Unit #1 Title: My Personal Plan of Study

Lesson Title: Career Resources

Grade Level: 10

Length of Lesson: 50-60 minutes

Missouri Comprehensive Guidance and Counseling Big Idea:
AD.6: Developing and Monitoring Personal Plan of Study

Grade Level Expectation (GLE):
AD.6.A.10: Explore options and resources available to further develop Personal Plan of Study for life-long learning.

American School Counselor Association National Standard (ASCA):
Academic Development
B: Students will make decisions, set goals, and take necessary action to achieve goals.

Materials (include activity sheets and/ or supporting resources)
Speaker or representative from a Career Education Center. Career Center sample applications for training programs and other post-secondary options.

Show Me Standards: Performance Goals (check one or more that apply and identify relevant process standards)

| X | Goal 1: Gather, analyze and apply information and ideas |
|   | 1. Develop questions and ideas to initiate and refine research |
|   | 4. Use technological tools and other resources to locate, select and organize information |
| X | Goal 2: Communicate effectively within and beyond the classroom |
|   | 3. Exchange information, questions and ideas while recognizing the perspectives of others |
| Goal 3: Recognize and solve problems |

| X | Goal 4: Make decisions and act as responsible members of society |
|   | 4. Recognize and practice honesty and integrity in academic work and in the workplace |
|   | 5. Develop, monitor and revise plans of action to meet deadlines and accomplish goals |

This lesson supports the development of skills in the following academic content areas.

Academic Content Area(s) | Specific Skill(s)
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<tr>
<td>X Communication Arts</td>
<td>1. Speaking and writing standard English (including grammar, usage, punctuation, spelling, capitalization)</td>
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<tr>
<td></td>
<td>6. Participating in formal and informal presentations and discussion of issues and ideas</td>
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Mathematics
Social Studies
Science
Health/Physical Education
Fine Arts

Enduring Life Skill(s)

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<th></th>
<th>Perseverance</th>
<th>Integrity</th>
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<th>Problem Solving</th>
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<tr>
<td>Courage</td>
<td>Compassion</td>
<td>X</td>
<td>Tolerance</td>
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<td>Respect</td>
<td>X</td>
<td>Goal Setting</td>
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Lesson Measurable Learning Objectives:
The student will complete one or more sample application(s) for post-secondary programs.

Lesson Formative Assessment (acceptable evidence):
Assessment should relate to the performance outcome for goals, objectives and GLE.
Assessment can be question answer, performance activity, etc.

Students planning to attend a career center will apply by the announced deadline.
The student will complete an application form for one or more post-secondary options.

Lesson Preparation

Essential Questions:
How do I get technical/career skills? What if I don’t want to attend a four-year college?
What is career education?

Engagement (Hook): Is Career Education Center for you? If so, what would that future experience look like for you? If not, how might it look for someone else?

Procedures

Instructor Procedures/Instructional Strategies:  
1. Counselor will introduce speaker/representative from a Career Education Center.
2. Speaker or representative from a Career Education Center shares information about the center.
3. The counselor shares Career Center sample applications for training programs and other post-secondary options.
4. The counselor instructs students to complete

Student Involvement/Instructional Activities:
1. Students will welcome the speaker.
2. Students listen to the presentation about vocational/technical institutes and ask questions.
3. Students will review information to make decisions in regards to making post-secondary choices or researching their options.
4. Students complete one or more

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one or more applications.

Teacher Follow-Up Activities

Teachers are encouraged to announce application deadlines for vocational technical institutes. Teachers are encouraged to recommend students who may need a vocational assessment.

Counselor reflection notes (completed after the lesson)