Missouri DEPARTMENT OF ELEMENTARY & SECONDARY EDUCATION

School Year 2015-2016

Nutritional Information for ConAgra Foods Lamb Weston, Inc.

ConAgra Foods® LambWeston®

Product Code Number	Product Description	Case Weight (lbs)	Serving Size (oz)	Portions per Serving	Svgs per Case	Calories	Calories From Fat	% Cal From Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (% DV)	Vitamin C (% DV)	Calcium (% DV)	Iron (%DV)	CN Number (if applicable)	Meat/ MA Credit	Veg Credit	Bread Svgs Credit
33230	Lamb Weston Roasted Sweet Potatoes	40	3.00		214	90	0	0%	0	0	0	0	60	20	2	8	2	60	10	4	4			1.65oz = 1/4 Cup Red/Orange Veg	
L0082	Sweet Things Seasoned Wavelength	15	3.00		80	120	35	29%	4	0	0	0	330	20	3	7	1	60	2	2	2			2.84oz = 1/2 Cup Red/Orange Veg	
L0084	Sweet Things 3/8" Crinkle Cuts Sweet Potato Fries	15	3.00		80	140	45	32%	4.5	0	0	0	110	22	3	7	1	60	10	2	2			2.79oz = 1/2 Cup Red/Orange Veg	
L0089	Sweet Things Vanilla Sugar Fries	15	3.00		80	150	45	30%	5	0	0	0	280	24	3	10	1	60	6	0	2			2.63oz = 1/2 Cup Red/Orange Veg	
L0090	Sweet Things Criss Cut Fries	15	3.00		80	150	50	33%	6	0.5	0	0	180	23	2	5	2	70	4	2	2			2.84oz = 1/2 Cup Red/Orange Veg	
L0091	Sweet Things 5/16" Regular Cut Fries	15	3.00		80	150	40	27%	4.5	0	0	0	115	26	3	7	1	60	10	2	2				
L0094	Sweet Things Potato Puffs	15	3.00		80	130	30	23%	3.5	0	0	0	260	23	2	8	1	60	6	2	2			2.8oz = 1/2 Cup Red/Orange Veg	
L0097	Sweet Things Seasoned RibCut Fries	15	3.00		80	100	30	30%	3.5	0	0	0	350	15	2	4	1	60	4	0	2			2.33oz=1/2 Cup Red/Orange Veg	
L0099	Sweet Things Crispy Cube	15	3.00		80	110	30	27%	3.5	0	0	0	350	19	3	7	1	60	2	2	4			2.59oz = 1/2 Cup Red/Orange Veg	
L0100	Sweet Things Chef Cut Fries	15	3.00		80	130	35	27%	4	0	0	0	230	22	3	9	1	60	4	2	2				
L0101	Sweet Things 3/8" Convertina	15	3.00		80	130	45	35%	5	0	0	0	230	21	3	7	1	60	2	2	2			2.91oz = 1/2 Cup Red/Orange Veg	
L0102	Sweet Things Seasoned Trim Fry	15	3.00		80	140	45	32%	5	0	0	0	420	22	3	7	1	60	2	2	2			2.56oz = 1/2 Cup Red/Orange Veg	
L0103	Sweet Things Seasoned Platter Fry	15	3.00		80	120	40	33%	4.5	0	0	0	280	20	3	7	1	70	2	2	2			2.54oz = 1/2 Cup Red/Orange Veg	
L8000	Sweet Things Trim Fries	15	3.00		80	180	70	39%	8	0.5	0	0	120	25	3	7	2	60	6	2	2			2.52oz = 1/2 Cup Red/Orange Veg	
L8100	Sweet Things Platter Fries	15	3.00		80	140	40	29%	4	0	0	0	130	24	3	7	1	70	10	2	0			2.52oz = 1/2 Cup Red/Orange Veg	
M0007	Sweet Things Mashed Sweet Potatoes	24	2/3 C		78	140	10	7%	1	0	0	0	50	31	3	18	1	70	4	6	4			4.24oz = 1/2 Cup Red/Orange Veg	
M8000	Monarch/Sweet Things Trim Fries	15	3.00		80	180	70	39%	8	0.5	0	0	120	25	3	7	2	60	6	2	2				
M8100	Monarch/Sweet Things Platter Fries	15	3.00		80	140	40	29%	4	0	0	0	130	24	3	7	1	70	10	2	0				
M9400	Monarch/Sweet Things Potato Puffs	15	3.00		80	130	30	23%	3.5	0	0	0	260	23	2	8	1	60	6	2	2				
02126	Rusettes Spud Skin Wedge cut	30	3.00		160	110	25	23%	3	1	0	0	20	18	2	<1	2	0	4	0	4				
02143	Hashbrown Potatoes	30	1 patty		212	130	70	54%	8	2	0	0	250	14	2	<1	1	0	8	0	4			4.5oz = 1/2 Cup Starchy Veg	
21994	Inland Valley 3/8" RC Fries	30	3.00		160	120	35	29%	4	1	0	0	25	18	2	<1	2	0	10	0	4				
24298	Taterboy Western Spicy Wedges	30	3.00		160	110	45	41%	5	1.5	0	0	260	14	2	<1	2	0	8	0	4			2.90oz = 1/2 Cup Starchy Veg	
24319	Taterboy Crispura Thin Rectangular Cut	36	3.00		192	160	70	44%	8	2	0	0	320	20	2	<1	2	0	4	0	2				
24322	Taterboy Western Spicy Crispy QQQ's	30	3.00		160	150	60	40%	7	2	0	0	420	20	2	<1	2	0	8	0	4			2.26oz = 1/2 Cup Starchy Veg	
24504	Taterboy Long Brach 3/8" Regular Cut Wester Spicy	30	3.00		160	140	50	36%	6	1.5	0	0	330	19	2	<1	2	0	8	0	2			2.52oz = 1/2 Cup Starchy Veg	
23C	Shoestring 1/4SS	24	3.00		128	180	60	33%	7	0.5	0	0	30	27	2	<1	2	0	8	0	4			1.83oz = 1/2 Cup Starchy Veg	
23G	Thin 5/16RC Low Trans	24	3.00		128	160	45	28%	5	0	0	0	30	27	2	<1	2	0	10	0	4			1.83oz = 1/2 Cup Starchy Veg	
23L	Thin Concertinas	24	3.00		128	170	50	29%	6	0.5	0	0	30	26	2	<1	2	0	8	0	4			1.975oz = 1/2 Cup Starchy Veg	
24G	Lamb's 3/8" Regular Cuts - Spicy	30	3.00		160	140	60	43%	7	2	0	0	350	18	2	<1	2	0	10	0	4				
24U	Lamb's Seasoned Mini Bakers	30	3.00		160	120	40	33%	4	1	0	0	230	18	2	<1	2	0	10	0	4			2.90oz = 1/2 Cup Starchy Veg	
30H	Lamb's Natural Chips	30	3.00		160	170	70	41%	8	2	0	0	230	21	2	<1	2	0	4	0	2				
32N	Lamb Weston Private Reserve Breakfast Cubest	36	2/3 C		192	110	25	23%	3	1	0	0	280	19	2	<1	2	0	8	0	4			2.28oz = 1/2 Cup Starchy Veg	
A01	Lamb's Supreme Hi-Fries SS	27	3.00		144	130	40	31%	4.5	1	0	0	25	21	2	<1	2	0	8	0	4				
A10	Lamb's Seasoned Jr Jo Jo's	30	3.00		160	100	40	40%	4	1	0	0	230	15	2	<1	2	0	15	0	4			2.98oz = 1/2 Cup Starchy Veg	
A26	Lamb Supreme Roundabouts	30	3.00		160	170	80	47%	9	2.5	0	0	330	20	2	<1	2	0	6	0	4			2.54oz = 1/2 Cup Starchy Veg	
A28	Crispy Cubes	36	3.00		192	130	50	38%	6	2	0	0	280	18	2	<1	2	0	8	0	4			2.94oz = 1/2 Cup Starchy Veg	
A40	Lamb's Seasoned Southern Style Wedge	30	3.00		160	130	45	35%	5	1.5	0	0	330	18	2	<1	2	0	10	0	4			2.95oz = 1/2 Cup Starchy Veg	
AX505	Alexia Natural Wedge Cut	30	3.00		160	110	25	23%	3	0	0	0	230	18	2	<1	2	0	8	0	4			2.69oz = 1/2 Cup Starchy Veg	
B03	Supreme Tri-Patties	30	1 patty		240	100	45	45%	5	1.5	0	0	230	12	1	<1	1	0	2	0	2			4.5oz = 1/2 Cup Starchy Veg	
B27	Lamb Supreme Fast Browns	21	1 patty		134	140	60	43%	7	2	0	0	270	16	2	<1	2	0	4	0	2			4.5oz = 1/2 Cup Starchy Veg	
B43	Seasoned Thin Reg Cut	30	3.00		160	160	70	44%	8	2	0	0	310	21	2	<1	2	0	10	0	6			2.03oz = 1/2 Cup Starchy Veg	
B91	Seasoned/Coated Original Recipe 3/8" Regular Cut	30	3.00		160	140	50	36%	6	2	0	0	330	19	2	<1	2	0	8	0	4			2.52oz = 1/2 Cup Starchy Veg	
C0034	Colassal Crisp 1/4" SS	27	3.00		144	190	90	47%	10	2.5	0	0	330	24	2	<1	2	0	10	0	4			2.12oz = 1/2 Cup Starchy Veg	
C0057	Colossal Crisp SSND 3/8 RC	30	3.00		160	170	70	41%	8	2	0	0	310	23	1	<1	2	0	8	0	4			2.58oz = 1/2 Cup Starchy Veg	
C0058	Colossal Crisp SSND 1/4 Twist	24	3.00		128	180	70	39%	8	2	0	0	420	24	3	<1	2	0	8	0	6				
C0084	Lamb's Natural Twister-Oven Ready	30	3.00		160	140	45	32%	5	1.5	0	0	20	21	2	<1	2	0	8	0	4			1.98oz = 1/2 Cup Starchy Veg	
C22	Tator Valley 1/2" Crinkle Cut Oven Browns	30	3.00		160	130	30	23%	3.5	1	0	0	25	22	2	<1	2	0	10	0	4			1.97oz = 1/2 Cup Starchy Veg	
C25	Crispy Coat SS	27	3.00		144	170	80	47%	9	2.5	0	0	330	19	2	<1	2	0	6	0	4				
C26	Crispy Coat Thin Reg Cut	30	3.00		160	150	70	47%	8	2	0	0	320	18	2	<1	2	0	6	0	4			2.02oz = 1/2 Cup Starchy Veg	
C27	8-Cut Wedges	30	3.00		160	130	50	38%	6	1.5	0	0	280	18	2	<1	2	0	8	0	4			2.87oz = 1/2 Cup Starchy Veg	
C28	Crispy Coat Reg Cut	30	3.00		160	160	70	44%	8	2	0	0	280	21	2	<1	2	0	8	0	4			2.49oz = 1/2 Cup Starchy Veg	
C55	5/16" Thin RC Extra Long	30	3.00		160	140	25	18%	5	1.5	0	0	25	21	2	<1	2	0	10	0	4				
D0073	Seasoned Twisters-Original	30	3.00		160	160	70	44%	8	2	0	0	420	20	2	<1	2	0	8	0	6			2.25oz = 1/2 Cup Starchy Veg	
D23	Seasoned CrissCuts	27	3.00		144	160	70	44%	8	2	0	0	310	19	2	<1	2	0	8	0	4			2.18oz = 1/2 Cup Starchy Veg	
E02	Lamb's Supreme Steak House Fries	30	3.00		160	110	25	23%	3	1	0	0	25	19	2	<1	2	0	10	0	4			2.28oz = 1/2 Cup Starchy Veg	
F90	Lamb's Supreme Home Browns	33.75	2.25		240	140	70	50%	8	2	0	0	270	15	2	<1	2	0	4	0	2			4.5oz = 1/2 Cup Starchy Veg	

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G5300	Lamb's Supreme/Side O'Browns	33.75	1 patty		240	130	70	54%	8	2	0	0	250	14	3	<1	1	0	4	0	2			4.5oz = 1/2 Cup Starchy Veg	
H30	Tator Puffs	30	3.00		160	160	70	44%	8	2	0	0	330	19	2	<1	2	0	4	0	4			2.52oz = 1/2 Cup Starchy Veg	
H40	Lamb's Supreme/Potato Stix	24	5 stix		128	170	80	47%	9	2.5	0	0	330	20	2	<1	2	0	6	0	4			4.5oz = 1/2 Cup Starchy Veg	
J71	Time Savor Soup Cubes 3/8"	36	1 C		148	90	0	0%	0	0	0	0	5	20	2	<1	2	0	10	0	2			3.168oz = 1/2 Cup Starchy Veg	
J73	Time Savor Salad Dices 5/8"	36	3/4 C		148	90	0	0%	0	0	0	0	25	20	3	<1	3	0	10	0	4			3.168oz = 1/2 Cup Starchy Veg	
K0120	Lamb's Seasoned Mini Criss Cuts	24	3.00		128	170	70	41%	8	2	0	0	440	23	2	<1	2	0	2	2	4				
K39	Russettes Mini Pancakes	18	3.00		96	260	140	54%	16	3	0	0	600	25	2	0	4	2	10	2	2			5.36oz = 1/2 Cup Starchy Veg	
M14	Lamb's Supreme Lightly Seasoned Mashed	24	2/3 C		78	110	20	18%	2	1	0	5	500	21	2	0	2	0	2	2	2				
M16	Mashed - Supreme	24	2/3 C		78	90	10	11%	1	0	0	0	500	18	2	0	2	0	0	0	0			4.34oz = 1/2 Cup Starchy Veg	
M18	Lamb Supreme Mashed Potato	24	2/3 C		78	110	20	18%	2	1	0	5	500	21	2	0	2	0	0	0	0				
N88	Lamb's Supreme Mashed Potatoes	30	2/3 C		78	130	40	31%	4.5	1.5	0	5	590	21	2	0	2	0	0	0	0			4.34oz = 1/2 Cup Starchy Veg	
P40	Lamb's Tantalizer Round Stuffed Spudz	18	3.00		96	180	90	50%	10	3.5	0	15	450	18	3	1	5	4	0	10	2				
P55	Lamb's Natural Crisscut Fries	27	3.00		144	140	50	36%	6	2	0	0	20	20	2	<1	2	0	6	0	4			1.975oz = 1/2 Cup Starchy Veg	
PP24	Park Premium 3/8" Regular Cut Fries	30	3.00		160	120	35	29%	4	1	0	0	25	18	2	<1	2	0	10	0	6				
PP50	Park Premium Rounds	30	3.00		160	170	80	47%	9	2	0	0	330	21	2	<1	2	0	4	0	4			2.52oz = 1/2 Cup Starchy Veg	
PP51	Park Premium Roundabouts	30	3.00		160	170	80	47%	9	2.5	0	0	330	20	2	<1	2	0	6	0	4				
PP52	Park Premium Tater Wedges (Triangles)	30	1 wedge		238	100	45	45%	5	1.5	0	0	330	12	1	<1	1	0	2	0	2			4.5oz = 1/2 Cup Starchy Veg	
Q49	Lamb Weston Quick Bites 1/2" Crinkle Cut	27	3.00		144	170	50	29%	6	0.5	0	0	260	26	3	<1	3	0	4	0	4			1.97oz = 1/2 Cup Starchy Veg	
Q80	Lamb's Natural 8 Segment Wedges	30	3.00		160	110	25	23%	3	1	0	0	25	20	2	<1	2	0	10	0	4			2.69oz = 1/2 Cup Starchy Veg	
R12	Lamb's Ranch Recipe Frozen Potatoes	30	3.00		160	120	45	38%	5	1.5	0	0	280	17	2	<1	2	0	8	0	2			2.9oz = 1/2 Cup Starchy Veg	
R45	Russetts Oven 1/2" Crinkle Cuts	30	3.00		160	120	35	29%	4	0	0	0	35	20	2	<1	2	0	8	0	4			2.54oz = 1/2 Cup Starchy Veg	
RR01	Rapid Russet 1/2" Crinkle Cut	30	3.00		160	130	35	27%	4	1	0	0	25	22	2	<1	2	0	10	0	4				
RR06	Rapid Russet 1/4" Shoestrings	27	3.00		144	140	45	32%	5	1.5	0	0	25	21	2	<1	2	0	10	0	4				
RR41	Rapid Russett Oven 1/2" Crinkle Cut	30	3.00		160	120	35	29%	4	1	0	0	280	20	2	<1	2	0	10	0	4			2.54oz = 1/2 Cup Starchy Veg	
RR45	Rapid Russett Natural 5/16 RC Fries	30	3.00		160	140	45	32%	5	1.5	0	0	330	21	2	<1	2	0	10	0	4				
S0003	Stealth 5/16" Regular Cut	30	3.00		160	140	45	32%	5	0	0	0	280	21	2	<1	2	0	8	0	4				
S0007	Roasted Wedges w/Canola Oil	30	3.00		160	120	10	8%	1	0	0	0	200	25	2	<1	2	0	8	0	2			2.69oz = 1/2 Cup Starchy Veg	
S0008	Roasted 1/2" CC w/Canola Oil	30	3.00		160	110	10	9%	1	0	0	0	200	23	2	<1	2	0	8	0	2			2.54oz = 1/2 Cup Starchy Veg	
S0009	Lamb's Oven Roasted 3/8" RC Seasoned	30	3.00		160	110	15	14%	1.5	0	0	0	200	25	2	<1	2	0	8	0	4			1.83oz = 1/2 Cup Starchy Veg	
S0026	Lamb Weston Starz	30	3.00		160	180	90	50%	10	1	0	0	330	20	2	<1	2	0	4	0	4			2.52oz = 1/2 Cup Starchy Veg	
S14	Bakable Stealth Shoestrings	27	3.00		144	160	60	38%	7	0.5	0	0	230	21	2	<1	2	0	10	0	2			2.54oz = 1/2 Cup Starchy Veg	
S15	Stealth /12" Criss Cut Fry	27	3.00		144	150	50	33%	6	2	0	0	280	23	2	<1	2	0	2	0	4			2.17oz = 1/2 Cup Starchy Veg	
S19	Stealth Fries Regular Cut	30	3.00		160	130	35	27%	4	1	0	0	280	21	2	<1	2	0	8	0	4			2.44oz = 1/2 Cup Starchy Veg	
S34	Stealth 1/4"SS	27	3.00		144	130	45	35%	5	1.5	0	0	280	20	2	<1	2	0	6	0	2			1.97oz = 1/2 Cup Starchy Veg	
S35	Stealth 5/16" Thin RC	30	3.00		160	140	45	32%	5	1.5	0	0	280	22	2	<1	2	0	6	0	2			1.97oz = 1/2 Cup Starchy Veg	
S57	Stealth Regular Cut	30	3.00		160	130	40	31%	4.5	1	0	0	280	21	2	<1	2	0	10	0	4			2.45oz = 1/2 Cup Starchy Veg	
S69	Lamb's Supreme IQF Hash Browns	18	1 Cup		96	70	0	0%	0	0	0	0	30	16	2	<1	2	0	10	0	4			3.86oz = 1/2 Cup Starchy Veg	
SP04	Special Pack 3/8" RC Fries	30	3.00		160	120	35	29%	4	1	0	0	25	18	2	<1	2	0	10	0	4				
SP05	5/16 Straight Cut	30	3.00		160	140	45	32%	5	1.5	0	0	25	21	2	<1	2	0	10	0	4				
SP06	Special Pack 1/4 Shoestring	36	3.00		192	150	50	33%	6	2	0	0	30	21	2	<1	2	0	10	0	4				
UB108	Monarch Puzzle Pieces Puffs	30	3.00		160	180	100	56%	11	2.5	0	0	280	19	2	0	2	0	0	0	2				
X11	Gen 7 1/4" SS	24	3.00		128	180	70	39%	8	0.5	0	0	200	26	3	<1	2	0	10	0	2			1.83oz = 1/2 Cup Starchy Veg	
X12	Gen 7 5/16" Reg Cut	24	3.00		128	170	50	29%	6	0.5	0	0	200	27	2	<1	2	0	8	0	2			1.83oz = 1/2 Cup Starchy Veg	
X13	Gen 7 3/8" RC	27	3.00		144	170	50	29%	6	0.5	0	0	200	25	3	<1	3	0	8	0	4			1.83oz = 1/2 Cup Starchy Veg	
X14	Gen 7 Concertina Fries	27	3.00		144	180	60	33%	7	0.5	0	0	200	26	3	<1	3	0	8	0	4			1.975oz = 1/2 Cup Starchy Veg	
X15	Gen 7 Colossal Crinkle Fries	27	3.00		144	170	60	35%	7	0.5	0	0	200	26	2	<1	2	0	4	0	2				
X16	Gen 7 5/16 Crinkle Cut Fry	24	3.00		128	170	60	35%	7	0.5	0	0	200	25	2	<1	2	0	8	0	4			1.975oz = 1/2 Cup Starchy Veg	
X23	Gen 7 Natural 3/8" Reg Cut	27	3.00		144	160	45	28%	5	1.5	0	0	200	25	2	<1	3	0	8	0	2			2.286oz = 1/2 Cup Starchy Veg	
X30	Generation 7 Crinkle Cut Wedge (Skin On)	30	3.00		160	140	45	32%	5	1.5	0	0	200	22	2	<1	2	0	8	0	4			2.689oz = 1/2 Cup Starchy Veg	
X32	Generation 7 Stealth Think RC 5/16	27	3.00		144	180	50	28%	6	0.5	0	0	260	27	2	<1	3	0	10	0	4				

For additional product information visit http://dese.mo.gov/divadm/food/Nutritional_Facts_Index.html

Lamb Weston

a ConAgra Foods® brand

USDA School Lunch Equivalent For: **Tater Valley Oven Brown 1/2" Crinkle Cut Fries C22** **Extra Long Fancy - Regular**

Ingredient Statement:

Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 1.97 oz. (55.85g)

Amount Per Serving

Calories 90 Calories from Fat 20

	% Daily Value*
Total Fat 2.5g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Potassium 200mg	6%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)

USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	40.61	1/2 cup cooked vegetable	2.46

LAMB WESTON EQUILVALENT PER CASE PRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	243.65	1/2 cup cooked vegetable	0.41

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen Crinkle Cut Low Moisture, Oven	Starchy	1.97	X	16.2/16	2.00

I certify the above information is true and correct and that 1.97 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 12 -15 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Taterboy® Long Branch Fries 3/8" Regular Cut Western Spicy 24504** **Extra Long Fancy - Seasoned**

Ingredient Statement:

Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Corn Starch, Spices, Garlic Powder, Corn Meal, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Natural Flavor, Spice and Coloring, Dextrose.

Food Allergens:WHEAT

Nutrition Facts

Serving Size 2.52 oz. (71.39g)

Amount Per Serving

Calories 120	Calories from Fat 45
	% Daily Value*
Total Fat 5g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%
Potassium 230mg	7%
Total Carbohydrate 16g	5%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	
Vitamin A 0% • Vitamin C 6%	
Calcium 0% • Iron 2%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)

USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	14	1/4 cup cooked vegetable	7.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	31.74	1/2 cup cooked vegetable	3.15

LAMB WESTON EQUILVALENT PER CASE PRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	190.47	1/2 cup cooked vegetable	0.53

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Straight Cut Ovenable Regular Moisture	Starchy	2.28	X	14/16	2.00

I certify the above information is true and correct and that 2.52 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 12-15 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0462 E-mail: stacey.Biebrich@conagrafoods.com

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USDA School Lunch Equivalent For: **Taterboy® TaterBabies® Western Spicy Wedges 24298**

Grade A Fancy - Seasoned

Ingredient Statement:

Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Corn Starch, Spices, Garlic Powder, Corn Meal, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Natural Flavor, Spice and Coloring, Dextrose.

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.90 oz. (82.22g)

Amount Per Serving

Calories 110 Calories from Fat 45

	% Daily Value*
Total Fat 5g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 250mg	10%
Potassium 240mg	7%
Total Carbohydrate 14g	5%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)

USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	11.9	1/4 cup cooked vegetable	8.5

LAMB WESTON EQUILVALENT PER BAGPRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	27.58	1/2 cup cooked vegetable	3.62

LAMB WESTON EQUILVALENT PER CASE PRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	165.51	1/2 cup cooked vegetable	0.6

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen, Wedges USDA	Starchy	2.69 oz. by weight	X	11.9/16	2.00

I certify the above information is true and correct and that 2.90 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 25-30 minutes or to desired crispness and texture.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake12-15 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Taterboy® Crispy QQQ's Western Spicy 24322** **Grade A Fancy - Seasoned**

Ingredient Statement:

Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Corn Starch, Spices, Corn Meal, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Colored with Oleoresin Paprika, Dextrose.

Food Allergens:WHEAT

Nutrition Facts

Serving Size 2.26 oz. (63.99g)

Amount Per Serving

Calories 110 Calories from Fat 50

	% Daily Value*
Total Fat 5g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 320mg	13%
Potassium 200mg	6%
Total Carbohydrate 15g	5%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	16.2	1/4 cup cooked vegetable	4.6

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	35.4	1/2 cup cooked vegetable	2.82

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	212.39	1/2 cup cooked vegetable	0.47

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries Frozen Curly	Starchy	1.98 oz.	X	16.2/16	2.00

I certify the above information is true and correct and that 2.26 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-14 minutes or or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schwartz Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Oven Ready Twister® Fries C0084** **Grade A Fancy - Regular**

Ingredient Statement:

Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 1.98 oz. (56.13g)

Amount Per Serving

Calories 90	Calories from Fat 30
	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Potassium 250mg	7%
Total Carbohydrate 14g	5%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	16.2	1/4 cup cooked vegetable	4.6

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	40.4	1/2 cup cooked vegetable	2.47

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	242.42	1/2 cup cooked vegetable	0.41

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries Frozen Curly	Starchy	1.98 oz.	X	16.2/16	2.00

I certify the above information is true and correct and that 1.98 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 13-17 minutes oror until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1,2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Lamb's Stealth® Ovenable Shoestring Fries S14** **Long Fancy - Seasoned**

Ingredient Statement:
Potatoes, High Oleic Canola Oil, Modified Food Starch (Potato, Corn), Rice Flour, Dextrin, Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Wheat Starch, Cornstarch, Salt, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrose, Xanthan Gum, Color (Annatto, Caramel, Turmeric).

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.07oz. (58.69g)

Amount Per Serving

Calories 110	Calories from Fat 45
	% Daily Value*
Total Fat 5g	8%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Potassium 160mg	5%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 6%
Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT (March 2013 Update): (pg. 2-69)

USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	17.5	1/4 cup cooked vegetable	5.8

LAMB WESTON EQUILVALENT PER BAG PRODUCT

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4.5 LB	34.78	1/2 cup cooked vegetable	2.87

LAMB WESTON EQUILVALENT PER CASE PRODUCT

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
27 LB	208.69	1/2 cup cooked vegetable	0.48

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen, Shoestring Straight Cut Low Moisture	Starchy	1.83 oz.	X	17.5/16	2.00

I certify the above information is true and correct and that a 2.07 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 18-20 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-11 minutes or until light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Lamb's Stealth® Shoestring Fries S34** **Extra Long Fancy - Seasoned**

Ingredient Statement:

Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil), Modified Food Starch (Potato, Corn, Tapioca), Rice Flour, Dextrin, Salt, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrose, Xanthan Gum.

Food Allergens: None

Nutrition Facts

Serving Size 1.97 oz (55.88g)

Amount Per Serving

Calories 90	Calories from Fat 30
	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Potassium 135mg	4%
Total Carbohydrate 13g	4%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 4%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 caloric diet. Your daily values may be higher or lower depending on your caloric needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT (March 2013 Update): (pg. 2-69)

USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	17.5	1/4 cup cooked vegetable	5.8

LAMB WESTON EQUILVALENT PER BAG PRODUCT

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4.5 LB	36.55	1/2 cup cooked vegetable	2.73

LAMB WESTON EQUILVALENT PER CASE PRODUCT

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
27 LB	219.29	1/2 cup cooked vegetable	0.45

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen, Shoestring Straight Cut Low Moisture	Starchy	1.83 oz.	X	17.5/16	2.00

I certify the above information is true and correct and that a 1.97 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 7-10 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Lamb's Stealth® 3/8" Regular Cut Skin On S19** **Extra Long Fancy - Seasoned**

Ingredient Statement:

Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Modified Food Starch (Potato, Corn, Tapioca), Rice Flour, Dextrin, Salt, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrose, Xanthan Gum.

Food Allergens: NONE

Nutrition Facts

Serving Size 2.44 oz. (69.17g)

Amount Per Serving

Calories 110	Calories from Fat 30
	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Potassium 250mg	7%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	14	1/4 cup cooked vegetable	7.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	32.78	1/2 cup cooked vegetable	3.05

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	196.72	1/2 cup cooked vegetable	0.51

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Straight Cut Ovenable Regular Moisture	Starchy	2.28 oz	X	14/16	2.00

I certify the above information is true and correct and that 2.44 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 9-12 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Park Premium™ Potato Rounds PP50** **Formed Product - Regular**

Ingredient Statement:

Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Salt, Corn Flour, Dehydrated Potato, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: None

Nutrition Facts

Serving Size 2.52 oz (71g)

Amount Per Serving

Calories 140 Calories from Fat 70

	% Daily Value*
Total Fat 8g	12%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%
Potassium 260mg	7%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITION (March 2013 update) PRODUCT: (pg. 2-70)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	12.7	1/4 cup cooked vegetable	7.9

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	31.75	1/2 cup cooked vegetable	3.15

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	190.48	1/2 cup cooked vegetable	0.525

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato Products, frozen Rounds Regular Size	Starchy	2.52 oz.	X	12.7/16	2.00

I certify the above information is true and correct and that a 2.52 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.

Bake 20-25 minutes or until light golden in color.

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.

Bake 12 -15 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.

Frozen Shelf Life: 18 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336

Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Park Premium Potato Triangles PP52**

Formed Product - Regular

Ingredient Statement:

Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Dehydrated Potato, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 4.50 oz. (128g/about 2-1/4 pieces)

Amount Per Serving

Calories 220	Calories from Fat 100
	% Daily Value*
Total Fat 11g	17%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 450mg	19%
Potassium 400mg	11%
Total Carbohydrate 27g	9%
Dietary Fiber 2g	8%
Sugars 1g	
Protein 2g	

Vitamin A 0% • Vitamin C 4%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	7.11	1/4 cup cooked vegetable	14.1

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	17.78	1/2 cup cooked vegetable	5.63

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	106.65	1/2 cup cooked vegetable	0.94

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Hashed patty Pre-browned 2.25 oz.	Starchy	4.50 oz.	X	7.11/16	2.00

I certify the above information is true and correct and that 4.50 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 18-22 minutes or to desired crispness and texture. Turn on tray after 6 to 11 minutes for more uniform browning.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake13-17 minutes or to desired crispness and texture. Turn on tray after 7 to 9 minutes for more uniform browning.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Lamb's Quick Bites® Crinkle Cut Q49** **Grade A - Regular**

Ingredient Statement:
Potatoes, High Oleic Canola Oil, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose..

Food Allergens: NONE

Nutrition Facts

Serving Size 1.97 oz. (55.85g)

Amount Per Serving

Calories 110	Calories from Fat 35
	% Daily Value*
Total Fat 4g	6%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Potassium 270mg	8%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0%	• Vitamin C 2%
Calcium 0%	• Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4.5 LB	36.54	1/2 cup cooked vegetable	2.73

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
27 LB	219.28	1/2 cup cooked vegetable	0.45

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen Crinkle Cut Low Moisture, Oven	Starchy	1.97 oz.	X	16.2/16	2.00

I certify the above information is true and correct and that 1.97 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 11-14 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 7-8 minutes or until light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

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USDA School Lunch Equivalent For: **Rapid Russet 1/2" Crinkle Oven Fries RR41** **Grade A Fancy - Regular**

Ingredient Statement:
Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Coloring (Caramel Color, Annatto Extract, Turmeric), Dextrose.

Food Allergens: None

Nutrition Facts

Serving Size 1.97 oz. (55.96g)

Amount Per Serving

Calories 80 Calories from Fat 25

	% Daily Value*
Total Fat 2.5g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Potassium 200mg	6%
Total Carbohydrate 13g	4%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 6%
Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT (March 2013 Update): (pg. 2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	40.61	1/2 cup cooked vegetable	2.46

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	243.65	1/2 cup cooked vegetable	0.41

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen, Crinkle Cut Ovenable Low Moisture	Starchy	1.97 oz.	X	16.2/16	2.00

I certify the above information is true and correct and that a 1.97 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 22-26 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 12 -14 minutes or until light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

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USDA School Lunch Equivalent For: **RusEttes® 1/2" Oven Crinkle Cut Fries R45** **Grade A Fancy - Regular**

Ingredient Statement:
Potatoes, Canola Oil, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: None

Nutrition Facts

Serving Size 1.97 oz (55.96g)

Amount Per Serving

Calories 80 Calories from Fat 25

	% Daily Value*
Total Fat 2.5g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 25mg	1%
Potassium 200mg	6%
Total Carbohydrate 13g	4%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 6%
Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT (March 2013 Update): (pg. 2-69)

USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAG PRODUCT

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	40.61	1/2 cup cooked vegetable	2.46

LAMB WESTON EQUILVALENT PER CASE PRODUCT

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	243.65	1/2 cup cooked vegetable	0.41

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen, Crinkle Cut Ovenable Low Moisture	Starchy	1.97 oz.	X	16.2/16	2.00

I certify the above information is true and correct and that a 1.97 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-15 minutes or until light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

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USDA School Lunch Equivalent For: **Rusettes™ Mini Pancakes K39** **Formed Product - Regular**

Ingredient Statement:

Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Dehydrated Onion, Egg, Modified Corn Starch, Spices (including Mustard), Salt, Nonfat Dry Milk, Xanthan Gum, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate).

Food Allergens: Milk; Egg

Nutrition Facts

Serving Size 5.36 oz. (152g)/about 8 pieces

Amount Per Serving

Calories 260	Calories from Fat 140
	% Daily Value*
Total Fat 16g	**25%**
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 600mg	**25%**
Potassium 600mg	**17%**
Total Carbohydrate 25g	**8%**
Dietary Fiber 2g	8%
Sugars 0g	
Protein 4g	

Vitamin A 2% • Vitamin C 10%

Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITION (March 2013 update) PRODUCT: (pg. 2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	7.11	1/4 cup cooked vegetable	14.06

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
3 LB	8.95	1/2 cup cooked vegetable	11.17

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
18 LB	53.73	1/2 cup cooked vegetable	1.86

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato Products, frozen Hash Brown Patty 2.25 oz.	Starchy	4.74 oz.	X	12.7/16	2.11

I certify the above information is true and correct and that a 5.36 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 25-30 minutes or until light golden in color.

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10 -12 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

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USDA School Lunch Equivalent For: **Lamb's Stealth® 3/8" Regular Cut Fries S57** **Extra Long Fancy - Seasoned**

Ingredient Statement:

Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Modified Food Starch (Potato, Corn, Tapioca), Rice Flour, Dextrin, Salt, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrose, Xanthan Gum.

Food Allergens: None

Nutrition Facts

Serving Size 2.45oz (69g)

Amount Per Serving	
Calories 110	Calories from Fat 30
	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Potassium 240mg	7%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT (March 2013 Update): (pg. 2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	14	1/4 cup cooked vegetable	7.2

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5.0 LB	32.65	1/2 cup cooked vegetable	3.06

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	195.92	1/2 cup cooked vegetable	0.51

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen, Straight Cut Regular Moisture	Starchy	2.29 oz	X		2.00

I certify the above information is true and correct and that a 2.45 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-11 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Lamb's Stealth® 5/16" Thin Cut Fries S35** **Extra Long Fancy - Seasoned**

Ingredient Statement:
Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil), Modified Food Starch (Potato, Corn, Tapioca), Rice Flour, Dextrin, Salt, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrose, Xanthan Gum.

Food Allergens: None

Nutrition Facts

Serving Size 1.97 oz (55.88g)

Amount Per Serving

Calories 90 Calories from Fat 30

	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Potassium 170mg	5%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 4%
Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT (March 2013 Update): (pg. 2-69)

USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	17.5	1/4 cup cooked vegetable	5.8

LAMB WESTON EQUILVALENT PER BAG PRODUCT

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	40.61	1/2 cup cooked vegetable	2.46

LAMB WESTON EQUILVALENT PER CASE PRODUCT

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	243.65	1/2 cup cooked vegetable	0.41

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen, Shoestring Straight Cut Low Moisture	Starchy	1.83 oz.	X	17.5/16	2.00

I certify the above information is true and correct and that a 1.97 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-22 minutes or until light golden in color.

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-10 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
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USDA School Lunch Equivalent For: **Stealth® 5/16" Thin Cut Skin-On S0003** **Extra Long-Seasoned**

Ingredient Statement:

Potatoes, Canola Oil, Modified Food Starch (Potato, Corn, Tapioca), Rice Flour, Dextrin, Salt, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrose, Xanthan Gum.

Food Allergens: NONE

Nutrition Facts

Serving Size 1.98 oz. (56.07g)

Amount Per Serving

Calories 90	Calories from Fat 30
	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 14g	5%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	17.5	1/4 cup cooked vegetable	5.8

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
6 LB	48.48	1/2 cup cooked vegetable	2.06

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
36 LB	242.42	1/2 cup cooked vegetable	0.41

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes Frozen French fries, Shoestring, Staight Cut, Low Moisture	Starchy	1.83 oz.	X	17.5/16	2.00

I certify the above information is true and correct and that 1.98 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-11 minutes or until light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schwartz Sr. Nutritionist Date: June 1, 2014

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USDA School Lunch Equivalent For: **Stealth® CrissCut® Fries S15** **Fancy - Seasoned**

Ingredient Statement:

Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil), Modified Food Starch (Potato, Corn, Tapioca), Rice Flour, Dextrin, Salt, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrose, Xanthan Gum.

Food Allergens: NONE

Nutrition Facts

Serving Size 2.17 oz. (61.53)

Amount Per Serving

Calories 110	Calories from Fat 40
	% Daily Value*
Total Fat 4.5g	7%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 210mg	9%
Potassium 220mg	6%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 2%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAG PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4.5 LB	33.18	1/2 cup cooked vegetable	3.01

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
27 LB	199.07	1/2 cup cooked vegetable	0.5

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potaotes, Frozen Crinkle Cut Low Moisture	Starchy	1.97 oz by weight	X	16.2/16	2.00

I certify the above information is true and correct and that 2.17 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 9-11 minutes or until light light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schwiebert Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Lamb's Supreme® Time Savor® 5/8" Salad Dices J73** **Fancy -Regular**

Ingredient Statement:

Potatoes, Disodium Dihydrogen Pyrophosphate (to promote color retention).

Food Allergens: NONE

Nutrition Facts

Serving Size 3.16 oz. (89.58g)

Amount Per Serving

Calories 70	Calories from Fat 0
	% Daily Value*
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 20mg	**1%**
Potassium 320mg	**9%**
Total Carbohydrate 16g	**5%**
Dietary Fiber 2g	**8%**
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-67)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	10.1	1/4 cup cooked vegetable	10

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
6 LB	30.37	1/2 cup cooked vegetable	3.29

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
36 LB	182.27	1/2 cup cooked vegetable	0.54

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes Frozen Dices Precooked	Starchy	3.16 oz.	X	10.1/16	2.00

I certify the above information is true and correct and that 3.16 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Heat in simmering water 5-7 minutes
Or until desired texutre is obtained, drain.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

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USDA School Lunch Equivalent For: **Lamb's Supreme® Time Savor® 3/8" Soup Dices J71** **Fancy -Regular**

Ingredient Statement:

Potatoes, Calcium Chloride

Food Allergens: NONE

Nutrition Facts

Serving Size 3.16 oz. (89.58g)

Amount Per Serving

Calories 70	Calories from Fat 0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Potassium 290mg	8%
Total Carbohydrate 16g	5%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	10.1	1/4 cup cooked vegetable	10

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
6 LB	30337	1/2 cup cooked vegetable	3.29

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
36 LB	182.27	1/2 cup cooked vegetable	0.54

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes Frozen Dices Precooked	Starchy	3.16 oz.	X	10.1/16	2.00

I certify the above information is true and correct and that 3.16 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Heat in simmering water or stock 10-15 minutes,drain.
Add to soup or stew.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

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USDA School Lunch Equivalent For: **Lamb's Supreme® Tri-Patties B03**

Formed Product - Regular

Ingredient Statement:
Potatoes, Contains One or More of the Following: (Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Dehydrated Potato, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: None

Nutrition Facts

Serving Size 4.5.oz (128g/about 2-1/4 pieces)

Amount Per Serving

Calories 220	Calories from Fat 100
	% Daily Value*
Total Fat 11g	17%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 450mg	19%
Potassium 400mg	11%
Total Carbohydrate 27g	9%
Dietary Fiber 2g	8%
Sugars 1g	
Protein 2g	

Vitamin A 0% • Vitamin C 4%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT (March 2013 Update): (pg. 2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	7.11	1/4 cup cooked vegetable	14.1

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	17.78	1/2 cup cooked vegetable	5.63

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	106.65	1/2 cup cooked vegetable	0.94

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Hashed patty Pre-browned 2.25 oz.	Starchy	4.50 oz.	X	7.11/16	2.00

I certify the above information is true and correct and that a 4.50 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 25-30 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 15-20 minutes or until light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

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Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **LW Private Reserve® Special Process Breakfast Cubes 32N** Fancy -Regular

Ingredient Statement:

Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 2.28 oz. (64.64)

Amount Per Serving

Calories 90	Calories from Fat 20
	% Daily Value*
Total Fat 2.5g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	9%
Potassium 310mg	9%
Total Carbohydrate 15g	5%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	14	1/4 cup cooked vegetable	7.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
6 LB	42.1	1/2 cup cooked vegetable	2.37

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
36 LB	252.63	1/2 cup cooked vegetable	0.39

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen, Wedges USDA	Starchy	2.28 oz	X	14/16	2.00

I certify the above information is true and correct and that 2.28 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 18-22 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 7-10 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

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USDA School Lunch Equivalent For: **Lamb's Supreme® Oven Roasted 3/8" Regular Cut Seasoned S0009** **Extra Long Fancy - Regular Fries**

Ingredient Statement:

Roasted Potatoes, Canola Oil, Salt, Maltodextrin, Wheat Starch, Dehydrated Onion, Sugar, Red Bell Pepper, Corn Starch, Parsley, Paprika, Spices, Natural Flavor, Caramel Color, Garlic, Turmeric Extract, Annatto Extract, Citric Acid, Sodium Acid Pyrophosphate (to retain natural color). Sodium Acid Pyrophosphate used as processing aid.

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.28 oz. (64.64g)

Amount Per Serving

Calories 90	Calories from Fat 10
	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 150mg	6%
Potassium 250mg	7%
Total Carbohydrate 19g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	14	1/4 cup cooked vegetable	7.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	43.7	1/2 cup cooked vegetable	2.29

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	262.3	1/2 cup cooked vegetable	0.38

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Straight Cut Ovenable Regular Moisture	Starchy	2.28 oz.	X	14/16	2.00

I certify the above information is true and correct and that 2.28 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 23-26 minutes or until light light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 9-11 minutes or until light light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schwartz Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Lamb Supreme® Oven Roasted Concertinas™ S0008** **Grade A Fancy**

Ingredient Statement:
Potatoes, Canola Oil, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Coloring (Caramel Color, Annatto Extract, Turmeric), Dextrose.

Food Allergens: None

Nutrition Facts

Serving Size 2.54 oz (72g)

Amount Per Serving

Calories 90 Calories from Fat 10

	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Potassium 290mg	8%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 6%
Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT (March 2013 Update): (pg. 2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	12.6	1/4 cup cooked vegetable	8

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	31.49	1/2 cup cooked vegetable	3.18

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	188.98	1/2 cup cooked vegetable	0.53

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen, Crinkle Cut Regular Moisture Ovenable	Starchy	2.54oz.	X	12.6/16	2.00

I certify the above information is true and correct and that a 2.54 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 23-26 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 9-11 minutes or until light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schneider Sr. Nutritionist Date: June 1, 2014

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Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Lamb's Supreme® Oven Roasted Wedge S0007** **Grade A Fancy**

Ingredient Statement:

Potatoes, Canola Oil, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Coloring (Caramel Color, Annatto Extract, Turmeric), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 2.69 oz. (76g)

Amount Per Serving

Calories 110 Calories from Fat 10

	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Potassium 440mg	13%
Total Carbohydrate 23g	8%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	11.9	1/4 cup cooked vegetable	8.5

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	29.74	1/2 cup cooked vegetable	3.36

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	178.44	1/2 cup cooked vegetable	0.56

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen, Wedges USDA	Starchy	2.69 oz	X	11.9/16	2.00

I certify the above information is true and correct and that 2.69 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 23-26 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 9-11 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
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USDA School Lunch Equivalent For: **Lamb's Supreme® Potato Stix H40** **Formed Product - Regular**

Ingredient Statement:

Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Salt, Corn Flour, Dehydrated Potato, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 4.5 oz. (128g/about 8 stix)

Amount Per Serving

Calories 260	Calories from Fat 120
	% Daily Value*
Total Fat 14g	22%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 500mg	21%
Potassium 500mg	14%
Total Carbohydrate 30g	10%
Dietary Fiber 3g	12%
Sugars 0g	
Protein 3g	

Vitamin A 0% • Vitamin C 10%

Calcium 0% • Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	7.11	1/4 cup cooked vegetable	14.1

LAMB WESTON EQUILVALENT PER BAG PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4 LB	14.22	1/2 cup cooked vegetable	7.03

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
24 LB	85.33	1/2 cup cooked vegetable	1.17

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Hashed patty Pre-browned 2.25 oz.	Starchy	4.5 oz. (8 Stix)	X	7.11/16	2.00

I certify the above information is true and correct and that 4.5 (about 8 Stix) ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-12 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

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USDA School Lunch Equivalent For: **Lamb's Supreme® Tater Roundabouts® A26** **Formed Product - Regular**

Ingredient Statement:

Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Dehydrated Potato, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 2.54 oz. (72g/about 11 pieces)

Amount Per Serving

Calories 150	Calories from Fat 70
	% Daily Value*
Total Fat 8g	12%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%
Potassium 300mg	9%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-70)

USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	12.6	1/4 cup cooked vegetable	8

LAMB WESTON EQUILVALENT PER BAGPRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	31.49	1/2 cup cooked vegetable	3.17

LAMB WESTON EQUILVALENT PER CASE PRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	188.97	1/2 cup cooked vegetable	0.53

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato Products, frozen Circles	Starchy	2.54 oz.	X	12.6/16	2.00

I certify the above information is true and correct and that 2.54 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or until light golden in color.

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-12 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

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USDA School Lunch Equivalent For: **Lamb Supreme® Side O' Browns G5300**

Formed Product - Regular

Ingredient Statement:
Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil). May Contain 2% or Less of the Following: Dehydrated Potato, Dextrose, Disodium Dihydrogen Pyrophosphate (to Promote Color Retention), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Natural Flavor, Salt.

Food Allergens: WHEAT

Nutrition Facts

Serving Size 4.5 oz. (128g/2 pieces)

Amount Per Serving

Calories 280	Calories from Fat 140
	% Daily Value*
Total Fat 16g	**25%**
Saturated Fat 4g	**20%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 540mg	**23%**
Potassium 560mg	**16%**
Total Carbohydrate 30g	**10%**
Dietary Fiber 4g	**16%**
Sugars 0g	
Protein 4g	

Vitamin A 0%	• Vitamin C 8%
Calcium 0%	• Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	7.11	1/4 cup cooked vegetable	14.1

LAMB WESTON EQUILVALENT PER BAG PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
2.81 LB Tray	10	1/2 cup cooked vegetable	10

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
33.75 LB	120	1/2 cup cooked vegetable	0.83

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato, Frozen, Hashed Patty Pre-browned 2.25 oz.	Starchy	4.5 oz.	X	7.11/16	2.00

I certify the above information is true and correct and that 4.5 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 23-28 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 12-15 minutes or until light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schroeder Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Lamb's Supreme® Starz™ S0026**

Formed Product - Regular

Ingredient Statement:
Potatoes, High Oleic Canola Oil, Salt, Dehydrated Potato, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: None

Nutrition Facts

Serving Size 2.52 oz (71g)

Amount Per Serving

Calories 150	Calories from Fat 80
	% Daily Value*
Total Fat 9g	14%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%
Potassium 330mg	9%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0%	• Vitamin C 4%
Calcium 0%	• Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITION (March 2013 update) PRODUCT: (pg. 2-70)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	12.7	1/4 cup cooked vegetable	7.9

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	31.75	1/2 cup cooked vegetable	3.15

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	190.48	1/2 cup cooked vegetable	0.53

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato Products, frozen Rounds Regular Size	Starchy	2.52 oz.	X	12.7/16	2.00

I certify the above information is true and correct and that a 2.52 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-12 minutes or until light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schmidt

Sr. Nutritionist Date: June 1, 2014
Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Lamb Supreme Steak House Fries E02** **Premium Extra Long**

Ingredient Statement:

Ingredients: Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: None

Nutrition Facts

Serving Size 2.28 oz. (64.64g)

Amount Per Serving

Calories 80 Calories from Fat 20

	% Daily Value*
Total Fat 2.5g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 20mg	1%
Potassium 240mg	7%
Total Carbohydrate 15g	5%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Potassium			3,500 mg	3,500 mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	14.00	1/4 cup cooked vegetable	7.2

LAMB WESTON EQUILVALENT PER BAG PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 lb.	35.08	1/2 cup cooked vegetable	2.85

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 lb.	210.52	1/2 cup cooked vegetable	0.47

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen, Straight Cut, Regular Moisture	Starchy	2.28 oz.	X	14.0/16	2.00

I certify the above information is true and correct and that 2.28 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 425°F. Minimum cook weight 1 lb. Arrange frozen product in a single layer. Flip fries halfway through bake time for optimal texture.
Bake 23-25 minutes or until light golden in color.

Convection Oven: Pre-heat oven to 425°F. Minimum cook weight 1 lb. Arrange frozen product in a single layer. Flip fries halway through bake time for optimal texture.
Bake 13-16 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schneider Sr. Nutritionist Date: June 1, 2014

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Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Lamb's Supreme® Tater Puffs® H30**

Formed Product - Regular

Ingredient Statement:
Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Salt, Corn Flour, Dehydrated Potato, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: None

Nutrition Facts

Serving Size 2.52 oz (71g/about 8 pieces)

Amount Per Serving

Calories 140	Calories from Fat 60
	% Daily Value*
Total Fat 7g	11%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%
Potassium 270mg	8%
Total Carbohydrate 16g	5%
Dietary Fiber 2g	8%
Sugars <1g	
Protein 2g	

Vitamin A 0% • Vitamin C 4%
Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITION (March 2013 update) PRODUCT: (pg. 2-70)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	12.7	1/4 cup cooked vegetable	7.9

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	31.75	1/2 cup cooked vegetable	3.15

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	190.48	1/2 cup cooked vegetable	0.525

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato Products, frozen Rounds Regular Size	Starchy	2.52 oz.	X	12.7/16	2.00

I certify the above information is true and correct and that a 2.52 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-12 minutes or until light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

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Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Lamb Supreme® All Purpose Hash Browns 02143** **Formed Product - Regular**

Ingredient Statement:

Potatoes, Contains One or More of the Following: (Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Dehydrated Potato, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 4.5 oz. (128g/2 pieces)

Amount Per Serving

Calories 260	**Calories from Fat 140**
	% Daily Value*
Total Fat 16g	**25%**
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 500mg	**21%**
Potassium 440mg	**13%**
Total Carbohydrate 28g	**9%**
Dietary Fiber 4g	16%
Sugars 0g	
Protein 2g	

Vitamin A 0%	• Vitamin C 15%
Calcium 0%	• Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	7.11	1/4 cup cooked vegetable	14.1

LAMB WESTON EQUILVALENT PER BAG PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	17.77	1/2 cup cooked vegetable	5.62

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	106.66	1/2 cup cooked vegetable	0.93

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Hashed patty Pre-browned 2.25 oz.	Starchy	4.5 oz.	X	7.11/16	2.00

I certify the above information is true and correct and that 4.5 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 25-30 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 14-17 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

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USDA School Lunch Equivalent For: **Lamb's Supreme® Lightly Seasoned Mashed Potatoes M14** **Grade A Fancy**

Ingredient Statement:

Potatoes, Water, Skim Milk, Soybean Oil, Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Stabilizers [Carob Bean and/or Guar Gum and/or Xanthan Gum]), Butter (Cream, Salt), Salt, Maltodextrin, Mono- and Diglycerides, Natural Flavor, Onion Powder, Disodium Dihydrogen Pyrophosphate (to promote color retention).

Food Allergens: MILK, SOY

Nutrition Facts

Serving Size 4.34 oz. (123.32g)

Amount Per Serving	
Calories 100	Calories from Fat 15
	% Daily Value*
Total Fat 2g	3%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 440mg	18%
Potassium 300mg	9%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	
Vitamin A 0% •	Vitamin C 2%
Calcium 2% •	Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	26g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-70)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	7.37	1/4 cup cooked vegetable	13.6

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4 LB	14.74	1/2 cup cooked vegetable	6.78

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
24 LB	88.47	1/2 cup cooked vegetable	1.13

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato, Frozen, Mashed	Starchy	4.34 oz.	X	7.37/16	2.00

I certify the above information is true and correct and that 4.34 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Microwave Oven: Heat 20-24 minutes at Medium High power. Cut a 1" slit in center of bag. Heat on Medium High power for 1/2 of the total heating time. Rotate the bag; push corners inward. Finish heating.
NOTE: Oven power may vary. Adjust heating time as needed.
Boil-In-Bag: Full rolling boil for 20-26 minutes. Place (unopened) bag in boiling water.
NOTE: Cook from frozen state. Heat thoroughly to 170°- 180° F. Mix thoroughly and serve.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

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USDA School Lunch Equivalent For: **Lamb Supreme RusEttes IQF Hashbrowns S69** **product grade level**

Ingredient Statement:

Potatoes, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 3.86 oz. (110g)

Amount Per Serving

Calories 90	Calories from Fat 0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 40mg	2%
Potassium 370mg	11%
Total Carbohydrate 21g	7%
Dietary Fiber 3g	12%
Sugars 0g	
Protein 3g	

Vitamin A 0% • Vitamin C 15%

Calcium 0% • Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	8.28	1/4 cup cooked vegetable	12.1

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
3 LB	12.43	1/2 cup cooked vegetable	8.04

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
18 LB	74.61	1/2 cup cooked vegetable	1.34

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato Products Fresh Raw Shredded	Starchy	3.86 oz.	X	8.28/16	2.00

I certify the above information is true and correct and that 3.86 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Grill: Pre-heat grill to 375°F. Maximum cook weight 1 1/2 lb. Arrange product in a even layer.
Grill from frozen, 7-8 minutes or to desired crispness and texture, flipping product midway through cooktime.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

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USDA School Lunch Equivalent For: **Lamb's Seasoned® Lamb's Ranch Recipe® Wedge Cut R12** **Grade A Fancy - Seasoned**

Ingredient Statement:

Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate,Riboflavin, Folic Acid), Wheat Flour, Salt, Cornstarch, Onion Powder, Modified Corn Starch, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Spice, Maltodextrin, Natural and Artificial Flavor (Contains Milk), Cultured Sour Cream (Milk, Cream, Non-Fat Dry Milk, Modified Corn Starch, Guar Gum, Locust Bean Gum, Carrageenan), Sweet Buttermilk, Lactic Acid.
CONTAINS: WHEAT, MILK

Food Allergens: WHEAT, MILK

Nutrition Facts

Serving Size 2.92 oz. (82.86g)

Amount Per Serving

Calories 120	Calories from Fat 45
	% Daily Value*
Total Fat 5g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%
Potassium 300mg	9%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%
Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	11.9	1/4 cup cooked vegetable	8.5

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	27.39	1/2 cup cooked vegetable	3.65

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	164.38	1/2 cup cooked vegetable	0.61

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen, Wedges USDA	Starchy	2.69	X	11.9/16	2.00

I certify the above information is true and correct and that 2.92 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 22-25 minutes or to desired crispness and texture.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake12-14 minutes or to desired crispness and texture.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schwartz Sr. Nutritionist Date: June 1, 2014

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Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Lamb's Seasoned® Wedge, Southern Style Recipe A40**

Long Fancy - Seasoned

Ingredient Statement:
Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Starch, Salt, Modified Corn Starch, Spices, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrin, Garlic Powder, Yeast Extract, Torula Yeast, Onion Powder, Natural Butter Flavor (Milk), Spice and Coloring, Dextrose.

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.95 oz. (83.66g)

Amount Per Serving

Calories 130 Calories from Fat 45

	% Daily Value*
Total Fat 5g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 330mg	14%
Potassium 280mg	8%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	11.9	1/4 cup cooked vegetable	8.5

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	27.11	1/2 cup cooked vegetable	3.68

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	162.71	1/2 cup cooked vegetable	0.61

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato, Frozen, Wedge	Starchy	2.69 oz.	X	11.9/16	2.00

I certify the above information is true and correct and that 2.95 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 22-27 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 11-14 minutes or until light light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Lamb's Seasoned® Wedge Cut C27**

Grade A Fancy - Seasoned

Ingredient Statement:

Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Corn Starch, Spices, Corn Meal, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Colored with Oleoresin Paprika, Dextrose.

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.87 oz (81g)

Amount Per Serving

Calories 130 Calories from Fat 50

	% Daily Value*
Total Fat 6g	9%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 260mg	11%
Potassium 320mg	9%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT (March 2013 Update): (pg. 2-68)

USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	11.9	1/4 cup cooked vegetable	8.5

LAMB WESTON EQUILVALENT PER BAG PRODUCT

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	27.87	1/2 cup cooked vegetable	3.588

LAMB WESTON EQUILVALENT PER CASE PRODUCT

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	167.25	1/2 cup cooked vegetable	0.598

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen, Wedges USDA	Starchy	2.689 oz. by weight	X	11.9/16	2.00

I certify the above information is true and correct and that a 2.87 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 25-30 minutes or until light golden in color.

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 12-15 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Lamb's Natural Wedge Cuts Q80** **Grade A Fancy**

Ingredient Statement:

Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: None

Nutrition Facts

Serving Size 2.69 oz (76g)

Amount Per Serving

Calories 100	Calories from Fat 25
	% Daily Value*
Total Fat 2.5g	**4%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 25mg	**1%**
Potassium 350mg	**10%**
Total Carbohydrate 18g	**6%**
Dietary Fiber 2g	**8%**
Sugars 0g	
Protein 2g	

Vitamin A 0%	• Vitamin C 8%
Calcium 0%	• Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT (March 2013 Update): (pg. 2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	11.9	1/4 cup cooked vegetable	8.5

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	29.7	1/2 cup cooked vegetable	3.36

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	178	1/2 cup cooked vegetable	

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen, Wedges USDA	Starchy	2.69 oz. by weight	X	11.9/16	2.00

I certify the above information is true and correct and that a 2.69 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.

Bake 20-25 minutes or until light golden in color.

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.

Bake 13 -18 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.

Frozen Shelf Life: 24 months.

Approved by: Rebecca Schwartz Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336

Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Lamb Supreme Fast Browns B27** **Formed - Regular**

Ingredient Statement:

Ingredients: Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Salt, Dehydrated Potato, Onion Powder, Natural Flavor, Dextrose, Disodium Dihydrogen Pyrophosphate (to promote color retention).

Food Allergens: None

Nutrition Facts

Serving Size 4.5 oz. (128g/2 pieces)

Amount Per Serving

Calories 250 Calories from Fat 120

	% Daily Value*
Total Fat 13g	20%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 490mg	20%
Potassium 510mg	15%
Total Carbohydrate 29g	10%
Dietary Fiber 4g	16%
Sugars 0g	
Protein 4g	

Vitamin A 0% • Vitamin C 8%

Calcium 2% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	7.11	1/4 cup cooked vegetable	14.1

LAMB WESTON EQUILVALENT PER BAG PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
3.5 lb.	12.44	1/2 cup cooked vegetable	8.04

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
21 lb.	74.66	1/2 cup cooked vegetable	1.34

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen, Hashed Brown Patty Pre-browned 2.25 oz.	Starchy	4.50 oz.	X	7.11/16	2.00

I certify the above information is true and correct and that 4.50 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange frozen product in a single layer.
Bake 20-25 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 425°F. Minimum cook weight 1 lb. Arrange frozen product in a single layer.
Bake 11-13 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schneider Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Lamb's Supreme® Home Browns® F90** **Formed Product - Regular**

Ingredient Statement:

Potatoes, Vegetable Oil (May Contain One Or More Of The Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil,Soybean Oil, Hydrogenated Soybean And/Or Cottonseed Oil), Salt, Dehydrated Potato, Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Potassium Sorbate (To Maintain Freshness), Natural Flavoring, Disodium Dihydrogen Pyrophosphate (To Promote Color Retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 4.5 oz. (128g/2 pieces)

Amount Per Serving

Calories 280	Calories from Fat 140
	% Daily Value*
Total Fat 16g	25%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 540mg	23%
Potassium 560mg	16%
Total Carbohydrate 30g	10%
Dietary Fiber 4g	16%
Sugars 0g	
Protein 4g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	7.11	1/4 cup cooked vegetable	14.1

LAMB WESTON EQUILVALENT PER BAG PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
2.81 LB Tray	10	1/2 cup cooked vegetable	10

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
33.75 LB	120	1/2 cup cooked vegetable	0.83

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Hashed patty Pre-browned 2.25 oz.	Starchy	4.5 oz.	X	7.11/16	2.00

I certify the above information is true and correct and that 4.5 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 23-28 minutes or until light golden in color.

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 12-15 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 18 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Lamb's Supreme® Mashed Potatoes M16**

Grade A Fancy

Ingredient Statement:

Potatoes, Water, Skim Milk, Soybean Oil, Salt, Maltodextrin, Butter (Cream, Salt), Mono- and Diglycerides, Natural Flavor, Disodium Dihydrogen Pyrophosphate (to promote color retention).

Food Allergens: MILK, SOY

Nutrition Facts

Serving Size 4.34 oz. (123g)

Amount Per Serving

Calories 80	Calories from Fat 10
	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 440mg	18%
Total Carbohydrate 16g	5%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	
Vitamin A 0% • Vitamin C 0%	
Calcium 0% • Iron 0%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-70)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	7.37	1/4 cup cooked vegetable	13.6

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4 LB	14.74	1/2 cup cooked vegetable	6.78

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
24 LB	88.47	1/2 cup cooked vegetable	1.13

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato Products, frozen, mashed	Starchy	4.34 oz.	X	7.37/16	2.00

I certify the above information is true and correct and that 4.34 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Microwave Oven: Heat 20-24 minutes at Medium High power. Cut a 1" slit in center of bag. Heat on Medium High power for 1/2 of the total heating time. Rotate the bag; push corners inward. Finish heating.

NOTE: Oven power may vary. Adjust heating time as needed.

Boil-In-Bag: Full rolling boil for 20-26 minutes. Place (unopened) bag in boiling water.

NOTE: Cook from frozen state. Heat thoroughly to 170°- 180° F. Mix thoroughly and serve.

Storage and Shelf Life

Keep Frozen until used.

Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336

Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Lamb's Supreme® Homestyle Mashed Potatoes N88** **Grade A Fancy**

Ingredient Statement:

Potatoes, Skim Milk, Soybean Oil, Butter (Cream, Salt), Water, Maltodextrin, Salt, Whole Milk Solids, Mono- and Diglycerides, Natural Flavor, Spice, Disodium Dihydrogen Pyrophosphate (to promote color retention).

Food Allergens: MILK, SOY

Nutrition Facts

Serving Size 4.34 oz. (123g)

Amount Per Serving

Calories 110	Calories from Fat 35
	% Daily Value*
Total Fat 4g	6%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 520mg	22%
Potassium 290mg	8%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-70)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	7.37	1/4 cup cooked vegetable	13.6

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	18.43	1/2 cup cooked vegetable	5.42

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	110.59	1/2 cup cooked vegetable	0.90

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato Products, frozen, mashed	Starchy	4.34 oz.	X	7.37/16	2.00

I certify the above information is true and correct and that 4.34 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Microwave Oven: Heat 20-24 minutes at Medium High power. Cut a 1" slit in center of bag. Heat on Medium High power for 1/2 of the total heating time. Rotate the bag; push corners inward. Finish heating.
NOTE: Oven power may vary. Adjust heating time as needed.
Boil-In-Bag: Full rolling boil for 24-26 minutes. Place (unopened) bag in boiling water.
NOTE: Cook from frozen state. Heat thoroughly to 170°- 180° F. Mix thoroughly and serve.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

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Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Lamb's Seasoned® Original Recipe CrissCut Fries D23** **Fancy From Whole Potatoes - Seasoned**

Ingredient Statement:
Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Corn Starch, Spices, Corn Meal, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Colored with Oleoresin Paprika, Dextrose.

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.18 oz. (62g)

Amount Per Serving

Calories 120 Calories from Fat 50

	% Daily Value*
Total Fat 6g	9%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 260mg	11%
Potassium 190mg	5%
Total Carbohydrate 14g	5%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 6%
Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT (March 2013 Update): (pg. 2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4.5 LB	33.03	1/2 cup cooked vegetable	3.03

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
27 LB	198.17	1/2 cup cooked vegetable	0.51

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen Crinkle Cut Low Moisture	Starchy	1.975 oz by weight	X	16.2/16	2.00

I certify the above information is true and correct and that 2.18 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 25-30 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 11-13 minutes or until light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Lamb's Seasoned® Mini Bakers® 24U**

Fancy From Whole Potatoes - Seasoned

Ingredient Statement:
Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Corn Starch, Spices, Corn Meal, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Colored with Oleoresin Paprika, Dextrose.

Food Allergens:WHEAT

Nutrition Facts

Serving Size 2.90 oz. (82.22g)

Amount Per Serving

Calories 120	Calories from Fat 35
	% Daily Value*
Total Fat 4g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Potassium 320mg	9%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 20%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	11.9	1/4 cup cooked vegetable	8.5

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	27.58	1/2 cup cooked vegetable	3.62

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	165.51	1/2 cup cooked vegetable	0.6

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen, Wedges USDA	Starchy	2.69 oz.	X	11.9/16	2.00

I certify the above information is true and correct and that 2.90 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 16-18 minutes or to desired crispness and texture.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schwartz Sr. Nutritionist Date:June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Lamb's Seasoned 3/8" Regular Cut B91** **Long Fancy - Seasoned**

Ingredient Statement:

Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Corn Starch, Spices, Corn Meal, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Colored with Oleoresin Paprika, Dextrose.

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.52oz (71.49g)

Amount Per Serving

Calories 120	Calories from Fat 45
	% Daily Value*
Total Fat 5g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%
Total Carbohydrate 16g	5%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	
Vitamin A 0% •	Vitamin C 6%
Calcium 0% •	Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	14	1/4 cup cooked vegetable	7.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	31.74	1/2 cup cooked vegetable	3.15

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	190.47	1/2 cup cooked vegetable	0.53

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Straight Cut Ovenable Regular Moisture	Starchy	2.28	X	14/16	2.00

I certify the above information is true and correct and that 2.52 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-13 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

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Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Lamb's Seasoned® 5/16" Thin Cut Original Recipe B43** **Extra Long Fancy - Seasoned Fries**

Ingredient Statement:

Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Corn Starch, Spices, Corn Meal, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Colored with Oleoresin Paprika, Dextrose.

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.03 oz (57.62g)

Amount Per Serving

Calories 110 Calories from Fat 50

	% Daily Value*
Total Fat 5g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 250mg	10%
Potassium 210mg	6%
Total Carbohydrate 14g	5%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT (March 2013 Update): (pg. 2-69)

USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	17.5	1/4 cup cooked vegetable	5.8

LAMB WESTON EQUILVALENT PER BAG PRODUCT

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	39.40	1/2 cup cooked vegetable	2.53

LAMB WESTON EQUILVALENT PER CASE PRODUCT

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	236.45	1/2 cup cooked vegetable	0.42

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen, Shoestring Straight Cut Low Moisture	Starchy	1.83 oz.	X	17.5/16	2.00

I certify the above information is true and correct and that a 2.03 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.

Bake 10-12 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.

Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336

Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Lamb's Seasoned® Twister® Fries Original Recipe D0073**

Grade A Fancy - Seasoned

Ingredient Statement:
Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Corn Starch, Spices, Corn Meal, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Colored with Oleoresin Paprika, Dextrose.

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.25 oz. (64g)

Amount Per Serving	
Calories 120	Calories from Fat 50
	% Daily Value*
Total Fat 6g	9%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 320mg	13%
Potassium 200mg	6%
Total Carbohydrate 15g	5%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	
Vitamin A 0% • Vitamin C 6%	
Calcium 0% • Iron 4%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg. 2.69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	35.56	1/2 cup cooked vegetable	2.81

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	213.33	1/2 cup cooked vegetable	0.47

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries Frozen Curly	Starchy	1.975 oz.	X	16.2/16	2.00

I certify the above information is true and correct and that 2.25 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-11 minutes or until light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Lamb's Seasoned® Jr. Jo Jo's® A10** **Seasoned Regular**

Ingredient Statement:

Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Corn Starch, Spices, Corn Meal, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Colored with Oleoresin Paprika, Dextrose.

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.98 Oz. (84.40g)

Amount Per Serving

Calories 100 Calories from Fat 35

	% Daily Value*
Total Fat 4g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholostorol 0mg	0%
Sodium 230mg	10%
Potassium 340mg	10%
Total Carbohydrate 15g	5%
Dietary Fiber 2g	8%
Sugars 1g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholosterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Potassium			3,500 mg	3,500 mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	11.9	1/4 cup cooked vegetable	8.5

LAMB WESTON EQUILVALENT PER BAG PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	26.84	1/2 cup cooked vegetable	3.72

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	161.07	1/2 cup cooked vegetable	0.62

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potaotes, Frozen Crinkle Cut Low Moisture	Starchy	2.69 oz by weight	X	111.9/16	2.00

I certify the above information is true and correct and that 2.98 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 25-30 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 14-16 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Lamb's Seasoned® Crispy Cubes®, Original Recipe A28** **Seasoned Regular**

Ingredient Statement:

Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Corn Starch, Spices, Corn Meal, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Colored with Oleoresin Paprika, Dextrose.

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.91 oz. (82.44g)

Amount Per Serving

Calories 130 Calories from Fat 50

	% Daily Value*
Total Fat 6g	9%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 270mg	11%
Potassium 300mg	9%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	8%
Sugars 1g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Potassium			3,500 mg	3,500 mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	11.9	1/4 cup cooked vegetable	8.5

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
6 LB	32.98	1/2 cup cooked vegetable	3.03

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
36 LB	197.93	1/2 cup cooked vegetable	0.5

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato, Frozen, Wedge	Starchy	2.69 oz.	X	11.9/16	2.00

I certify the above information is true and correct and that 2.91 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 22-27 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-12 minutes or until light light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
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USDA School Lunch Equivalent For: **Lamb's CrissCut® Fries, Skin-On P55** **Grade A Fancy**

Ingredient Statement:

Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 1.97 oz. (55.85g)

Amount Per Serving

Calories 90 Calories from Fat 35

	% Daily Value*
Total Fat 4g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Potassium 230mg	7%
Total Carbohydrate 13g	4%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 4%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAG PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4.5 LB	36.54	1/2 cup cooked vegetable	2.73

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
27 LB	219.28	1/2 cup cooked vegetable	0.45

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potaotes, Frozen Crinkle Cut Low Moisture	Starchy	1.97 oz by weight	X	16.2/16	2.00

I certify the above information is true and correct and that 1.97 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 23-28 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-12 minutes or until light light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
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USDA School Lunch Equivalent For: **Generation 7® Regular Cut Fries X13** **Extra Long Fancy - Regular**

Ingredient Statement:

Potatoes, High Oleic Canola Oil, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 2.28 oz. (64.64g)
Servings Per Container

Amount Per Serving

Calories 130	Calories from Fat 40
	% Daily Value*
Total Fat 4.5g	7%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 150mg	6%
Potassium 260mg	7%
Total Carbohydrate 19g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 6%
Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	14	1/4 cup cooked vegetable	7.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4.5 LB	31.58	1/2 cup cooked vegetable	3.16

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
27 LB	189.47	1/2 cup cooked vegetable	0.53

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Shoestring Straight cut Regular Moisture	Starchy	2.28 oz.	X	14/16	2.00

I certify the above information is true and correct and that 2.28 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 15-18 minutes or until light light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-9 minutes or until light light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

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USDA School Lunch Equivalent For: **Generation 7® Regular Cut Fries X23**

Extra Long Fancy - Regular

Ingredient Statement:

Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil), Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose

Food Allergens: NONE

Nutrition Facts

Serving Size 2.28 oz. (64.64g)

Amount Per Serving

Calories 120	Calories from Fat 35
	% Daily Value*
Total Fat 4g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 150mg	6%
Potassium 350mg	10%
Total Carbohydrate 19g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	14	1/4 cup cooked vegetable	7.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4.5 LB	31.57	1/2 cup cooked vegetable	3.16

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
27 LB	189.47	1/2 cup cooked vegetable	0.57

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen, Straight Cut Regular Moisture	Starchy	2.28 oz	X	14/16	2.00

I certify the above information is true and correct and that 2.28 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 15-18 minutes or until light light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-9 minutes or until light light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

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USDA School Lunch Equivalent For: **Generation 7® Shoestring Fries X11** **Extra Long Fancy - Regular Fries**

Ingredient Statement:

Potatoes, High Oleic Canola Oil, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: None

Nutrition Facts

Serving Size 1.83 oz. (52g)

Amount Per Serving	
Calories 110	Calories from Fat 45
	% Daily Value*
Total Fat 5g	8%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 125mg	5%
Potassium 220mg	6%
Total Carbohydrate 16g	5%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 4%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg. 2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	17.5	1/4 cup cooked vegetable	5.8

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4 LB	34.97	1/2 cup cooked vegetable	2.86

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
24 LB	209.84	1/2 cup cooked vegetable	0.48

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato, Frozen Shoestring, Straight Cut Low Moisture	Starchy	1.83 oz	X	17.5/16	2.00

I certify the above information is true and correct and that 1.83 ounce serving of the above product contains 1/2 cup(s) of strachy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.

Bake 12-14 minutes or until light light golden in color.

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.

Bake 6-7 minutes or until light light golden in color.

Storage and Shelf Life

Keep Frozen until used.

Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336

Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Generation 7® Thin Cut Fries X12** **Extra Long Fancy - Regular Fries**

Ingredient Statement:

Potatoes, High Oleic Canola Oil, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 1.83 oz. (52g)

Amount Per Serving

Calories 100	Calories from Fat 35
	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 125mg	5%
Potassium 230mg	7%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 4%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	17.5	1/4 cup cooked vegetable	5.8

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4 LB	34.97	1/2 cup cooked vegetable	2.86

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
24 LB	209.84	1/2 cup cooked vegetable	0.48

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Shoestring Straight cut Regular Moisture	Starchy	1.83 oz.	X	17.5/16	2.00

I certify the above information is true and correct and that 1.83 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 13-15 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 6-8 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

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USDA School Lunch Equivalent For: **Alexia Wedge Cuts Skin-On AX505** **Grade A Fancy - Seasoned**

Ingredient Statement:

Organic Potatoes, Expeller Pressed Canola Oil, Salt, Citric Acid (to promote color retention), Apple Juice Concentrate.

Food Allergens: NONE

Nutrition Facts

Serving Size 2.69 oz. (76.26g)

Amount Per Serving

Calories 100 Calories from Fat 25

	% Daily Value*
Total Fat 2.5g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 210mg	9%
Potassium 310mg	9%
Total Carbohydrate 16g	5%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	11.9	1/4 cup cooked vegetable	8.5

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	29.74	1/2 cup cooked vegetable	3.36

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	178.44	1/2 cup cooked vegetable	0.56

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen, Wedges USDA	Starchy	2.69 oz.	X	11.9/16	2.00

I certify the above information is true and correct and that 2.69 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or to desired crispness and texture.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake13-18 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

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Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Canola Quick® Shoestrings 23C** **Regular Fries**

Ingredient Statement:

Potatoes, High Oleic Canola Oil, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 1.83 oz. (51.88g)

Amount Per Serving

Calories 110	Calories from Fat 40
	% Daily Value*
Total Fat 4.5g	7%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 20mg	1%
Potassium 190mg	5%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 4%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	14.2	1/4 cup cooked vegetable	7.1

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4 LB	34.97	1/2 cup cooked vegetable	2.86

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
24 LB	209.83	1/2 cup cooked vegetable	0.47

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato, French Fry, Frozen Shoestring Straight Cut Low Moisture	Starchy	1.83 oz.	X	14.2/16	2.00

I certify the above information is true and correct and that 1.83 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-11 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 6-8 minutes or until light light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schwartz Sr. Nutritionist Date: June 1, 2014

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USDA School Lunch Equivalent For: **Canola Quick® Thin Concertinas® 23L** **Grade A - Regular Fries**

Ingredient Statement:

Potatoes, High Oleic Canola Oil, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 1.975 oz. (2g)

Amount Per Serving

Calories 5	Calories from Fat 0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Potassium 10mg	0%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 0g	
Vitamin A 0% • Vitamin C 0%	
Calcium 0% • Iron 0%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4 LB	32.4	1/2 cup cooked vegetable	3.08

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
24 LB	194	1/2 cup cooked vegetable	0.51

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen Crinkle Cut Low Moisture, Oven	Starchy	1.975	X	16.2/16	2.00

I certify the above information is true and correct and that 1.975 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 14-16 minutes or until light golden in color.

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-9 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schneider Sr. Nutritionist Date: 8-26-13

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USDA School Lunch Equivalent For: **Canola Quick® 5/16" Thin Cut 23G**

Grade A - Regular Fries

Ingredient Statement:

Potatoes, High Oleic Canola Oil, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 1.83oz. (51.88g)

Amount Per Serving

Calories 100	Calories from Fat 30
	% Daily Value*
Total Fat 3g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 20mg	1%
Potassium 210mg	6%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 4%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Grade A -Regular Fries

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	17.5	1/4 cup cooked vegetable	5.8

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4 LB	34.97	1/2 cup cooked vegetable	2.86

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
24 LB	209.83	1/2 cup cooked vegetable	0.47

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen, Shoestring Straight Cut Low Moisture	Starchy	1.83 oz.	X	17.5/16	2.00

I certify the above information is true and correct and that 1.83 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-11 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 6-8 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schwartz Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Lamb's Colossal Crisp® 3/8" Regular Cut C0057** **Long Fancy - Seasoned**

Ingredient Statement:
Potatoes, Vegetable Oil (Contains One or More of the Following Oils: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Rice Flour, Dextrin, Modified Corn Starch, Salt, Cornstarch, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Xanthan Gum, Dextrose, Color (Caramel, Annatto).

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.58 oz (73g)

Amount Per Serving	
Calories 150	Calories from Fat 60
	% Daily Value*
Total Fat 7g	11%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 270mg	11%
Potassium 190mg	5%
Total Carbohydrate 20g	7%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 2g	
Vitamin A 0% • Vitamin C 6%	
Calcium 0% • Iron 4%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT (March 2013 Update): (pg. 2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	14	1/4 cup cooked vegetable	7.2

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	31.01	1/2 cup cooked vegetable	3.22

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	186.05	1/2 cup cooked vegetable	0.54

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Straight Cut Ovenable	Starchy	2.29 oz	X	14/16	2.00

I certify the above information is true and correct and that a 2.58 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 11-13 minutes or until light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Colossal Crisp® Shoestring C0034** **Long Fancy - Seasoned**

Ingredient Statement:
Potatoes, Vegetable Oil (Contains One or More of the Following Oils: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Rice Flour, Dextrin, Modified Corn Starch, Salt, Cornstarch, leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Xanthan Gum, Dextrose, Color (Caramel, Annatto).

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.12 oz. (60.04)

Amount Per Serving

Calories 140 Calories from Fat 60

	% Daily Value*
Total Fat 7g	11%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 240mg	10%
Potassium 140mg	4%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	14.2	1/4 cup cooked vegetable	7.1

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4.5 LB	33.96	1/2 cup cooked vegetable	2.94

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
27 LB	203.77	1/2 cup cooked vegetable	0.49

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato, Frozen, French Fries, Shoestring Straight Cut Low Moisture	Starchy	1.83 oz.	X	14.2/16	2.00

I certify the above information is true and correct and that 2.12 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-10 minutes or until light light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
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USDA School Lunch Equivalent For: **CrispyCoat 3/8' Regular Cut Fries C28** **Extra Long Fancy - Seasoned**

Ingredient Statement:

Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Corn Starch, Spices, Corn Meal, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Colored with Oleoresin Paprika, Dextrose.

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.49 oz. (70.72g)

Amount Per Serving

Calories 130	Calories from Fat 60
	% Daily Value*
Total Fat 7g	11%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholostorol 0mg	0%
Sodium 240mg	10%
Potassium 220mg	6%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	14	1/4 cup cooked vegetable	7.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	32.12	1/2 cup cooked vegetable	3.1

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	192.77	1/2 cup cooked vegetable	0.51

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen, Straight Cut Regular Moisture	Starchy	2.28 oz	X	14/16	2.00

I certify the above information is true and correct and that 2.49 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or until light light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 9-12 minutes or until light light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

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USDA School Lunch Equivalent For: **CrispyCoat Thin Regular Cut C26** **Extra Long Seasoned**

Ingredient Statement:

Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Dehydrated Potato, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: WHEAT

Nutrition Facts

Serving Size 2.02 oz. (57.47g)

Amount Per Serving

Calories 100 Calories from Fat 50

	% Daily Value*
Total Fat 5g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	9%
Potassium 140mg	4%
Total Carbohydrate 12g	4%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 1g	

Vitamin A 0% • Vitamin C 4%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Potassium			3,500 mg	3,500 mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	17.5	1/4 cup cooked vegetable	5.8

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	39.62	1/2 cup cooked vegetable	2.52

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	237.62	1/2 cup cooked vegetable	0.42

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen, Shoestring Straight Cut Low Moisture	Starchy	1.83 oz.	X	17.5/16	2.00

I certify the above information is true and correct and that 2.02 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20 - 24 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8 - 10 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schneider Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

LambWeston
a ConAgra Foods® brand

USDA School Lunch Equivalent For: **G7 Stealth® 5/16" Thin X32** **Extra Long-Seasoned**

Ingredient Statement:

Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil), Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 1.99 oz. (56.56g)

Amount Per Serving

Calories 120	Calories from Fat 35
	% Daily Value*
Total Fat 4g	6%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Potassium 260mg	7%
Total Carbohydrate 18g	6%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	17.5	1/4 cup cooked vegetable	5.8

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4.5 LB	36.18	1/2 cup cooked vegetable	2.76

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
27 LB	217.08	1/2 cup cooked vegetable	0.46

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes Frozen French fries, Shoestring, Staight Cut, Low Moisture	Starchy	1.83 oz.	X	17.5/16	2.00

I certify the above information is true and correct and that 1.99 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-15 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 7-8 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

a ConAgra Foods® brand

USDA School Lunch Equivalent For: **Generation 7 Concertina 1/2" Crinkle Cut Fries X14**

Grade A - Regular Fries

Ingredient Statement:

Potatoes, High Oleic Canola Oil, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 1.97 oz. (55.85g)

Amount Per Serving

Calories 120	Calories from Fat 40
	% Daily Value*
Total Fat 4.5g	7%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 135mg	6%
Potassium 280mg	8%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 caloric diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4.5 LB	36.55	1/2 cup cooked vegetable	2.73

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
27 LB	219.29	1/2 cup cooked vegetable	0.45

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen Crinkle Cut Low Moisture, Oven	Starchy	1.97	X	16.2/16	2.00

I certify the above information is true and correct and that 1.97 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 14-16 minutes or until light golden in color.

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 6-8 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Generation 7® Colossal Crinkle® Fries X15** **Extra Long Fancy - Regular**

Ingredient Statement:

Potatoes, Canola Oil, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 1.97 oz. (55.85g)

Amount Per Serving

Calories 120	**Calories from Fat 40**
	% Daily Value*
Total Fat 4.5g	**7%**
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 135mg	**6%**
Potassium 270mg	**8%**
Total Carbohydrate 17g	**6%**
Dietary Fiber 1g	4%
Sugars 1g	
Protein 1g	

Vitamin A 0% • Vitamin C 2%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4.5 LB	36.54	1/2 cup cooked vegetable	2.73

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
27 LB	219.28	1/2 cup cooked vegetable	0.45

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen Crinkle Cut Low Moisture, Oven	Starchy	1.97	X	16.2/16	2.00

I certify the above information is true and correct and that 1.97 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 14-16 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 7-8 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schneider Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Generation 7® Slim Crinkle Cut Fries X16** **Extra Long Fancy - Regular**

Ingredient Statement:
Potatoes, High Oleic Canola Oil, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 1.97 oz. (55.85g)

Amount Per Serving

Calories 110	Calories from Fat 40
	% Daily Value*
Total Fat 4.5g	7%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 135mg	6%
Potassium 250mg	7%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
4 LB	32.48	1/2 cup cooked vegetable	3.07

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
24 LB	194.92	1/2 cup cooked vegetable	0.51

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen Crinkle Cut Low Moisture, Oven	Starchy	1.97	X	16.2/16	2.00

I certify the above information is true and correct and that 1.97 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions
Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 12-15 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 6-7 minutes or until light golden in color.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schwartz Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Generation 7® Crinkle Wedge Cut Skin-On X30** **Fancy - Regular**

Ingredient Statement:

Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil), Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Food Allergens: NONE

Nutrition Facts

Serving Size 2.69 oz. (76.26g)

Amount Per Serving

Calories 130	Calories from Fat 40
	% Daily Value*
Total Fat 4.5g	7%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Potassium 440mg	13%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	11.9	1/4 cup cooked vegetable	8.5

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	29.73	1/2 cup cooked vegetable	3.36

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
30 LB	178.43	1/2 cup cooked vegetable	0.56

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen, Wedges USDA	Starchy	2.69 oz	X	11.9/16	2.00

I certify the above information is true and correct and that 2.69 ounce serving of the above product contains 1/2 cup(s) of starchy vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 16-20 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-9 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schaeffer Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

ConAgra Foods
Food you love

Lamb Weston

Product: USF Monarch Puzzle Potatoes
Catalog # UB108

Bulk Code 5595
Package Size 30 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84g)
Servings Per Container About 160

Amount Per Serving

Calories 180 Calories from Fat 100

	%Daily Value*
Total Fat 11g	17%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%
Potassium 290mg	8%
Total Carbohydrate 19g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 2 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt

RQI Nutritionist
December 2, 2014

ConAgra Foods
Food you love

LambWeston

Product: Lamb's 3/8" Regular Cuts - Spicy
Catalog # 24G

Bulk Code 4768
Package Size 30 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84 g)
Servings Per Container About 160

Amount Per Serving

Calories 140	Calories from Fat 60
	%Daily Value*
Total Fat 7g	11%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 350mg	15%
Potassium 310mg	9%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	8%
Sugars less than 1 g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 4 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt

RQI Nutritionist
December 8, 2014

ConAgra Foods
Food you love

LambWeston®

Product: Lamb's House Cut Chips Skin-On
Catalog # 30H

Bulk Code 5535
Package Size 30 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84g)
Servings Per Container About 160

Amount Per Serving

Calories 160 Calories from Fat 70

	%Daily Value*
Total Fat 8g	12%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Potassium 360mg	10%
Total Carbohydrate 21g	7%
Dietary Fiber 2g	8%
Sugars less than 1g	
Protein 2g	

Vitamin A 0% • Vitamin C 4%

Calcium 0% • Iron 2 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt

RQI Nutritionist
December 8, 2014

ConAgra Foods
Food you love

LambWeston®

Product: Taterboy Crispura Thin Regular Cuts
Catalog # 24319

Bulk Code 5069
Package Size 36 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84g)
Servings Per Container About 192

Amount Per Serving		
Calories 160	Calories from Fat 70	
		%Daily Value*
Total Fat 8g		12%
Saturated Fat 2g		10%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 320mg		13%
Potassium 250mg		7%
Total Carbohydrate 20g		7%
Dietary Fiber 2g		8%
Sugars less than 1 g		
Protein 2g		

Vitamin A 0% • Vitamin C 4%

Calcium 0% • Iron 2 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt

RQI Nutritionist
December 8, 2014

ConAgra Foods
Food you love

LambWeston

Product: LW Colossal Crisp Seasoned Curley QQQ Fries
Catalog # C0058

Bulk Code 5017
Package Size 24 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84g/about 3/4 cup)
Servings Per Container About 128

Amount Per Serving

Calories 180 Calories from Fat 70

	% Daily Value*
Total Fat 8g	12%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 420mg	18%
Potassium 290mg	8%
Total Carbohydrate 24g	8%
Dietary Fiber 3g	12%
Sugars less than 1g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 6 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt

RQI Nutritionist
December 8, 2014

ConAgra Foods
Food you love

LambWeston®

Product: Lamb-Weston Crispy Coat Shoestrings
Catalog # C25

Bulk Code 5047
Package Size 27 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84 g/about 40, 2" pieces)
Servings Per Container About 144

Amount Per Serving	
Calories 170	Calories from Fat 80
	%Daily Value*
Total Fat 9g	14%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 330mg	14%
Potassium 210mg	6%
Total Carbohydrate 19g	6%
Dietary Fiber 2g	8%
Sugars less than 1 g	
Protein 2g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 4 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt

RQI Nutritionist
December 8, 2014

ConAgra Foods
Food you love

LambWeston

Product: Lamb Supreme 5/16" RC Fries
Catalog # C55

Bulk Code 2701
Package Size 30 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84 g)
Servings Per Container About 160

Amount Per Serving

Calories 140 Calories from Fat 45

	%Daily Value*
Total Fat 5g	8%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 25mg	1%
Potassium 350mg	10%
Total Carbohydrate 21g	7%
Dietary Fiber 2g	8%
Sugars less than 1 g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 4 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt

RQI Nutritionist
December 8, 2014

ConAgra Foods
Food you love

LambWeston®

Product: Southern Style Seasoned Mini Criss-Cut Potatoes
Catalog # K0120

Bulk Code 5395
Package Size 24 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84g)
Servings Per Container 128

Amount Per Serving

Calories 170	Calories from Fat 70
	%Daily Value*
Total Fat 8g	12%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 440mg	18%
Potassium 240mg	7%
Total Carbohydrate 23g	8%
Dietary Fiber 2g	8%
Sugars less than 1g	
Protein 2g	

Vitamin A 0% • Vitamin C 2%

Calcium 2% • Iron 4 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt

RQI Nutritionist
December 8, 2014

ConAgra Foods
Food you love

Lamb Weston®

Product: Lamb's Supreme Hi-Fries - 1/4" Shoestrings
Catalog # A01

Bulk Code 5007
Package Size 27 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84g)
Servings Per Container About 144

Amount Per Serving

Calories 130 Calories from Fat 40

	% Daily Value*
Total Fat 4.5g	7%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 25mg	1%
Potassium 350mg	10%
Total Carbohydrate 21g	7%
Dietary Fiber 2g	8%
Sugars less than 1g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 4 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt

RQI Nutritionist
December 8, 2014

ConAgra Foods
Food you love

Lamb Weston

Product: Inland Valley 3/8" RC Fries
Catalog # 21994

Bulk Code 3189
Package Size 30 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84g/about 15 pieces)
Servings Per Container About 160

Amount Per Serving

Calories 120 Calories from Fat 35

	%Daily Value*
Total Fat 4g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 25mg	1%
Potassium 300mg	9%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	8%
Sugars less than 1g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 4 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt

RQI Nutritionist
December 8, 2014

ConAgra Foods
Food you love

LambWeston

Product: Special Pack 3/8" RC Fries
Catalog # SP04

Bulk Code 3101
Package Size 30 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84g/about 15 pieces)
Servings Per Container About 160

Amount Per Serving

Calories 120 Calories from Fat 35

	%Daily Value*
Total Fat 4g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 25mg	1%
Potassium 300mg	9%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	8%
Sugars less than 1g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 4 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt

RQI Nutritionist
December 8, 2014

ConAgra Foods
Food you love

LambWeston

Product: Special Pack 5/16" RC Fries
Catalog # SP05

Bulk Code 3102
Package Size 30 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84 g/about 21, 2" pieces)
Servings Per Container About 160

Amount Per Serving

Calories 140 — Calories from Fat 45

	%Daily Value*
Total Fat 5g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 25mg	1%
Potassium 350mg	10%
Total Carbohydrate 21g	7%
Dietary Fiber 2g	8%
Sugars less than 1g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 4 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt

RQI Nutritionist
December 8, 2014

ConAgra Foods
Food you love

Lamb Weston®

Product: Special Pack 1/4" Shoestring
Catalog # SP06

Bulk Code 3219
Package Size 36 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84 g)
Servings Per Container About 192

Amount Per Serving

Calories 150 Calories from Fat 50

	%Daily Value*
Total Fat 6g	9%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 30mg	1%
Potassium 300mg	9%
Total Carbohydrate 21g	7%
Dietary Fiber 2g	8%
Sugars less than 1g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 4 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt

RQI Nutritionist
December 8, 2014

ConAgra Foods
Food you love

LambWeston®

Product: Rapid Russett Natural 5/16" RC Fries
Catalog # RR45

Bulk Code 4121
Package Size 30 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84 g/about 21 pieces)
Servings Per Container About 160

Amount Per Serving	
Calories 140	Calories from Fat 45
	%Daily Value*
Total Fat 5g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 330mg	14%
Potassium 350mg	10%
Total Carbohydrate 21g	7%
Dietary Fiber 2g	8%
Sugars less than 1 g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 4 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt

RQI Nutritionist
December 8, 2014

ConAgra Foods
Food you love

LambWeston

Product: Park Premium Roundabouts
Catalog # PP51

Bulk Code 5447
Package Size 30 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84 g/about 13 pieces)
Servings Per Container About 160

Amount Per Serving	
Calories 170	Calories from Fat 80
	%Daily Value*
Total Fat 9g	14%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 330mg	14%
Potassium 350mg	10%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	8%
Sugars less than 1g	
Protein 2g	

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 4 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt

RQI Nutritionist
December 8, 2014

ConAgra Foods
Food you love

LambWeston

Product: Park Premium 3/8" Regular Cut Fries
Catalog # PP24

Bulk Code 3119
Package Size 30 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84g/about 13, 2-3" pieces)
Servings Per Container About 160

Amount Per Serving	
Calories 120	Calories from Fat 35
	%Daily Value*
Total Fat 4g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 25mg	1%
Potassium 300mg	9%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	8%
Sugars less than 1 g	
Protein 2g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 6 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt

RQI Nutritionist
December 8, 2014

ConAgra Foods
Food you love

LambWeston®

Product: Munchers Stuffed Spudz Cheddar Rounds
Catalog # P40

Bulk Code 5713
Package Size 18 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84 g/about 5 pieces)
Servings Per Container About 96

Amount Per Serving

Calories 180	Calories from Fat 90
	%Daily Value*
Total Fat 10g	15%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 450mg	19%
Potassium 115mg	3%
Total Carbohydrate 18g	6%
Dietary Fiber 3g	12%
Sugars 1g	
Protein 5g	

Vitamin A	4%	Vitamin C	0%
Calcium	10%	Iron	2 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt

RQI Nutritionist
December 8, 2014

ConAgra Foods
Food you love

LambWeston

Product: Lamb Supreme Roasted Garlic Mashed Potatoes
Catalog # M18

Bulk Code 903.523
Package Size 24 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 2/3 Cup (140g)
Servings Per Container About 78

Amount Per Serving

Calories 110 Calories from Fat 20

	%Daily Value*
Total Fat 2g	3%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 500mg	21%
Potassium 320mg	9%
Total Carbohydrate 21g	7%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 0 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt

RQI Nutritionist
December 8, 2014

ConAgra Foods
Food you love

LambWeston®

Product: Rapid Russet 1/2" Crinkle Cut
Catalog # RR01

Bulk Code 3144
Package Size 30 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84g)
Servings Per Container About 160

Amount Per Serving		
Calories 130	Calories from Fat 35	
		%Daily Value*
Total Fat 4g		6%
Saturated Fat 1g		5%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 25mg		1%
Potassium 300mg		9%
Total Carbohydrate 22g		7%
Dietary Fiber 2g		8%
Sugars less than 1g		
Protein 2g		

Vitamin A 0% • Vitamin C 8%
Calcium 0% • Iron 4 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt

RQI Nutritionist
December 8, 2014

ConAgra Foods
Food you love

LambWeston®

Product: Rapid Russet 1/4" shoestrings
Catalog # RR06

Bulk Code 3149
Package Size 27 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84 g/about 30 pieces)
Servings Per Container About 144

Amount Per Serving		
Calories 140	Calories from Fat 45	
		%Daily Value*
Total Fat 5g		8%
Saturated Fat 1.5g		8%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 25mg		1%
Potassium 350mg		10%
Total Carbohydrate 21g		7%
Dietary Fiber 2g		8%
Sugars less than 1 g		
Protein 2g		

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 4 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt

RQI Nutritionist
December 8, 2014

a ConAgra Foods brand

USDA School Lunch Equivalent For: **Lamb Weston 1/2" Tri-Cut Roasted Sweet Potatoes 33230** **Fancy Other - Regular**

Ingredient Statement:
Sweet Potatoes, Sodium Acid Pyrophosphate Used As a Processing Aid.

Food Allergens: NONE

Nutrition Facts

Serving Size 1.65 oz. (46.77g)
Servings Per Container

Amount Per Serving

Calories 50	Calories from Fat 0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 35mg	1%
Potassium 160mg	5%
Total Carbohydrate 11g	4%
Dietary Fiber 1g	4%
Sugars 4g	
Protein 1g	

Vitamin A 35% • Vitamin C 4%
Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-80)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	9.7	1/4 cup cooked vegetable	10.4

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
40 LB	388	1/4 cup cooked vegetable	0.26

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
40 LB	388	1/4 cup cooked vegetable	0.26

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Sweet Potatoes, frozen Center Cuts	Red/Orange	1.65 oz	X	9.7/16	1.00

I certify the above information is true and correct and that 1.65 ounce serving of the above product contains 1/4 cup(s) of Red/ Orange vegetables.

Cooking Instructions
Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 30-35 minutes or to desired crispness and texture.

Storage and Shelf Life
Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

a ConAgra Foods brand

USDA School Lunch Equivalent For: **Sweet Things® 3/8" Concertinas® L0101** **Long Fancy - Seasoned Fries**

Ingredient Statement:

Sweet Potatoes, High Oleic Canola Oil, Modified Food Starch (Corn, Tapioca, Potato), Cornstarch, Sugar, Dextrin, Salt, Spices, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Spice and Coloring, Natural Flavor, Xanthan Gum.

Food Allergens: NONE

Nutrition Facts

Serving Size 2.27 oz. (64.39g)

Amount Per Serving	
Calories 110	Calories from Fat 50
	% Daily Value*
Total Fat 5g	8%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Potassium 115mg	3%
Total Carbohydrate 16g	5%
Dietary Fiber 2g	8%
Sugars 4g	
Protein 1g	

Vitamin A 45% • Vitamin C 6%

Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)

USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	35.24	1/2 cup cooked vegetable	2.84

LAMB WESTON EQUILVALENT PER CASE PRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
15 LB	105.72	1/2 cup cooked vegetable	0.94

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen Crinkle Cut Low Moisture	Red/Orange	1.98 oz by weight	X	16.2/16	2.00

I certify the above information is true and correct and that 2.27 ounce serving of the above product contains 1/2 cup(s) of Red/ Orange vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 21-25 minutes or to desired crispness and texture.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-12 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

a ConAgra Foods brand

USDA School Lunch Equivalent For: **Sweet Things® Wavelength Fries L0082** **Long Fancy - Seasoned Fries**

Ingredient Statement:

Sweet Potatoes, Canola Oil, Modified Food Starch, Cornstarch, Salt, Dextrin, Spices, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Xanthan Gum, Sugar, Oleoresin Paprika.

Food Allergens: NONE

Nutrition Facts

Serving Size 2.20 oz. (62.37g)

Amount Per Serving

Calories 90 Calories from Fat 25

	% Daily Value*
Total Fat 3g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 250mg	10%
Potassium 140mg	4%
Total Carbohydrate 15g	5%
Dietary Fiber 2g	8%
Sugars 5g	
Protein 1g	

Vitamin A 45% • Vitamin C 2%

Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	36.36	1/2 cup cooked vegetable	2.75

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
15 LB	109.09	1/2 cup cooked vegetable	0.916

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen Crinkle Cut Low Moisture	Red/Orange	1.98 oz by weight	X	16.2/16	2.00

I certify the above information is true and correct and that 2.20 ounce serving of the above product contains 1/2 cup(s) of Red/ Orange vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 30-35 minutes or to desired crispness and texture.

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-12 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schneider Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Sweet Things Sweet Potato 5/16" Regular Cut Fries L0091** **Extra Long Seasoned**

Ingredient Statement:

Sweet Potatoes, Canola Oil, Modified Food Starch (Corn, Potato, Tapioca), Sugar, Rice Flour, Cornstarch, Dextrin, Spice, Salt, Spice and Coloring, Xanthan Gum, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate).

Food Allergens: NONE

Nutrition Facts

Serving Size 2.02 oz. (57.32g)

Amount Per Serving

Calories 100	Calories from Fat 30
	% Daily Value*
Total Fat 3g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 80mg	3%
Potassium 160mg	5%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	8%
Sugars 5g	
Protein 1g	

Vitamin A 40% • Vitamin C 6%

Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	17.5	1/4 cup cooked vegetable	5.8

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
3 LB	23.76	1/2 cup cooked vegetable	4.21

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
15 LB	118.81	1/2 cup cooked vegetable	0.84

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, French Fries, Frozen Crinkle Cut Low Moisture, Oven	Red/Orange	1.83 oz.	X	17.5/16	2.00

I certify the above information is true and correct and that 2.02 ounce serving of the above product contains 1/2 cup(s) of red/orange vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 25-30 minutes or until light golden in color.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-12 minutes or until light golden in color.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Sweet Things® Vanilla Sugar Seasoned Fries L0089** **Long A - Seasoned Fries**

Ingredient Statement:

Sweet Potatoes, Canola Oil, Sugar, Modified Food Starch (Corn, Tapioca). Contains 2% or less of the following: Colored with Turmeric and Oleoresin Paprika, Cornstarch, Dextrin, Dextrose, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Natural and Artificial Flavor, Propylene Glycol, Rice Flour, Salt, Xanthan Gum.

Food Allergens: None

Nutrition Facts

Serving Size 2.10 oz. (59.59g)

Amount Per Serving

Calories 100 Calories from Fat 30

	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	8%
Potassium 140mg	4%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	8%
Sugars 7g	
Protein 1g	

Vitamin A 45% • Vitamin C 4%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	17.5	1/4 cup cooked vegetable	5.8

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
3 LB	22.85	1/2 cup cooked vegetable	4.37

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1S LB	114.28	1/2 cup cooked vegetable	0.87

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potaotes, Frozen Striaght Cut Regular Moisture	Red/Orange	1.83 oz by weight	X	17.5/16	2.00

I certify the above information is true and correct and that 2.10 ounce serving of the above product contains 1/2 cup(s) of Red/ Orange vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or to desired crispness and texture.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-12 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schwartz Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
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USDA School Lunch Equivalent For: **Sweet Things® Trim Fries L8000** **Long Fancy - Seasoned Fries**

Ingredient Statement:

Sweet Potatoes, Vegetable Oil (Contains One or More of the Following: High Oleic Canola, Sunflower), Modified Food Starch (Corn, Potato, Tapioca), Sugar, Rice Flour, Corn Starch, Dextrin, Spice, Salt, Oleoresin Paprika, Xanthan Gum, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate).

Food Allergens: NONE

Nutrition Facts

Serving Size 1.99oz. (56.48g)

Amount Per Serving	
Calories 120	Calories from Fat 50
	% Daily Value*
Total Fat 5g	8%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 80mg	3%
Potassium 160mg	5%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	8%
Sugars 5g	
Protein 1g	

Vitamin A 40% • Vitamin C 4%

Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	17.5	1/4 cup cooked vegetable	5.8

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
3 LB	24.12	1/2 cup cooked vegetable	4.14

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
15 LB	120.6	1/2 cup cooked vegetable	0.83

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potaotes, Frozen Straight Cut Regular Moisture	Red/Orange	1.83 oz by weight	X	17.5/16	2.00

I certify the above information is true and correct and that 1.99 ounce serving of the above product contains 1/2 cup(s) of Red/ Orange vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.

Bake 20-25 minutes or to desired crispness and texture.

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.

Bake 8-10 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.

Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmitt Sr. Nutritionist Date: June 1, 2014

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USDA School Lunch Equivalent For: **Sweet Things® Seasoned Rib Cut Fries L0097** **Long Fancy - Seasoned Fries**

Ingredient Statement:

Sweet Potatoes, High Oleic Canola Oil, Modified Food Starch, Sugar, Cornstarch, Salt, Dextrin, Spices, Garlic Powder, Onion Powder, Dried Yeast, Colored with Oleoresin Paprika, Xanthan Gum, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate).

Food Allergens: NONE

Nutrition Facts

Serving Size 2.33 oz. (66.05g)
Servings Per Container

Amount Per Serving

Calories 100	Calories from Fat 30
	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 350mg	15%
Potassium 135mg	4%
Total Carbohydrate 15g	5%
Dietary Fiber 2g	8%
Sugars 4g	
Protein 1g	

Vitamin A 60% • Vitamin C 4%
Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	34.33	1/2 cup cooked vegetable	2.91

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
15 LB	103.00	1/2 cup cooked vegetable	0.97

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen Crinkle Cut Low Moisture	Red/Orange	1.975 oz by weight	X	16.2/16	2.00

I certify the above information is true and correct and that 2.33 ounce serving of the above product contains 1/2 cup(s) of Red/ Orange vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 22-27 minutes or to desired crispness and texture.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 11-14 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schwartz Sr. Nutritionist Date: June 1, 2014

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USDA School Lunch Equivalent For: **Sweet Things® Platter Fries® L8100** **Long Fancy - Seasoned Fries**

Ingredient Statement:

Sweet Potatoes, Vegetable Oil (Contains One or More of the Following: High Oleic Canola, Sunflower), Modified Food Starch (Corn, Potato, Tapioca), Sugar, Rice Flour, Corn Starch, Dextrin, Spice, Salt, Oleoresin Paprika, Xanthan Gum, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate).

Food Allergens: NONE

Nutrition Facts

Serving Size 2.52 oz. (71.44g)
Servings Per Container

Amount Per Serving

Calories 120	Calories from Fat 30
	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 110mg	5%
Potassium 200mg	6%
Total Carbohydrate 20g	7%
Dietary Fiber 3g	12%
Sugars 6g	
Protein 1g	
Vitamin A 60%	• Vitamin C 8%
Calcium 2%	• Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	14	1/4 cup cooked vegetable	7.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
3 LB	19.05	1/2 cup cooked vegetable	5.25

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
15 LB	95.24	1/2 cup cooked vegetable	1.05

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potaotes, Frozen Striaght Cut Regular Moisture	Red/Orange	2.29 oz by weight	X	14/16	2.00

I certify the above information is true and correct and that 2.52 ounce serving of the above product contains 1/2 cup(s) of Red/ Orange vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or to desired crispness and texture.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-12 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmitt Sr. Nutritionist Date: June 1, 2014

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USDA School Lunch Equivalent For: **Sweet Things® Mini Sweet Potato Tater Puffs® L0094** **Formed Product - Seasoned**

Ingredient Statement:

Sweet Potatoes, Sugar, Cornstarch, Canola Oil, Modified Food Starch (Corn, Tapioca, Potato), Rice Flour, Salt, Dextrin, Natural Flavor, Coloring (Turmeric, Oleoresin Paprika), Dextrose, Xanthan Gum, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate).

Food Allergens: None

Nutrition Facts

Serving Size 2.80 oz. (79.38g)/about 8 pieces
Servings Per Container

Amount Per Serving	
Calories 120	Calories from Fat 30
	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 250mg	10%
Potassium 160mg	5%
Total Carbohydrate 22g	7%
Dietary Fiber 2g	8%
Sugars 8g	
Protein 1g	
Vitamin A 60% • Vitamin C 4%	
Calcium 2% • Iron 2%	

*Percent Daily Values are based on a 2,000 calorie diet.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITION (March 2013 update) PRODUCT: (pg. 2-70)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	12.2	1/4 cup cooked vegetable	8.2

LAMB WESTON EQUILVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
2.5 LB	14.28	1/2 cup cooked vegetable	7.00

LAMB WESTON EQUILVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
15 LB	85.71	1/2 cup cooked vegetable	1.166

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potato Products, frozen Rounds Regular Size	Red/ Orange	2.62	X	12.7/16	2.00

I certify the above information is true and correct and that 2.80 ounce serving of the above product contains 1/2 cup(s) of Red/Orange vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 18-25 minutes or to desired crispness and texture.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 9-12 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

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USDA School Lunch Equivalent For: **Sweet Things™ Mashed Sweet Potatoes M0007** **Grade A Fancy**

Ingredient Statement:

Sweet Potatoes, Water, Brown Sugar (Sugar, Cane Molasses). Contains 2% or Less of Each of the Following: Butter (Cream, Annatto), Caramel (Color), Corn Syrup Solids, Dehydrated Sweet Potato, Dextrin, Disodium Dihydrogen Pyrophosphate (to promote color retention), Maltodextrin, Modified Food Starch (Potato, Corn), Mixed Tocopherols, Molasses Powder, Natural and Artificial Flavors (Milk, Soy), Sunflower Oil.

Food Allergens: MILK, SOY

Nutrition Facts

Serving Size 4.24 oz. (120g)

Amount Per Serving

Calories 120	Calories from Fat 10
	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 45mg	2%
Potassium 200mg	6%
Total Carbohydrate 27g	9%
Dietary Fiber 3g	12%
Sugars 15g	
Protein 1g	

Vitamin A 60% • Vitamin C 4%

Calcium 6% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-80)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1 LB	7.55	1/4 cup cooked vegetable	13.3

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
2 LB	7.54	1/2 cup cooked vegetable	13.26

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
24 LB	90.56	1/2 cup cooked vegetable	1.1

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Sweet Potatoes, Frozen Mashed	Red/Orange	4.24 oz.	X	7.55/16	2.00

I certify the above information is true and correct and that 4.24 ounce serving of the above product contains 1/2 cup(s) of Red/Orange vegetables.

Cooking Instructions

Microwave Oven: Heat 14-16 minutes at Medium High power. Cut a 1" slit in center of bag. Heat on Medium High power for 1/2 of the total heating time. Rotate the bag; push corners inward. Finish heating.

NOTE: Oven power may vary. Adjust heating time as needed.

Boil-In-Bag: Full rolling boil for 18-20 minutes. Place (unopened) bag in boiling water.

NOTE: Cook from frozen state. Heat thoroughly to 170°- 180° F. Mix thoroughly and serve.

Storage and Shelf Life

Keep Frozen until used.

Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336

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USDA School Lunch Equivalent For: **Sweet Things® CrissCuts® L0090** **Fancy From Whole Potatoes - Seasoned**

Ingredient Statement:

Sweet Potatoes, Canola Oil, Modified Food Starch (Corn, Potato, Tapioca), Sugar, Rice Flour, Cornstarch, Dextrin, Spice, Salt, Spice and Coloring, Xanthan Gum, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate).

Food Allergens: None

Nutrition Facts

Serving Size 2.21 oz. (62.65g)

Amount Per Serving

Calories 110 Calories from Fat 40

	% Daily Value*
Total Fat 4.5g	7%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 135mg	6%
Potassium 200mg	6%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Sugars 4g	
Protein 1g	

Vitamin A 50% • Vitamin C 2%

Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON
PRODUCT: (pg.2-68)

USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
3 LB	21.72	1/2 cup cooked vegetable	4.6

LAMB WESTON EQUILVALENT PER CASE PRODUCT:

PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
15 LB	108.59	1/2 cup cooked vegetable	0.92

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen Crinkle Cut Low Moisture	Red/Orange	1.97oz by weight	X	14.2/16	2.00

I certify the above information is true and correct and that 2.21 ounce serving of the above product contains 1/2 cup(s) of Red/ Orange vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 18-20 minutes or to desired crispness and texture.
Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 7-9 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmitt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer SLamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
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USDA School Lunch Equivalent For: **Sweet Things 3/8" Crinkle Cut Seasoned Fries L0084** **Long Fancy - Seasoned Fries**

Ingredient Statement:

Sweet Potatoes, Canola Oil, Modified Food Starch (Corn, Potato, Tapioca), Sugar, Rice Flour, Cornstarch, Dextrin, Spice, Salt, Spice and Coloring, Xanthan Gum, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate).

Food Allergens: None

Nutrition Facts

Serving Size 2.21 oz. (62.65g)

Amount Per Serving

Calories 100	Calories from Fat 30
	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 80mg	3%
Potassium 170mg	5%
Total Carbohydrate 16g	5%
Dietary Fiber 2g	8%
Sugars 5g	
Protein 1g	
Vitamin A 45% • Vitamin C 6%	
Calcium --% • Iron 2%	

*Percent Daily Values are based on a 2,000 calorie diet.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-68)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	16.2	1/4 cup cooked vegetable	6.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
3 LB	21.72	1/2 cup cooked vegetable	4.6

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
15 LB	108.59	1/2 cup cooked vegetable	0.92

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen Crinkle Cut Regular Moisture	Red/Orange	1.97 oz by weight	X	16.2/16	2.00

I certify the above information is true and correct and that 2.21 ounce serving of the above product contains 1/2 cup(s) of Red/ Orange vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or to desired crispness and texture.

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10-12 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

Lamb Weston Customer Service, 8701 W. Gage Blvd., Kennewick, WA 99336
Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

a ConAgra Foods brand

USDA School Lunch Equivalent For: **Sweet Things® Seasoned Platter Fries L0103** **Long Fancy - Seasoned Fries**

Ingredient Statement:

Sweet Potatoes, High Oleic Canola Oil, Modified Food Starch (Corn, Tapioca, Potato), Cornstarch, Sugar, Dextrin, Salt, Spices, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Spice and Coloring, Natural Flavor, Xanthan Gum.

Food Allergens: NONE

Nutrition Facts

Serving Size 2.53 oz. (71.58g)

Amount Per Serving

Calories 130	Calories from Fat 50
	% Daily Value*
Total Fat 6g	9%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 310mg	13%
Potassium 130mg	4%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	8%
Sugars 4g	
Protein 1g	

Vitamin A 50% • Vitamin C 6%

Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	14	1/4 cup cooked vegetable	7.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	31.62	1/2 cup cooked vegetable	3.16

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
15 LB	94.86	1/2 cup cooked vegetable	1.05

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen Straight Cut Regular Moisture	Red/Orange	2.28 oz by weight	X	14/16	2.00

I certify the above information is true and correct and that 2.53 ounce serving of the above product contains 1/2 cup(s) of Red/ Orange vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or to desired crispness and texture.

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-12 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

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USDA School Lunch Equivalent For: **Sweet Things® Savory Seasoned Trim Fries L0102** **Long Fancy - Seasoned Fries**

Sweet Potatoes, High Oleic Canola Oil, Modified Food Starch (Corn, Tapioca, Potato), Salt, Spices, Dextrin, Sugar, Cornstarch, Rice Flour, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Spice and Coloring, Xanthan Gum, Natural Flavor.

Food Allergens: NONE

Nutrition Facts

Serving Size 2.04 oz. (57.78g)

Amount Per Serving

Calories 130 Calories from Fat 60

	% Daily Value*
Total Fat 7g	11%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 300mg	13%
Potassium 110mg	3%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	4%
Sugars 3g	
Protein 1g	

Vitamin A 40% • Vitamin C 4%

Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	17.5	1/4 cup cooked vegetable	5.8

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	39.21	1/2 cup cooked vegetable	2.55

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
15 LB	117.64	1/2 cup cooked vegetable	0.85

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen Shoestring Straight Cut Low Moisture	Red/Orange	1.83 oz by weight	X	17.5/16	2.00

I certify the above information is true and correct and that 2.04 ounce serving of the above product contains 1/2 cup(s) of Red/ Orange vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 20-25 minutes or to desired crispness and texture.

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 8-10 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

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Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

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USDA School Lunch Equivalent For: **Sweet Things® Crispy Cubes L0099** **Fancy Other - Seasoned**

Ingredient Statement:

Sweet Potatoes, Canola Oil, Modified Food Starch (Corn, Tapioca, Potato), Corn Starch, Dextrin, Salt, Spices, Sugar, Garlic Powder, Onion Powder, Natural Flavor, Spice and Coloring, Leavening, Xanthan Gum, Disodium Dihydrogen Pyrophosphate (to promote color retention).

Food Allergens: NONE

Nutrition Facts

Serving Size 2.59 oz. (73.42g)
Servings Per Container

Amount Per Serving

Calories 100	Calories from Fat 30
	% Daily Value*
Total Fat 3g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 310mg	13%
Potassium 220mg	6%
Total Carbohydrate 17g	6%
Dietary Fiber 3g	12%
Sugars 6g	
Protein 1g	

Vitamin A 50% • Vitamin C 2%
Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITON PRODUCT: (pg.2-69)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	14	1/4 cup cooked vegetable	7.2

LAMB WESTON EQUILVALENT PER BAGPRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
5 LB	30.89	1/2 cup cooked vegetable	3.24

LAMB WESTON EQUILVALENT PER CASE PRODUCT:			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
15 LB	92.66	1/2 cup cooked vegetable	1.08

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Frozen Straight Cut Regular Moisture	Red/Orange	2.29 oz by weight	X	14/16	2.00

I certify the above information is true and correct and that 2.59 ounce serving of the above product contains 1/2 cup(s) of Red/ Orange vegetables.

Cooking Instructions

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.
Bake 10 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.
Frozen Shelf Life: 24 months.

Approved by: Rebecca Schmidt Sr. Nutritionist Date: June 1, 2014

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Phone: 509-736-0494 E-mail: holly.door@conagrafoods.com

ConAgra Foods
Food you love

LambWeston

Product: Sweet Things 3/8" Regular Cut Sweet Potato Fries
Catalog # L0100

Bulk Code 5429
Package Size 15 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84g)
Servings Per Container About 80

Amount Per Serving

Calories 130 Calories from Fat 35

	%Daily Value*
Total Fat 4g	6%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Potassium 210mg	6%
Total Carbohydrate 22g	7%
Dietary Fiber 3g	12%
Sugars 9g	
Protein 1g	

Vitamin A 60% • Vitamin C 4%

Calcium 2% • Iron 2 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt

RQI Nutritionist
December 8, 2014

ConAgra Foods
Food you love

LambWeston

Product: Monarch Sweet Things Sweet Potato Trim Fries
Catalog # M8000

Bulk Code 4893
Package Size 15 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84 g)
Servings Per Container 80

Amount Per Serving

Calories 180	Calories from Fat 70
	%Daily Value*
Total Fat 8g	12%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 120mg	5%
Potassium 240mg	7%
Total Carbohydrate 25g	8%
Dietary Fiber 3g	12%
Sugars 7g	
Protein 2g	

Vitamin A	60%	Vitamin C	6%
Calcium	2%	Iron	2 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt

RQI Nutritionist
December 2, 2014

ConAgra Foods
Food you love

Lamb Weston

Product: Monarch Sweet Potato Platter Fries
Catalog # M8100

Bulk Code 4894
Package Size 15 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84 g)
Servings Per Container 80

Amount Per Serving

Calories 140 Calories from Fat 40

	%Daily Value*
Total Fat 4g	6%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 130mg	5%
Potassium 240mg	7%
Total Carbohydrate 24g	8%
Dietary Fiber 3g	12%
Sugars 7g	
Protein 1g	

Vitamin A 70% • Vitamin C 10%

Calcium 2% • Iron **

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

** Contains less than 2% of the Daily Value of these nutrients.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt

RQI Nutritionist
December 2, 2014

ConAgra Foods
Food you love

LambWeston®

Product: Monarch Sweet Things Mini Puffs
Catalog # M9400

Bulk Code 4938
Package Size 15 lb
Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84g)
Servings Per Container About 80

Amount Per Serving

Calories 130 — Calories from Fat 30

	%Daily Value*
Total Fat 3.5g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 260mg	11%
Potassium 170mg	5%
Total Carbohydrate 23g	8%
Dietary Fiber 2g	8%
Sugars 8g	
Protein 1g	

Vitamin A 60% • Vitamin C 6%

Calcium 2% • Iron 2 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Approved by:

Rebecca Schmidt

Rebecca Schmidt

RQI Nutritionist
December 2, 2014