup Starchy Veg	
RR01	Rapid Russet 1/2" Crinkle Cut	30	3.00		160	130	35	27%	4	1	0	0	25	22	2	<1	2	0	8	0	4				
RR06	Rapid Russet 1/4" Shoestrings	27	3.00		144	140	45	32%	5	1.5	0	0	25	21	2	<1	2	0	8	0	4				
RR41	Rapid Russett Oven 1/2" Crinkle Cut	30	3.00		160	120	35	29%	4	1	0	0	280	20	2	<1	2	0	8	0	4			1.97 oz = 1/2 cup of Starchy Veg	
RR45	Rapid Russett Natural 5/16 RC Fries	30	3.00		160	140	45	32%	5	1.5	0	0	330	21	2	<1	2	0	8	0	4				
S0003	Stealth 5/16" Regular Cut	30	3.00		160	140	45	32%	5	0	0	0	280	21	2	<1	2		8		4			1.98 oz = 1/2 cup of Starchy Veg	
S0007	Roasted Wedges w/Canola Oil	30	3.00		160	120	10	8%	1	0	0	0	200	25	2	<1	2	0	8	0	2			2.69 oz = 1/2 cup of Starchy Veg	
S0008	Roasted 1/2" CC w/Canola Oil	30	3.00		160	110	10	9%	1	0	0	0	200	23	2	<1	2	0	8	0	2			2.54 oz = 1/2 cup Starchy Veg	
S0009	Lamb's Oven Roasted 3/8" RC Seasoned	30	3.00		160	110	15	14%	1.5	0	0	0	200	25	2	<1	2	0	8	0	4			2.28 oz = 1/2 cup of Starchy Veg	
S0022	Stealth Seasoned Thin Crinkle Cut	30	3.00		160	140	45	32%	5	1.5	0	0	280	22	2	<1	2	0	6	0	2				
S0026	Lamb Weston Starz	30	3.00		160	180	90	50%	10	1	0	0	330	20	2	<1	2	0	4	0	4				
S14	Bakable Stealth Shoestrings	27	3.00		144	160	60	38%	7	0.5	0	0	230	21	2	<1	2		10		2			2.54 oz = 1/2 cup Starchy Veg	
S15	Stealth /12" Criss Cut Fry	27	3.00		144	150	50	33%	6	1.5	0	0	280	23	2	<1	2	0	2	0	4			2.17 oz = 1/2 cup of Starchy Veg	
S19	Stealth Fries Regular Cut	30	3.00		160	130	35	27%	4	1	0	0	280	21	2	<1	2	0	8	0	4			2.44 oz = 1/2 cup of Starchy Veg	
S34	Stealth 1/4"SS	27	3.00		144	130	45	35%	5	1.5	0	0	280	20	2	<1	2	0	6	0	2			2.43 oz = 1/2 cup of Starchy Veg	
S35	Stealth 5/16" Thin RC	30	3.00		160	140	45	32%	5	1.5	0	0	280	22	2	<1	2	0	6	0	2			2.43 oz = 1/2 cup of Starchy Veg	
S57	Stealth Regular Cut	30	3.00		160	130	40	31%	4.5	1	0	0	280	21	2	<1	2	0	8	0	4			2.45 oz = 1/2 cup of Starchy Veg	
S69	Lamb's Supreme IQF Hash Browns	18	1 Cup		96	70	0	0%	0	0	0	0	30	16	2	<1	2	0	8	0	4			3.86 oz = 1/2 cup of Starchy Veg	
SP04	Special Pack 3/8" RC Fries	30	3.00		160	120	35	29%	4	1	0	0	25	18	2	<1	2	0	8	0	4			2.29 oz = 1/2 cup of Starchy Veg	
SP05	5/16 Straight Cut	30	3.00		160	140	45	32%	5	1.5	0	0	25	21	2	<1	2	0	8	0	4				
SP06	Special Pack 1/4 Shoestring	36	3.00		192	150	50	33%	6	1.5	0	0	30	21	2	<1	2	0	8	0	4				
UB108	Monarch Puzzle Pieces Puffs	30	3.00		160	180	100	56%	11	2.5	0	0	280	19	2	0	2	0	0	0	2				
X11	Gen 7 1/4" SS	24	3.00		128	180	70	39%	8	0.5	0	0	200	26	3	<1	2	0	8	0	2			1.83 oz = 1/2 cup of Starchy Veg	
X12	Gen 7 5/16" Reg Cut	24	3.00		128	170	50	29%	6	1.5	0	0	200	27	2	<1	2	0	8	0	2			1.83 oz = 1/2 cup of Starchy Veg	
X13	Gen 7 3/8" RC	27	3.00		144	170	50	29%	6	0.5	0	0	200	25	3	<1	3		8		4			2.28 oz = 1/2 cup of Starchy Veg	
X14	Gen 7 Concertina Fries	27	3.00		144	180	60	33%	7	2	0	0	200	26	3	<1	3	0	8	0	4			1.97 oz = 1/2 cup of Starchy Veg	
X15	Gen 7 Colossal Crinkle Fries	27	3.00		144	170	60	35%	7	0.5	0	0	200	26	2	<1	2	0	4	0	2			1.97 oz = 1/2 cup of Starchy Veg	
X16	Gen 7 5/16 Crinkle Cut Fry	24	3.00		128	170	60	35%	7	0.5	0	0	200	25	2	<1	2	0	8	0	4			1.97 oz = 1/2 cup of Starchy Veg	
X23	Gen 7 Natural 3/8" Reg Cut	27	3.00		144	160	45	28%	5	1.5	0	0	200	25	2	<1	3	0	8	0	2			2.28 oz = 1/2 cup of Starchy Veg	
X30	Generation 7 Crinkle Cut Wedge (Skin On)	30	3.00		160	140	45	32%	5	1.5	0	0	200	22	2	<1	2	0	8	0	4			2.69 oz = 1/2 cup of Starchy Veg	
X32	Generation 7 Stealth Think RC 5/16	27	3.00		144	170	50	29%	6	1.5	0	0	260	27	2	<1	3	0	8	0	4			1.99 oz = 1/2 cup of Starchy Veg	

For additional product information visit http://dese.mo.gov/divadm/food/Nutritional_Facts_Index.html

Lamb Weston

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb Supreme® All Purpose Hash Browns 02143** **Formed Product - Regular**

Ingredient Statement:

Ingredients: Potatoes, Contains One or More of the Following: (Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Dehydrated Potato, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 4.5 oz. (128g/2 pieces)

Amount Per Serving	
Calories 260	Calories from Fat 140
	% Daily Value*
Total Fat 16g	25%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 500mg	21%
Potassium 440mg	13%
Total Carbohydrate 28g	9%
Dietary Fiber 4g	16%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 15%

Calcium 0% • Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	7.11	1/4 cup cooked vegetable	14.1

LAMB WESTON EQUILVALENT PER BAG PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	17.77	1/2 cup cooked vegetable	5.62

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	106.66	1/2 cup cooked vegetable	0.93

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Hashed patty Pre-browned 2.25 oz.	Starchy	4.5 oz.	X	7.11/16	2.00

I certify the above information is true and correct and that 4.5 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 25-30 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 14-17 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

ConAgra Foods
Food you love

LambWeston
SEEING POSSIBILITIES IN POTATOES

Product: Inland Valley 3/8" RC Fries
Catalog # 21994

Bulk Code 3189
Package Size 30 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84g/about 15 pieces)
Servings Per Container About 160

Amount Per Serving

Calories 120 Calories from Fat 35

	%Daily Value*
Total Fat 4g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 25mg	1%
Potassium 300mg	9%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	8%
Sugars less than 1g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 4 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt
Sr. Nutritionist
Enterprise Regulatory Affairs
ConAgra Foods/Lamb Weston
November 30, 2015

Technical Center: Quality Assurance, Food Safety
2005 Saint Street, Richland, WA 99354 – Phone: 509-375-5840; Fax: 509-375-5870

Item #2200D

MunchSkins®

Brand: SKIN-ON PRODUCTS

Cut Size: Approx. 12-13 ct./lb. Package Size: 4/4#

LambWeston
SEEING POSSIBILITIES IN POTATOES

Made from premium Russet potatoes, MunchSkins® are easily prepared in the fryer or the oven and have minimal oil absorption and breakage. Great appetizer item that can be filled with cheese, bacon or mashed for twice baked potatoes.

Ingredients: Ingredients: Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Dextrose.
Allergens: NONE
Grade: A (FANCY FROM WHOLE POTATOES-REGULAR)
Kosher: No
Country of Origin: USA
Shelf Life: 720 days
SCC Code: 10044979220042
Item Number: 2200D

Serving Size: 3 oz (84g/2 - 3 Pieces)
Servings per container: About 85
Calories [per serving]: 120.0
Calories from fat: 35.0

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

** Contains less than 2% of the Daily Value of these nutrients.

Amount Per Serving		DV%
Total Fat	4.0g	6.0%
Saturated Fat	1.0g	5.0%
Trans Fat	0	
Cholesterol	0.0mg	0.0%
Sodium	20.0mg	1.0%
Potassium	450.0mg	13.0%
Total Carbohydrate	20.0g	7.0%
Dietary Fiber	3.0g	12.0%
Sugars	less than 1g	
Protein	2.0g	
Vitamin A		0%
Vitamin C		8%
Calcium		0%
Iron		8%

Method	Time	Temperature	Additional Instructions
Convection Oven	10 - 12 min	400°F	
Conventional Oven	15 - 20 min	400°F	
Deep Fry	3 1/4 - 3 3/4 min	345 - 350°F	

Shipping Information		Product Information	
Net Weight	16.0000	Grade	A (FANCY FROM WHOLE POTATOES-REGULAR)
Gross Weight	17.5000	Country of Origin	USA
Count Per Pound	N/A	Kosher Status	No
Case Cube	0.93	Shelf Life	720 days
Ti/Hi	10,10		

Handling Instructions
Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Taterboy® TaterBabies® Western Spicy Wedges 24298** **Grade A Fancy - Seasoned**

Ingredient Statement:

Ingredients: Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Corn Starch, Spices, Garlic Powder, Corn Meal, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Natural Flavor, Spice and Coloring, Dextrose.

CONTAINS: WHEAT

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.90 oz. (82.22g)

Amount Per Serving

Calories 110 Calories from Fat 45

	% Daily Value*
Total Fat 5g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 250mg	10%
Potassium 240mg	7%
Total Carbohydrate 14g	5%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	11.9	1/4 cup cooked vegetable	8.5

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	27.58	1/2 cup cooked vegetable	3.62

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	165.51	1/2 cup cooked vegetable	0.6

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen, Wedges USDA	Starchy	2.69 oz. by weight	X	11.9/16	2.00

I certify the above information is true and correct and that 2.90 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 25-30 minutes or to desired crispness and texture.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 12-15 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schneider Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

Item #24322

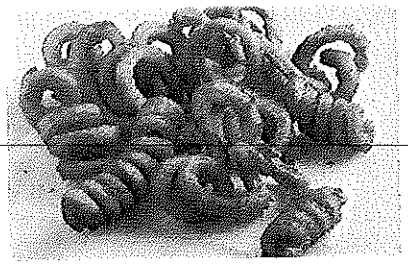
Western Spicy Recipe Crispy QQQ's®

Brand: TATERBOY® QQQ Fries®

Cut Size: 1/4 Cut Package Size: 6/5# SPICY

LambWeston
SEEING POSSIBILITIES IN POTATOES

Western Spicy Crispy QQQs® are coated with a special batter of spices and seasonings. Superior hold time. Great for take-out/drive thru business. Perfect for second fry concept.



Ingredients: Ingredients: Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Corn Starch, Spices, Corn Meal, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Colored with Oleoresin Paprika, Dextrose. CONTAINS: WHEAT
Allergens: Wheat
Grade: A (FANCY FROM WHOLE POTATOES - SEASONED)
Kosher: No
Country of Origin: USA
Shelf Life: 720 days
SCC Code: 10043301243223
Item Number: 24322

Serving Size: 3 oz (84 g)
Servings per container: About 160
Calories [per serving]: 150.0
Calories from fat: 60.0

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

** Contains less than 2% of the Daily Value of these nutrients.

Amount Per Serving		DV%
Total Fat	7.0g	11.0%
Saturated Fat	2.0g	10.0%
Trans Fat	0	
Cholesterol	0.0mg	0.0%
Sodium	420.0mg	18.0%
Potassium	260.0mg	7.0%
Total Carbohydrate	20.0g	7.0%
Dietary Fiber	2.0g	8.0%
Sugars	less than 1 g	
Protein	2.0g	
Vitamin A		**
Vitamin C		8%
Calcium		**
Iron		4%

Method	Time	Temperature	Additional Instructions
Convection Oven	10 - 14 min	400°F	
Deep Fry	2 1/4 - 2 3/4 min	345 - 350°F	

Shipping Information		Product Information	
Net Weight	30.0000	Grade	A (FANCY FROM WHOLE POTATOES - SEASONED)
Gross Weight	32.0000	Country of Origin	USA
Count Per Pound	N/A	Kosher Status	No
Case Cube	1.63	Shelf Life	720 days
Ti/Hi	9,6		

Handling Instructions
Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Taterboy® Long Branch Fries 3/8" Regular Cut Western Spicy 24504** **Extra Long Fancy - Seasoned**

Ingredient Statement:

Ingredients: Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Corn Starch, Spices, Garlic Powder, Corn Meal, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Natural Flavor, Spice and Coloring, Dextrose.

Food Allergens:WHEAT

Nutrition Facts

Serving Size 2.52 oz. (71.39g)

Amount Per Serving

Calories 120 Calories from Fat 45

	% Daily Value*
Total Fat 5g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%
Potassium 230mg	7%
Total Carbohydrate 16g	5%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	14	1/4 cup cooked vegetable	7.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	31.74	1/2 cup cooked vegetable	3.15

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	190.47	1/2 cup cooked vegetable	0.53

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Straight Cut Ovenable Regular Moisture	Starchy	2.28	X	14/16	2.00

I certify the above information is true and correct and that 2.52 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 12-15 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Canola Quick® Shoestrings 23C** **Regular Fries**

Ingredient Statement:

Ingredients: Potatoes, High Oleic Canola Oil, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 1.83 oz. (52g)

Amount Per Serving

Calories 110	**Calories from Fat 40**
	% Daily Value*
Total Fat 4.5g	**7%**
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 20mg	**1%**
Potassium 190mg	**5%**
Total Carbohydrate 17g	**6%**
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 4%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	14.2	1/4 cup cooked vegetable	7.1

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4 LB	34.97	1/2 cup cooked vegetable	2.86

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
24 LB	209.83	1/2 cup cooked vegetable	0.47

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato, French Fry, Frozen Shoestring Straight Cut Low Moisture	Starchy	1.83 oz.	X	14.2/16	2.00

I certify the above information is true and correct and that 1.83 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-11 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 5-8 minutes or until light light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schneider Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Canola Quick® 5/16" Thin Cut 23G** **Grade A- Regular Fries**

Ingredient Statement:

Ingredients: Potatoes, High Oleic Canola Oil, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 1.83oz. (52g)

Amount Per Serving

Calories 100 Calories from Fat 30

	% Daily Value*
Total Fat 3g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 20mg	1%
Potassium 210mg	6%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 4%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Grade A -Regular Fries

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-59)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	17.5	1/4 cup cooked vegetable	5.8

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4 LB	34.97	1/2 cup cooked vegetable	2.86

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
24 LB	209.83	1/2 cup cooked vegetable	0.47

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen, Shoestring Straight Cut Low Moisture	Starchy	1.83 oz.	X	17.5/16	2.00

I certify the above information is true and correct and that 1.83 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 14-16 minutes or until light golden in color.

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-9 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Canola Quick Thin Concertina Fries 23L** **Grade A - Regular Fries**

Ingredient Statement:

Ingredients: Potatoes, High Oleic Canola Oil, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 1.97 oz. (56g)

Amount Per Serving

Calories 110	Calories from Fat 35
	% Daily Value*
Total Fat 4g	6%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 20mg	1%
Potassium 250mg	7%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4 LB	32.48	1/2 cup cooked vegetable	3.08

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
24 LB	194.92	1/2 cup cooked vegetable	0.51

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen Crinkle Cut Low Moisture, Oven	Starchy	1.97	X	16.2/16	2.00

I certify the above information is true and correct and that 1.97 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 14-16 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-9 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

Item #24G

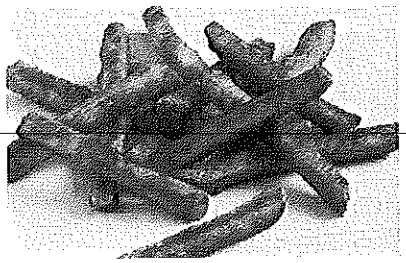
Spicy Recipe Regular Cut

Brand: LAMB'S SEASONED

Cut Size: 3/8 RC Package Size: 6/5#

LambWeston
SEEING POSSIBILITIES IN POTATOES

The light coating of natural seasonings and spices gives these 3/8" spicy recipe seasoned fries an appealing crunch as well as a zesty flavor. Light coatings act as insulators to maintain heat and texture longer - less waste and more profits.



Ingredients: Ingredients: Potatoes, Vegetable Oil (Contains One or More of the Following: Canola, Palm, Soybean, Sunflower), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Corn Starch, Spices, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Garlic Powder, Onion Powder, Natural Flavor, Oleoresin Paprika. CONTAINS: WHEAT
Allergens: Wheat
Grade: A (EXTRA LONG FANCY-SEASONED FRIES)
Kosher: No
Country of Origin: USA
Shelf Life: 720 days
SCC Code: 10044979024077
Item Number: 24G

Serving Size: 3 oz (84 g)
Servings per container: About 160
Calories [per serving]: 140.0
Calories from fat: 60.0

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

** Contains less than 2% of the Daily Value of these nutrients.

Amount Per Serving		DV%
Total Fat	7.0g	11.0%
Saturated Fat	2.0g	10.0%
Trans Fat	0	
Cholesterol	0.0mg	0.0%
Sodium	350.0mg	15.0%
Potassium	310.0mg	9.0%
Total Carbohydrate	18.0g	6.0%
Dietary Fiber	2.0g	8.0%
Sugars	less than 1 g	
Protein	2.0g	
Vitamin A		0%
Vitamin C		8%
Calcium		0%
Iron		4%

Method	Time	Temperature	Additional Instructions
Convection Oven	10 - 13 min	400°F	
Deep Fry	3 1/4 - 3 3/4 min	345 - 350°F	

Shipping Information		Product Information	
Net Weight	30.0000	Grade	A (EXTRA LONG FANCY-SEASONED FRIES)
Gross Weight	32.0000	Country of Origin	USA
Count Per Pound	N/A	Kosher Status	No
Case Cube	1.30	Shelf Life	720 days
Ti/Hi	9,8		

Handling Instructions
Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Seasoned® Mini Bakers® 24U** **Fancy From Whole Potatoes - Seasoned**

Ingredient Statement:

Ingredients: Potatoes, Vegetable Oil (Contains One of More of the Following: Canola, Palm, Soybean, Sunflower), Enriched Wheat Flour (Wheat Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Corn Starch, Spices, Corn Meal, Garlic Powder, Onion Powder, Leavening (Disodium DihydrogenPyrophosphate, Sodium Bicarbonate), Dried Yeast, Oleoresin Paprika, Dextrose.

Food Allergens:WHEAT

Nutrition Facts

Serving Size 2.90 oz. (82g)

Amount Per Serving

Calories 120 Calories from Fat 35

	% Daily Value*
Total Fat 4g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Potassium 320mg	9%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 20%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	11.9	1/4 cup cooked vegetable	8.5

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	27.58	1/2 cup cooked vegetable	3.62

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	165.51	1/2 cup cooked vegetable	0.6

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen, Wedges USDA	Starchy	2.69 oz.	X	11.9/16	2.00

I certify the above information is true and correct and that 2.90 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 16-18 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date:July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

Item #30H

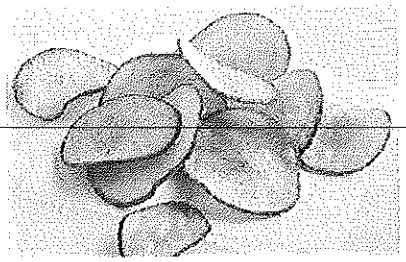
Chips

Brand: HOUSE CUTS®

Cut Size: 3/32 Chip Package Size: 6/5#

LambWeston
SEEING POSSIBILITIES IN POTATOES

Made from the finest Russet potatoes, thinly sliced with the skin-on. Can be served hot or at room temperature. Perfect for a signature appetizer, snack or side dish. Less breakage, lower cost and more potato flavor than ordinary, dry chips.



Ingredients: Ingredients: Potatoes, Vegetable Oil (Contains One or More of the Following: Soybean, Canola, Palm, Hydrogenated Cottonseed, Sunflower), Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.
Allergens: NONE
Grade: A (FANCY OTHER - REGULAR)
Kosher: No
Country of Origin: USA
Shelf Life: 720 days
SCC Code: 10044979003089
Item Number: 30H

Serving Size: 3 oz (84g)
Servings per container: About 160
Calories [per serving]: 160.0
Calories from fat: 70.0

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

** Contains less than 2% of the Daily Value of these nutrients.

Amount Per Serving		DV%
Total Fat	8.0g	12.0%
Saturated Fat	2.0g	10.0%
Trans Fat	0	
Cholesterol	0.0mg	0.0%
Sodium	230.0mg	10.0%
Potassium	360.0mg	10.0%
Total Carbohydrate	21.0g	7.0%
Dietary Fiber	2.0g	8.0%
Sugars	less than 1g	
Protein	2.0g	
Vitamin A		0%
Vitamin C		4%
Calcium		0%
Iron		2%

Method	Time	Temperature	Additional Instructions
Deep Fry	3 - 3 1/4 min	345 - 350°F	

Shipping Information		Product Information	
Net Weight	30.0000	Grade	A (FANCY OTHER - REGULAR)
Gross Weight	32.0000	Country of Origin	USA
Count Per Pound	80	Kosher Status	No
Case Cube	1.61	Shelf Life	720 days
Ti/Hi	9,6		

Handling Instructions
Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.

LambWeston

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb Weston Private Reserve Special Process Breakfast Cubes 32N** **Fancy -Regular**

Ingredient Statement:

Ingredients: Potatoes, Vegetable Oil (Contains One or More of the Following: Canola, Palm, Soybean, Sunflower), Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 2.28 oz. (65g)

Amount Per Serving	
Calories 90	Calories from Fat 20
	% Daily Value*
Total Fat 2.5g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	9%
Potassium 310mg	9%
Total Carbohydrate 15g	5%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	
Vitamin A 0% • Vitamin C 6%	
Calcium 0% • Iron 4%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	14	1/4 cup cooked vegetable	7.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
6 LB	42.1	1/2 cup cooked vegetable	2.37

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
36 LB	252.63	1/2 cup cooked vegetable	0.39

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen, Wedges USDA	Starchy	2.28 oz	X	14/16	2.00

I certify the above information is true and correct and that 2.28 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 18-22 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 7-10 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schwartz Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

Item #33D

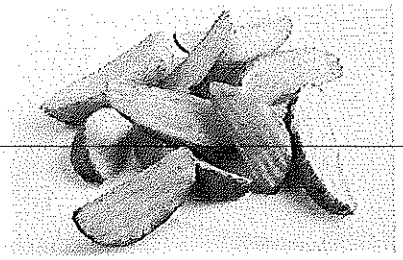
Crinkle Wedge Cut

Brand: LW PRIVATE RESERVE®

Cut Size: 10-cut Wedge Package Size: 6/5#

LambWeston
SEEING POSSIBILITIES IN POTATOES

10-cut crinkle wedges cut with the skin-on for a "made-from-scratch" quality and appearance; full of natural potato flavor. Use to replace fresh cut fries for labor saving quality and consistency.



Ingredients: Ingredients: Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil), Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.
Allergens: NONE
Grade: A (FANCY FROM WHOLE POTATOES-REGULAR)
Kosher: No
Country of Origin: USA
Shelf Life: 720 days
SCC Code: 10044979033048
Item Number: 33D

Serving Size: 3 oz (84g/about 15, 2" pieces)
Servings per container: About 160
Calories [per serving]: 120.0
Calories from fat: 35.0

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

** Contains less than 2% of the Daily Value of these nutrients.

Amount Per Serving		DV%
Total Fat	4.0g	6.0%
Saturated Fat	1.0g	5.0%
Trans Fat	0	
Cholesterol	0.0mg	0.0%
Sodium	310.0mg	13.0%
Potassium	400.0mg	11.0%
Total Carbohydrate	20.0g	7.0%
Dietary Fiber	2.0g	8.0%
Sugars	less than 1 g	
Protein	2.0g	
Vitamin A		**
Vitamin C		8%
Calcium		**
Iron		4%

Method	Time	Temperature	Additional Instructions
Convection Oven	6 - 8 min	400°F	
Conventional Oven	16 - 20 min	400°F	
Deep Fry	3 1/4 - 3 3/4 min	345 - 350°F	
Impingement Oven	8 - 11 min	450°F	

Shipping Information		Product Information	
Net Weight	30.0000	Grade	A (FANCY FROM WHOLE POTATOES-REGULAR)
Gross Weight	32.0000	Country of Origin	USA
Count Per Pound	N/A	Kosher Status	No
Case Cube	1.14	Shelf Life	720 days
Ti/Hi	9,8		

Handling Instructions
Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.

Item #A01

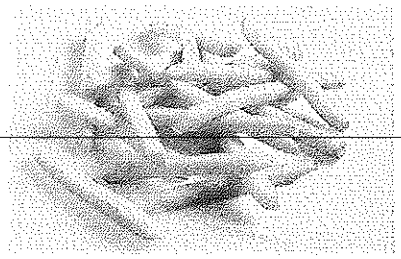
Hi-Fries® Shoestrings

Brand: LAMB'S SUPREME®

Cut Size: 1/4 SS Package Size: 6/4-1/2#

LambWeston
SEEING POSSIBILITIES IN POTATOES

Lamb's Supreme® Hi-Fries 1/4' shoestrings - premium length for maximum yield and plate coverage. Consistent quality and performance, uniform sizing, golden appearance and light, fluffy texture and full potato flavor.



Ingredients: Ingredients: Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.
Allergens: NONE
Grade: A (PREMIUM EXTRA LONG FANCY-REGULAR FRIES)
Kosher: No
Country of Origin: USA
Shelf Life: 720 days
SCC Code: 10044979001016
Item Number: A01

Serving Size: 3 oz (84g)
Servings per container: About 144
Calories [per serving]: 130.0
Calories from fat: 40.0

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

** Contains less than 2% of the Daily Value of these nutrients.

Amount Per Serving		DV%
Total Fat	4.5g	7.0%
Saturated Fat	1.0g	5.0%
Trans Fat	0	
Cholesterol	0.0mg	0.0%
Sodium	25.0mg	1.0%
Potassium	350.0mg	10.0%
Total Carbohydrate	21.0g	7.0%
Dietary Fiber	2.0g	8.0%
Sugars	less than 1g	
Protein	2.0g	
Vitamin A		0%
Vitamin C		8%
Calcium		0%
Iron		4%

Method	Time	Temperature	Additional Instructions
Deep Fry	2 1/2 - 2 3/4 min	345 - 350°F	

Shipping Information		Product Information	
Net Weight	27.0000	Grade	A (PREMIUM EXTRA LONG FANCY-REGULAR FRIES)
Gross Weight	29.0000	Country of Origin	USA
Count Per Pound	N/A	Kosher Status	No
Case Cube	1.36	Shelf Life	720 days
Ti/Hi	9,7		

Handling Instructions
Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Seasoned® Jr. Jo Jo's® A10** **Seasoned Regular**

Ingredient Statement:

Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Corn Starch, Spices, Corn Meal, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Colored with Oleoresin Paprika, Dextrose.

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.98 Oz. (84.40g)

Amount Per Serving

Calories 100 — Calories from Fat 35

	% Daily Value*
Total Fat 4g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Potassium 340mg	10%
Total Carbohydrate 15g	5%
Dietary Fiber 2g	8%
Sugars 1g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	11.9	1/4 cup cooked vegetable	8.5

LAMB WESTON EQUILVALENT PER BAG PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	26.84	1/2 cup cooked vegetable	3.72

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	161.07	1/2 cup cooked vegetable	0.62

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potaotes, Frozen Crinkle Cut Low Moisture	Starchy	2.69 oz by weight	X	111.9/16	2.00

I certify the above information is true and correct and that 2.98 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 25-30 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 14-16 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schneider Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Supreme® Tater Roundabouts® A26** **Formed Product - Regular**

Ingredient Statement:

Ingredients: Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Dehydrated Potato, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 2.54 oz. (72g/about 11 pieces)

Amount Per Serving

Calories 150	Calories from Fat 70
	% Daily Value*
Total Fat 8g	12%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%
Potassium 300mg	9%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-70)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	12.6	1/4 cup cooked vegetable	8

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	31.49	1/2 cup cooked vegetable	3.17

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	188.97	1/2 cup cooked vegetable	0.53

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato Products, frozen Circles	Starchy	2.54 oz.	X	12.6/16	2.00

I certify the above information is true and correct and that 2.54 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-12 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schwartz Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Seasoned® Crispy Cubes®, Original Recipe A28** **Seasoned Regular**

Ingredient Statement:

Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Corn Starch, Spices, Corn Meal, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Colored with Oleoresin Paprika, Dextrose.

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.91 oz. (82.44g)

Amount Per Serving

Calories 130	Calories from Fat 50
	% Daily Value*
Total Fat 6g	9%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 270mg	11%
Potassium 300mg	9%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	8%
Sugars 1g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	11.9	1/4 cup cooked vegetable	8.5

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
6 LB	32.98	1/2 cup cooked vegetable	3.03

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
36 LB	197.93	1/2 cup cooked vegetable	0.5

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato, Frozen, Wedge	Starchy	2.69 oz.	X	11.9/16	2.00

I certify the above information is true and correct and that 2.91 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 22-27 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-12 minutes or until light light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Seasoned® Wedge, Southern Style Recipe A40**

Long Fancy - Seasoned

Ingredient Statement:
Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Starch, Salt, Modified Corn Starch, Spices, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrin, Garlic Powder, Yeast Extract, Torula Yeast, Onion Powder, Natural Butter Flavor (Milk), Spice and Coloring, Dextrose.

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.95 oz. (83.66g)

Amount Per Serving

Calories 130	**Calories from Fat 45**
	% Daily Value*
Total Fat 5g	**8%**
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 330mg	**14%**
Potassium 280mg	**8%**
Total Carbohydrate 18g	**6%**
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0%	• Vitamin C 8%
Calcium 0%	• Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	11.9	1/4 cup cooked vegetable	8.5

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	27.11	1/2 cup cooked vegetable	3.68

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	162.71	1/2 cup cooked vegetable	0.61

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato, Frozen, Wedge	Starchy	2.69 oz.	X	11.9/16	2.00

I certify the above information is true and correct and that 2.95 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Conventional Oven: Pre-heat oven to 400ºF. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 22-27 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400ºF. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 11-14 minutes or until light light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Alexia Wedge Cuts Skin-On AX505** **Grade A Fancy - Seasoned**

Ingredient Statement:

Ingredients: Organic Potatoes, Expeller Pressed Canola Oil, Salt, Citric Acid (to promote color retention), Apple Juice Concentrate.

Food Allergens: NONE

Nutrition Facts

Serving Size 2.69 oz. (76g)

Amount Per Serving	
Calories 100	Calories from Fat 25
	% Daily Value*
Total Fat 2.5g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 210mg	9%
Potassium 310mg	9%
Total Carbohydrate 16g	5%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	
Vitamin A 0% • Vitamin C 8%	
Calcium 0% • Iron 4%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	11.9	1/4 cup cooked vegetable	8.5

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	29.74	1/2 cup cooked vegetable	3.36

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	178.44	1/2 cup cooked vegetable	0.56

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen, Wedges USDA	Starchy	2.69 oz.	X	11.9/16	2.00

I certify the above information is true and correct and that 2.69 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or to desired crispness and texture.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake13-18 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Supreme® Tri-Patties B03**

Formed Product - Regular

Ingredient Statement:
Potatoes, Contains One or More of the Following: (Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Dehydrated Potato, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: None

Nutrition Facts

Serving Size 4.5.oz (128g/about 2-1/4 pieces)

Amount Per Serving	
Calories 220	Calories from Fat 100
	% Daily Value*
Total Fat 11g	17%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 450mg	19%
Potassium 400mg	11%
Total Carbohydrate 27g	9%
Dietary Fiber 2g	8%
Sugars 1g	
Protein 2g	
Vitamin A 0% • Vitamin C 4%	
Calcium 0% • Iron 4%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT (March 2013 Update): (pg. 2-69)

USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	7.11	1/4 cup cooked vegetable	14.1

LAMB WESTON EQUILVALENT PER BAG PRODUCT

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	17.78	1/2 cup cooked vegetable	5.63

LAMB WESTON EQUILVALENT PER CASE PRODUCT

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	106.65	1/2 cup cooked vegetable	0.94

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Hashed patty Pre-browned 2.25 oz.	Starchy	4.50 oz.	X	7.11/16	2.00

I certify the above information is true and correct and that a 4.50 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 25-30 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 15-20 minutes or until light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schwiebert Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb Supreme Fast Browns B27** **Formed Product - Regular**

Ingredient Statement:

Ingredients: Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Salt, Dehydrated Potato, Onion Powder, Natural Flavor, Dextrose, Disodium Dihydrogen Pyrophosphate (to promote color retention).

Food Allergens: WHEAT

Nutrition Facts

Serving Size 4.5 oz. (128g/2 pieces)

Amount Per Serving

Calories 250 Calories from Fat 120

	% Daily Value*
Total Fat 13g	20%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 490mg	20%
Potassium 510mg	15%
Total Carbohydrate 29g	10%
Dietary Fiber 4g	16%
Sugars 0g	
Protein 4g	

Vitamin A 0% • Vitamin C 8%

Calcium 2% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories:		2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITION PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	7.11	1/4 cup cooked vegetable	14.1

LAMB WESTON EQUILVALENT PER BAG PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
3.50 LB Bag	12.44	1/2 cup cooked vegetable	8.03

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
21 LB	74.66	1/2 cup cooked vegetable	1.33

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Hashed patty Pre-browned 2.25 oz.	Starchy	4.5 oz.	X	7.11/16	2.00

I certify the above information is true and correct and that 4.5 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 11-13 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schwartz Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Seasoned® 5/16" Thin Cut Original Recipe B43** **Extra Long Fancy - Seasoned Fries**

Ingredient Statement:
Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Corn Starch, Spices, Corn Meal, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Colored with Oleoresin Paprika, Dextrose.

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.03 oz (58g)

Amount Per Serving

Calories 110 Calories from Fat 50

	% Daily Value*
Total Fat 6g	9%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 250mg	10%
Potassium 210mg	6%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT (March 2013 Update): (pg. 2-69)

USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	17.5	1/4 cup cooked vegetable	5.8

LAMB WESTON EQUILVALENT PER BAG PRODUCT

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	39.40	1/2 cup cooked vegetable	2.53

LAMB WESTON EQUILVALENT PER CASE PRODUCT

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	236.45	1/2 cup cooked vegetable	0.42

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen, Shoestring Straight Cut Low Moisture	Starchy	1.83 oz.	X	17.5/16	2.00

I certify the above information is true and correct and that a 2.03 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-12 minutes or until light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Seasoned 3/8" Regular Cut B91** **Long Fancy - Seasoned**

Ingredient Statement:

ngredients: Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Corn Starch, Spices, Corn Meal, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Colored with Oleoresin Paprika, Dextrose.

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.52oz (71.49g)

Amount Per Serving

Calories 120 Calories from Fat 45

	% Daily Value*
Total Fat 5g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%
Total Carbohydrate 16g	5%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	14	1/4 cup cooked vegetable	7.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	31.74	1/2 cup cooked vegetable	3.15

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	190.47	1/2 cup cooked vegetable	0.53

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Straight Cut Ovenable Regular Moisture	Starchy	2.28	X	14/16	2.00

I certify the above information is true and correct and that 2.52 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-13 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Colossal Crisp® Shoestring C0034** **Long Fancy - Seasoned**

Ingredient Statement:

Ingredients: Potatoes, Vegetable Oil (Contains One or More of the Following Oils: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Rice Flour, Dextrin, Modified Corn Starch, Salt, Cornstarch, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Xanthan Gum, Dextrose, Color (Caramel, Annatto).

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.12 oz. (60.04)

Amount Per Serving

Calories 140	Calories from Fat 60	
		% Daily Value*
Total Fat 7g		**11%**
Saturated Fat 2g		**10%**
Trans Fat 0g		
Cholesterol 0mg		**0%**
Sodium 240mg		**10%**
Potassium 140mg		**4%**
Total Carbohydrate 17g		**6%**
Dietary Fiber 1g		**4%**
Sugars 0g		
Protein 1g		

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	17.5	1/4 cup cooked vegetable	5.8

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4.5 LB	33.96	1/2 cup cooked vegetable	2.94

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
27 LB	203.77	1/2 cup cooked vegetable	0.49

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato, Frozen, French Fries, Shoestring Straight Cut Low Moisture	Starchy	1.83 oz.	X	14.2/16	2.00

I certify the above information is true and correct and that 2.12 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-10 minutes or until light light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmitt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Colossal Crisp® 3/8" Regular Cut C0057** **Long Fancy - Seasoned**

Ingredient Statement:
Potatoes, Vegetable Oil (Contains One or More of the Following Oils: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Rice Flour, Dextrin, Modified Corn Starch, Salt, Cornstarch, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Xanthan Gum, Dextrose, Color (Caramel, Annatto).

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.58 oz (73g)

Amount Per Serving	
Calories 150	Calories from Fat 60
	% Daily Value*
Total Fat 7g	**11%**
Saturated Fat 1.5g	**8%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 270mg	**11%**
Potassium 190mg	**5%**
Total Carbohydrate 20g	**7%**
Dietary Fiber 1g	**4%**
Sugars 0g	
Protein 2g	
Vitamin A 0% • Vitamin C 6%	
Calcium 0% • Iron 4%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT (March 2013 Update): (pg. 2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	14	1/4 cup cooked vegetable	7.2

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	31.01	1/2 cup cooked vegetable	3.22

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	186.05	1/2 cup cooked vegetable	0.54

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Straight Cut Ovenable	Starchy	2.29 oz	X	14/16	2.00

I certify the above information is true and correct and that a 2.58 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 11-13 minutes or until light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schneider Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

Item #C0058

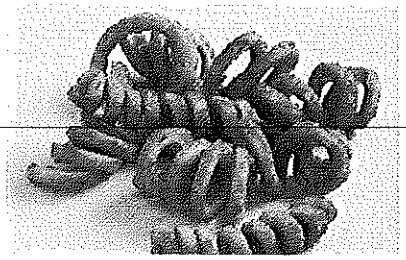
Western Seasoned Curley QQQ's®

Brand: COLOSSAL CRISP®

Cut Size: N/A Package Size: 6/4#

LambWeston
SEEING POSSIBILITIES IN POTATOES

Western Seasoned Colossal Crisp Curley QQQs were designed to meet all of today's foodservice needs. Whether prepared in an oven or fryer, Colossal Crisp fries cook up crisp on the outside and fluffy on the inside. The generous seasoned batter coating delivers maximum crunch and extended hold time to increase profits for any operation.



Ingredients: Ingredients: Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Corn Starch, Spices, Corn Meal, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Colored with Oleoresin Paprika, Dextrose. CONTAINS: WHEAT
Allergens: Wheat
Grade: A (FANCY FROM WHOLE POTATOES - SEASONED)
Kosher: No
Country of Origin: USA
Shelf Life: 720 days
SCC Code: 10044979300584
Item Number: C0058

Serving Size: 3 oz (84g/about 3/4 cup)
Servings per container: About 128
Calories (per serving): 160.0
Calories from fat: 70.0

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

** Contains less than 2% of the Daily Value of these nutrients.

Amount Per Serving		DV%
Total Fat	8.0g	12.0%
Saturated Fat	2.0g	10.0%
Trans Fat	0	
Cholesterol	0.0mg	0.0%
Sodium	420.0mg	18.0%
Potassium	290.0mg	8.0%
Total Carbohydrate	24.0g	8.0%
Dietary Fiber	3.0g	12.0%
Sugars	less than 1g	
Protein	2.0g	
Vitamin A		0%
Vitamin C		8%
Calcium		0%
Iron		6%

Method	Time	Temperature	Additional Instructions
Convection Oven	8 - 11 min	400°F	
Deep Fry	2 1/2 - 3 min	345 - 350°F	

Shipping Information		Product Information	
Net Weight	24.0000	Grade	A (FANCY FROM WHOLE POTATOES - SEASONED)
Gross Weight	26.0000	Country of Origin	USA
Count Per Pound	N/A	Kosher Status	No
Case Cube	1.31	Shelf Life	720 days
Ti/Hi	9,8		

Handling Instructions
Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Natural Oven Ready Twister® Fries C0084** **Grade A Fancy - Regular**

Ingredient Statement:

Ingredients: Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 1.98 oz. (56g)

Amount Per Serving

Calories 90	Calories from Fat 30
	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Potassium 250mg	7%
Total Carbohydrate 14g	5%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	16.2	1/4 cup cooked vegetable	4.6

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	40.4	1/2 cup cooked vegetable	2.47

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	242.42	1/2 cup cooked vegetable	0.41

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries Frozen Curly	Starchy	1.98 oz.	X	16.2/16	2.00

I certify the above information is true and correct and that 1.98 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 13-17 minutes oror until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schwister Sr. Nutritionist Date: July 1,2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Tater Valley Oven Brown 1/2" Crinkle Cut Fries C22** **Extra Long Fancy - Regular**

Ingredient Statement:

Ingredients: Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 1.97 oz. (56g)

Amount Per Serving

Calories 90 Calories from Fat 20

	% Daily Value*
Total Fat 2.5g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Potassium 200mg	6%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON
PRODUCT: (pg.2-68)

USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	40.61	1/2 cup cooked vegetable	2.46

LAMB WESTON EQUILVALENT PER CASE PRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	243.65	1/2 cup cooked vegetable	0.41

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen Crinkle Cut Low Moisture, Oven	Starchy	1.97	X	16.2/16	2.00

I certify the above information is true and correct and that 1.97 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 12 -15 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schwartz Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **CrispyCoat Thin Regular Cut C26** **Extra Long Seasoned**

Ingredient Statement:

Ingredients: Potatoes, Vegetable Oil (Contains One or More of the Following: Canola, Palm, Soybean, Sunflower), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Starch, Salt, Modified Corn Starch, Dextrin, Sugar, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Guar Gum, Dextrose.

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.02 oz. (57g)

Amount Per Serving

Calories 100	Calories from Fat 50
	% Daily Value*
Total Fat 5g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	9%
Potassium 140mg	4%
Total Carbohydrate 12g	4%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 1g	

Vitamin A 0% • Vitamin C 4%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Potassium			3,500 mg	3,500 mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	17.5	1/4 cup cooked vegetable	5.8

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	39.62	1/2 cup cooked vegetable	2.52

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	237.62	1/2 cup cooked vegetable	0.42

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen, Shoestring Straight Cut Low Moisture	Starchy	1.83 oz.	X	17.5/16	2.00

I certify the above information is true and correct and that 2.02 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20 - 24 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8 - 10 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Seasoned® Wedge Cut C27** **Grade A Fancy - Seasoned**

Ingredient Statement:

Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Corn Starch, Spices, Corn Meal, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Colored with Oleoresin Paprika, Dextrose.

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.87 oz (81g)

Amount Per Serving	
Calories 130	Calories from Fat 50
	% Daily Value*
Total Fat 6g	9%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 260mg	11%
Potassium 320mg	9%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	
Vitamin A 0% • Vitamin C 8%	
Calcium 0% • Iron 4%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT (March 2013 Update): (pg. 2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	11.9	1/4 cup cooked vegetable	8.5

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	27.87	1/2 cup cooked vegetable	3.588

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	167.25	1/2 cup cooked vegetable	0.598

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen, Wedges USDA	Starchy	2.689 oz. by weight	X	11.9/16	2.00

I certify the above information is true and correct and that a 2.87 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 25-30 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 12-15 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **CrispyCoat 3/8' Regular Cut Fries C28** **Extra Long Fancy - Seasoned**

Ingredient Statement:

Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Corn Starch, Spices, Corn Meal, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Colored with Oleoresin Paprika, Dextrose.

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.49 oz. (70.72g)

Amount Per Serving	
Calories 130	**Calories from Fat 60**
	% Daily Value*
Total Fat 7g	**11%**
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 240mg	**10%**
Potassium 220mg	**6%**
Total Carbohydrate 18g	**6%**
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	14	1/4 cup cooked vegetable	7.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	32.12	1/2 cup cooked vegetable	3.1

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	192.77	1/2 cup cooked vegetable	0.51

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen, Straight Cut Regular Moisture	Starchy	2.28 oz	X	14/16	2.00

I certify the above information is true and correct and that 2.49 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or until light light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 9-12 minutes or until light light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schneider Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

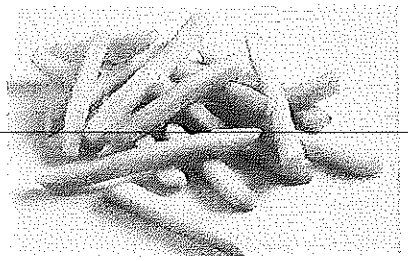
Item #C55

Thin Regular Cut

Brand: LAMB'S SUPREME®

Cut Size: 5/16 RC Package Size: 6/5#

Lamb's Supreme® 5/16" regular cut fries offer consistent quality and performance, golden appearance, light fluffy texture and full potato flavor. Premium Extra Long Fancy grade = maximum yield and plate coverage. 5/16" thin cut out-yields 3/8" & 1/2".



Ingredients: Ingredients: Potatoes, Vegetable Oil (Contains One or More of the Following: Canola, Palm, Soybean, Sunflower), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.
Allergens: NONE
Grade: A (PREMIUM EXTRA LONG FANCY-REGULAR FRIES)
Kosher: No
Country of Origin: USA
Shelf Life: 720 days
SCC Code: 10044979003553
Item Number: C55

Serving Size: 3 oz (84 g)
Servings per container: About 160
Calories [per serving]: 140.0
Calories from fat: 45.0

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

** Contains less than 2% of the Daily Value of these nutrients.

Amount Per Serving		DV%
Total Fat	5.0g	8.0%
Saturated Fat	1.0g	5.0%
Trans Fat	0	
Cholesterol	0.0mg	0.0%
Sodium	25.0mg	1.0%
Potassium	350.0mg	10.0%
Total Carbohydrate	21.0g	7.0%
Dietary Fiber	2.0g	8.0%
Sugars	less than 1 g	
Protein	2.0g	
Vitamin A		0%
Vitamin C		8%
Calcium		0%
Iron		4%

Method	Time	Temperature	Additional Instructions
Deep Fry	3 - 3 1/4 min	345 - 350°F	

Shipping Information		Product Information	
Net Weight	30.0000	Grade	A (PREMIUM EXTRA LONG FANCY-REGULAR FRIES)
Gross Weight	32.0000	Country of Origin	USA
Count Per Pound	N/A	Kosher Status	No
Case Cube	1.31	Shelf Life	720 days
Ti/Hi	9,8		

Handling Instructions
Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Seasoned® Twister® Fries Original Recipe D0073** **Grade A Fancy - Seasoned**

Ingredient Statement:
Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Corn Starch, Spices, Corn Meal, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Colored with Oleoresin Paprika, Dextrose.

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.25 oz. (64g)

Amount Per Serving	
Calories 120	Calories from Fat 50
	% Daily Value*
Total Fat 6g	9%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 320mg	13%
Potassium 200mg	6%
Total Carbohydrate 15g	5%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	
Vitamin A 0%	Vitamin C 6%
Calcium 0%	Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg. 2.69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	35.56	1/2 cup cooked vegetable	2.81

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	213.33	1/2 cup cooked vegetable	0.47

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries Frozen Curly	Starchy	1.975 oz.	X	16.2/16	2.00

I certify the above information is true and correct and that 2.25 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-11 minutes or until light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schwartz Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Seasoned® Original Recipe CrissCut Fries D23**

Fancy From Whole Potatoes - Seasoned

Ingredient Statement:
Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Corn Starch, Spices, Corn Meal, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Colored with Oleoresin Paprika, Dextrose.

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.18 oz. (62g)

Amount Per Serving	
Calories 120	Calories from Fat 50
	% Daily Value*
Total Fat 6g	9%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 260mg	11%
Potassium 190mg	5%
Total Carbohydrate 14g	5%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	
Vitamin A 0% • Vitamin C 6%	
Calcium 0% • Iron 2%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT (March 2013 Update): (pg. 2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4.5 LB	33.03	1/2 cup cooked vegetable	3.03

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
27 LB	198.17	1/2 cup cooked vegetable	0.51

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen Crinkle Cut Low Moisture	Starchy	1.975 oz by weight	X	16.2/16	2.00

I certify the above information is true and correct and that 2.18 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 25-30 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 11-13 minutes or until light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schneider Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Seasoned® Original Recipe CrissCut Fries D23**

Fancy From Whole Potatoes - Seasoned

Ingredient Statement:
Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Corn Starch, Spices, Corn Meal, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Colored with Oleoresin Paprika, Dextrose.

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.18 oz. (62g)

Amount Per Serving	
Calories 120	Calories from Fat 50
	% Daily Value*
Total Fat 6g	9%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 260mg	11%
Potassium 190mg	5%
Total Carbohydrate 14g	5%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	
Vitamin A 0% • Vitamin C 6%	
Calcium 0% • Iron 2%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT (March 2013 Update): (pg. 2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4.5 LB	33.03	1/2 cup cooked vegetable	3.03

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
27 LB	198.17	1/2 cup cooked vegetable	0.51

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen Crinkle Cut Low Moisture	Starchy	1.975 oz by weight	X	16.2/16	2.00

I certify the above information is true and correct and that 2.18 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 25-30 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 11-13 minutes or until light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schneider Sr. Nutritionist Date: July 1, 2015

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Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb Supreme Steak House Fries E02** **Premium Extra Long**

Ingredient Statement:

Ingredients: Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 2.28 oz. (65g)

Amount Per Serving

Calories 90 Calories from Fat 20

	% Daily Value*
Total Fat 2.5g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 20mg	1%
Potassium 240mg	7%
Total Carbohydrate 15g	5%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-58)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	14.00	1/4 cup cooked vegetable	7.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	35.08	1/2 cup cooked vegetable	2.85

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	210.52	1/2 cup cooked vegetable	0.47

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen, Straight Cut Regular Moisture	Starchy	2.28 oz.	X	14.0/16	2.00

I certify the above information is true and correct and that 2.28 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 425°F. Minimum cook weight 1 lb. Arrange product in a single layer. Flip fries halfway through bake time for optimal texture.
Bake 23-25 minutes or until light golden in color.

Convection Oven: Pre-heat oven to 425°F. Minimum cook weight 1 lb. Arrange product in a single layer. Flip fries halfway through bake time for optimal texture.
Bake 13 -16 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schneider Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb Supreme® Side O' Browns G5300** **Formed Product - Regular**

Ingredient Statement:

Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil). May Contain 2% or Less of the Following: Dehydrated Potato, Dextrose, Disodium Dihydrogen Pyrophosphate (to Promote Color Retention), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Natural Flavor, Salt.

Food Allergens: WHEAT

Nutrition Facts

Serving Size 4.5 oz. (128g/2 pieces)

Amount Per Serving

Calories 280	Calories from Fat 140
	% Daily Value*
Total Fat 16g	25%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 540mg	23%
Potassium 560mg	16%
Total Carbohydrate 30g	10%
Dietary Fiber 4g	16%
Sugars 0g	
Protein 4g	

Vitamin A 0%	• Vitamin C 8%
Calcium 0%	• Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	7.11	1/4 cup cooked vegetable	14.1

LAMB WESTON EQUILVALENT PER BAG PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
2.81 LB Tray	10	1/2 cup cooked vegetable	10

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
33.75 LB	120	1/2 cup cooked vegetable	0.83

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato, Frozen, Hashed Patty Pre-browned 2.25 oz.	Starchy	4.5 oz.	X	7.11/16	2.00

I certify the above information is true and correct and that 4.5 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 23-28 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 12-15 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schwartz Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb Supreme Steak House Fries E02** **Premium Extra Long**

Ingredient Statement:

Ingredients: Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 2.28 oz. (65g)

Amount Per Serving

Calories 90 Calories from Fat 20

	% Daily Value*
Total Fat 2.5g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 20mg	1%
Potassium 240mg	7%
Total Carbohydrate 15g	5%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-58)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	14.00	1/4 cup cooked vegetable	7.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	35.08	1/2 cup cooked vegetable	2.85

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	210.52	1/2 cup cooked vegetable	0.47

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen, Straight Cut Regular Moisture	Starchy	2.28 oz.	X	14.0/16	2.00

I certify the above information is true and correct and that 2.28 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 425°F. Minimum cook weight 1 lb. Arrange product in a single layer. Flip fries halfway through bake time for optimal texture.
Bake 23-25 minutes or until light golden in color.

Convection Oven: Pre-heat oven to 425°F. Minimum cook weight 1 lb. Arrange product in a single layer. Flip fries halfway through bake time for optimal texture.
Bake 13 -16 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schneider Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
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LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb Supreme® Side O' Browns G5300** **Formed Product - Regular**

Ingredient Statement:

Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil). May Contain 2% or Less of the Following: Dehydrated Potato, Dextrose, Disodium Dihydrogen Pyrophosphate (to Promote Color Retention), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Natural Flavor, Salt.

Food Allergens: WHEAT

Nutrition Facts

Serving Size 4.5 oz. (128g/2 pieces)

Amount Per Serving

Calories 280	Calories from Fat 140
	% Daily Value*
Total Fat 16g	25%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 540mg	23%
Potassium 560mg	16%
Total Carbohydrate 30g	10%
Dietary Fiber 4g	16%
Sugars 0g	
Protein 4g	

Vitamin A 0%	• Vitamin C 8%
Calcium 0%	• Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	7.11	1/4 cup cooked vegetable	14.1

LAMB WESTON EQUILVALENT PER BAG PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
2.81 LB Tray	10	1/2 cup cooked vegetable	10

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
33.75 LB	120	1/2 cup cooked vegetable	0.83

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato, Frozen, Hashed Patty Pre-browned 2.25 oz.	Starchy	4.5 oz.	X	7.11/16	2.00

I certify the above information is true and correct and that 4.5 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 23-28 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 12-15 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schwartz Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Supreme® Tater Puffs® H30** **Formed Product - Regular**

Ingredient Statement:

Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Salt, Corn Flour, Dehydrated Potato, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: None

Nutrition Facts

Serving Size 2.52 oz (71g/about 8 pieces)

Amount Per Serving	
Calories 140	Calories from Fat 60
	% Daily Value*
Total Fat 7g	**11%**
Saturated Fat 1.5g	**8%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 280mg	**12%**
Potassium 270mg	**8%**
Total Carbohydrate 16g	**5%**
Dietary Fiber 2g	**8%**
Sugars <1g	
Protein 2g	
Vitamin A 0% • Vitamin C 4%	
Calcium 0% • Iron 4%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITION (March 2013 update) PRODUCT: (pg. 2-70)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	12.7	1/4 cup cooked vegetable	7.9

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	31.75	1/2 cup cooked vegetable	3.15

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	190.48	1/2 cup cooked vegetable	0.525

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato Products, Frozen Rounds Regular Size	Starchy	2.52 oz.	X	12.7/16	2.00

I certify the above information is true and correct and that a 2.52 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-12 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

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LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Supreme® Potato Stix H40** — **Formed Product - Regular**

Ingredient Statement:

Ingredients: Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Salt, Corn Flour, Dehydrated Potato, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 4.5 oz. (128g/about 8 stix)

Amount Per Serving

Calories 260	Calories from Fat 120
	% Daily Value*
Total Fat 14g	22%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 500mg	21%
Potassium 500mg	14%
Total Carbohydrate 30g	10%
Dietary Fiber 3g	12%
Sugars 0g	
Protein 3g	
Vitamin A 0% • Vitamin C 10%	
Calcium 0% • Iron 6%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	7.11	1/4 cup cooked vegetable	14.1

LAMB WESTON EQUILVALENT PER BAG PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4 LB	14.22	1/2 cup cooked vegetable	7.03

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
24 LB	85.33	1/2 cup cooked vegetable	1.17

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Hashed patty Pre-browned 2.25 oz.	Starchy	4.5 oz. (8 Stix)	X	7.11/16	2.00

I certify the above information is true and correct and that 4.5 (about 8 Stix) ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-12 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Supreme® Potato Stix H40** — **Formed Product - Regular**

Ingredient Statement:

Ingredients: Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Salt, Corn Flour, Dehydrated Potato, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 4.5 oz. (128g/about 8 stix)

Amount Per Serving

Calories 260	Calories from Fat 120
	% Daily Value*
Total Fat 14g	22%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 500mg	21%
Potassium 500mg	14%
Total Carbohydrate 30g	10%
Dietary Fiber 3g	12%
Sugars 0g	
Protein 3g	
Vitamin A 0% • Vitamin C 10%	
Calcium 0% • Iron 6%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	7.11	1/4 cup cooked vegetable	14.1

LAMB WESTON EQUILVALENT PER BAG PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4 LB	14.22	1/2 cup cooked vegetable	7.03

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
24 LB	85.33	1/2 cup cooked vegetable	1.17

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Hashed patty Pre-browned 2.25 oz.	Starchy	4.5 oz. (8 Stix)	X	7.11/16	2.00

I certify the above information is true and correct and that 4.5 (about 8 Stix) ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-12 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Supreme® Time Savor® 3/8" Soup Dices J71** **Fancy -Regular**

Ingredient Statement:

Ingredients: Potatoes, Calcium Chloride

Food Allergens: NONE

Nutrition Facts

Serving Size 3.16 oz. (90g)

Amount Per Serving

Calories 70	Calories from Fat 0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Potassium 290mg	8%
Total Carbohydrate 16g	5%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	
Vitamin A 0% • Vitamin C 8%	
Calcium 0% • Iron 2%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)

USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	10.1	1/4 cup cooked vegetable	10

LAMB WESTON EQUILVALENT PER BAGPRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
6 LB	30.34	1/2 cup cooked vegetable	3.29

LAMB WESTON EQUILVALENT PER CASE PRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
36 LB	182.27	1/2 cup cooked vegetable	0.54

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes Frozen Dices Precooked	Starchy	3.16 oz.	X	10.1/16	2.00

I certify the above information is true and correct and that 3.16 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Heat in simmering water or stock 10-15 minutes,drain.
Add to soup or stew.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Supreme® Time Savor® 5/8" Salad Dices J73** **Fancy -Regular**

Ingredient Statement:

Ingredients: Potatoes, Disodium Dihydrogen Pyrophosphate (to promote color retention).

Food Allergens: NONE

Nutrition Facts

Serving Size 3.16 oz. (90g)

Amount Per Serving	
Calories 70	Calories from Fat 0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 20mg	1%
Potassium 320mg	9%
Total Carbohydrate 16g	5%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Potassium			3,500 mg	3,500 mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:
Fat 0 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-67)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	10.1	1/4 cup cooked vegetable	10

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
6 LB	30.37	1/2 cup cooked vegetable	3.29

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
36 LB	182.27	1/2 cup cooked vegetable	0.54

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes Frozen Dices Precooked	Starchy	3.16 oz.	X	10.1/16	2.00

I certify the above information is true and correct and that 3.16 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Heat in simmering water 5-7 minutes
Or until desired texutre is obtained, drain.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schneider Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Supreme® Time Savor® 3/8" Soup Dices J71** **Fancy -Regular**

Ingredient Statement:

Ingredients: Potatoes, Calcium Chloride

Food Allergens: NONE

Nutrition Facts

Serving Size 3.16 oz. (90g)

Amount Per Serving

Calories 70	Calories from Fat 0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Potassium 290mg	8%
Total Carbohydrate 16g	5%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	
Vitamin A 0% • Vitamin C 8%	
Calcium 0% • Iron 2%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)

USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	10.1	1/4 cup cooked vegetable	10

LAMB WESTON EQUILVALENT PER BAGPRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
6 LB	30.34	1/2 cup cooked vegetable	3.29

LAMB WESTON EQUILVALENT PER CASE PRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
36 LB	182.27	1/2 cup cooked vegetable	0.54

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes Frozen Dices Precooked	Starchy	3.16 oz.	X	10.1/16	2.00

I certify the above information is true and correct and that 3.16 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Heat in simmering water or stock 10-15 minutes,drain.
Add to soup or stew.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Supreme® Time Savor® 5/8" Salad Dices J73** **Fancy -Regular**

Ingredient Statement:

Ingredients: Potatoes, Disodium Dihydrogen Pyrophosphate (to promote color retention).

Food Allergens: NONE

Nutrition Facts

Serving Size 3.16 oz. (90g)

Amount Per Serving	
Calories 70	Calories from Fat 0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 20mg	1%
Potassium 320mg	9%
Total Carbohydrate 16g	5%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Potassium			3,500 mg	3,500 mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:
Fat 0 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-67)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	10.1	1/4 cup cooked vegetable	10

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
6 LB	30.37	1/2 cup cooked vegetable	3.29

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
36 LB	182.27	1/2 cup cooked vegetable	0.54

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes Frozen Dices Precooked	Starchy	3.16 oz.	X	10.1/16	2.00

I certify the above information is true and correct and that 3.16 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Heat in simmering water 5-7 minutes
Or until desired texutre is obtained, drain.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schneider Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

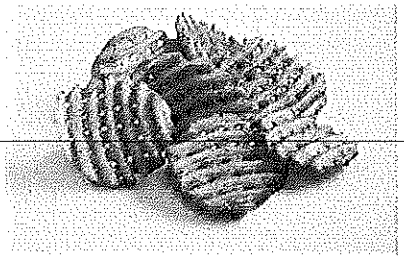
Item #K0120

Southern Style Recipe Mini CrissCuts®

Brand: LAMB'S SEASONED

Cut Size: 5/16" XCUT Package Size: 6/4#

Small sized, thin cut, skin-on, CrissCut® potato. Lightly coated with a subtle, southern-style seasoned batter. Unique texture that eats well. High yield, great plate coverage. Perfect for a second fry offering. Fantastic base for appetizer build.



Ingredients: Ingredients: Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Cornstarch, Modified Corn Starch, Spices, Dextrin, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Yeast Extract, Garlic Powder, Torula Yeast, Onion Powder, Oleoresin Paprika, Natural Flavor (derived from vegetable sources). CONTAINS: WHEAT

Allergens: Gluten,Wheat

Grade: A (FANCY FROM WHOLE POTATOES - SEASONED)

Kosher: No

Country of Origin: USA

Shelf Life: 720 days

SCC Code: 10044979111203

Item Number: K0120

Serving Size: 3 oz (84g)
Servings per container: About 128
Calories [per serving]: 170.0
Calories from fat: 70.0

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

** Contains less than 2% of the Daily Value of these nutrients.

Amount Per Serving		DV%
Total Fat	8.0g	12.0%
Saturated Fat	2.0g	10.0%
Trans Fat	0	
Cholesterol	0.0mg	0.0%
Sodium	440.0mg	18.0%
Potassium	240.0mg	7.0%
Total Carbohydrate	23.0g	8.0%
Dietary Fiber	2.0g	8.0%
Sugars	less than 1g	
Protein	2.0g	
Vitamin A		0%
Vitamin C		2%
Calcium		2%
Iron		4%

Method	Time	Temperature	Additional Instructions
Deep Fry	1 3/4 - 2 min	345 - 350°F	

Shipping Information		Product Information	
Net Weight	24.0000	Grade	A (FANCY FROM WHOLE POTATOES - SEASONED)
Gross Weight	26.0000	Country of Origin	USA
Count Per Pound	N/A	Kosher Status	No
Case Cube	1.34	Shelf Life	720 days
Ti/Hi	9,8		

Handling Instructions
Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Rusettes™ Mini Pancakes K39** **Formed Product - Regular**

Ingredient Statement:

Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Dehydrated Onion, Egg, Modified Corn Starch, Spices (including Mustard), Salt, Nonfat Dry Milk, Xanthan Gum, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate).

Food Allergens: Milk; Egg

Nutrition Facts

Serving Size 5.36 oz. (152g)

Amount Per Serving	
Calories 260	Calories from Fat 150
	% Daily Value*
Total Fat 16g	25%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 600mg	25%
Potassium 600mg	17%
Total Carbohydrate 25g	8%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 4g	

Vitamin A 0% • Vitamin C 10%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Potassium			3,500 mg	3,500 mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITION (March 2013 update) PRODUCT: (pg. 2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	7.11	1/4 cup cooked vegetable	14.06

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
3 LB	8.95	1/2 cup cooked vegetable	11.17

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
18 LB	53.73	1/2 cup cooked vegetable	1.86

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato Products, frozen Hash Brown Patty 2.25 oz.	Starchy	4.74 oz.	X	12.7/16	2.11

I certify the above information is true and correct and that a 5.36 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 25-30 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10 -12 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

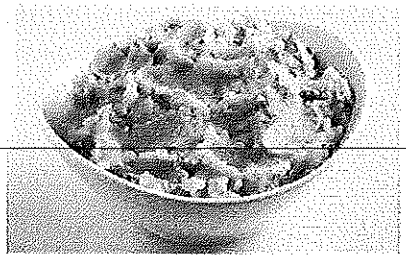
Item #M0013

Jalapeño Cheddar Redskin Mashed

Brand: LAMB'S SUPREME®

Cut Size: N/A Package Size: 6/4# P

Creamy cheddar cheese flavor and real bits of jalapeño peppers give these "skin-in" redskin mashed potatoes a tempting, award-winning taste of Tex-Mex. No washing, cooking, mashing, mixing or waste. Minimal labor - simply heat and serve.



Ingredients: Ingredients: Potatoes, Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Whey (Milk), Vegetable Oil (Canola Oil, Sunflower Oil), Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Stabilizers), Salt, Jalapeno Peppers, Disodium Dihydrogen Pyrophosphate, Jalapeno Powder, Natural Flavor, Color (Turmeric, Annatto). CONTAINS: MILK
Allergens: Milk
Grade: A (FANCY OTHER - REGULAR)
Kosher: Yes
Country of Origin: USA
Shelf Life: 720 days
SCC Code: 10044979130136
Item Number: M0013

Serving Size: 2/3 cup (140g)
Servings per container: About 78
Calories [per serving]: 140.0
Calories from fat: 45.0

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

** Contains less than 2% of the Daily Value of these nutrients.

Amount Per Serving		DV%
Total Fat	5.0g	8.0%
Saturated Fat	2.0g	10.0%
Trans Fat	0	
Cholesterol	10.0mg	3.0%
Sodium	650.0mg	27.0%
Potassium	310.0mg	9.0%
Total Carbohydrate	20.0g	7.0%
Dietary Fiber	3.0g	12.0%
Sugars	2g	
Protein	4.0g	
Vitamin A		0%
Vitamin C		0%
Calcium		8%
Iron		2%

Method	Time	Temperature	Additional Instructions
Boil in Bag	20 - 26 min		
Microwave Oven	20 - 24 min	Med-High	
Steamer	24 - 28 min		

Shipping Information		Product Information	
Net Weight	24.0000	Grade	A (FANCY OTHER - REGULAR)
Gross Weight	26.0000	Country of Origin	USA
Count Per Pound	N/A	Kosher Status	Yes
Case Cube	0.63	Shelf Life	720 days
Ti/Hi	14,6		

Handling Instructions
Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.

Item #M12

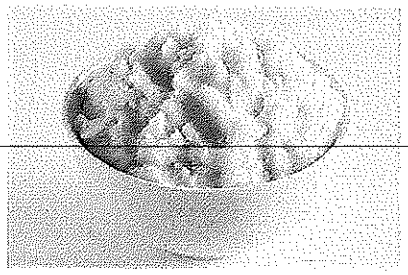
Seasoned Mashed

Brand: LAMB'S SUPREME®

Cut Size: N/A Package Size: 6/4# P

LambWeston
SEEING POSSIBILITIES IN POTATOES

Real mashed potatoes with a fluffy, creamy texture and accented by a tasty blend of seasonings. Labor saving heat and serve convenience. Consistent high quality. Ideal for any style restaurant. Ideal for signature creations. Convenient packaging.



Ingredients: Ingredients: Potatoes, Water, Skim Milk, Soybean Oil, Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Carob Bean Gum), Butter (Cream, Salt), Salt, Maltodextrin, Onion Powder, Mono- and Diglycerides, Garlic Powder, Natural Flavor, Disodium Dihydrogen Pyrophosphate (to promote color retention). CONTAINS: MILK
Allergens: Milk
Grade: A (FANCY OTHER - REGULAR)
Kosher: Yes
Country of Origin: USA
Shelf Life: 720 days
SCC Code: 10044979013125
Item Number: M12

Serving Size: 2/3 Cup (140g)
Servings per container: About 78
Calories (per serving): 110.0
Calories from fat: 25.0

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

** Contains less than 2% of the Daily Value of these nutrients.

Amount Per Serving		DV%
Total Fat	2.5g	4.0%
Saturated Fat	1.0g	5.0%
Trans Fat	0	
Cholesterol	5.0mg	2.0%
Sodium	500.0mg	21.0%
Potassium	280.0mg	8.0%
Total Carbohydrate	21.0g	7.0%
Dietary Fiber	2.0g	8.0%
Sugars	0g	
Protein	2.0g	
Vitamin A		0%
Vitamin C		0%
Calcium		**
Iron		**

Method	Time	Temperature	Additional Instructions
Boil in Bag	20 - 26 min		
Microwave Oven	20 - 24 min	Med-High	
Steamer	24 - 28 min		

Shipping Information		Product Information	
Net Weight	24.0000	Grade	A (FANCY OTHER - REGULAR)
Gross Weight	26.0000	Country of Origin	USA
Count Per Pound	N/A	Kosher Status	Yes
Case Cube	0.63	Shelf Life	720 days
Ti/Hi	14,6		

Handling Instructions
Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.

ConAgra Foods
Food you love

Product Formulation Statement (PFS) for Documenting Vegetables and Fruits

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Specific vegetable subgroups must be offered weekly and fruit must be served daily for the National School Lunch Program. For more detailed information on meal pattern requirements see the Nutrition Standards for School Meals Website at http://www.fns.usda.gov/cnd/Governance/Legislation/nutritionstandards.htm.

Product Name: Lamb's Supreme Seasoned Mashed Potatoes Supplier Code: M12 UPC 1 00 44979 01312 5

Manufacture: ConAgra Foods / Lamb Weston Serving Size: 4.34 oz. (123g)

I. Vegetable Component

Please fill out the chart below to determine the creditable amount of vegetables.

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchase Unit	Creditable Amount[1] (quarter cups)
Potato Products, Frozen, Mashed	Starchy	4.34 oz.	X	7.37/16	2.00
			X		
			X		
Total Creditable Vegetable Amount:					

- [1]FBG calculations for vegetables are in quarter cups. See chart on following page for quarter cup to cup conversions.
- Vegetables and vegetable purees credit on volume served.
- At least ⅛ cup of recognizable vegetable is required to contribute towards the vegetable component or a specific vegetable subgroup.
- The other vegetable subgroup may be met with any additional amounts from the dark green, red/orange, and beans/peas (legumes) vegetable subgroups.
- School food authorities may offer any vegetable subgroup to meet the total weekly requirement for the additional vegetable subgroup.
- Please note that raw leafy green vegetables credit as half the volume served in school meals (For example: 1 cup raw spinach credits as ½ cup dark green vegetable. Legumes may credit towards the vegetable component or the meat alternate component, but not as both in the same meal. The school menu planner will decide how to incorporate legumes into the school meal. However, a manufacturer should provide documentation to show how legumes contribute towards the vegetable component and the meat alternate component. See chart on the following page for conversion factors
- The PFS for meat/meat alternate may be used to document how legumes contribute towards the meat alternate component.

Total Cups Beans/Peas (Legumes)	_____
Total Cups Dark Green	_____
Total Cups Red/Orange	_____
Total Cups Starchy	1/2 cup
Total Cups Other	_____

I certify the above information is true and correct and that 4.34 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.
(vegetable subgroup)

ConAgra Foods
Food you love

II. Fruit Component

Please fill out the chart below to determine the creditable amount of fruits.

Description of Creditable Ingredient per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchase Unit	Creditable Amount[1] (quarter cups)
		X		
		X		
		X		
Total Creditable Fruit Amount:				

- [1]FBG calculations for fruits are in quarter cups. See chart below for quarter cup to cup conversions.
- Fruits and fruit purees credit on volume served.
- At least ⅛ cup of recognizable fruit is required to contribute towards the fruit component.
- Please note that dried fruits credit as double the volume served in school meals (For example, ½ cup raisins credits as 1 cup fruit).

I certify the above information is true and correct and that _____ounce serving of the above product contains _____cup(s) of fruit.

Quarter Cup to Cup Conversions*

0.5 Quarter Cups vegetable = ⅛ Cup vegetable or 0.5 ounces of equivalent meat alternate

1.0 Quarter Cups vegetable = ¼ Cup vegetable or 1.0 ounce of equivalent meat alternate

1.5 Quarter Cups vegetable = ⅜ Cup vegetable or 1.5 ounces of equivalent meat alternate

2.0 Quarter Cups vegetable = ½ Cup vegetable or 2.0 ounces of equivalent meat alternate

2.5 Quarter Cups vegetable = ⅝ Cup vegetable or 2.5 ounces of equivalent meat alternate

3.0 Quarter Cups vegetable = ¾ Cup vegetable or 3.0 ounces of equivalent meat alternate

3.5 Quarter Cups vegetable =⅞ Cup vegetable or 3.5 ounces of equivalent meat alternate

4.0 Quarter Cups vegetable = 1 Cup vegetable or 4.0 ounces of equivalent meat alternate

*The result of 0.9999 equals ⅛ cup but a result of 1.0 equals ¼ cup

Rebecca Schmidt
Signature

Senior Nutritionist, Enterprise Regulatory Affairs
Title

Rebecca Schmidt
Printed Name

9/3/2015
Date

509-375-5881
Phone Number

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Supreme® Lightly Seasoned Mashed Potatoes M14** **Grade A Fancy**

Ingredient Statement:

Potatoes, Water, Skim Milk, Soybean Oil, Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Stabilizers [Carob Bean and/or Guar Gum and/or Xanthan Gum]), Butter (Cream, Salt), Salt, Maltodextrin, Mono- and Diglycerides, Natural Flavor, Onion Powder, Disodium Dihydrogen Pyrophosphate (to promote color retention).

Food Allergens: MILK, SOY

Nutrition Facts

Serving Size 4.34 oz. (123g)

Amount Per Serving

Calories 100	**Calories from Fat** 15
	% Daily Value*
Total Fat 2g	3%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 440mg	18%
Potassium 300mg	9%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0%	• Vitamin C 2%
Calcium 2%	• Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-70)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	7.37	1/4 cup cooked vegetable	13.6

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4 LB	14.74	1/2 cup cooked vegetable	6.78

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
24 LB	88.47	1/2 cup cooked vegetable	1.13

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato, Frozen, Mashed	Starchy	4.34 oz.	X	7.37/16	2.00

I certify the above information is true and correct and that 4.34 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Microwave Oven: Heat 20-24 minutes at Medium High power. Cut a 1" slit in center of bag. Heat on Medium High power for 1/2 of the total heating time. Rotate the bag; push corners inward. Finish heating.
NOTE: Oven power may vary. Adjust heating time as needed.
Boil-In-Bag: Full rolling boil for 20-26 minutes. Place (unopened) bag in boiling water.
NOTE: Cook from frozen state. Heat thoroughly to 170°- 180° F. Mix thoroughly and serve.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

Item #M15

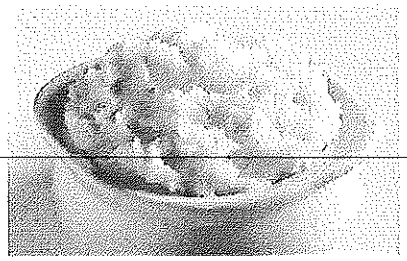
Low Fat Recipe Mashed

Brand: LAMB'S SUPREME®

Cut Size: N/A Package Size: 6/4#

LambWeston
SEEING POSSIBILITIES IN POTATOES

Lamb's Supreme® Low Fat Recipe Mashed Potatoes --Just like homemade mashed, with a light touch of salt for a fluffy, creamy mashed potato flavor and texture. Simply delicious.



Ingredients: Ingredients: Potatoes, Canola Oil, Maltodextrin, Salt, Onion Powder, Natural Flavor, Sodium Acid Pyrophosphate (to promote color retention).
Allergens: NONE
Grade: A (FANCY OTHER - REGULAR)
Kosher: Yes
Country of Origin: USA
Shelf Life: 720 days
~~SCC Code: 10044979013156~~
Item Number: M15

Serving Size: 2/3 cup (140g)
Servings per container: About 78
Calories [per serving]: 110.0
Calories from fat: 10.0

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

** Contains less than 2% of the Daily Value of these nutrients.

Amount Per Serving		DV%
Total Fat	1.0g	2.0%
Saturated Fat	0.0g	0.0%
Trans Fat	0	
Cholesterol	0.0mg	0.0%
Sodium	300.0mg	13.0%
Potassium	320.0mg	9.0%
Total Carbohydrate	22.0g	7.0%
Dietary Fiber	2.0g	8.0%
Sugars	less than 1g	
Protein	2.0g	
Vitamin A		0%
Vitamin C		6%
Calcium		2%
Iron		2%

Method	Time	Temperature	Additional Instructions
Boil in Bag	24 - 26 min		Place bag (unopened) in boiling water
Boiling Water	24 - 26 min		
Microwave Oven	20 - 24 min	Med-High	
Steamer	26 - 28 min		Place bag (unopened) in perforated pan

Shipping Information		Product Information	
Net Weight	24.0000	Grade	A (FANCY OTHER - REGULAR)
Gross Weight	26.0000	Country of Origin	USA
Count Per Pound	N/A	Kosher Status	Yes
Case Cube	0.63	Shelf Life	720 days
Ti/Hi	14,6		

Handling Instructions
Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Supreme Mashed Potatoes M16** **Grade A Fancy**

Ingredient Statement:

Ingredients: Potatoes, Water, Skim Milk, Soybean Oil, Salt, Maltodextrin, Butter (Cream, Salt), Mono- and Diglycerides, Natural Flavor, Disodium Dihydrogen Pyrophosphate (to promote color retention).

Food Allergens: MILK, SOY

Nutrition Facts

Serving Size 4.34 oz. (123g)

Amount Per Serving

Calories 80	Calories from Fat 10
	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 440mg	18%
Total Carbohydrate 16g	5%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-70)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	7.37	1/4 cup cooked vegetable	13.6

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4 LB	14.74	1/2 cup cooked vegetable	6.78

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
24 LB	88.47	1/2 cup cooked vegetable	1.13

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato Products, frozen, mashed	Starchy	4.34 oz.	X	7.37/16	2.00

I certify the above information is true and correct and that 4.34 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Microwave Oven: Heat 20-24 minutes at Medium High power. Cut a 1" slit in center of bag. Heat on Medium High power for 1/2 of the total heating time. Rotate the bag; push corners inward. Finish heating.
NOTE: Oven power may vary. Adjust heating time as needed.
Boil-In-Bag: Full rolling boil for 20-26 minutes. Place (unopened) bag in boiling water.
NOTE: Cook from frozen state. Heat thoroughly to 170°- 180° F. Mix thoroughly and serve.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

Item #M18

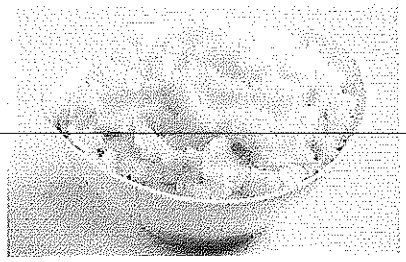
Roasted Garlic Mashed

Brand: LAMB'S SUPREME®

Cut Size: N/A Package Size: 6/4# P

LambWeston
SEEING POSSIBILITIES IN POTATOES

Real mashed potatoes with a fluffy, creamy texture and a signature taste of savory roasted garlic. Labor saving heat and serve convenience. Consistent high quality. Ideal for any style restaurant. Ideal for signature creations. Convenient packaging.



Ingredients: Ingredients: Potatoes, Water, Skim Milk, Soybean Oil, Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Carob Bean Gum), Butter (Cream, Salt), Salt, Garlic Puree (Garlic, High Maltose Corn Syrup Solids), Maltodextrin, Mono- and Diglycerides, Natural Flavor, Onion Powder, Disodium Dihydrogen Pyrophosphate (to promote color retention). CONTAINS: MILK
Allergens: Milk
Grade: A (FANCY OTHER - REGULAR)
Kosher: Yes
Country of Origin: USA
Shelf Life: 720 days
SCC Code: 10044979013187
Item Number: M18

Serving Size: 2/3 Cup (140g)
Servings per container: About 78
Calories [per serving]: 110.0
Calories from fat: 20.0

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

** Contains less than 2% of the Daily Value of these nutrients.

Amount Per Serving		DV%
Total Fat	2.0g	3.0%
Saturated Fat	1.0g	5.0%
Trans Fat	0	
Cholesterol	5.0mg	2.0%
Sodium	500.0mg	21.0%
Potassium	320.0mg	9.0%
Total Carbohydrate	21.0g	7.0%
Dietary Fiber	2.0g	8.0%
Sugars	0g	
Protein	2.0g	
Vitamin A		0%
Vitamin C		0%
Calcium		0%
Iron		0%

Method	Time	Temperature	Additional Instructions
Boil in Bag	20 - 26 min		
Microwave Oven	20 - 24 min	Med-High	
Steamer	24 - 28 min		

Shipping Information		Product Information	
Net Weight	24.0000	Grade	A (FANCY OTHER - REGULAR)
Gross Weight	26.0000	Country of Origin	USA
Count Per Pound	N/A	Kosher Status	Yes
Case Cube	0.63	Shelf Life	720 days
Ti/Hi	14,6		

Handling Instructions
Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Supreme® Homestyle Mashed Potatoes N88** **Grade A Fancy**

Ingredient Statement:

Ingredients: Potatoes, Skim Milk, Soybean Oil, Butter (Cream, Salt), Water, Maltodextrin, Salt, Whole Milk Solids, Mono- and Diglycerides, Natural Flavor, Spice, Disodium Dihydrogen Pyrophosphate (to promote color retention).

Food Allergens: MILK, SOY

Nutrition Facts

Serving Size 4.34 oz. (123g)

Amount Per Serving	
Calories 110	Calories from Fat 35
	% Daily Value*
Total Fat 4g	6%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 520mg	22%
Potassium 290mg	8%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	
Vitamin A 0% • Vitamin C 0%	
Calcium 0% • Iron 0%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-70)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	7.37	1/4 cup cooked vegetable	13.6

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	18.43	1/2 cup cooked vegetable	5.42

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	110.59	1/2 cup cooked vegetable	0.90

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato Products, frozen, mashed	Starchy	4.34 oz.	X	7.37/16	2.00

I certify the above information is true and correct and that 4.34 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Microwave Oven: Heat 20-24 minutes at Medium High power. Cut a 1" slit in center of bag. Heat on Medium High power for 1/2 of the total heating time. Rotate the bag; push corners inward. Finish heating.
NOTE: Oven power may vary. Adjust heating time as needed.
Boil-In-Bag: Full rolling boil for 24-26 minutes. Place (unopened) bag in boiling water.
NOTE: Cook from frozen state. Heat thoroughly to 170°- 180° F. Mix thoroughly and serve.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

ConAgra Foods
Food you love

LambWeston
SEEING POSSIBILITIES IN POTATOES

Product: Park Premium 3/8" Regular Cut Fries
Catalog # PP24

Bulk Code 3119
Package Size 30 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84g/about 13, 2-3" pieces)
Servings Per Container About 160

Amount Per Serving

Calories 120 Calories from Fat 35

	%Daily Value*
Total Fat 4g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 25mg	1%
Potassium 300mg	9%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	8%
Sugars less than 1 g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 6 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt
Sr. Nutritionist
Enterprise Regulatory Affairs
ConAgra Foods/Lamb Weston
December 2, 2015

Technical Center: Quality Assurance, Food Safety
2005 Saint Street, Richland, WA 99354 – Phone: 509-375-5840; Fax: 509-375-5870

Item #P40

Cheddar Cheese Stuffed Spudz®

Brand: TANTALIZERS®

Cut Size: Bite-sized Rounds Approx. 25-31/lb. Package Size: 6/3# CHS

Cheddar Cheese Stuffed Spudz® are a blend of cheddar cheese and mozzarella cheese "without the spicy heat", with a crisp coating in a bite-size round shape. Fun, shareable bite-size finger food.'

Ingredients: Ingredients: Potatoes, Wheat Flour, Pasteurized Processed Cheese (Cheddar Cheese [Milk, Cheese Culture, Salt, Enzymes], Water, Milkfat, Sodium Phosphate, Sodium Hexametaphosphate, Salt, Sorbic Acid [preservative], Color [Annatto, Paprika]), Vegetable Oil (Contains One or More of the Following: Canola, Palm, Soybean, Sunflower), Mozzarella Cheese (Pasteurized Milk, Non-Fat Milk, Cultures, Salt, Enzymes), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Potato Starch, Sugar, Natural Cheese Flavor, Dextrin, Dehydrated Potato, Yeast, Disodium Dihydrogen Pyrophosphate (to promote color retention). CONTAINS: WHEAT, MILK
Allergens: Milk,Wheat
Grade: A (FORMED PRODUCTS - SEASONED)
Kosher: No
Country of Origin: USA
Shelf Life: 720 days
SCC Code: 10044979016409
Item Number: P40

Serving Size: 3 oz (84 g/about 5 pieces)
Servings per container: About 96
Calories [per serving]: 180.0
Calories from fat: 90.0

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

** Contains less than 2% of the Daily Value of these nutrients.

Amount Per Serving		DV%
Total Fat	10.0g	15.0%
Saturated Fat	2.5g	13.0%
Trans Fat	0	
Cholesterol	15.0mg	5.0%
Sodium	450.0mg	19.0%
Potassium	115.0mg	3.0%
Total Carbohydrate	18.0g	6.0%
Dietary Fiber	3.0g	12.0%
Sugars	1g	
Protein	5.0g	
Vitamin A		4%
Vitamin C		0%
Calcium		10%
Iron		2%

Method	Time	Temperature	Additional Instructions
Convection Oven	5 - 6 min	425°F	
Conventional Oven	14 min	450°F	
Deep Fry	2 1/2 - 2 3/4 min	350 - 360°F	
Impingement Oven	7 - 8 min	500°F	

Shipping Information		Product Information	
Net Weight	18.0000	Grade	A (FORMED PRODUCTS - SEASONED)
Gross Weight	20.0000	Country of Origin	USA
Count Per Pound	25-31	Kosher Status	No
Case Cube	0.74	Shelf Life	720 days
Ti/Hi	9,13		

Handling Instructions
Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.

ConAgra Foods®
Food you love

LambWeston®
SEEING POSSIBILITIES IN POTATOES

Product: Park Premium Roundabouts
Catalog # PP51

Bulk Code 5447
Package Size 30 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84 g/about 13 pieces)
Servings Per Container About 160

Amount Per Serving

Calories 170 Calories from Fat 80

	%Daily Value*
Total Fat 9g	14%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 330mg	14%
Potassium 350mg	10%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	8%
Sugars less than 1g	
Protein 2g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 4 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt
Sr. Nutritionist
Enterprise Regulatory Affairs
ConAgra Foods/Lamb Weston
December 2, 2015

Technical Center: Quality Assurance, Food Safety
2005 Saint Street, Richland, WA 99354 – Phone: 509-375-5840; Fax: 509-375-5870

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's CrissCut® Fries, Skin-On P55** **Grade A Fancy**

Ingredient Statement:

Ingredients: Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 1.97 oz. (56g)

Amount Per Serving

Calories 90 Calories from Fat 35

	% Daily Value*
Total Fat 4g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Potassium 230mg	7%
Total Carbohydrate 13g	4%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 4%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAG PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4.5 LB	36.54	1/2 cup cooked vegetable	2.73

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
27 LB	219.28	1/2 cup cooked vegetable	0.45

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potaotes, Frozen Crinkle Cut Low Moisture	Starchy	1.97 oz by weight	X	16.2/16	2.00

I certify the above information is true and correct and that 1.97 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 23-28 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-12 minutes or until light light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schneider Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Park Premium™ Potato Rounds PP50** **Formed Product - Regular**

Ingredient Statement:

Potatoes, Vegetable Oil (Contains One or More of the Following: Soybean, Canola, Palm, Hydrogenated Cottonseed, Sunflower), Salt, Corn Flour, Dehydrated Potato, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: None

Nutrition Facts

Serving Size 2.52 oz (71g)

Amount Per Serving	
Calories 140	Calories from Fat 70
	% Daily Value*
Total Fat 8g	12%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%
Potassium 260mg	7%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	
Vitamin A 0% • Vitamin C 6%	
Calcium 0% • Iron 4%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITION (March 2013 update) PRODUCT: (pg. 2-70)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	12.7	1/4 cup cooked vegetable	7.9

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	31.75	1/2 cup cooked vegetable	3.15

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	190.48	1/2 cup cooked vegetable	0.525

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato Products, frozen Rounds Regular Size	Starchy	2.52 oz.	X	12.7/16	2.00

I certify the above information is true and correct and that a 2.52 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10 -13 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Park Premium Potato Triangles PP52** **Formed Product - Regular**

Ingredient Statement:

Potatoes, Vegetable Oil (Contains One or More of the Following: Soybean, Canola, Palm, Hydrogenated Soybean, Sunflower), Dehydrated Potato, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 4.50 oz. (128g/about 2-1/4 pieces)

Amount Per Serving

Calories 220	Calories from Fat 100
	% Daily Value*
Total Fat 11g	**17%**
Saturated Fat 1.5g	**8%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 450mg	**19%**
Potassium 400mg	**11%**
Total Carbohydrate 27g	**9%**
Dietary Fiber 2g	**8%**
Sugars 1g	
Protein 2g	

Vitamin A 0% • Vitamin C 4%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)

USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	7.11	1/4 cup cooked vegetable	14.1

LAMB WESTON EQUILVALENT PER BAGPRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	17.78	1/2 cup cooked vegetable	5.63

LAMB WESTON EQUILVALENT PER CASE PRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	106.65	1/2 cup cooked vegetable	0.94

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Hashed patty Pre-browned 2.25 oz.	Starchy	4.50 oz.	X	7.11/16	2.00

I certify the above information is true and correct and that 4.50 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 25-30 minutes or to desired crispness and texture. Turn on tray after 6 to 11 minutes for more uniform browning.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake13-17 minutes or to desired crispness and texture. Turn on tray after 7 to 9 minutes for more uniform browning.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schneider Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
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LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Quick Bites® Crinkle Cut Q49** **Grade A - Regular**

Ingredient Statement:

Ingredients: Potatoes, High Oleic Canola Oil, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 1.97 oz. (56g)

Amount Per Serving	
Calories 110	Calories from Fat 35
	% Daily Value*
Total Fat 4g	6%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Potassium 270mg	8%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	
Vitamin A 0% • Vitamin C 2%	
Calcium 0% • Iron 2%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4.5 LB	36.54	1/2 cup cooked vegetable	2.73

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
27 LB	219.28	1/2 cup cooked vegetable	0.45

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen Crinkle Cut Low Moisture, Oven	Starchy	1.97 oz.	X	16.2/16	2.00

I certify the above information is true and correct and that 1.97 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 11-14 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 7-8 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schwiebert Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Natural Wedge Cuts Q80** **Grade A Fancy**

Ingredient Statement:
Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: None

Nutrition Facts

Serving Size 2.69 oz (76g)

Amount Per Serving	
Calories 100	Calories from Fat 25
	% Daily Value*
Total Fat 2.5g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 25mg	1%
Potassium 350mg	10%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	
Vitamin A 0%	• Vitamin C 8%
Calcium 0%	• Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT (March 2013 Update): (pg. 2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	11.9	1/4 cup cooked vegetable	8.5

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	29.7	1/2 cup cooked vegetable	3.36

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	178	1/2 cup cooked vegetable	

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen, Wedges USDA	Starchy	2.69 oz. by weight	X	11.9/16	2.00

I certify the above information is true and correct and that a 2.69 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 13 -18 minutes or until light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Seasoned® Lamb's Ranch Recipe® Wedge Cut R12** **Grade A Fancy - Seasoned**

Ingredient Statement:

Ingredients: Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil,Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate,Riboflavin, Folic Acid), Wheat Flour, Salt, Cornstarch, Onion Powder, Modified Corn Starch, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Spice, Maltodextrin, Natural and Artificial Flavor(Contains Milk), Cultured Sour Cream (Milk, Cream, Non-Fat Dry Milk,Modified Corn Starch, Guar Gum, Locust Bean Gum, Carrageenan), Sweet Buttermilk, Lactic Acid.
CONTAINS: WHEAT, MILK

Nutrition Facts

Serving Size 2.92 oz. (82.86g)

Amount Per Serving

Calories 120 Calories from Fat 45

	% Daily Value*
Total Fat 5g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%
Potassium 300mg	9%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	11.9	1/4 cup cooked vegetable	8.5

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	27.39	1/2 cup cooked vegetable	3.65

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	164.38	1/2 cup cooked vegetable	0.61

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen, Wedges USDA	Starchy	2.69	X	11.9/16	2.00

I certify the above information is true and correct and that 2.92 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 22-25 minutes or to desired crispness and texture.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 12-14 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **RusEttes® 1/2" Oven Crinkle Cut Fries R45** **Grade A Fancy - Regular**

Ingredient Statement:
Potatoes, Canola Oil, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: None

Nutrition Facts

Serving Size 1.83 oz. (52g)

Amount Per Serving

Calories 110	Calories from Fat 40
	% Daily Value*
Total Fat 4.5g	7%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 20mg	1%
Potassium 190mg	5%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	

Vitamin A 0%	• Vitamin C 4%
Calcium 0%	• Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT (March 2013 Update): (pg. 2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	12.6	1/4 cup cooked vegetable	8

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	31.49	1/2 cup cooked vegetable	3.18

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	188.98	1/2 cup cooked vegetable	0.53

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen, Crinkle Cut Ovenable Regular Moisture	Starchy	2.54 oz.	X	12.6/16	2.00

I certify the above information is true and correct and that a 2.54 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-15 minutes or until light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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Food you love

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SEEING POSSIBILITIES IN POTATOES

Product: Rapid Russet 1/2" Crinkle Cut
Catalog # RR01

Bulk Code 3144
Package Size 30 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84g)
Servings Per Container About 160

Amount Per Serving

Calories 130 Calories from Fat 35

	%Daily Value*
Total Fat 4g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 25mg	1%
Potassium 300mg	9%
Total Carbohydrate 22g	7%
Dietary Fiber 2g	8%
Sugars less than 1g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 4 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt
Sr. Nutritionist
Enterprise Regulatory Affairs
ConAgra Foods/Lamb Weston
November 30, 2015

Technical Center: Quality Assurance, Food Safety
2005 Saint Street, Richland, WA 99354 – Phone: 509-375-5840; Fax: 509-375-5870

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Food you love

LambWeston®
SEEING POSSIBILITIES IN POTATOES

Product: Rapid Russet 1/4" shoestrings
Catalog # RR06

Bulk Code 3149
Package Size 27 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84 g/about 30 pieces)
Servings Per Container About 144

Amount Per Serving

Calories 140 Calories from Fat 45

	%Daily Value*
Total Fat 5g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 25mg	1%
Potassium 350mg	10%
Total Carbohydrate 21g	7%
Dietary Fiber 2g	8%
Sugars less than 1 g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 4 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt
Sr. Nutritionist
Enterprise Regulatory Affairs
ConAgra Foods/Lamb Weston
November 30, 2015

Technical Center: Quality Assurance, Food Safety
2005 Saint Street, Richland, WA 99354 – Phone: 509-375-5840; Fax: 509-375-5870

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Rapid Russet 1/2" Crinkle Oven Fries RR41** **Grade A Fancy - Regular**

Ingredient Statement:
Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Coloring (Caramel Color, Annatto Extract, Turmeric), Dextrose.

Food Allergens: None

Nutrition Facts

Serving Size 1.97 oz. (56g)

Amount Per Serving

Calories 80	Calories from Fat 25
	% Daily Value*
Total Fat 2.5g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Potassium 200mg	6%
Total Carbohydrate 13g	4%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT (March 2013 Update): (pg. 2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	40.6	1/2 cup cooked vegetable	2.46

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	243.65	1/2 cup cooked vegetable	0.41

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen, Crinkle Cut Ovenable Low Moisture	Starchy	1.97 oz.	X	16.2/16	2.00

I certify the above information is true and correct and that a 1.97 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 22-26 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 12 -14 minutes or until light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schneider Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

ConAgra Foods®
Food you love

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SEEING POSSIBILITIES IN POTATOES

Product: Rapid Russett Natural 5/16" RC Fries
Catalog # RR45

Bulk Code 4121
Package Size 30 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84 g/about 21 pieces)
Servings Per Container About 160

Amount Per Serving

Calories 140 Calories from Fat 45

	%Daily Value*
Total Fat 5g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 330mg	14%
Potassium 350mg	10%
Total Carbohydrate 21g	7%
Dietary Fiber 2g	8%
Sugars less than 1 g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 4 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt
Sr. Nutritionist
Enterprise Regulatory Affairs
ConAgra Foods/Lamb Weston
November 30, 2015

Technical Center: Quality Assurance, Food Safety
2005 Saint Street, Richland, WA 99354 – Phone: 509-375-5840; Fax: 509-375-5870

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Stealth 5/16" Thin Cut Skin-On S0003** **Extra Long-Seasoned**

Ingredient Statement:

Potatoes, Canola Oil, Modified Food Starch (Potato, Corn, Tapioca), Rice Flour, Dextrin, Salt, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrose, Xanthan Gum.

Food Allergens: NONE

Nutrition Facts

Serving Size 1.98 oz. (56g)

Amount Per Serving	
Calories 90	**Calories from Fat 30**
	% Daily Value*
Total Fat 3.5g	**5%**
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 190mg	**8%**
Potassium 190mg	**5%**
Total Carbohydrate 14g	**5%**
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	17.5	1/4 cup cooked vegetable	5.8

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
6 LB	48.48	1/2 cup cooked vegetable	2.06

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
36 LB	242.42	1/2 cup cooked vegetable	0.41

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes Frozen French fries, Shoestring, Staight Cut, Low Moisture	Starchy	1.83 oz.	X	17.5/16	2.00

I certify the above information is true and correct and that 1.98 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-11 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Supreme® Oven Roasted Wedge S0007** **Grade A Fancy**

Ingredient Statement:

Ingredients: Potatoes, Canola Oil, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Coloring (Caramel Color, Annatto Extract, Turmeric), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 2.69 oz. (76g)

Amount Per Serving

Calories 110	Calories from Fat 10
	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Potassium 440mg	13%
Total Carbohydrate 23g	8%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	
Vitamin A 0% • Vitamin C 8%	
Calcium 0% • Iron 10%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	11.9	1/4 cup cooked vegetable	8.5

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	29.74	1/2 cup cooked vegetable	3.36

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	178.44	1/2 cup cooked vegetable	0.56

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen, Wedges USDA	Starchy	2.69 oz	X	11.9/16	2.00

I certify the above information is true and correct and that 2.69 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 23-26 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 9-11 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb Supreme® Oven Roasted Concertinas™ S0008** **Grade A Fancy**

Ingredient Statement:
Potatoes, Canola Oil, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Coloring (Caramel Color, Annatto Extract, Turmeric), Dextrose.

Food Allergens: None

Nutrition Facts

Serving Size 2.54 oz (72g)

Amount Per Serving	
Calories 90	Calories from Fat 10
	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Potassium 290mg	8%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	
Vitamin A 0% • Vitamin C 6%	
Calcium 0% • Iron 2%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT (March 2013 Update): (pg. 2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	12.6	1/4 cup cooked vegetable	8

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	31.49	1/2 cup cooked vegetable	3.18

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	188.98	1/2 cup cooked vegetable	0.53

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen, Crinkle Cut Regular Moisture Ovenable	Starchy	2.54oz.	X	12.6/16	2.00

I certify the above information is true and correct and that a 2.54 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 23-26 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 9-11 minutes or until light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schneider Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Supreme® Oven Roasted 3/8" Regular Cut Seasoned S0009** **Extra Long Fancy - Regular I**

Ingredient Statement:

Ingredients: Roasted Potatoes, Canola Oil, Salt, Maltodextrin, Wheat Starch, Dehydrated Onion, Sugar, Red Bell Pepper, Corn Starch, Parsley, Paprika, Spices, Natural Flavor, Caramel Color, Garlic, Turmeric Extract, Annatto Extract, Citric Acid, Sodium Acid Pyrophosphate (to retain natural color). Sodium Acid Pyrophosphate used as processing aid.

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.28 oz. (65g)

Amount Per Serving	
Calories 90	Calories from Fat 10
	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 150mg	6%
Potassium 250mg	7%
Total Carbohydrate 19g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	
Vitamin A 0% • Vitamin C 6%	
Calcium 0% • Iron 4%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	14	1/4 cup cooked vegetable	7.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	43.7	1/2 cup cooked vegetable	2.29

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	262.3	1/2 cup cooked vegetable	0.38

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Straight Cut Ovenable Regular Moisture	Starchy	2.28 oz.	X	14/16	2.00

I certify the above information is true and correct and that 2.28 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 23-26 minutes or until light light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 9-11 minutes or until light light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schwindt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

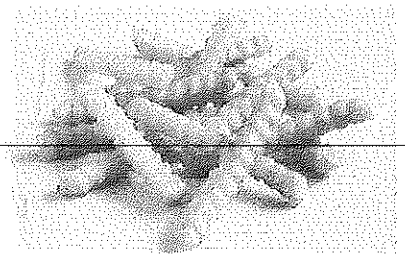
Item #S0022

Thin Crinkle Cut

Brand: STEALTH FRIES®

Cut Size: 5/16 CC Package Size: 6/5# CLR CT

Stealth® thin crinkle cuts are lightly coated with potato starch for enhanced potato flavor. Stay hotter and maintain crisp texture many times longer than regular fries; high yield and great plate coverage. Perfect for take-out/drive thru business.



Ingredients: Ingredients: Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil), Modified Food Starch (Potato, Corn, Tapioca), Rice Flour, Dextrin, Salt, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrose, Xanthan Gum.
Allergens: NONE
Grade: A (EXTRA LONG FANCY-SEASONED FRIES)
Kosher: No
Country of Origin: USA
Shelf Life: 720 days
SCC Code: 10044979190222
Item Number: S0022

Serving Size: 3 oz (84g)
Servings per container: About 160
Calories (per serving): 140.0
Calories from fat: 45.0

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

** Contains less than 2% of the Daily Value of these nutrients.

Amount Per Serving		DV%
Total Fat	5.0g	8.0%
Saturated Fat	1.5g	8.0%
Trans Fat	0	
Cholesterol	0.0mg	0.0%
Sodium	280.0mg	12.0%
Potassium	260.0mg	7.0%
Total Carbohydrate	22.0g	7.0%
Dietary Fiber	2.0g	8.0%
Sugars	less than 1g	
Protein	2.0g	
Vitamin A		0%
Vitamin C		6%
Calcium		0%
Iron		2%

Method	Time	Temperature	Additional Instructions
Convection Oven	8 - 12 min	400°F	
Deep Fry	2 1/2 - 3 min	345 - 350°F	

Shipping Information		Product Information	
Net Weight	30.0000	Grade	A (EXTRA LONG FANCY-SEASONED FRIES)
Gross Weight	32.0000	Country of Origin	USA
Count Per Pound	N/A	Kosher Status	No
Case Cube	1.46	Shelf Life	720 days
Ti/Hi	9,7		

Handling Instructions
Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.

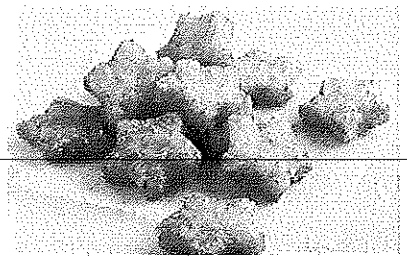
Item #S0026

Starz®

Brand: LAMB'S SUPREME®

Cut Size: Formed Approx. 45/lb. Package Size: 6/5# P

Starz® are a tasty combination of shredded Russet potatoes, seasonings and spices formed in an exclusive, fun to eat, star shape. Extended holding and easy portion control. Ideal as a snack or appetizer.



Ingredients: Ingredients: Potatoes, High Oleic Canola Oil, Salt, Dehydrated Potato, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.
Allergens: NONE
Grade: A (FORMED PRODUCTS - REGULAR)
Kosher: No
Country of Origin: USA
Shelf Life: 540 days
SCC Code: 10044979190260
Item Number: S0026

Serving Size: 3 oz (84g/about 9 pieces)
Servings per container: About 160
Calories (per serving): 180.0
Calories from fat: 90.0

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

** Contains less than 2% of the Daily Value of these nutrients.

Amount Per Serving		DV%
Total Fat	10.0g	15.0%
Saturated Fat	1.0g	5.0%
Trans Fat	0	
Cholesterol	0.0mg	0.0%
Sodium	330.0mg	14.0%
Potassium	390.0mg	11.0%
Total Carbohydrate	20.0g	7.0%
Dietary Fiber	2.0g	8.0%
Sugars	less than 1g	
Protein	2.0g	
Vitamin A		0%
Vitamin C		4%
Calcium		0%
Iron		4%

Method	Time	Temperature	Additional Instructions
Convection Oven	8 - 12 min	400°F	
Conventional Oven	20 - 25 min	400°F	
Deep Fry	1 3/4 - 2 min	345 - 350°F	

Shipping Information		Product Information	
Net Weight	30.0000	Grade	A (FORMED PRODUCTS - REGULAR)
Gross Weight	32.0000	Country of Origin	USA
Count Per Pound	N/A	Kosher Status	No
Case Cube	1.30	Shelf Life	540 days
Ti/Hi	9,8		

Handling Instructions
Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Stealth® Ovenable Shoestring Fries S14** **Long Fancy - Seasoned**

Ingredient Statement:
Potatoes, High Oleic Canola Oil, Modified Food Starch (Potato, Corn), Rice Flour, Dextrin, Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Wheat Starch, Cornstarch, Salt, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrose, Xanthan Gum, Color (Annatto, Caramel, Turmeric).

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.54oz. (76g)

Amount Per Serving	
Calories 150	Calories from Fat 60
	% Daily Value*
Total Fat 6g	9%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 210mg	9%
Potassium 210mg	6%
Total Carbohydrate 19g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%
Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT (March 2013 Update): (pg. 2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	14.2	1/4 cup cooked vegetable	7.1

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4.5 LB	28.35	1/2 cup cooked vegetable	3.53

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
27 LB	170.08	1/2 cup cooked vegetable	0.59

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen, Shoestring Straight Cut Low Moisture	Starchy	2.25 oz.	X	14.2/16	2.00

I certify the above information is true and correct and that a 2.54 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 18-20 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-11 minutes or until light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schneider Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Stealth® CrissCut Fries S15** **Fancy - Seasoned**

Ingredient Statement:

Ingredients: Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil), Modified Food Starch (Potato, Corn, Tapioca), Rice Flour, Dextrin, Salt, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrose, Xanthan Gum.

Food Allergens: NONE

Nutrition Facts

Serving Size 2.17 oz. (61.53)

Amount Per Serving

Calories 110	Calories from Fat 40
	% Daily Value*
Total Fat 4.5g	7%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 210mg	9%
Potassium 220mg	6%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 2%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAG PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4.5 LB	33.18	1/2 cup cooked vegetable	3.01

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
27 LB	199.07	1/2 cup cooked vegetable	0.5

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potaotes, Frozen Crinkle Cut Low Moisture	Starchy	1.97 oz by weight	X	16.2/16	2.00

I certify the above information is true and correct and that 2.17 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 9-11 minutes or until light light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schwiebert Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Stealth® 3/8" Regular Cut Skin On S19** **Extra Long Fancy - Seasoned**

Ingredient Statement:

Ingredients: Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Modified Food Starch (Potato, Corn, Tapioca), Rice Flour, Dextrin, Salt, Leavening Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrose, Xanthan Gum.

Food Allergens: NONE

Nutrition Facts

Serving Size 2.44 oz. (69.17g)

Amount Per Serving

Calories 110 Calories from Fat 30

	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Potassium 250mg	7%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	14	1/4 cup cooked vegetable	7.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	32.78	1/2 cup cooked vegetable	3.05

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	196.72	1/2 cup cooked vegetable	0.51

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Straight Cut Ovenable Regular Moisture	Starchy	2.28 oz	X	14/16	2.00

I certify the above information is true and correct and that 2.44 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 9-12 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Stealth® Shoestring Fries S34** **Extra Long Fancy - Seasoned**

Ingredient Statement:

Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil), Modified Food Starch (Potato, Corn, Tapioca), Rice Flour, Dextrin, Salt, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrose, Xanthan Gum.

Food Allergens: None

Nutrition Facts

Serving Size 2.43 oz (69g)

Amount Per Serving	
Calories 110	Calories from Fat 35
	% Daily Value*
Total Fat 4g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Potassium 160mg	5%
Total Carbohydrate 16g	5%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	
Vitamin A 0% • Vitamin C 4%	
Calcium 0% • Iron 2%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT (March 2013 Update): (pg. 2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	14.2	1/4 cup cooked vegetable	7.1

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4.5 LB	29.63	1/2 cup cooked vegetable	3.375

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
27 LB	177	1/2 cup cooked vegetable	0.56

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen, Shoestring Straight Cut Low Moisture	Starchy	2.25oz.	X	14.2/16	2.00

I certify the above information is true and correct and that a 2.43 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 7-10 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Stealth® 5/16" Thin Cut Fries S35** **Extra Long Fancy - Seasoned**

Ingredient Statement:

Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil), Modified Food Starch (Potato, Corn, Tapioca), Rice Flour, Dextrin, Salt, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrose, Xanthan Gum.

Food Allergens: None

Nutrition Facts

Serving Size 2.43 oz (69g)

Amount Per Serving	
Calories 110	Calories from Fat 35
	% Daily Value*
Total Fat 4g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Potassium 210mg	6%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	
Vitamin A 0%	• Vitamin C 4%
Calcium 0%	• Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT (March 2013 Update): (pg. 2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	14.2	1/4 cup cooked vegetable	7.1

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	32.92	1/2 cup cooked vegetable	3038

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	197.53	1/2 cup cooked vegetable	0.51

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen, Shoestring Straight Cut Low Moisture	Starchy	2.25oz.	X	14.2/16	2.00

I certify the above information is true and correct and that a 2.43 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-22 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-10 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's Stealth® 3/8" Regular Cut Fries S57** **Extra Long Fancy - Seasoned**

Ingredient Statement:

Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Modified Food Starch (Potato, Corn, Tapioca), Rice Flour, Dextrin, Salt, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrose, Xanthan Gum.

Food Allergens: None

Nutrition Facts

Serving Size 2.45oz (69g)

Amount Per Serving	
Calories 110	Calories from Fat 30
	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Potassium 240mg	7%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	
Vitamin A 0% • Vitamin C 6%	
Calcium 0% • Iron 4%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT (March 2013 Update): (pg. 2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	14	1/4 cup cooked vegetable	7.2

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5.0 LB	32.65	1/2 cup cooked vegetable	3.06

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	195.92	1/2 cup cooked vegetable	0.51

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen, Straight Cut Regular Moisture	Starchy	2.29 oz	X		2.00

I certify the above information is true and correct and that a 2.45 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-11 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schneider Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb Supreme RusEttes IQF Hashbrowns S69** **Fancy Shreds - Regular**

Ingredient Statement:

Ingredients: Potatoes, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 3.86 oz. (110g)

Amount Per Serving

Calories 90	Calories from Fat 0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 40mg	2%
Potassium 370mg	11%
Total Carbohydrate 21g	7%
Dietary Fiber 3g	12%
Sugars 0g	
Protein 3g	

Vitamin A 0% • Vitamin C 15%

Calcium 0% • Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	8.28	1/4 cup cooked vegetable	12.1

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
3 LB	12.43	1/2 cup cooked vegetable	8.04

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
18 LB	74.61	1/2 cup cooked vegetable	1.34

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato Products Fresh Raw Shredded	Starchy	3.86 oz.	X	8.28/16	2.00

I certify the above information is true and correct and that 3.86 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Grill: Pre-heat grill to 375°F. Maximum cook weight 1 1/2 lb. Arrange product in a even layer.
Grill from frozen, 7-8 minutes or to desired crispness and texture, flipping product midway through cooktime.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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SEEING POSSIBILITIES IN POTATOES

Product: Special Pack 3/8" RC Fries
Catalog # SP04

Bulk Code 3101
Package Size 30 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84g/about 15 pieces)
Servings Per Container About 160

Amount Per Serving

Calories 120 Calories from Fat 35

	%Daily Value*
Total Fat 4g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 25mg	1%
Potassium 300mg	9%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	8%
Sugars less than 1g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 4 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt
Sr. Nutritionist
Enterprise Regulatory Affairs
ConAgra Foods/Lamb Weston
November 30, 2015

Technical Center: Quality Assurance, Food Safety
2005 Saint Street, Richland, WA 99354 – Phone: 509-375-5840; Fax: 509-375-5870

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Product Formulation Statement (PFS) for Documenting Vegetables and Fruits

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Specific vegetable subgroups must be offered weekly and fruit must be served daily for the National School Lunch Program. For more detailed information on meal pattern requirements see the Nutrition Standards for School Meals Website at http://www.fns.usda.gov/cnd/Governance/Legislation/nutritionstandards.htm.

Product Name: Special Pack 3/8" Regular Cut Supplier Code: SP04 UPC 1 00 44979 19164 9

Manufacture: ConAgra Foods / Lamb Weston Serving Size: 2.29 oz. (65g)

I. Vegetable Component

Please fill out the chart below to determine the creditable amount of vegetables.

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchase Unit	Creditable Amount[1] (quarter cups)
Potatoes, French Fries, Frozen, Straight Cut Regular Moisture	Starchy	2.29 oz.	X	14/16	2.00
			X		
			X		
Total Creditable Vegetable Amount:					

- [1]FBG calculations for vegetables are in quarter cups. See chart on following page for quarter cup to cup conversions.
- Vegetables and vegetable purees credit on volume served.
- At least ⅛ cup of recognizable vegetable is required to contribute towards the vegetable component or a specific vegetable subgroup.
- The other vegetable subgroup may be met with any additional amounts from the dark green, red/orange, and beans/peas (legumes) vegetable subgroups.
- School food authorities may offer any vegetable subgroup to meet the total weekly requirement for the additional vegetable subgroup.
- Please note that raw leafy green vegetables credit as half the volume served in school meals (For example: 1 cup raw spinach credits as ½ cup dark green vegetable. Legumes may credit towards the vegetable component or the meat alternate component, but not as both in the same meal. The school menu planner will decide how to incorporate legumes into the school meal. However, a manufacturer should provide documentation to show how legumes contribute towards the vegetable component and the meat alternate component. See chart on the following page for conversion factors
- The PFS for meat/meat alternate may be used to document how legumes contribute towards the meat alternate component.

Total Cups Beans/Peas (Legumes)	_____
Total Cups Dark Green	_____
Total Cups Red/Orange	_____
Total Cups Starchy	1/2 cup
Total Cups Other	_____

I certify the above information is true and correct and that 2.29 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables. **ConAgra Foods Lamb Weston does not endorse oven preparation of this product.**
(vegetable subgroup)

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II. Fruit Component

Please fill out the chart below to determine the creditable amount of fruits.

Description of Creditable Ingredient per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchase Unit	Creditable Amount[1] (quarter cups)
		X		
		X		
		X		
Total Creditable Fruit Amount:				

- [1]FBG calculations for fruits are in quarter cups. See chart below for quarter cup to cup conversions.
- Fruits and fruit purees credit on volume served.
- At least ⅛ cup of recognizable fruit is required to contribute towards the fruit component.
- Please note that dried fruits credit as double the volume served in school meals (For example, ½ cup raisins credits as 1 cup fruit).

I certify the above information is true and correct and that _____ounce serving of the above product contains _____cup(s) of fruit.

Quarter Cup to Cup Conversions*

0.5 Quarter Cups vegetable = ⅛ Cup vegetable or 0.5 ounces of equivalent meat alternate

1.0 Quarter Cups vegetable = ¼ Cup vegetable or 1.0 ounce of equivalent meat alternate

1.5 Quarter Cups vegetable = ⅜ Cup vegetable or 1.5 ounces of equivalent meat alternate

2.0 Quarter Cups vegetable = ½ Cup vegetable or 2.0 ounces of equivalent meat alternate

2.5 Quarter Cups vegetable = ⅝ Cup vegetable or 2.5 ounces of equivalent meat alternate

3.0 Quarter Cups vegetable = ¾ Cup vegetable or 3.0 ounces of equivalent meat alternate

3.5 Quarter Cups vegetable =⅞ Cup vegetable or 3.5 ounces of equivalent meat alternate

4.0 Quarter Cups vegetable = 1 Cup vegetable or 4.0 ounces of equivalent meat alternate

*The result of 0.9999 equals ⅛ cup but a result of 1.0 equals ¼ cup

Rebecca Schmidt
Signature

Senior Nutritionist, Enterprise Regulatory Affairs
Title

Rebecca Schmidt
Printed Name

9/22/2015
Date

509-375-5881
Phone Number

ConAgra Foods®
Food you love

LambWeston®
SEEING POSSIBILITIES IN POTATOES

Product: Special Pack 5/16" RC Fries
Catalog # SP05

Bulk Code 3102
Package Size 30 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84 g/about 21, 2" pieces)
Servings Per Container About 160

Amount Per Serving

Calories 140 Calories from Fat 45

	%Daily Value*
Total Fat 5g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 25mg	1%
Potassium 350mg	10%
Total Carbohydrate 21g	7%
Dietary Fiber 2g	8%
Sugars less than 1g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 4 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt
Sr. Nutritionist
Enterprise Regulatory Affairs
ConAgra Foods/Lamb Weston
November 30, 2015

Technical Center: Quality Assurance, Food Safety
2005 Saint Street, Richland, WA 99354 – Phone: 509-375-5840; Fax: 509-375-5870

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Food you love

LambWeston
SEEING POSSIBILITIES IN POTATOES

Product: Special Pack 1/4" Shoestring
Catalog # SP06

Bulk Code 3219
Package Size 36 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84 g)
Servings Per Container About 192

Amount Per Serving

Calories 150 Calories from Fat 50

	%Daily Value*
Total Fat 6g	9%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 30mg	1%
Potassium 300mg	9%
Total Carbohydrate 21g	7%
Dietary Fiber 2g	8%
Sugars less than 1g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 4 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt
Sr. Nutritionist
Enterprise Regulatory Affairs
ConAgra Foods/Lamb Weston
November 30, 2015

Technical Center: Quality Assurance, Food Safety
2005 Saint Street, Richland, WA 99354 – Phone: 509-375-5840; Fax: 509-375-5870

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LambWeston®
SEEING POSSIBILITIES IN POTATOES

Product: USF Monarch Puzzle Potatoes
Catalog # UB108

Bulk Code 5595
Package Size 30 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84g)
Servings Per Container About 160

Amount Per Serving

Calories 180 Calories from Fat 100

	%Daily Value*
Total Fat 11g	17%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%
Potassium 290mg	8%
Total Carbohydrate 19g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 2 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt
Sr. Nutritionist
Enterprise Regulatory Affairs
ConAgra Foods/Lamb Weston
November 30, 2015

Technical Center: Quality Assurance, Food Safety
2005 Saint Street, Richland, WA 99354 – Phone: 509-375-5840; Fax: 509-375-5870

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Generation 7® Shoestring Fries X11** **Extra Long Fancy - Regular Fries**

Ingredient Statement:
Potatoes, High Oleic Canola Oil, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: None

Nutrition Facts

Serving Size 1.83 oz. (52g)

Amount Per Serving

Calories 110	Calories from Fat 45
	% Daily Value*
Total Fat 5g	8%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 125mg	5%
Potassium 220mg	6%
Total Carbohydrate 16g	5%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 4%
Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg. 2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	17.5	1/4 cup cooked vegetable	5.8

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4 LB	34.97	1/2 cup cooked vegetable	2.86

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
24 LB	209.84	1/2 cup cooked vegetable	0.48

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Shoestring Straight cut Regular Moisture	Starchy	1.83 oz	X	17.5/16	2.00

I certify the above information is true and correct and that 1.83 ounce serving of the above product contains 1/2 cup(s) of strachy vegetables.

Cooking Instructions
Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 12-14 minutes or until light light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 6-7 minutes or until light light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Generation 7® Thin Cut Fries X12** **Extra Long Fancy - Regular Fries**

Ingredient Statement:

Ingredients: Potatoes, High Oleic Canola Oil, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 1.83 oz. (52g)

Amount Per Serving	
Calories 100	Calories from Fat 35
	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 125mg	5%
Potassium 230mg	7%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	
Vitamin A 0% • Vitamin C 4%	
Calcium 0% • Iron 2%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	17.5	1/4 cup cooked vegetable	5.8

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4 LB	34.97	1/2 cup cooked vegetable	2.86

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
24 LB	209.84	1/2 cup cooked vegetable	0.48

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Shoestring Straight cut Regular Moisture	Starchy	1.83 oz.	X	17.5/16	2.00

I certify the above information is true and correct and that 1.83 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 13-15 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 6-8 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

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LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Generation 7® Regular Cut Fries X13** **Extra Long Fancy - Regular**

Ingredient Statement:

Ingredients: Potatoes, High Oleic Canola Oil, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 2.28 oz. (65g)
Servings Per Container

Amount Per Serving

Calories 130	Calories from Fat 40
	% Daily Value*
Total Fat 4.5g	7%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 150mg	6%
Potassium 260mg	7%
Total Carbohydrate 19g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 6%
Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	14	1/4 cup cooked vegetable	7.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4.5 LB	31.58	1/2 cup cooked vegetable	3.16

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
27 LB	189.47	1/2 cup cooked vegetable	0.53

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Shoestring Straight cut Regular Moisture	Starchy	2.28 oz.	X	14/16	2.00

I certify the above information is true and correct and that 2.28 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 15-18 minutes or until light light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-9 minutes or until light light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

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LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Generation 7 Concertina 1/2" Crinkle Cut Fries X14** **Grade A - Regular Fries**

Ingredient Statement:

Ingredients: Potatoes, High Oleic Canola Oil, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 1.97 oz. (56g)

Amount Per Serving

Calories 120	Calories from Fat 40
	% Daily Value*
Total Fat 4.5g	7%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 135mg	6%
Potassium 280mg	8%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4.5 LB	36.55	1/2 cup cooked vegetable	2.73

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
27 LB	219.29	1/2 cup cooked vegetable	0.45

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen Crinkle Cut Low Moisture, Oven	Starchy	1.97	X	16.2/16	2.00

I certify the above information is true and correct and that 1.97 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 14-16 minutes or until light golden in color.

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 6-8 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

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LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Generation 7® Colossal Crinkle® Fries X15** **Extra Long Fancy - Regular**

Ingredient Statement:

Potatoes, Canola Oil, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 1.97 oz. (56g)

Amount Per Serving	
Calories 120	Calories from Fat 40
	% Daily Value*
Total Fat 4.5g	7%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 135mg	6%
Potassium 270mg	8%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 1g	

Vitamin A 0% • Vitamin C 2%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Potassium			3,500 mg	3,500 mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4.5 LB	36.54	1/2 cup cooked vegetable	2.73

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
27 LB	219.28	1/2 cup cooked vegetable	0.45

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen Crinkle Cut Low Moisture, Oven	Starchy	1.97	X	16.2/16	2.00

I certify the above information is true and correct and that 1.97 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 14-16 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 7-8 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

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LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Generation 7® Slim Crinkle Cut Fries X16** **Extra Long Fancy - Regular**

Ingredient Statement:

Ingredients: Potatoes, High Oleic Canola Oil, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 1.97 oz. (56g)

Amount Per Serving	
Calories 110	Calories from Fat 40
	% Daily Value*
Total Fat 4.5g	7%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 135mg	6%
Potassium 250mg	7%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	
Vitamin A 0% • Vitamin C 4%	
Calcium 0% • Iron 2%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Potassium			3,500 mg	3,500 mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4 LB	32.48	1/2 cup cooked vegetable	3.07

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
24 LB	194.92	1/2 cup cooked vegetable	0.51

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen Crinkle Cut Low Moisture, Oven	Starchy	1.97	X	16.2/16	2.00

I certify the above information is true and correct and that 1.97 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 12-15 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 6-7 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

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LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Generation 7® Regular Cut Fries X23** **Extra Long Fancy - Regular**

Ingredient Statement:

Ingredients: Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil), Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 2.28 oz. (65g)

Amount Per Serving

Calories 120 Calories from Fat 35

	% Daily Value*
Total Fat 4g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 150mg	6%
Potassium 350mg	10%
Total Carbohydrate 19g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	14	1/4 cup cooked vegetable	7.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4.5 LB	31.57	1/2 cup cooked vegetable	3.16

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
27 LB	189.47	1/2 cup cooked vegetable	0.57

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen, Straight Cut Regular Moisture	Starchy	2.28 oz	X	14/16	2.00

I certify the above information is true and correct and that 2.28 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 15-18 minutes or until light light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-9 minutes or until light light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

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LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Generation 7 Crinkle Wedge Cut Skin-On X30** **Fancy - Regular**

Ingredient Statement:

Ingredients: Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil), Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 2.69 oz. (76g)

Amount Per Serving

Calories 130 Calories from Fat 40

	% Daily Value*
Total Fat 4.5g	7%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Potassium 430mg	12%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	11.9	1/4 cup cooked vegetable	8.5

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	29.73	1/2 cup cooked vegetable	3.36

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	178.43	1/2 cup cooked vegetable	0.56

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen, Wedges USDA	Starchy	2.69 oz	X	11.9/16	2.00

I certify the above information is true and correct and that 2.69 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 16-20 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-9 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

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LambWeston®

SEEING POSSIBILITIES IN POTATOES

USDA School Lunch Equivalent For: **Lamb's G7 Stealth 5/16" Thin X32** **Extra Long-Seasoned**

Ingredient Statement:

Potatoes, Canola Oil, Modified Food Starch (Potato, Corn, Tapioca), Rice Flour, Dextrin, Salt, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrose, Xanthan Gum.

Food Allergens: NONE

Nutrition Facts

Serving Size 1.99 oz. (57g)

Amount Per Serving	
Calories 120	Calories from Fat 35
	% Daily Value*
Total Fat 4g	6%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Potassium 260mg	7%
Total Carbohydrate 18g	6%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 2g	
Vitamin A 0% • Vitamin C 6%	
Calcium 0% • Iron 2%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Potassium			3,500 mg	3,500 mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITION PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	17.5	1/4 cup cooked vegetable	5.8

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4.5 LB	36.18	1/2 cup cooked vegetable	2.76

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
27 LB	217.08	1/2 cup cooked vegetable	0.46

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes Frozen French fries, Shoestring, Staight Cut, Low Moisture	Starchy	1.83 oz.	X	17.5/16	2.00

I certify the above information is true and correct and that 1.99 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-15 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 7-8 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: July 1, 2015

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