

Lakeview Woods Menu January 2015 K-8,

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Chicken Nuggets Mashed Potatoes and Gravy Broccoli Whole Wheat Sugar Cookie Pears Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	5 Tuna Salad Sandwich Gateway Tossed Salad Fat Free Ranch Vanilla Ice Cream Pineapple Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	6 Spaghetti with Meat Sauce Black Beans Pears Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	7 BBQ Chicken Green Beans Creamy Coleslaw Hamburger Bun with Margarine Mixed Fruit Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	8 Fish Nugget Peas and Carrots Stewed Tomatoes Spiced Peaches Tartar Sauce Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk
11 Oven Fried Chicken Potato Rounds Broccoli Hamburger Bun Apricots Ketchup Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	12 Chicken Noodle Casserole Hamburger Bun with Margarine Mixed Vegetables Raisins Orange Juice Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	13 NO SCHOOL Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	14 Chili Raw Vegetables Fat Free Ranch Cornbread and Margarine Fruit Cocktail Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	15 Ground Beef and Spanish Rice Carrots Cornbread and Margarine Pears Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk
18 NO SCHOOL Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	19 Sloppy Joe on Bun Gateway Tossed Salad Fat Free Ranch Pears Corn Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	20 Beef-A-Roni Black Beans Garlic Toast Fruit Cocktail Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	21 BBQ Chicken Creamy Coleslaw Three Bean Salad Hamburger Bun Pineapple Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	22 Tuna Noodle Casserole Peas and Carrots Wholegrain Bread Orange Margarine Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk
25 Chicken Parmesan Corn Spaghetti with Tomato Sauce Mandarin Oranges Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	26 Chicken-ala-King Carrots Brown Rice Applesauce Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	27 Turkey Dog on Bun Creamy Coleslaw Baked Beans Applesauce Ketchup Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	28 Lasagna Broccoli Garlic Toast Orange Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	29 New Dawn Ham Rotini Herbed Cauliflower Garlic Toast Pineapple Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk

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Lakeview Woods Menu January 2015 9-12,

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Chicken Nuggets Mashed Potatoes and Gravy Broccoli Whole Wheat Sugar Cookie Pears Raisins Ketchup Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	5 Tuna Salad Sandwich Gateway Tossed Salad Fat Free Ranch Vanilla Ice Cream Pineapple Peaches Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	6 Spaghetti with Meat Sauce Black Beans Garlic Toast Pears Applesauce Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	7 BBQ Chicken Green Beans Creamy Coleslaw Hamburger Bun with Margarine Mixed Fruit Applesauce Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	8 Fish Nugget Peas and Carrots Stewed Tomatoes Spiced Peaches Tartar Sauce Orange Juice Bread and Margarine Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk
11 Oven Fried Chicken Potato Rounds Broccoli Hamburger Bun with Margarine Apricots Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	12 Chicken Noodle Casserole Hamburger Bun with Margarine Mixed Vegetables Raisins Orange Juice Jelly Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	13 NO SCHOOL Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	14 Chili Raw Vegetables Fat Free Ranch Cornbread and Margarine Fruit Cocktail Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	15 Ground Beef and Spanish Rice Carrots Cornbread and Margarine Pears Applesauce Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk
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25 Chicken Parmesan Corn Spaghetti with Tomato Sauce Mandarin Oranges Vanilla Pudding Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	26 Chicken-ala-King Carrots Brown Rice Applesauce Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	27 Turkey Dog on Bun Creamy Coleslaw Baked Beans Pasta Salad Applesauce Ketchup Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	28 Lasagna Broccoli Garlic Toast Orange Raisins Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	29 New Dawn Ham Rotini Herbed Cauliflower Garlic Toast Pineapple Yogurt Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk

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