

Name: _____

Home Health Aide

Directions:

Evaluate the student by entering the appropriate number to indicate the degree of competency. The rating for each task should reflect employability readiness rather than the grades given in class.

Student Rating Scale:

- 0 No Exposure** – no experience/knowledge in this area
- 1 Knowledge Received** – area is understood
- 2 Limited Skill** – has exposure, but additional training and supervision is required
- 3 Moderately Skilled** – limited training and supervision may be required, but progress is being made
- 4 Skilled** – no additional training is required; the competency has been mastered and knowledge can be transferred to other applications

0	1	2	3	4	A. The Health Care Delivery System	Notes:
					1. Describe the characteristics and issues in the health care industry	
					2. Describe the characteristics and issues in the home care industry	
					3. Identify the home health disciplines (e.g., physical therapy, occupational therapy, and speech therapy)	
					4. Demonstrate qualities and traits of home health aides	
					5. Apply the ethical and legal standards of the home health care industry (e.g., federal regulations, abuse and neglect, confidentiality)	
					6. Explain the concepts of a living will and advanced directives	
					Other:	

0	1	2	3	4	B. Communication and Observation Skills	Notes:
					1. Communicate effectively with clients, co-workers, and the public	
					2. Demonstrate observation skills	
					3. Demonstrate objective reporting skills	
					4. Demonstrate appropriate and accurate documentation	
					5. Utilize medical terminology and acronyms	
					6. Discuss religious, cultural, and ethnic diversity	
					7. Explain the purpose of client confidentiality	
					8. Maintain client confidentiality (e.g., family / caregiver, spouse, and other home health care personnel)	
					Other:	

0	1	2	3	4	C. Safety	Notes:
					1. Maintain a safe environment for clients, workers, and the public	
					2. Identify safety issues specific to the home environment	
					3. Follow emergency procedures (e.g., fire, flood, earthquake)	

					4. Use appropriate body mechanics	
					5. Demonstrate safe operation of mechanical items	
					6. Identify general medical safety	
					7. Demonstrate basic first aid techniques	
					Other:	

0	1	2	3	4	D. Concepts of Microbiology	Notes:
					1. Describe the growth and control of microorganisms	
					2. Practice medical aseptic techniques	
					3. Practice techniques for prevention and control of communicable disease (e.g., body substance precautions)	
					Other:	

0	1	2	3	4	E. Anatomy and Physiology	Notes:
					1. Describe the body anatomically	
					2. Explain the structure of the body from the simple to the complex	
					3. Explain the structure and functions of the skin and its appendages	
					4. Identify the common diseases and disorders of the skin and its appendages	
					5. Explain the structure and functions of the digestive system	
					6. Identify the common diseases and disorders of the digestive system	
					7. Describe nutrition and its relationship to good health	
					8. Explain the structure and functions of the musculoskeletal system	
					9. Identify the common diseases and disorders of the musculoskeletal system	
					10. Explain the structure and functions of the cardiovascular system	
					11. Identify the common diseases and disorders of the cardiovascular system	
					12. Explain the structure and functions of the respiratory system	
					13. Identify the common diseases and disorders of the respiratory system	
					14. Explain the structure and functions of the nervous system	
					15. Identify the common diseases and disorders of the nervous system	
					16. Explain the structure and functions of the sensory system	
					17. Identify the common diseases and disorders of the sensory system	
					18. Explain the structure and functions of the endocrine system	

					19. Identify the common diseases and disorders of the endocrine system	
					20. Explain the structure and functions of the urinary system	
					21. Identify the common diseases and disorders of the urinary system	
					22. Explain the structure and functions of the reproductive system	
					23. Identify the common diseases and disorders of the reproductive system	
					Other:	

0	1	2	3	4	F. Life Stages	Notes:
					1. Identify the physical, mental, and social changes that occur at the different life stages	
					2. Identify basic human needs	
					3. Assist the dying client with psychological, spiritual, and physical needs	
					4. Incorporate acceptable techniques when caring for the confused client	
					Other:	

0	1	2	3	4	G. Core Procedures for Home Health Aide	Notes:
					1. Administer cardiopulmonary resuscitation (CPR) and the Heimlich maneuver	
					2. Measure vital signs (e.g., temperature, pulse, respirations, blood pressure, and pain assessment)	
					3. Demonstrate proper hand washing techniques	
					4. Demonstrate ambulating a client	
					5. Demonstrate safe transfer techniques	
					6. Demonstrate range of motion and positioning	
					7. Assist with dressing and undressing the client	
					8. Demonstrate a shampoo (e.g., sink, bath, and bed)	
					9. Demonstrate bathing a client (e.g., bed, sponge, shower, and tub)	
					10. Demonstrate nail care	
					11. Demonstrate skin care	
					12. Demonstrate oral care	
					13. Demonstrate proper shaving techniques	
					14. Perform perineal care	
					15. Perform perineal care with a catheter	
					16. Assist with toileting and elimination (e.g., bedpan, urinal, and urine specimen collection)	

					17. Demonstrate accurate measurement of intake and output	
					18. Demonstrate accurate weight measurement	
					19. Apply principles of nutrition (e.g., basic food preparation and purchasing food)	
					20. Demonstrate feeding techniques	
					21. Demonstrate basic housekeeping skills	
					22. Convert U.S. customary measurements to metric measurements	
					Other:	