Unit #1 Title: That’s How You Do It!  Grade Level: 3

Number of Lessons in Unit: 2

Time Required for each lesson: 30-35 minutes each

Lesson Titles:
Lesson # 1: Help Is On The Way!
Materials/Special Preparations Required:
Study/Test Taking Habits Inventory  
Study/Test Taking BINGO sheet

Lesson # 2: BINGO!
Materials/Special Preparations Required:
Study/Test Taking Habits Inventor  
Study/Test Taking BINGO sheet from previous lesson  
Study/Test Taking BINGO cards (for drawing)  
Pencils/Markers for each student  
Optional: Small reward for students

Missouri Comprehensive Guidance and Counseling Big Idea:
AD.4: Applying Skills Needed for Educational Achievement

Grade Level Expectations (GLEs):
AD.4.A.03: Identify and practice study skills and test taking strategies. (DOK Level - 2)  
AD.4.B.03: Recognize and practice basic time management and organizational skills for assignments and/or task completion. (DOK Level - 2)

American School Counselor Association (ASCA) National Standard:
Academic Development
A: Students will acquire the attitudes, knowledge and skills contributing to effective learning in school and across the lifespan.

Show Me Standards: Performance Goals (check one or more that apply and identify relevant process standards)

| X | Goal 1: Gather, analyze and apply information and ideas  
1. Develop questions and ideas to refine research.  
10. Apply acquired information, ideas, and skills to different contexts as students, workers, citizens, and consumers. |
| X | Goal 2: Communicate effectively within and beyond the classroom  
3. Exchange information, questions, and ideas while recognizing the perspectives of others. |
| X | Goal 3: Recognize and solve problems  
6. Examine problems and proposed solutions from multiple perspectives.  
7. Evaluate the extent to which a strategy addresses the problem. |
| X | Goal 4: Make decisions and act as responsible members of society |
8. Explain reasoning and identify information used to support decisions.
4. Recognize and practice honesty and integrity in academic work and in the workplace.

This lesson supports the development of skills in the following academic content areas.

<table>
<thead>
<tr>
<th>Academic Content Area(s)</th>
<th>Specific Skill(s)</th>
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</thead>
<tbody>
<tr>
<td>X Communication Arts</td>
<td>6. Participating in formal and informal presentations and discussions of issues and ideas.</td>
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<tr>
<td>Mathematics</td>
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<tr>
<td>X Social Studies</td>
<td>7. The use of tools of social science inquiry.</td>
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<tr>
<td>Science</td>
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<tr>
<td>Health/Physical Education</td>
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<tr>
<td>Fine Arts</td>
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Unit Essential Questions:
What skills and strategies help me to complete tasks?

Unit Measurable Learning Objectives:
The student will identify study skills and test taking strategies.
The student will describe the importance of using basic time management and organizational skills for assignments and/or task completion.

Unit Instructional Strategies/Instructional Activities:

- Direct
- X Indirect (Reading for Meaning)
- X Experiential (Games)
- X Independent Study (Assigned Questions)
- X Interactive Instruction (Discussion)

Unit Summative Assessment (acceptable evidence):
Assessment should relate to the performance outcome for goals, objectives and GLEs. Assessment can be question answer, performance activity, etc.

The student will self-assess their proficiency with study skills, test taking strategies, and basic time management and organizational skills.

Brief Summary of Unit:
Students will self-assess their study skills, test taking strategies, and basic time management and organizational skills following classroom discussion. Concepts will be reinforced through a BINGO game.

What prior knowledge do students need (e.g. the steps to solving a problem) to be successful in this unit?
Demonstrate skills needed to complete classroom tasks independently.
Build individual work habits and study skills that apply to a variety of learning situations.