

**Missouri Comprehensive Guidance and Counseling Program  
Content Area Strand: PS Personal and Social Development  
Grade Level Expectations (GLE) Grades K-2**

Depth of Knowledge – DOK Level 1: Recall Level 2: Skill/Concept Level 3: Strategic Thinking Level 4: Extended Thinking
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<b>Big Idea 1: PS 1 Understanding Self as an Individual and as a Member of Diverse Local and Global Communities</b>			
<b>Concept</b>	<b>GLE – Grade K</b>	<b>GLE – Grade 1</b>	<b>GLE – Grade 2</b>
<b>A. Self-Concept</b>	Identify basic feelings. DOK: Level 1	Identify a variety of feelings. DOK: Level 1	Express a variety of feelings. DOK: Level 2
<b>B. Balancing Life Roles</b>	Identify personal roles in the family. DOK: Level 1	Identify personal roles in the school. DOK: Level 1	Identify personal roles in the community. DOK: Level 1
<b>C. Being a Contributing Member of a Diverse Global Community</b>	Identify character traits needed for different situations. DOK: Level 1	Recognizing personal character traits. DOK: Level 1	Compare and contrast character traits needed for different situations. DOK: Level 3
<b>Big Idea 2: PS 2 Interacting With Others in Ways That Respect Individual and Group Differences</b>			
<b>A. Quality relationships</b>	Demonstrate how to be a friend. DOK: Level 2	Demonstrate the ability to be a friend. DOK: Level 2	Identify and demonstrate the interpersonal skills needed to make and keep a friend. DOK: Level 4
<b>B. Respect for Self and Others</b>	Identify similarities and differences between self and others. DOK: Level 2	Identify similarities and differences among students within the school community. DOK: Level 2	Identify similarities and differences among families and their traditions. DOK: Level 2
<b>C. Personal Responsibility in Relationships</b>	Identify feelings of others. DOK: Level 1	Express feelings effectively, both verbally and non-verbally. DOK: Level 2	Identify the steps of solving problems and conflicts with others. DOK: Level 1
<b>Big Idea 3: PS 3 Applying Personal Safety Skills and Coping Strategies</b>			
<b>A. Safe and Healthy Choices</b>	Identify safe and healthy choices at home and school. DOK: Level 1	Identify steps of problem solving and decision making for personal safety. DOK: Level 1	Practice the steps of problem solving and decision making for personal safety. DOK: Level 3
<b>B. Personal Safety of Self and Others</b>	Identify safe/unsafe situations. DOK: Level 1	Identify personal safety strategies. DOK: Level 1	Apply personal safety strategies as they relate to different situations. DOK: Level 4
<b>C. Coping Skills</b>	Identify different life changes or events. DOK: Level 1	Recognize the effects of life changes or events related to self. DOK: Level 1	Recognize the effects of life changes or events related to self and others. DOK: Level 1

Depth of Knowledge – DOK  
 Level 1: Recall  
 Level 2: Skill/Concept  
 Level 3: Strategic Thinking  
 Level 4: Extended Thinking

**Missouri Comprehensive Guidance and Counseling Program**  
**Content Area Strand: PS Personal and Social Development**  
**Grade Level Expectations (GLE) Grades 3-5**

<b>Big Idea 1: PS 1 Understanding Self as an Individual and as a Member of Diverse Local and Global Communities</b>			
<b>Concept</b>	<b>GLE – Grade 3</b>	<b>GLE – Grade 4</b>	<b>GLE – Grade 5</b>
<b>A. Self-Concept</b>	Identify positive characteristics and areas for personal growth. DOK: Level 1	Recognize positive self-talk and communicate personal thoughts and feelings. DOK: Level 1	Demonstrate the personal characteristics to maintain a positive self-concept. DOK: Level 2
<b>B. Balancing Life Roles</b>	Reflect on personal roles at home and at school and identify responsibilities. DOK: Level 2	Reflect on personal roles in the community and identify responsibilities as a community member. DOK: Level 2	Develop strategies to balance family, school, and community roles. DOK: Level 3
<b>C. Being a Contributing Member of a Diverse Global Community</b>	Identify the personal characteristics needed to contribute to the classroom. DOK: Level 1	Identify the personal characteristics that contribute to the school community. DOK: Level 1	Demonstrate personal characteristics of a contributing member of the school community. DOK: Level 2
<b>Big Idea 2: PS 2 Interacting With Others in Ways That Respect Individual and Group Differences</b>			
<b>A. Quality relationships</b>	Identify the interpersonal skills necessary to build quality relationships. DOK: Level 2	Demonstrate respect for others' personal opinions and ideas. DOK: Level 2	Exhibit mutual respect and compromise in relationships. DOK: Level 4
<b>B. Respect for Self and Others</b>	Recognize and respect the differences between personal culture and other cultures. DOK: Level 2	Recognize and respect diverse groups within the school and community. DOK: Level 2	Demonstrate respect for individuals within diverse groups. DOK: Level 3
<b>C. Personal Responsibility in Relationships</b>	Apply the steps of solving problems and conflicts with others. DOK: Level 3	Identify and practice the skills used to compromise in a variety of situations. DOK: Level 3	Review and implement strategies to resolve problems and conflicts successfully. DOK: Level 4
<b>Big Idea 3: PS 3 Applying Personal Safety Skills and Coping Strategies</b>			
<b>A. Safe and Healthy Choices</b>	Apply effective problem-solving, decision-making, and refusal skills to make safe and healthy life choices at school. DOK: Level 4	Apply effective problem-solving, decision-making, and refusal skills to make safe and healthy choices in various life situations. DOK: Level 4	Evaluate peer influence on problem-solving and decision-making skills. DOK: Level 4
<b>B. Personal Safety of Self and Others</b>	Identify issues that impact personal safety. DOK: Level 1	Describe different types of violence and harassment, and identify strategies for intervention. DOK: Level 3	Apply personal safety strategies as they relate to violence and harassment. DOK: Level 4
<b>C. Coping Skills</b>	Identify coping skills for managing life changes or events. DOK: Level 1	Utilize coping skills for managing life changes or events. DOK: Level 3	Evaluate various coping skills for managing life changes or events. DOK: Level 4

**Missouri Comprehensive Guidance and Counseling Program  
Content Area Strand: PS Personal and Social Development  
Grade Level Expectations (GLE) Grades 6-8**

Depth of Knowledge – DOK Level 1: Recall Level 2: Skill/Concept Level 3: Strategic Thinking Level 4: Extended Thinking
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<b>Big Idea 1: PS 1 Understanding Self as an Individual and as a Member of Diverse Local and Global Communities</b>			
<b>Concept</b>	<b>GLE – Grade 6</b>	<b>GLE – Grade 7</b>	<b>GLE – Grade 8</b>
<b>A. Self-Concept</b>	Identify individual strengths and areas for personal growth and good citizenship. DOK: Level 2	Demonstrate understanding of individual strengths and personal challenges and how they relate to a positive self-concept. DOK: Level 2	Identify thoughts and feelings and how they relate to self-concept. DOK: Level 2
<b>B. Balancing Life Roles</b>	Identify and develop personal planning strategies to manage individual, family, and school responsibilities. DOK: Level 3	Apply personal planning strategies to balance individual, family, and school responsibilities. DOK: Level 4	Recognize the different roles and responsibilities people play in the family, school, and community, and how those roles and responsibilities are interrelated. DOK: Level 4
<b>C. Being a Contributing Member of a Diverse Global Community</b>	Demonstrate skills needed to participate in team building. DOK: Level 2	Identify and practice ways to be a contributing group member. DOK: Level 2	Recognize personal ways for the individual to contribute as a member of the school community. DOK: Level 1
<b>Big Idea 2: PS 2 Interacting With Others in Ways That Respect Individual and Group Differences</b>			
<b>A. Quality relationships</b>	Identify interpersonal skills needed to maintain quality relationships. DOK: Level 1	Practice effective interpersonal skills in a variety of social situations. DOK: Level 3	Self-assess interpersonal skills that will help maintain quality relationships. DOK: Level 3
<b>B. Respect for Self and Others</b>	Identify and develop strategies to promote acceptance and respect in the school and community. DOK: Level 3	Promote acceptance and respect for individual differences. DOK: Level 4	Apply strategies that promote acceptance and respect of others within the global community. DOK: Level 4
<b>C. Personal Responsibility in Relationships</b>	Apply problem-solving and conflict-resolution skills to new challenges. DOK: Level 4	Practice problem-solving and conflict-resolution skills. DOK: Level 2	Exhibit an awareness of personal responsibility in conflict situations. DOK: Level 2
<b>Big Idea 3: PS 3 Applying Personal Safety Skills and Coping Strategies</b>			
<b>A. Safe and Healthy Choices</b>	Identify problem-solving, decision-making, and refusal skills needed to make safe/healthy choices in social situations. DOK: Level 2	Utilize effective problem-solving, decision-making and refusal skills needed to make safe/healthy choices in social situations. DOK: Level 4	Recognize peer influence on risk-taking behaviors and consequences. DOK: Level 2
<b>B. Personal Safety of Self and Others</b>	Identify behaviors that compromise personal safety of self and others. DOK: Level 2	Develop strategies to maintain personal safety. DOK: Level 3	Apply strategies related to personal safety issues. DOK: Level 4
<b>C. Coping Skills</b>	Review and revise strategies to cope with life-changing events. DOK: Level 3	Apply coping skills to manage life-changing events. DOK: Level 4	Evaluate coping skills to manage life-changing events. DOK: Level 4

**Missouri Comprehensive Guidance and Counseling Program  
Content Area Strand: PS Personal and Social Development  
Grade Level Expectations (GLE) Grades 9-12**

Depth of Knowledge – DOK Level 1: Recall Level 2: Skill/Concept Level 3: Strategic Thinking Level 4: Extended Thinking
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<b>Big Idea 1: PS 1 Understanding Self as an Individual and as a Member of Diverse Local and Global Communities</b>				
<b>Concept</b>	<b>GLE – Grade 9</b>	<b>GLE – Grade 10</b>	<b>GLE – Grade 11</b>	<b>GLE - Grade 12</b>
<b>A. Self-Concept</b>	Develop skills needed to maintain a positive self-concept. DOK: Level 2	Implement skills necessary to exhibit and maintain a positive self-concept. DOK: Level 3	Practice and modify the skills necessary to exhibit and maintain a positive self-concept. DOK: Level 3	Utilize the skills necessary to exhibit and maintain a life-long positive self-concept. DOK: Level 4
<b>B. Balancing Life Roles</b>	Recognize increased roles and responsibilities of the individual student within the family, school, and local community. DOK: Level 2	Prioritize roles and responsibilities and implement strategies in order to balance family, school, work, and local communities. DOK: Level 3	Identify and utilize resources to help balance family, school, work, and local community roles. DOK: Level 3	Exhibit the ability to balance personal, family, school, community, and work roles. DOK: Level 4
<b>C. Being a Contributing Member of a Diverse Global Community</b>	Identify activities the individual student might participate in to become a contributing member of a school community. DOK: Level 2	Identify and participate in activities that help the individual student become a contributing member of a global community. DOK: Level 3	Build upon activities and experiences that help the individual student become a contributing member of a global community. DOK: Level 3	Exhibit the personal characteristics of a contributing member of a diverse community. DOK: Level 4
<b>Big Idea 2: PS 2 Interacting With Others in Ways That Respect Individual and Group Differences</b>				
<b>A. Quality Relationships</b>	Demonstrate the ability to use interpersonal skills needed to maintain quality relationships. DOK: Level 2	Practice interpersonal skills in order to help maintain quality relationships. DOK: Level 3	Apply interpersonal skills needed to maintain quality relationships. DOK: Level 3	Exhibit the interpersonal skills to maintain quality relationships. DOK: Level 4
<b>B. Respect for Self and Others</b>	Explore cultural identity and world views within the community. DOK: Level 2	Promote acceptance and respect for cultural differences within the global community. DOK: Level 3	Exhibit respect for different cultures and points of view. DOK: Level 4	Advocate respect for individuals and groups. DOK: Level 4
<b>C. Personal Responsibility in Relationships</b>	Identify personal responsibility in conflict situations, while continuing to apply problem-solving and conflict-resolution skills. DOK: Level 3	Self-assess personal problem-solving and conflict-resolution skills to enhance relationships with others. DOK: Level 3	Accept personal responsibility in conflict situations. DOK: Level 4	Utilize and accept personal responsibility in relationships with others. DOK: Level 4
<b>Big Idea 3: PS 3 Applying Personal Safety Skills and Coping Strategies</b>				
<b>A. Safe and Healthy Choices</b>	Identify problem-solving, decision-making, and refusal skills needed to make safe and healthy life choices. DOK: Level 2	Utilize decision-making skills to evaluate risk-taking behavior. DOK: Level 3	Analyze the impact of personal decisions on the safety and health of self and others. DOK: Level 4	Utilize decision-making skills to make safe and healthy life choices. DOK: Level 4
<b>B. Personal Safety of Self and Others</b>	Identify and utilize resources available that address personal safety issues. DOK: Level 2	Evaluate and review resources that address personal safety issues. DOK: Level 3	Demonstrate skills that reinforce a safe environment for all students. DOK: Level 4	Advocate for the personal safety of self and others. DOK: Level 4
<b>C. Coping Skills</b>	Identify resources that can help manage life changes or events. DOK: Level 2	Analyze and refine individual coping skills to manage life-changing events. DOK: Level 3	Apply individual coping skills to manage life-changing events. DOK: Level 3	Exhibit coping skills to manage life-changing events. DOK: Level 4