Unit #1 Title: Goal-Setting  

Grade Level: 2

Number of Lessons in Unit: 2

Time Required for each lesson: 30 minutes

Best time of year to implement this Unit: Mid-year.

Lesson Titles:
Lesson # 1: Talk is Cheap (Part 1)
Materials/Special Preparations Required:
The book: *The Tortoise and the Hare*
Dry Erase Board/SmartBoard/Other Visual Media

Lesson # 2: Talk is Cheap (Part 2)
Materials/Special Preparations Required:
Student Activity Page – *Talk is Cheap*
The book: *The Tortoise and the Hare*
Brown and Green Crayons

Missouri Comprehensive Guidance and Counseling Big Idea:
AD.6: Developing and Monitoring Personal Plan of Study

Grade Level Expectation (GLE):
AD.6.A.02: Identify goals that lead to learner success. (DOK Level -2)

American School Counselor Association (ASCA) National Standard:
Academic Development
A. Students will acquire the attitudes, knowledge and skills contributing to effective learning in school and across the lifespan.

Show Me Standards: Performance Goals (check one or more that apply and identify relevant process standards)

<table>
<thead>
<tr>
<th>Goal 1</th>
<th>Gather, analyze and apply information and ideas</th>
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<tbody>
<tr>
<td>Goal 2</td>
<td>Communicate effectively within and beyond the classroom</td>
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<tr>
<td>Goal 3</td>
<td>Recognize and solve problems</td>
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<tr>
<td>X Goal 4</td>
<td>Make decisions and act as responsible members of society</td>
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This lesson supports the development of skills in the following academic content areas.

<table>
<thead>
<tr>
<th>Academic Content Area(s)</th>
<th>Specific Skill(s)</th>
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<tbody>
<tr>
<td>X Communication Arts</td>
<td>5. Comprehending and evaluating the content and artistic aspects of oral and visual presentations. 6. Participating in formal and informal presentations and discussions of issues and ideas.</td>
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<tr>
<td>Mathematics</td>
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<tr>
<td>Social Studies</td>
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Missouri Comprehensive Guidance & Counseling Programs:
Linking School Success to Life Success
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<table>
<thead>
<tr>
<th>Science</th>
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<tr>
<td>Health/Physical Education</td>
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<tr>
<td>Fine Arts</td>
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**Unit Essential Questions:**  
How can goals be useful?

**Unit Measurable Learning Objectives:**  
The student will identify strategies for goal setting and planning.

**Unit Instructional Strategies/Instructional Activities:**  
- Direct (Compare & Contrast; Guided & Shared-Reading, Listening, Viewing, Thinking)  
- Indirect (Problem Solving; Reflective Discussion; Concept Formation)  
- Experiential  
- Independent Study  
- Interactive Instruction (Brainstorming; Discussion)

**Unit Summative Assessment (acceptable evidence):**  
Assessment should relate to the performance outcome for goals, objectives and GLE.  
Assessment can be question answer, performance activity, etc.

Students will identify strategies for goal setting and planning.

**Brief Summary of Unit:**  
This unit is designed to teach students basic goal-setting skills needed to become successful learners. Lesson one teaches the student to identify strategies for goal-setting and planning for accomplishing goals in terms of five strategies: 1) Set a goal and make a plan on paper; 2) Tell someone about your plan and get that person’s help to monitor your progress; 3) Put the plan into action-practice; 4) Reward small steps; 5) Revise your plan if it is not working; 6) Keep working until you’ve accomplished the goal.

**What prior knowledge do students need (e.g. the steps to solving a problem) to be successful in this unit?**  
Demonstrate the skills needed to be a successful learner.