

Depth of Knowledge – DOK
 Level 1: Recall
 Level 2: Skill/Concept
 Level 3: Strategic Thinking
 Level 4: Extended Thinking

Missouri Comprehensive Guidance and Counseling Program
Content Area Strand: PS Personal and Social Development
Grade Level Expectations (GLE) Grades 3-5

Big Idea 1: PS 1 Understanding Self as an Individual and as a Member of Diverse Local and Global Communities			
Concept	GLE – Grade 3	GLE – Grade 4	GLE – Grade 5
A. Self-Concept	Identify positive characteristics and areas for personal growth. DOK: Level 1	Recognize positive self-talk and communicate personal thoughts and feelings. DOK: Level 1	Demonstrate the personal characteristics to maintain a positive self-concept. DOK: Level 2
B. Balancing Life Roles	Reflect on personal roles at home and at school and identify responsibilities. DOK: Level 2	Reflect on personal roles in the community and identify responsibilities as a community member. DOK: Level 2	Develop strategies to balance family, school, and community roles. DOK: Level 3
C. Being a Contributing Member of a Diverse Global Community	Identify the personal characteristics needed to contribute to the classroom. DOK: Level 1	Identify the personal characteristics that contribute to the school community. DOK: Level 1	Demonstrate personal characteristics of a contributing member of the school community. DOK: Level 2
Big Idea 2: PS 2 Interacting With Others in Ways That Respect Individual and Group Differences			
A. Quality relationships	Identify the interpersonal skills necessary to build quality relationships. DOK: Level 2	Demonstrate respect for others' personal opinions and ideas. DOK: Level 2	Exhibit mutual respect and compromise in relationships. DOK: Level 4
B. Respect for Self and Others	Recognize and respect the differences between personal culture and other cultures. DOK: Level 2	Recognize and respect diverse groups within the school and community. DOK: Level 2	Demonstrate respect for individuals within diverse groups. DOK: Level 3
C. Personal Responsibility in Relationships	Apply the steps of solving problems and conflicts with others. DOK: Level 3	Identify and practice the skills used to compromise in a variety of situations. DOK: Level 3	Review and implement strategies to resolve problems and conflicts successfully. DOK: Level 4
Big Idea 3: PS 3 Applying Personal Safety Skills and Coping Strategies			
A. Safe and Healthy Choices	Apply effective problem-solving, decision-making, and refusal skills to make safe and healthy life choices at school. DOK: Level 4	Apply effective problem-solving, decision-making, and refusal skills to make safe and healthy choices in various life situations. DOK: Level 4	Evaluate peer influence on problem-solving and decision-making skills. DOK: Level 4
B. Personal Safety of Self and Others	Identify issues that impact personal safety. DOK: Level 1	Describe different types of violence and harassment, and identify strategies for intervention. DOK: Level 3	Apply personal safety strategies as they relate to violence and harassment. DOK: Level 4
C. Coping Skills	Identify coping skills for managing life changes or events. DOK: Level 1	Utilize coping skills for managing life changes or events. DOK: Level 3	Evaluate various coping skills for managing life changes or events. DOK: Level 4