

Product Code Number	Product Description	Case Weight (lbs)	Serving Size (oz)	Portions per Serving	Svgs per Case	Calories	Calories From Fat	% Cal From Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (% DV)	Vitamin C (% DV)	Calcium (% DV)	Iron (%DV)	CN Number (if applicable)	Meat/M A Credit	Veg Credit	Bread Svgs Credit
1230	Fully Cooked Diced Chicken	30	2.72	N/A	176	94	27	29%	3	0.56	0	54	195	1	0	0	16	38	1	9	1	CN Statement on File	2.00	N/A	0.00
1325	Chicken Fajita Strips	30	2.45	N/A	195	67	18	27%	2	0	0	36	427	1	0	0	11	73	0	15	1	82562	2.00	N/A	0.00
1330	Dark Meat Chicken Strips **	30	2.46	N/A	195	120	45	38%	5	1	0	105	370	1	0	1	15	44	2	10	1	85022	2.00	N/A	0.00
1332	Dark Meat Chicken Strips with Teriyaki Sauce **	28	3.46	N/A	130	120	45	38%	5	1	0	105	580	6	0	6	15	44	2	15	1	85509	2.00	N/A	0.00
1333	Dark Meat Chicken Strips with Orange Sauce **	28	3.46	N/A	130	120	45	38%	5	1	0	105	590	11	0	11	15	69	2	15	1	85017	2.00	N/A	0.00
6153	Homestyle Breaded Nugget (5 pc)	30	3.04	5	156	216	108	50%	12	2	0	62	400	13	2	1	14	127	11	29	2	84896	2.00	N/A	1.00
6173	Lite Breaded Chicken Nugget (5 pc)	30	2.62	5	180	164	72	44%	8	2	0	48	356	9	2	0	14	123	1	22	2	86397	2.00	N/A	0.50
6253	Homestyle Breaded Chicken Tender (3 pc)	30	3.06	3	156	171	72	42%	8	2	0	50	398	9	2	0	15	128	1	22	2	84901	2.00	N/A	1.00
6353	Breakfast Patties Homestyle Breaded	30	1.63	1	294	80	36	45%	4	1	0	23	195	4	0	0	7	59	0	10	1	84902	1.00	N/A	0.50
6373	Breakfast Patties Lite Homestyle Breaded	30	1.40	1	336	80	36	45%	4	1	0	24	175	4	0.5	0	7	60	0	11	1	85651	1.00	N/A	0.25
6654	Homestyle Breaded Chicken Pattie	30	3.05	1	156	171	72	42%	8	2	0	50	396	9	2	0	15	127	1	22	2	84905	2.00	N/A	1.00
6673	Lite Breaded Chicken Patties	30	2.65	1	180	164	72	44%	8	2	0	48	356	9	1	0	14	123	1	22	2	85655	2.00	N/A	0.50
7516	Breaded Fully Cooked Breast Filet **	30	4.00	2	120	216	72	33%	8	1	0	45	576	16	2	1	20	188	0	21	1	CN Statement on File	2.00	N/A	1.00
7517	Breaded Fully Cooked Spicy Breast Filet **	30	1.00	1	120	216	72	33%	8	1	0	45	534	16	3	1	18	174	0	18	1	CN Statement on File	2.00	N/A	1.00
7518	Breaded Fully Cooked Breast Chunks **	30	3.75	5	128	208	72	35%	8	1	0	42	546	15	2	1	19	178	0	20	1	CN Statement on File	2.00	N/A	1.00
7520	Grill Marked Cooked Breast Fillet	20	3.00	1	106	98	18	18%	2	1	0	56	417	1	0	0	19	26	1	7	1	CN Statement on File	2.25	N/A	0.00
7916	Popcorn Chicken - Homestyle Breaded with Serving Cups	20	3.08	14	103	211	81	38%	9	2	0	47	400	13	2	1	15	112	1	16	2	84924	2.00	N/A	1.00
26276	Sweet BBQ Glazed Chicken Nuggets	30	3.10	5	155	165	81	49%	9	2	0	42	353	9	0	2	15	114	1	18	1	74754	2.00	N/A	0.00
26624	Grilled Chicken Pattie	30	2.5	1	192	95	36	38%	4	1	0	42	312	1	0	0	15	95	1	15	1	74569	2.00	N/A	0.00
49913	Sticks - Homestyle Breaded (5 pc)	30	3.67	5	130	224	108	48%	12	3	0	45	434	11	2	0	18	116	0	16	2	87517	2.00	N/A	1.00
49918	Breaded Chicken Ring Things (5 pc)	30	3.475	5	136	207	99	48%	11	2	0	108	352	11	2	0	16	87	0	23	1	87328	2.00	N/A	1.00
61118	Savory Roasted Chicken Nugget (5 pc)	30	2.46	5	192	117	54	46%	6	1	0	42	360	2	0	1	15	95	1	15	1	85023	2.00	N/A	0.00
61210	Golden Breaded Chicken Nugget (5 pc)	30	3.04	5	158	216	108	50%	12	2	0	62	370	13	2	1	14	73	11	29	2	85005	2.00	N/A	1.00
61660	Spicy Breaded Chicken Nugget (5 pc)	30	3.04	5	156	184	72	39%	8	2	0	50	236	13	1	0	15	163	11	21	2	84894	2.00	N/A	1.00
62118	Savory Roasted Chicken Tender (4 pc)	30	2.66	4	180	117	54	46%	6	1	0	42	360	2	0	1	15	95	1	15	1	85019	2.00	N/A	0.00
62210	Golden Breaded Chicken Tender (3 pc)	30	3.06	3	156	216	108	50%	12	2	0	62	370	13	2	1	14	73	11	29	2	85011	2.00	N/A	1.00
62660	Spicy Breaded Chicken Tender (3 pc)	30	3.06	3	156	184	72	39%	8	2	0	50	236	13	1	0	15	163	1	21	2	84890	2.00	N/A	1.00
63210	Breakfast Patties Golden Breaded	30	1.63	1	294	115	36	31%	4	1	0	33	198	7	1	0.5	7	39	6	15	1	86367	1.00	N/A	0.50
66210	Golden Breaded Chicken Pattie	30	3.05	1	156	216	108	50%	12	2	0	62	370	13	2	1	14	73	11	29	2	81026	2.00	N/A	1.00
66218	Savory Roasted Chicken Pattie	30	2.51	1	186	117	54	46%	6	1	0	42	360	2	0	1	15	95	1	15	1	85013	2.00	N/A	0.00
66660	Spicy Breaded Chicken Pattie	30	3.05	1	156	184	72	39%	8	2	0	50	236	13	1	0	15	163	1	21	2	84885	2.00	N/A	1.00
66661	Patties - Spicy Breaded with Foil Serving Bags	30	3.05	1	156	184	72	39%	8	2	0	50	236	13	1	0	15	163	1	21	2	84888	2.00	N/A	1.00
69160	Homestyle Breaded Popcorn Chicken	20	3.08	14	103	211	81	38%	9	2	0	47	400	13	2	1	15	112	1	16	2	84927	2.00	N/A	1.00
110452	Popcorn Smackers - Homestyle Breaded	30	4.30	10	108	269	117	43%	13	3	0	60	590	20	3	0	18	168	1	17	2	86399	2.00	N/A	1.00
110458	Homestyle Breaded Popcorn Smackers	30	4.30	10	108	269	117	43%	13	3	0	60	590	20	3	0	18	168	1	17	2	Pending	2.00	N/A	1.00
7812	Breaded Chicken 8 Piece Parts	35	id & wing	3	80	215	117	54%	13	3	0	41	591	11	1	0	12	78	1	12	1	CN Statement on File	2.00	N/A	1.00
8820	Roasted Chicken 8 Piece Parts	30	id & wing	3	92	170	90	53%	10	3.5	0	100	95	0	0	0	19	105	1	1	1	CN Statement on File	2.00	N/A	0.00
88013	Roasted Breast & Thighs	30	1 B, 1 T	2	84	170	90	53%	10	3.5	0	100	95	0	0	0	19	105	1	1	1	CN Statement on File	2.00	N/A	0.00



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label.

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC Diced Chicken

CODE NUMBER: 1230 Case Wt: 30# CN# None Donated Food/Case: 36# Standard Yield: 83%

SERVING SIZE: 2.72 OZ Servings/Case 176 Contribution: 2 MMA Serving n/a Bread Serving

UPC Code: 41723-00230-5 Gross Cs Wt. 31.87 Cube: 1.48 Case Dim: 17.06L x 13.06W x 11.44H Pallet: 8T x 7H Cases/Pallet: 56

BID DESCRIPTIONS

Oven roasted fully cooked 1/2" diced marinated whole muscle chicken produced from USDA A522 natural proportion white and dark meat commodity chicken. Product is to be cut 1/2" cube and IQF frozen. One serving to equal 2.72 ounces. Product to provide zero grams trans fat.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	94	Carbohydrates (g)	1
Fat (g)	3	Dietary Fiber (g)	0
Saturated Fat (g)	1	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	16
Cholesterol (mg)	54		

Vitamins

Vitamin A-IU (IU)	38
Vitamin C (mg)	1

Minerals

Sodium (mg)	195
Calcium (mg)	9
Iron (mg)	1

Everett Kuglar- Director of School Foodservice

1/15/2013

Date



1230

Fully Cooked

Diced 1/2" Dark and White Chicken Meat

INGREDIENTS: Thigh and Breast Meat, Water, Modified Potato Starch, Salt and Sodium Phosphates.



Product of USA
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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven: 8-10 minutes at 350°F;
Convection Oven: 6-8 minutes at 350°F. Appliances vary, adjust cook times accordingly.



(01) 1 00 41723 00230 5



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label.

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

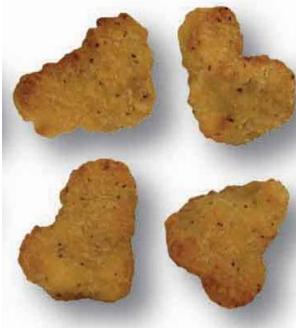
PRODUCT NAME: FC CN Whole Grain Breaded Popcorn Chicken Smackers

CODE NUMBER: 110452 Case Wt: 30# CN# 086399 Donated Food/Case: 29.975# Standard Yield: 100%

SERVING SIZE: 4.3 oz Servings/Case 108 Contribution: 2 MMA Serving 1 Grain Serving*

*Calculation for grains based on 16 grams creditable per ounce.

UPC #: 75632-10452-2 Gross Cs Wt: 31.87 Case Dim: 17.1L x 13.1W x 12.6H Cube: 1.63 Pallet: Ti 8 Hi 6 Cs/Pallet: 48 Shelf Life 365 days



BID DESCRIPTIONS

Whole Grain Breaded fully cooked CN labeled popcorn chicken produced from USDA 100103 natural proportion white and dark meat commodity chicken. No added soy products. Popcorn to be batter breaded with whole Grain and enriched wheat flour breader. 10 popcorn pieces @ 0.43 oz each guaranteed by CN label to provide 2 ounces meat/meat alternative and 1 Grain servings. Product to provide zero grams trans fats.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	269	Carbohydrates (g)	20
Fat (g)	13	Dietary Fiber (g)	3
Saturated Fat (g)	3	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	18
Cholesterol (mg)	60	Whole Grains (g)	8

Vitamins

Vitamin A-IU (IU)	168
Vitamin C (mg)	1

Minerals

Sodium (mg)	590
Calcium (mg)	17
Iron (mg)	2

Everett Kuglar

Everett Kuglar - Director of School Foodservice

1/15/13

Date



NET WT. 30 LBS.
MIN. 1080 PCS.
KEEP FROZEN

Fully Cooked

110452

Whole Grain Large Popcorn Style Chicken

Breaded Popcorn Shaped Chicken

INGREDIENTS: Chicken, Water, Modified Food Starch, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, **Breaded With:** Whole Wheat Flour, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Disodium Inosinate and Disodium Guanylate, Onion Powder, Spice, Yeast, Garlic Powder, Maltodextrin, Sugar, Soy Sauce (Fermented Soybeans, Wheat, Salt), Extractives of Paprika, Yeast Extract. **Battered With:** Water, Whole Wheat Flour, Modified Corn Starch, Salt, Onion Powder, Garlic Powder, Nonfat Milk, Whey, Disodium Inosinate and Disodium Guanylate. **Preduced With:** Whole Wheat Flour, Modified Corn Starch, Salt, Spice Extractive.

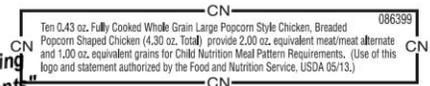
CONTAINS: MILK, SOY AND WHEAT

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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 10-12 minutes at 350°F; Convection Oven for 6-8 minutes at 350°F. Appliances vary, adjust cook times accordingly.



(01)1 00 75632 10452 2



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label.

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC CN Whole Grain Breaded Dark Meat Popcorn Chicken Smackers

CODE NUMBER: 110458 Case Wt: 30# CN# TBD Donated Food/Case: TBD Standard Yield: TBD

SERVING SIZE: 4.3 oz Servings/Case 108 Contribution: 2 M/MA Serving 1 Grain Serving*

*Calculation for grains based on 16 grams creditable per ounce.

UPC #: 75632-10458 Gross Cs Wt: 31.87 Case Dim: 17.1Lx13.1x12.6H Cube: 1.63 Pallet: Ti 8 Hi 6 Cs/Pallet: 48 Shelf Life 365 days



BID DESCRIPTIONS

Whole Grain Breaded fully cooked CN labeled popcorn chicken produced from USDA 100103 dark meat commodity chicken. No added soy products. Popcorn to be batter breaded with whole Grain and enriched wheat flour breader. 10 popcorn pieces @ 0.43 oz each guaranteed by CN label to provide 2 ounces meat/meat alternative and 1 Grain servings. Product to provide zero grams trans fats.

NUTRIENT INFORMATION - Preliminary

Basic Components

Calories (kcal)	269	Carbohydrates (g)	20
Fat (g)	13	Dietary Fiber (g)	3
Saturated Fat (g)	3	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	18
Cholesterol (mg)	60	Whole Grains (g)	8

Vitamins

Vitamin A-IU (IU)	168
Vitamin C (mg)	1

Minerals

Sodium (mg)	590
Calcium (mg)	17
Iron (mg)	2

Everett Kuglar - Director of School Foodservice

9/30/13

Date



Fully Cooked

110458

Whole Grain Large Popcorn Style Chicken

Breaded Popcorn Shaped Chicken Patties

INGREDIENTS: Chicken, Water, Modified Food Starch, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates. **Breaded With:** Whole Wheat Flour, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Disodium Inosinate and Disodium Guanylate, Onion Powder, Spice, Yeast, Garlic Powder, Maltodextrin, Sugar, Soy Sauce (Fermented Soybeans, Wheat, Salt), Extractives of Paprika, Yeast Extract. **Battered With:** Water, Whole Wheat Flour, Modified Corn Starch, Salt, Onion Powder, Garlic Powder, Nonfat Milk, Whey, Disodium Inosinate and Disodium Guanylate. **Predusted With:** Whole Wheat Flour, Modified Corn Starch, Salt, Spice Extractive.

CONTAINS: MILK, SOY AND WHEAT

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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 10-12 minutes at 350°F;
Convection Oven for 6-8 minutes at 350°F. Appliances vary, adjust cook times accordingly.



(1) 1 00 75632 110458

Sample Product Formulation Statement (Product Analysis) for Meat/Meat Alternate (M/MA) Products

Child Nutrition Program operators should include a copy of the label from the purchased product carton in addition to the following information on letterhead signed by an official company representative.

Product Name: FC White/Dark Diced Chicken Code No.: 1230

Manufacturer: Pilgrims Case/Pack/Count/Portion/Size: 30 # case wt.

Approx 176 servings/case

I. Meat/Meat Alternate

Please fill out the chart below to determine the creditable amount of Meat/Meat Alternate

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Servings Per Unit	Creditable Amount *
White/Dark Meat chicken	2.87 oz	X	70%	
		X		
		X		
A. Total Creditable M/MA Amount¹				2.00

*Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

II. Alternate Protein Product (APP)

If the product contains APP, please fill out the chart below to determine the creditable amount of APP. If APP is used, you must provide documentation as described in Attachment A for each APP used.

Description of APP, manufacture's name, and code number	Ounces Dry APP Per Portion	Multiply	% of Protein As-Is*	Divide by 18**	Creditable Amount APP***
		X		÷ by 18	
		X		÷ by 18	
		X		÷ by 18	
B. Total Creditable APP Amount¹					
C. TOTAL CREDITABLE AMOUNT (A + B rounded down to nearest 1/4 oz)					

*Percent of Protein As-Is is provided on the attached APP documentation.

**18 is the percent of protein when fully hydrated.

***Creditable amount of APP equals ounces of Dry APP multiplied by the percent of protein as-is divided by 18.

¹Total Creditable Amount must be rounded down to the nearest 0.25oz (1.49 would round down to 1.25 oz meat equivalent). Do not round up. If you are crediting M/MA and APP, you do not need to round down in box A (Total Creditable M/MA Amount) until after you have added the Total Creditable APP Amount from box B to box C.

Total weight (per portion) of product as purchased 2.72 oz

Total creditable amount of product (per portion) 2.00 oz

(Reminder: Total creditable amount cannot count for more than the total weight of product.)

I certify that the above information is true and correct and that a 2.72 ounce serving of the above product (ready for serving) contains 2.0 ounces of equivalent meat/meat alternate when prepared according to directions.

I further certify that any APP used in the product conforms to the Food and Nutrition Service Regulations (7 CFR Parts 210, 220, 225, 226, Appendix A) as demonstrated by the attached supplier documentation.

Reid Lilly
Signature

Sr. Food Technologist
Title

Reid Lilly
Printed Name

11/12/13
Date

256-840-1211
Phone Number



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label or 3 oz. edible portion on bulk items.

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC CN Chicken Fajita Strips w/ ISP with Grill Marks

CODE NUMBER: 1325 Case Wt: 30# CN# 082562 Donated Food/Case: 36# Standard Yield: 83%

SERVING SIZE: 2.45 oz Servings/Case 195 Contribution: 2 M/MA Serving n/a Bread Serving

UPC Code: 41723-00325-8 Gross Cs Wt. 31.73 Cube: 1.68 Case Dim: 17.1L x 13.1W x 9.5 Pallet: 8T x 8H Cases/Pallet: 64

BID DESCRIPTIONS

Oven roasted fully cooked fajita flavor marinated whole muscle chicken strips produced from USDA A522 natural proportion white and dark meat commodity chicken. Product is to have heat applied grill marks for added flavor and appearance. Product is to be well seasoned with a southwest fajita style seasoning. Product is to be cut into natural strips and IQF frozen. 2.45 ounces of fajita meat guaranteed by CN label to provide 2 ounces meat/ meat alternative. Product to provide zero grams trans fat.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	67	Carbohydrates (g)	1
Fat (g)	2	Dietary Fiber (g)	0
Saturated Fat (g)	0	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	11
Cholesterol (mg)	36		

Vitamins

Vitamin A-IU (IU)	73
Vitamin C (mg)	0

Minerals

Sodium (mg)	427
Calcium (mg)	15
Iron (mg)	1

Everett Kuglar- Director of School Foodservice

1/15/13

Date

Plant # P-17980, Sumter, SC



1325 325

Fully Cooked

Fajita Boneless, Skinless Chicken Strips

Dark Meat & Breast Meat with Rib Meat

INGREDIENTS: Boneless, Skinless Dark and White Chicken Meat, Water, Seasoning (Salt, Maltodextrin, Isolated Soy Protein, Modified Tapioca Starch, Sodium Tripolyphosphate, Spices, Torula Yeast, Dehydrated Garlic, Dehydrated Onion, Mesquite Smoke Flavor, Spice Extractives, Disodium Inosinate, Disodium Guanylate), Starch (Starch, Non-Fat Dry Milk), Citric Acid.
CONTAINS: MILK AND SOY

CN 082562
Each 2.45 oz. Fully Cooked Chicken Strip provides 2.00 oz. equivalent meat for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 11/12.)
CN

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pilgrims

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Product of USA

HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 8-10 minutes at 350°F;
Convection Oven for 6-8 minutes at 350°F. Appliances vary, adjust cook times accordingly.



(01) 1 00 41723 00325 8



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label.

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC CN DARK MEAT Chicken MENU Strips with Grill Marks

CODE NUMBER: 1330 Case Wt: 30# CN# 085022 Donated Food/Case: 51.136# Standard Yield: 58.6%

SERVING SIZE: 2.46 oz Servings/Case 195 Contribution: 2 M/MA Serving 0 Grain Serving

UPC Code: 77013-01330-0 Gross Cs Wt. 31.87 Cube: 1.48 Case Dim: 17.06L x 13.06W x 9.5H Pallet: 8T x 8H Cases/Pallet: 64 Shelf Life 365 days

BID DESCRIPTIONS

Oven roasted fully cooked marinated Dark Meat whole muscle chicken strips produced from USDA 100103 dark meat commodity chicken. Product is to have heat applied grill marks for added flavor and appearance. Product is to be lightly seasoned for use in a variety of recipe profiles. Product is to be cut into natural strips and IQF frozen. 2.48 ounces of dark meat chicken guaranteed by CN label to provide 2 ounces meat/ meat alternative. Product to provide zero grams trans fat.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	120	Carbohydrates (g)	1
Fat (g)	5	Dietary Fiber (g)	0
Saturated Fat (g)	1	Total Sugars (g)	1
Trans Fatty Acid (g)	0	Protein (g)	15
Cholesterol (mg)	105		

Vitamins

Vitamin A-IU (IU)	44
Vitamin C (mg)	2

Minerals

Sodium (mg)	370
Calcium (mg)	10
Iron (mg)	1

Everett Kuglar- Director of School Foodservice

1/15/13

Date

Plant # P-17980, Sumter, SC

1330 325



NET WT. 30 LBS.
KEEP FROZEN

Fully Cooked

Menu Chicken Boneless, Skinless Chicken Strips Dark Meat

INGREDIENTS: Boneless Skinless Dark Chicken Meat, Water, Seasoning (Maltodextrin, Hydrolyzed Corn Protein, Salt, Dextrose, Sugar, Dehydrated Onion, Garlic Powder, Natural Flavors, Cooked Chicken, Spices, Dried Chicken Skin, Dried Chicken, Chicken Broth, Disodium Inosinate and Disodium Guanylate), Starch (Modified Food Starch, Nonfat Dry Milk), Sodium Phosphates, Citric Acid.

CONTAINS: MILK

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Each 2.46 oz. Fully Cooked Menu Chicken, Boneless Skinless Chicken Strips Dark Meat provides 2.00 oz equivalent meat for Child Nutrition Meal Pattern Requirements. (Use of the logo and statement authorized by the Food and Nutrition Service, USDA 08/12.)

HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 8-10 minutes at 350°F; Convection Oven for 6-8 minutes at 350°F, Appliances vary, adjust cook times accordingly.



1 00 77013 01330 0



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label.

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC CN Whole Muscle Dark Meat Chicken Strips with Teriyaki Sauce

CODE NUMBER: 1332 Case Wt: 28# CN# 085509 Donated Food/Case: 34.155# Standard Yield: 58.6%

SERVING SIZE: 3.46 Oz Servings/Case 130 Contribution: 2 M/MA Serving n/a Grain/Bread Serving

Case contains 4-5# bags of chicken and 4-2# bags of Teriyaki Sauce

UPC #: 77013-01332 4 Gross Cs.Wt: 29.15 Case Dim: 17.1 L x 13.1 W x 9.5 H Cube: 1.22 Pallet: Ti 8 Hi 8 Cs/Pallet: 64 Shelf Life 365 days

BID DESCRIPTIONS

Oven roasted fully cooked whole muscle Dark Meat chicken strips produced from USDA 100103 dark meat commodity chicken. Product is to have heat applied grill marks for added flavor and appearance. Product is to be well seasoned with an oriental style seasoning. Product is to be cut into natural strips and IQF frozen 2.5 ounces of Chicken guaranteed by CN label to provide 2 ounces meat/ meat alternative and 1 ounce of Teriyaki Sauce for a 3.5 oz serving. Product to provide zero grams trans fat.

NUTRIENT INFORMATION-

Basic Component

	Chicken Sauce		Chicken Sauce		Vitamins	Chicken Sauce	
Calories (kcal)	120	40	Carbohydrates (g)	1 5	Vitamin A-IU (IU)	44	0
Fat (g)	5	0	Dietary Fiber (g)	0 0	Vitamin C (mg)	2	0
Saturated Fat (g)	1	0	Total Sugars (g)	1 5	Minerals		
Trans Fatty Acid (g)	0	0	Protein (g)	15 0	Sodium (mg)	370	210
Cholesterol (mg)	105	0			Calcium (mg)	10	5
					Iron (mg)	1	0

Everett Kuglar

Everett Kuglar- Director of School Foodservice

1/15/13

Date



Fully Cooked

1332

Menu Chicken with Asian Teriyaki Sauce Dark Meat Boneless, Skinless Chicken Strips

CHICKEN INGREDIENTS: Boneless Skinless Dark Chicken Meat, Water, Seasoning (Maltodextrin, Hydrolyzed Corn Protein, Salt, Dextrose, Sugar, Dehydrated Onion, Garlic Powder, Natural Flavors, Cooked Chicken, Spices, Dried Chicken Skin, Dried Chicken, Chicken Broth, Disodium Inosinate and Disodium Guanylate), Starch (Modified Food Starch, Nonfat Dry Milk), Sodium Phosphates, Citric Acid.

SAUCE INGREDIENTS: Water, Sugar, Soy Sauce (Water, Soybeans, Salt, Alcohol), Brown Sugar, Rice Vinegar, Modified Food Starch, Ginger, Garlic Juice, Vegetable Oil, Xanthan Gum, Dehydrated Garlic, Sodium Benzoate as a Preservative.

CONTAINS: MILK, SOY

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Each 2.46 oz. Fully Cooked Menu Chicken with Asian Teriyaki Sauce, Dark Meat Boneless Skinless Chicken Strips provides 2.00 oz equivalent meat for Child Nutrition Meal Pattern Requirements. (Use of the logo and statement authorized by the Food and Nutrition Service, USDA 12/12.)



(01) 1 00 77013 01332 4

HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 8-10 minutes at 350°F;
Convection Oven for 6-8 minutes at 350°F. Appliances vary, adjust cook times accordingly.



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label.

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC CN Whole Muscle Dark Meat Chicken Strips with Orange Sauce

CODE NUMBER: 1333 Case Wt: 28# CN# 085017 Donated Food/Case: 34.155# Standard Yield: 58.6%

SERVING SIZE: 3.46 Oz 2.46oz chicken-1 oz sauce Servings/Case 130 Contribution: 2 M/MA Serving 0 Grain Serv.

Case contains 4-5# bags of chicken and 4-2# bags of Orange Sauce

UPC #: 100 75632- 01333 6 Gross Cs Wt: 29.15 Case Dim: 17.1 L x 13.1 W x 9.5 H Cube: 1.22 Pallet: Ti 8 Hi 8 Cs/Pallet: 64 Shelf Life 365 days

BID DESCRIPTIONS

Oven roasted fully cooked whole muscle Dark Meat chicken strips produced from USDA 100103 dark meat commodity chicken. Product is to have heat applied grill marks for added flavor and appearance. Product is to be well seasoned with an oriental style seasoning. Product is to be cut into natural strips and IQF frozen 2.5 ounces of Chicken guaranteed by CN label to provide 2 ounces meat/ meat alternative and 1 ounce of Orange Sauce for a 3.5 oz serving. Product to provide zero grams trans fat.

NUTRIENT INFORMATION-

Basic Components

	Chicken Sauce		Chicken Sauce		Vitamins	Chicken Sauce	
Calories (kcal)	120	50	Carbohydrates (g)	1 10	Vitamin A-IU (IU)	44	25
Fat (g)	5	0	Dietary Fiber (g)	0 0	Vitamin C (mg)	2	0
Saturated Fat (g)	1	0	Total Sugars (g)	1 10	Minerals		
Trans Fatty Acid (g)	0	0	Protein (g)	15 0	Sodium (mg)	370	220
Cholesterol (mg)	105	0			Calcium (mg)	10	5
					Iron (mg)	1	0

Everett Kuglar

Everett Kuglar- Director of School Foodservice

1/15/13

Date



Fully Cooked

1333

Menu Chicken with Asian Orange Sauce Dark Meat Boneless, Skinless Chicken Strips Caramel Color Added

CHICKEN INGREDIENTS: Boneless Skinless Dark Chicken Meat, Water, Seasoning (Maltodextrin, Hydrolyzed Corn Protein, Salt, Dextrose, Sugar, Dehydrated Onion, Garlic Powder, Natural Flavors, Cooked Chicken, Spices, Dried Chicken Skin, Dried Chicken, Chicken Broth, Disodium Inosinate and Disodium Guanylate), Starch (Modified Food Starch, Nonfat Dry Milk), Sodium Phosphates, Citric Acid.

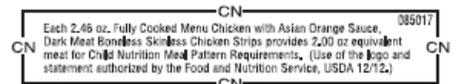
SAUCE INGREDIENTS: Sugar, Water, Soy Sauce (Water, Wheat, Soybeans, Salt), Distilled Vinegar, Orange Juice Concentrate, Modified Corn Starch, Sesame Seeds, Spices, Orange Peel, Caramel Color.

CONTAINS: MILK, SOY AND WHEAT

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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 8-10 minutes at 350°F;
Convection Oven for 6-8 minutes at 350°F, Appliances vary, adjust cook times accordingly.



(01) 1 00 75632 01333 6



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label.

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC CN Sweet Barbeque Glazed Chicken Nuggets with ISP

CODE NUMBER: 26276 Case Wt: 30# CN# 074754 Donated Food/Case: 25.00# Standard Yield: 120%

SERVING SIZE 3.10 OZ 5-.62oz nuggets = 1 serv. Servings/Case 155 Contribution: 2 MMA Serving 0 Grain Serving

UPC #: 41723 06276 7 Gr.Cs.Wt 31.87 Case Dim: 17.1L x13.1W x 11.4H Cube: 1.48 Pallet: Ti 8 xHi 7 Cs/Pallet: 56 Shelf Life 365 days



BID DESCRIPTIONS

Unbreaded fully cooked honey barbeque flavored CN labeled chicken nuggets produced from USDA A522 commodity chicken with isolated soy protein. No other types of TVP permitted. Each nugget to be fully covered with honey barbeque flavor glaze and applied to each side of nugget for consistence appearance. 5 nuggets @ 0.62 oz. each guaranteed by CN Label to provide 2 oz. meat/meat alternative. Minimum portion count to be stated on label. Product to provide zero grams trans fats.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	165	Carbohydrates (g)	9
Fat (g)	9	Dietary Fiber (g)	0
Saturated Fat (g)	2	Total Sugars (g)	2
Trans Fatty Acid (g)	0	Protein (g)	15
Cholesterol (mg)	42		

Vitamins

Vitamin A-IU (IU)	114
Vitamin C (mg)	1

Minerals

Sodium (mg)	353
Calcium (mg)	18
Iron (mg)	1

Everett Kuglar - Director of School Foodservice

1/15/13

Date

NET WT. 30 LBS.
MIN. 775 PCS.
KEEP FROZEN

Fully Cooked

26276

Sweet BBQ Glazed Chicken Nuggets

Nugget Shaped Chicken Patties

INGREDIENTS: Chicken, Water, Vegetable Protein Product (Isolated Soy Protein, Magnesium Oxide, Zinc Oxide, Niacinamide, Ferrous Sulfate, Vitamin B12, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Pyridoxine Hydrochloride, Thiamine Mononitrate and Riboflavin), Dried Whole Egg Solids, Lite Salt (Salt, Potassium Chloride), Sugar, Sodium Phosphates, White Pepper, Onion Powder and Garlic Powder. **GLAZED WITH:** Water, Brown Sugar, Sugar, Salt, Tomato, Onion, Modified Corn Starch, Maltodextrin, Malic Acid, Honey, Sodium Acetate, Molasses Solids, Spices, Caramel Color, Lactose, Garlic, .10% Sodium Benzoate, Dextrose, Apple Cider Vinegar Solids, Fumaric Acid, Extractives of Paprika, Natural Flavors, Autolyzed Yeast, Beet Powder and less than 10 PPM sulfating. **PREDUSTED WITH:** Wheat Flour. Breeding set in Vegetable Oil.

CONTAINS: EGG, MILK, SOY AND WHEAT

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Five 0.62 oz. Fully Cooked Sweet BBQ Glazed Chicken Nuggets provide 2.00 oz. equivalent meat/meat alternative for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 03/09.)



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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 10-14 minutes at 350°F;
Convection Oven for 8-10 minutes at 350°F. Appliances vary, adjust cook times accordingly.



(01) 1 00 41723 06276 7



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label.

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC CN Roasted Unbreaded Chicken Patty with Grill Marks

CODE NUMBER: 26624 Case Wt: 30# CN# 074569 Donated Food/Case: 36.00# Standard Yield: 83%

SERVING SIZE: 2.5 oz Servings/Case 192 Contribution: 2 M/MA Serving 0 Grain Serving

UPC Code: 100 41723-06624-6 Gr. Wt. 31.87 Case Cube: 1.48 Case Dim: 17.1L x 13.1W x 11.44H Pallet: 8T x 7H Cases/Pallet: 56 Shelf Life 365 days



BID DESCRIPTIONS

Unbreaded fully cooked grill marked CN labeled chicken patty with isolated soy protein produced from USDA A522 natural proportion white and dark meat commodity chicken. No other types of TVP permitted. Unbreaded patty to be "natural shape" with heat applied grill marks. Round patties are not acceptable. 1 unbreaded patty @ 2.50 oz. guaranteed by CN Label to provide 2 oz. meat/meat alternative. Minimum portion count per case to be stated on label. Product to provide zero grams trans fats.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	95	Carbohydrates (g)	1
Fat (g)	4	Dietary Fiber (g)	0
Saturated Fat (g)	1	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	15
Cholesterol (mg)	42		

Vitamins

Vitamin A-IU (IU)	95
Vitamin C (mg)	1

Minerals

Sodium (mg)	312
Calcium (mg)	15
Iron (mg)	1

Everett Kuglar

 Everett Kuglar - Director of School Foodservice

1/15/13

 Date

NET WT. 30 LBS.
MIN. 192 PCS.
KEEP FROZEN

Fully Cooked

26624

Roasted Chicken Patties

INGREDIENTS: Chicken, Water, Vegetable Protein Product (Isolated Soy Protein, Magnesium Oxide, Zinc Oxide, Niacinamide, Ferrous Sulfate, Vitamin B12, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Pyridoxine Hydrochloride, Thiamine Mononitrate and Riboflavin), Seasoning [Salt, Maltodextrin, Dextrose, Modified Corn Starch, Torula Yeast, Grill Flavor (from Sunflower Oil), Corn Syrup Solids, Disodium Inosinate and Disodium Guanylate, Sulfites up to 16 PPM]], Salt, Sodium Phosphates, Sugar, White Pepper, Onion Powder and Citric Acid.

CONTAINS: SOY

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CN 074569
 One 2.50 oz. Fully Cooked Roasted Chicken Patty provides 2.00 oz. equivalent meat/meat alternate for Child Nutrition Meal Pattern Requirements. (Use of this CN logo and statement authorized by the Food and Nutrition Service, USDA 03/09.)
 CN



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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 15-20 minutes at 350°F; Convection Oven for 8-10 minutes at 350°F. Appliances vary, adjust cook times accordingly.



(01) 1 00 41723 06624 6



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC CN Whole Grain Breaded Chicken Sticks with ISP

CODE NUMBER: 49913 Case Wt: 30# CN# 087517 Donated Food/Case: 24.896# Standard Yield: 121%

SERVING SIZE: 3.67 oz Servings/Case 130 Contribution: 2 M/MA Serving 1 Grain Serving*

5 @ .733 oz = 1 serving

*Calculation for grains based on 16 grams creditable per ounce.

UPC #: 100 75632 49913 0 Gross Cs/Wt: 31.95 Case Dim: 17.1L x13.1W x12.6H Cube: 1.63 Pallet: Ti 8_Hi 6 Cs/Pallet: 48 Shelf Life 365 days

BID DESCRIPTIONS

Whole Grain Breaded fully cooked CN labeled chicken "sticks" produced from USDA A522 natural proportion white and dark meat commodity chicken with isolated soy protein. No other types of TVP permitted. Unique "stick" shaped chicken to be batter breaded with Whole Grain and enriched wheat flour. 5 Chicken Sticks @ 0.734 oz guaranteed by the CN label to provide 2 ounces meat/meat alternative and 1 Grain serving. Product to provide zero grams trans fats.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	224	Carbohydrates (g)	11
Fat (g)	12	Dietary Fiber (g)	2
Saturated Fat (g)	3	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	18
Cholesterol (mg)	45	Whole Grains (g)	8

Vitamins

Vitamin A-IU (IU)	116
Vitamin C (mg)	0

Minerals

Sodium (mg)	434
Calcium (mg)	16
Iron (mg)	2

Everett Kuglar - Director of School Foodservice

7/3/13

Date



Fully Cooked

49913

Whole Grain Breaded Chicken Sticks

Breaded Stick Shaped Chicken Patties

INGREDIENTS: Chicken, Water, Isolated Soy Protein, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, Breaded With: Whole Wheat Flour, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Disodium Inosinate and Disodium Guanylate, Onion Powder, Spice, Yeast, Garlic Powder, Maltodextrin, Sugar, Soy Sauce (Fermented Soybeans, Wheat, Salt), Extractives of Paprika, Yeast Extract. **Battered With:** Water, Whole Wheat Flour, Modified Corn Starch, Salt, Onion Powder, Garlic Powder, Nonfat Milk, Whey, Disodium Inosinate and Disodium Guanylate. **Predusted With:** Whole Wheat Flour, Modified Corn Starch, Salt, Spice Extractive. **CONTAINS: MILK, SOY AND WHEAT**

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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 10-12 minutes at 350°F;
Convection Oven for 7-9 minutes at 350°F. Appliances vary, adjust heat times accordingly.

CN 087517
Five 0.733 oz. Fully Cooked Whole Grain Breaded Chicken Sticks provides 2.00 oz. equivalent meat/meat alternate and 1.00 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 07/13)
CN



(01) 1 00 75632 49913 0



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label.

Replacing 46918 for 13-14 school year

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC CN Whole Grain Breaded Chicken Ring Things

CODE NUMBER: 49918 Case Wt: 30# CN# 087328 Donated Food/Case: 29.46# Standard Yield: 102%

SERVING SIZE: 3.475 oz Servings/Case 136 Contribution: 2 M/MA Serving 1 Grain Serving*

*Calculation for grains based on 16 grams creditable per ounce

UPC #: 75632 49918 5 Gross Cs/Wt: 31.87 Case Dim: 17.1 L x 13.1 W x 11.4 H Cube: 1.48 Pallet: Ti 8 Hi 7 Cs/Pallet: 56 Shelf Life 365 days

BID DESCRIPTIONS

Whole Grain Breaded fully cooked CN labeled chicken "Rings" produced from USDA A522 natural proportion white and dark meat commodity chicken. No added soy products. Unique "Ring Shaped" nugget to be batter breaded with Whole Grain enriched wheat flour and breaded with whole grain crumb style breader for optimum oven performance and extended holding times. 5 "Rings" @ 0.695 oz. each guaranteed by CN label to provide 2 ounces meat/meat alternative and 1 Grain serving. Product to provide zero grams trans fats.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	207	Carbohydrates (g)	11
Fat (g)	11	Dietary Fiber (g)	2
Saturated Fat (g)	2	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	16
Cholesterol (mg)	108	Whole Grain (g)	8

Vitamins

Vitamin A-IU (IU)	87
Vitamin C (mg)	0

Minerals

Sodium (mg)	352
Calcium (mg)	23
Iron (mg)	1

Everett Kuglar
Everett Kuglar - Director of School Foodservice

9/15/13

Date



Fully Cooked

49918

Whole Grain Chicken Ring Thing Nuggets

Breaded Ring Shaped Chicken Patties

INGREDIENTS: Chicken, Water, Dried Whole Egg, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder. **Breaded and Preduced With:** Whole Wheat Flour, Salt, Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Whey, Dextrose, Spice, Extractives of Turmeric and Paprika. **Battered With:** Water, Whole Wheat Flour, Spices, Leavening (Sodium Bicarbonate, Calcium Acid Pyrophosphate, Monocalcium Phosphate), Yeast Extract, Natural Flavor, Salt.

CONTAINS: EGG, MILK AND WHEAT

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Five 0.695oz Fully Cooked Whole Grain Chicken Ring Thing Nuggets Breaded Ring Shaped Chicken Patties provides 2.00 oz. equivalent meat/meat alternate and 1.00 oz equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 07/13.)

HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 10-14 minutes at 350°F; Convection Oven for 6-8 minutes at 350°F. Appliances vary, adjust cook times accordingly.



(01)1 00 75632 49918 5



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label.



PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC CN Savory Roasted Chicken Nugget with ISP & DWE

CODE NUMBER: 61118 Case Wt: 30# CN# 085023 Donated Food/Case: 26.11# Standard Yield: 115%

SERVING SIZE: 2.46 OZ Servings/Case 192 Approximate Contribution: 2 M/MMA Serving 0 Grain/Bread Serving 5-.492 nuggets= 1 serv.

UPC #: 75632 61118 1 Gross Cs.Wt: 31.87 Case Dim: 17.1 L x 13.1 W x 11.4 H Cube: 1.48 Pallet: Ti 8 Hi 7 Cs/Pallet: 56

BID DESCRIPTIONS

"Savory" style lightly coated CN labeled Chicken Nuggets produced from USDA Commodity natural proportion white and dark meat chicken with Isolated Soy Protein. No other types of Soy permitted. ISP may not exceed 6.5% of finished product weight. Product to be lightly coated with a non gluten based pre dust to enhance product performance and increase products ability to be utilized in multiple menu applications. Light pre dust coating not to exceed 4% by target application. Five CN Nuggets to provide two ounces of meat/meat alternative and 0 grain servings. Minimum portion count to be stated on the label. Product to provide zero grams trans fat and have allergens identified on the label. No gluten allergens permitted. Product does not provide a grain serving.

NUTRIENT INFORMATION –

Basic Components

Calories (kcal)	117	Carbohydrates (g)	2
Fat (g)	6	Dietary Fiber (g)	0
Saturated Fat (g)	1	Total Sugars (g)	1
Trans Fatty Acid (g)	0	Protein (g)	15
Cholesterol (mg)	42	Whole Grain (g)	0

Vitamins

Vitamin A-IU (IU)	95
Vitamin C (mg)	1

Minerals

Sodium (mg)	360
Calcium (mg)	15
Iron (mg)	1

Everett Kuglar – Director of School Foodservice

1/15/13

Date



Fully Cooked

61118

Savory Chicken Nuggets

Nugget Shaped Chicken Patties

INGREDIENTS: Chicken, Water, Isolated Soy Protein, Dried Whole Egg, Sugar, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder. **PRE-DUSTED WITH:** Modified Corn Starch, Yellow Corn Flour, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Dextrose. Pre-dust set in Vegetable Oil.
CONTAINS: SOY AND EGG

Five 0.49 oz. Fully Cooked Savory Chicken Nuggets Provides 2.00 oz. equivalent meat/meat alternate for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 11/12)

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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 10-14 minutes at 350°F;
Convection Oven for 8-10 minutes at 350°F. Appliances vary, adjust cook times accordingly.



(01) 1 00 75632 61118 1



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC CN Whole Grain Chicken Nuggets with ISP & DWE

CODE NUMBER: 61210 Case Wt: 30# CN# 085005 Donated Food/Case: 20.27# Standard Yield: 148%

SERVING SIZE: 3.04 oz Servings/Case 158 Contribution: 2 M/MA Serving 1 Grain Serving*
5 - .608oz nuggets = 1 - 3.04 oz Serving *Calculation for grains based on 16 grams creditable per ounce.

UPC Code: 100 77013-61210-7 Gr. Wt. 31.87 Case Cube: 1.48 Case Dim: 17.1L x13.1W x11.44H Pallet: 8T x 7H Cases/Pallet: 56 Shelf Life 365 days

BID DESCRIPTIONS

Whole grain fully cooked CN labeled chicken nuggets produced from USDA natural proportion white and dark meat commodity Chilled Chicken with Isolated Soy Protein. No other types of TVP permitted. Nuggets to be batter breaded with a crunchy textured whole grain modified crumb style breading system for optimum oven performance and extended holding times. 5 - .608 oz CN nuggets to provide 2 oz. of meat/meat alternative and one grain serving. Minimum portion count to be stated on label. Product to provide zero grams trans fats and have allergens identified on label.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	216	Carbohydrates (g)	13
Fat (g)	12	Dietary Fiber (g)	2
Saturated Fat (g)	2	Total Sugars (g)	1
Trans Fatty Acid (g)	0	Protein (g)	14
Cholesterol (mg)	62	Whole Grain (g)	8

Vitamins

Vitamin A-IU (IU)	73
Vitamin C (mg)	11

Minerals

Sodium (mg)	370
Calcium (mg)	29
Iron (mg)	2

Everett Kuglar
Everett Kuglar - Director of School Foodservice

1/15/13

Date

Plant # P-413, Boaz, AL



Fully Cooked

61210

Whole Grain Breaded Chicken Nuggets

Breaded Nugget Shaped Chicken Patties

INGREDIENTS: Chicken, Water, Isolated Soy Protein, Dried Whole Egg, Nutek (Sea Salt, Potassium Chloride, Rice Flour), Sugar, Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder. **BREADED WITH:** Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt Dextrose, Spices, Mono and Diglycerides, Onion Powder, Garlic Powder, Dehydrated Bell Pepper, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Extractives of Paprika, Maltodextrin, Extractives of Turmeric, Yeast Extract, Natural Flavor, Hydrolyzed Corn Gluten, Silicon Dioxide. **BATTERED AND PREDUSTED WITH:** Water, Whole Wheat Flour, Whole Grain Yellow Corn Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Spices Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Calcium Carbonate, Onion Powder, Garlic Powder, Dehydrated Bell Pepper, Extractives of Paprika, Sodium Aluminosilicate, Extractives of Turmeric, Silicon Dioxide.
CONTAINS: EGG, SOY AND WHEAT

Five 0.608 oz. Fully Cooked Breaded Nugget Shaped Chicken Breast Patties provide 2.00 oz. equivalent meat/meat alternate and 1.00 serving of bread alternates for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 09/12.)

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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 10-14 minutes at 350°F; Convection Oven for 8-10 minutes at 350°F. Appliances vary, adjust cook times accordingly.



(01)1 00 77013 61210 7



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC CN Homestyle Whole Grain Chicken Nuggets with ISP & DWE

CODE NUMBER: 6153 Case Wt: 30# CN# 84896 Donated Food/Case: 20.27# Standard Yield: 148%

SERVING SIZE: 3.04 oz Servings/Case 156 Contribution: 2 M/MA Serving 1 *Grain Serving
5- .608oz Nuggets=1 Serv. *Calculation for grains based on 16 grams creditable per ounce.

UPC Code: 75632-06153-5 Gr. Cs. Wt: 31.87 Case Cube: 1.22 Case Dim: 17.1 L x 13.1 W x 9.5 H Pallet: 8T x 8H Cs/Pallet: 64 Shelf Life 365 days

BID DESCRIPTIONS

Whole Grain Homestyle Breaded fully cooked CN labeled chicken nuggets produced from USDA A522 natural proportion white and dark meat commodity chicken with isolated soy protein. No other types of Soy permitted. Nuggets to be batter breaded with whole grain wheat flour homestyle breader. 5 nuggets @ 0.608 oz. each guaranteed by CN Label to provide 2 oz. meat/meat alternative and 1 Grain serving. Minimum portion count to be stated on label. Product to provide zero grams trans fats.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	170	Carbohydrates (g)	9
Fat (g)	8	Dietary Fiber (g)	1
Saturated Fat (g)	2	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	15
Cholesterol (mg)	50	Whole Grain (g)	8

Vitamins

Vitamin A-IU (IU)	127
Vitamin C (mg)	1

Minerals

Sodium (mg)	396
Calcium (mg)	22
Iron (mg)	2

Everett Kuglar- Director of School Foodservice

1/15/13

Date



Fully Cooked

6153

Whole Grain Homestyle Breaded Chicken Nuggets

Breaded Nugget Shaped Chicken Patties

INGREDIENTS: Chicken, Water, Isolated Soy Protein, Dried Whole Egg, Sugar, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder, **Breaded With:** Whole Wheat Flour, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Sugar, Spices, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Dextrose, Garlic Powder, Soybean Oil, Extractives of Paprika, **Battered With:** Water, Whole Wheat Flour, Modified Corn Starch, Sugar, Salt, Onion Powder, Leavening (Calcium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Garlic Powder, Chicken Broth, Dextrose, Yeast Extract, Maltodextrin, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Natural and Artificial Flavors, Lactic Acid, Extractives of Paprika, **Predusted With:** Whole Wheat Flour, Modified Corn Starch, Salt, Onion Powder, Garlic Powder, Maltodextrin, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Soybean Oil, Artificial Flavor, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Natural Flavor, Lactic Acid, Soybean Oil, Mono and Diglycerides, Extractives of Paprika.

CONTAINS: EGG, SOY and WHEAT

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Five 0.608 oz. Fully Cooked Whole Grain Homestyle Breaded Chicken Nuggets provide 2.00 oz. equivalent meat/meat alternate and 1.00 serving of bread alternate for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 10/12.)

HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 10-14 minutes at 350°F; Convection Oven for 8-10 minutes at 350°F. Appliances vary, adjust cook times accordingly.



(01) 1 00 75632 06153 5



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: CN FC HOT AND SPICY Whole Grain Nuggets with ISP

CODE NUMBER: 61660 Case Wt: 30# CN# 84894 Donated Food/Case: 20.27# Standard Yield: 148%

SERVING SIZE: 3.04 oz Servings/Case 158 Contribution: 2 M/MA Serving 1 Grain Serving*

5 - .608 oz Nuggets = 1 - 3.06 oz Serving

*Calculation for grains based on 16 grams creditable per ounce.

UPC Code: 75632-61660-5 Gr Cs Wt: 31.87 Case Cube: 1.48 Case Dim: 17.1 Lx13.1 W x11.44 H Pallet: 8 T x 7 H Cases/Pallet: 56 Shelf Life 365 days

BID DESCRIPTIONS

Hot and spicy seasoned whole grain CN labeled Chicken Nugget produced from USDA Commodity natural proportion white and dark meat chicken with Isolated Soy Protein. No other types of Soy permitted. Nugget is to be batter breaded with a crunchy spicy seasoned modified crumb style breading system for optimum oven performance and extended holding times. 5 - .608 oz CN Nuggets to provide 2 oz meat/meat alternative, 1 Grain serving, and 8 grams of whole grain per serving. Minimum portion count to be stated on the label. Product to provide zero grams trans fat and have allergens identified on the label.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	184	Carbohydrates (g)	13
Fat (g)	8	Dietary Fiber (g)	1
Saturated Fat (g)	2	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	15
Cholesterol (mg)	50	Whole Grain (g)	8

Vitamins

Vitamin A-IU (IU)	163
Vitamin C (mg)	1

Minerals

Sodium (mg)	236
Calcium (mg)	21
Iron (mg)	2

Everett Kuglar - Director of School Foodservice

9/4/2013

Date



NET WT. 30 LBS.
MIN. 790 PCS.
KEEP FROZEN

Fully Cooked

61660

Whole Grain Hot & Spicy Breaded Chicken Nuggets

Breaded Nugget Shaped Chicken Patties

INGREDIENTS: Chicken, Water, Isolated Soy Protein, Dried Whole Egg, Sugar, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder. **Breaded With:** Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Spices, Salt, Mono and Diglycerides, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Extractives of Paprika and Annatto, Garlic Powder, Gum Arabic, Spice Extractive. **Battered and Predusted With:** Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Modified Corn Starch, Yellow Corn Flour, Spices, Garlic Powder, Leavening (Monocalcium Phosphate, Sodium Bicarbonate), Extractives of Paprika and Annatto, Onion Powder, Gum Arabic, Natural Flavor, Spice Extractive. Breeding Set in Vegetable Oil.

CONTAINS: EGG, SOY AND WHEAT

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CN 084894
Five 0.608 oz. Fully Cooked Whole Grain Hot & Spicy Breaded Chicken Nuggets provide 2.00 oz. equivalent meat/meat alternate and 1.00 oz. Equivalent Grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 10/12.)



(01) 1 00 75632 61660 5

HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 10-14 minutes at 350°F;
Convection Oven for 8-10 minutes at 350°F. Appliances vary, adjust cook times accordingly.



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC CN LITE Homestyle Whole Grain Chicken Nugget with ISP & DWE

CODE NUMBER: 6173 Case Wt: 30# CN# 86397 Donated Food/Case: 23.316# Standard Yield: 128.7%

SERVING SIZE: 2.62 OZ Servings/Case 180 Contribution: 2 M/MA Serving 1/2 Grain Serving
*5-.524oz Nuggets=1 Serv. *Calculation for grains based on 16 grams creditable per ounce.*

UPC Code: 77013-06173-3 Gr Cs Wt: 31.87 Case Cube: 1.48 Case Dim: 17.1L x 13.1W x 11.44H Pallet: 8T x 7H Cs/Pallet: 56 Shelf Life 365 days

BID DESCRIPTIONS

A fully cooked chicken nuggets lightly breaded with a whole grain rich homestyle breader produced from USDA 100103 natural proportion white and dark meat commodity chicken with isolated soy protein. No other types of Soy permitted. Nuggets to be batter breaded with whole grain wheat flour homestyle breader. 5 nuggets @ .53 oz. guaranteed by CN Label to provide 2 oz. meat/meat alternative and **not more than 1/2 grain serving**. Minimum portion count to be stated on label. Product to provide zero grams trans fats.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	164	Carbohydrates (g)	9
Fat (g)	8	Dietary Fiber (g)	1
Saturated Fat (g)	2	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	14
Cholesterol (mg)	48	Whole Grain (g)	4

Vitamins

Vitamin A-IU (IU)	123
Vitamin C (mg)	1

Minerals

Sodium (mg)	356
Calcium (mg)	22
Iron (mg)	2

Everett Kuglar- Director of School Foodservice

1/15/13

Date



Fully Cooked

6173

Whole Grain Lightly Breaded Homestyle Chicken Nuggets

Breaded Nugget Shaped Chicken Patties

INGREDIENTS: Chicken, Water, Isolated Soy Protein, Dried Whole Egg, Sugar, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder, **Breaded With:** Whole Wheat Flour, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Sugar, Spices, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Dextrose, Garlic Powder, Soybean Oil, Extractives of Paprika, **Battered With:** Water, Whole Wheat Flour, Modified Corn Starch, Sugar, Salt, Onion Powder, Leavening (Calcium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Garlic Powder, Chicken Broth, Dextrose, Yeast Extract, Maltodextrin, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Natural and Artificial Flavors, Lactic Acid, Extractives of Paprika, **Predusted With:** Whole Wheat Flour, Modified Corn Starch, Salt, Onion Powder, Garlic Powder, Maltodextrin, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Soybean Oil, Artificial Flavor, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Natural Flavor, Lactic Acid, Mono and Diglycerides, Extractives of Paprika.

CONTAINS: EGG, SOY and WHEAT

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Five 0.524 oz. Fully Cooked Whole Grain Lightly Breaded Homestyle Chicken Nuggets
Breaded Nugget Shaped Chicken Patties provide 2.00 oz. equivalent meat/meat alternate and 0.50 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 03/13.)

HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 10-14 minutes at 350°F; Convection Oven for 8-10 minutes at 350°F. Appliances vary, adjust cook times accordingly.



(01) 1 00 75632 06173 3



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label.

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand
 PRODUCT NAME: FC CN Savory Roasted Chicken Tender Shaped Strips with ISP & DWE
 CODE NUMBER: 62118 Case Wt: 30# CN# 085019 Donated Food/Case: 26.11# Standard Yield: 115%
 SERVING SIZE: 2.664 oz Servings/Case 180 Approximate Contribution: 2 M/MA Serving 0 Grain/Bread Serving 4 - .666 oz Strips = 1 serving
 UPC #: 75632-62118 0 Gross Cs Wt. 31.95 Case Dim 19.6 L x 13.1 W x 11.44 H Cube: 1.48 Pallet: Ti 7 Hi 7 Cs/Pallet: 49



BID DESCRIPTIONS

"Savory" style lightly coated CN labeled Chicken Strips produced from USDA Commodity natural proportion white and dark meat chicken with Isolated Soy Protein. No other types of Soy permitted. ISP may not exceed 6.5% of finished product weight. Product to be lightly coated with a non gluten based pre dust to enhance product performance and increase products ability to be utilized in multiple menu applications. Light pre dust coating not to exceed 4% by target application. Four CN Strips to provide two ounces of meat/meat alternative and 0 grain servings. Minimum portion count to be stated on the label. Product to provide zero grams trans fat and have allergens identified on the label. No gluten allergens permitted. Product does not provide a grain serving.

NUTRIENT INFORMATION (Preliminary)

Basic Components

Calories (kcal)	117	Carbohydrates (g)	2
Fat (g)	6	Dietary Fiber (g)	0
Saturated Fat (g)	1	Total Sugars (g)	1
Trans Fatty Acid (g)	0	Protein (g)	15
Cholesterol (mg)	42	Whole Grain (g)	0

Vitamins

Vitamin A-IU (IU)	95
Vitamin C (mg)	1

Minerals

Sodium (mg)	360
Calcium (mg)	15
Iron (mg)	1

Everett Kuglar

Everett Kuglar - Director of School Foodservice

1/15/13

Date

62118

Fully Cooked

Savory Chicken Strips

Strip Shaped Chicken Patties

INGREDIENTS: Chicken, Water, Isolated Soy Protein, Dried Whole Egg, Sugar, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder. **PREDUSTED WITH:** Modified Corn Starch, Yellow Corn Flour, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Dextrose. Predust set in Vegetable Oil.
CONTAINS: SOY AND EGG

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Four 0.67 oz, Fully Cooked Savory Chicken Strips Provides 2.00 oz, equivalent meat/meat alternate for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 11/12)

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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 10-14 minutes at 350°F;
 Convection Oven for 8-10 minutes at 350°F. Appliances vary, adjust cook times accordingly.



(01) 1 00 75632 62118 0

NET WT. 30 LBS.
MIN. 720 PCS.
KEEP FROZEN



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label.

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand
 PRODUCT NAME: FC CN Whole Grain Traditional Chicken Tender Shaped Strips with ISP & DWE
 CODE NUMBER: 62210 Case Wt: 30# CN# 085011 Donated Food/Case: 20.27# Standard Yield: 148%
 SERVING SIZE: 3.06 oz Servings/Case 156 Contribution: 2 M/MA Serving 1 Grain Serving
3 - 1.02oz strips = 1 - 3.06 oz Serving *Calculation for grains based on 16 grams creditable per ounce.
 UPC Code: 77013-62210-6 Gr. Wt. 31.95 Case Cube: 1.68 Case Dim: 19.6L x 13.1W x 11.44H Pallet: 7T x 7H Cases/Pallet: 49 Shelf Life 365 days

BID DESCRIPTIONS

Whole grain fully cooked CN labeled chicken Strips produced from USDA natural proportion white and dark meat commodity Chilled Chicken with Isolated Soy Protein. No other types of TVP permitted. Strips to be batter breaded with a crunchy textured whole grain modified crumb style breading system for optimum oven performance and extended holding times. 3 – 1.02 oz CN strips to provide 2 oz. of meat/meat alternative and one Grain serving. Minimum portion count to be stated on label. Product to provide zero grams trans fats and have allergens identified on label.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	216	Carbohydrates (g)	13
Fat (g)	12	Dietary Fiber (g)	2
Saturated Fat (g)	2	Total Sugars (g)	1
Trans Fatty Acid (g)	0	Protein (g)	14
Cholesterol (mg)	62	Whole Grain (g)	8

Vitamins

Vitamin A-IU (IU)	73
Vitamin C (mg)	11

Minerals

Sodium (mg)	370
Calcium (mg)	29
Iron (mg)	2

Everett Kuglar

Everett Kuglar – Director of School Foodservice

1/15/13

Date



Fully Cooked

62210

Whole Grain Breaded Strip Shaped Chicken Patties

INGREDIENTS: Chicken, Water, Isolated Soy Protein, Dried Whole Egg, Nutek (Sea Salt, Potassium Chloride, Rice Flour), Sugar, Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder, **BREADED WITH:** Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt Dextrose, Spices, Mono and Diglycerides, Onion Powder, Garlic Powder, Dehydrated Bell Pepper, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Extractives of Paprika, Maltodextrin, Extractives of Turmeric, Yeast Extract, Natural Flavor, Hydrolyzed Corn Gluten, Silicon Dioxide. **BATTERED AND PREDESTED WITH:** Water, Whole Wheat Flour, Whole Grain Yellow Corn Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Spices Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Calcium Carbonate, Onion Powder, Garlic Powder, Dehydrated Bell Pepper, Extractives of Paprika, Sodium Aluminosilicate, Extractives of Turmeric, Silicon Dioxide.
CONTAINS: EGG, SOY AND WHEAT

Three 1.02 oz. Fully Cooked Whole Grain Breaded Strip Shaped Chicken Patties provide 2.00 oz. equivalent meat/meat alternate and 1.00 serving of bread alternate for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 09/12.)

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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 10-14 minutes at 350°F; Convection Oven for 8-10 minutes at 350°F. Appliances vary, adjust cook times accordingly.



(01) 1 00 77013 62210 6



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label.

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand
 PRODUCT NAME: FC CN Homestyle Whole Grain Chicken Tender Shaped Strip w/ ISP & DWE
 CODE NUMBER: 6253 Case Wt: 30# CN# 84901 Donated Food/Case: 20.27# Standard Yield: 148%
 SERVING SIZE: 3.06 OZ Servings/Case 156 Contribution: 2 MMA Serving 1 Grain Serving*
3- 1.02 oz Strips = 1 Serv. *Calculation for grains based on 16 grams creditable per ounce.
 UPC Code: 75632-06253 2 Grs Cs Wt: 31.95 Case Cube: 1.68 Case Dim: 19. L x 13.1W x 11.44 H Pallet: 7 T x 7 H Cases/Pallet: 49 Shelf Life 365 days

BID DESCRIPTIONS

Whole Grain Homestyle Breaded fully cooked CN labeled chicken strips produced from USDA A522 natural proportion white and dark meat commodity chicken with isolated soy protein. No other types of Soy permitted. Strips to be batter breaded with whole grain wheat flour homestyle breader. 3 strips @ 1.02 oz. each guaranteed by CN Label to provide 2 oz. meat/meat alternative and 1 grain serving. Minimum portion count to be stated on label. Product to provide zero grams trans fats.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	171	Carbohydrates (g)	9
Fat (g)	8	Dietary Fiber (g)	2
Saturated Fat (g)	2	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	15
Cholesterol (mg)	50	Whole Grain (g)	8

Vitamins

Vitamin A-IU (IU)	128
Vitamin C (mg)	1

Minerals

Sodium (mg)	398
Calcium (mg)	22
Iron (mg)	2

Everett Kuglar- Director of School Foodservice

1/2/14

Date



Fully Cooked

6253

Whole Grain Homestyle Breaded Strip Shaped Chicken Patties

INGREDIENTS: Chicken, Water, Isolated Soy Protein, Dried Whole Egg, Sugar, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder, **Breaded With:** Whole Wheat Flour, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Sugar, Spices, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Dextrose, Garlic Powder, Soybean Oil, Extractives of Paprika, **Battered With:** Water, Whole Wheat Flour, Modified Corn Starch, Sugar, Salt, Onion Powder, Leavening (Calcium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Garlic Powder, Chicken Broth, Dextrose, Yeast Extract, Maltodextrin, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Natural and Artificial Flavors, Lactic Acid, Extractives of Paprika.

Preduced With: Whole Wheat Flour, Modified Corn Starch, Salt, Onion Powder, Garlic Powder, Maltodextrin, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Soybean Oil, Artificial Flavor, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Natural Flavor, Lactic Acid, Soybean Oil, Mono and Diglycerides, Extractives of Paprika.

CONTAINS: EGG, SOY and WHEAT

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CN 084901
Three 1.02 oz. Fully Cooked Whole Grain Homestyle Breaded Strip Shaped Chicken Patties provide 2.00 oz. equivalent meat/meat alternate and 1.00 oz. Equivalent Grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 10/12)
CN

HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 10-14 minutes at 350°F; Convection Oven for 8-10 minutes at 350°F. Appliances vary, adjust cook times accordingly.



(01) 1 00 75632 06253 2



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label.

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: CN FC HOT & SPICY Whole Grain CHICKEN STRIPS with ISP

CODE NUMBER: 62660 Case Wt: 30# CN# 84891 Donated Food/Case: 20.27# Standard Yield: 148%

SERVING SIZE: 3.06 oz Servings/Case 156 Contribution: 2 MMA Serving 1 Grain Serving*

3 - 1.02oz strips = 1 - 3.06 oz Serving *Calculation for grains based on 16 grams creditable per ounce.

UPC Code: 75632-62660-4 Gr Cs Wt: 31.95 Case Cube: 1.68 Case Dim: 19.6 L x 13.1 W x 11.44 H Pallet: 7 T x 7 H Cases/Pallet: 49 Shelf Life 365 days

BID DESCRIPTIONS

Hot and spicy seasoned whole grain CN labeled Chicken Tender Shaped Strips produced from USDA Commodity natural proportion white and dark meat chicken with Isolated Soy Protein. No other types of Soy permitted. Strip is to be batter breaded with a crunchy spicy seasoned modified crumb style breading system for optimum oven performance and extended holding times. 3 – 1.02 oz CN Strips to provide 2 oz meat/meat alternative, 1 Grain serving, and 8 grams of whole grain per serving. Minimum portion count to be stated on the label. Product to provide zero grams trans fat and have allergens identified on the label.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	184	Carbohydrates (g)	13
Fat (g)	8	Dietary Fiber (g)	1
Saturated Fat (g)	2	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	15
Cholesterol (mg)	50	Whole Grain (g)	8

Vitamins

Vitamin A-IU (IU)	163
Vitamin C (mg)	1

Minerals

Sodium (mg)	236
Calcium (mg)	21
Iron (mg)	2

Everett Kuglar

Everett Kuglar – Director of School Foodservice

9/4/2013

Date



Fully Cooked

62660

Whole Grain Hot & Spicy Breaded Strip Shaped Chicken Patties

INGREDIENTS: Chicken, Water, Isolated Soy Protein, Dried Whole Egg, Sugar, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder. **Breaded With:** Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Spices, Salt, Mono and Diglycerides, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Extractives of Paprika and Annatto, Garlic Powder, Gum Arabic, Spice Extractive. **Battered and Predusted With:** Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Modified Corn Starch, Yellow Corn Flour, Spices, Garlic Powder, Leavening (Monocalcium Phosphate, Sodium Bicarbonate), Extractives of Paprika and Annatto, Onion Powder, Gum Arabic, Natural Flavor, Spice Extractive. Breading Set in Vegetable Oil.
CONTAINS: EGG, SOY AND WHEAT

CN 084891
Three 1.02 oz, Fully Cooked Whole Grain Hot & Spicy Breaded Strip Shaped Chicken Patties provide 2.00 oz, equivalent meat/meat alternate 1.00 oz, equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 10/12.)
CN

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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 10-14 minutes at 350°F; Convection Oven for 8-10 minutes at 350°F. Appliances vary, adjust cook times accordingly.



(01) 1 00 75632 62660 4



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label.

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC CN Traditional Whole Grain Chicken Breakfast Patty with ISP & DWE

CODE NUMBER: 63210 Case Wt: 30# CN# 086367 Donated Food/Case: 20.27# Standard Yield: 148%

SERVING SIZE: 1.63 oz Servings/Case 294 Contribution: 1 M/MA Serving .5 Grain Serving*

*Calculation for grains based on 16 grams creditable per ounce.

UPC Code: 75632-63210 0 Gr. Wt. 31.87 Case Cube: 1.48 Case Dim: 17.1L x 13.1W x 11.44H Pallet: 8T x 7H Cases/Pallet: 56 Shelf Life 365 days

BID DESCRIPTIONS

Whole grain fully cooked CN labeled chicken Breakfast Patty produced from USDA natural proportion white and dark meat commodity Chilled Chicken with Isolated Soy Protein. No other types of TVP permitted. Patty to be batter breaded with a crunchy textured whole grain modified crumb style breading system for optimum oven performance and extended holding times. One CN patty to provide 1 oz. of meat/meat alternative and .5 Grain serving. Minimum portion count to be stated on label. Product to provide zero grams trans fats and have allergens identified on label.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	115
Fat (g)	4
Saturated Fat (g)	1
Trans Fatty Acid (g)	0
Cholesterol (mg)	33

Carbohydrates (g)	7
Dietary Fiber (g)	1
Total Sugars (g)	0.5
Protein (g)	7
Whole Grain (g)	4

Vitamins

Vitamin A-IU (IU)	39
Vitamin C (mg)	6

Minerals

Sodium (mg)	198
Calcium (mg)	15
Iron (mg)	1

Everett Kuglar - Director of School Foodservice

1/15/13

Date



Fully Cooked

63210

Whole Grain Breaded Breakfast Chicken Patties

INGREDIENTS: Chicken, Water, Isolated Soy Protein, Dried Whole Egg, Sugar, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder. **BREADED WITH:** Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt Dextrose, Spices, Mono and Diglycerides, Onion Powder, Garlic Powder, Dehydrated Bell Pepper, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Extractives of Paprika, Maltodextrin, Extractives of Turmeric, Yeast Extract, Natural Flavor, Hydrolyzed Corn Gluten, Silicon Dioxide. **BATTERED AND PREDUSTED WITH:** Water, Whole Wheat Flour, Whole Grain Yellow Corn Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Spices Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Calcium Carbonate, Onion Powder, Garlic Powder, Dehydrated Bell Pepper, Extractives of Paprika, Sodium Aluminosilicate, Extractives of Turmeric, Silicon Dioxide.

CONTAINS: EGG, SOY AND WHEAT

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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 10-14 minutes at 350°F;
 Convection Oven for 8-10 minutes at 350°F. Appliances vary, adjust cook times accordingly.

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Each 1.63 oz. Fully Cooked Whole Grain Homestyle Breaded Breakfast Chicken Patties provides 1.00 oz. equivalent meat/meat alternate and 0.50 serving of bread alternate for Child Nutrition Meal Pattern Requirements. (Use of the logo and statement authorized by the Food and Nutrition Service, USDA 10/12.)



(01) 1 00 75632 63210 0



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label.

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand
PRODUCT NAME: FC CN Homestyle Whole Grain Chicken Breakfast Patty with ISP & DWE
CODE NUMBER: 6353 Case Wt: 30# CN# 84902 Donated Food/Case: 20.27# Standard Yield: 148%
SERVING SIZE: 1.63 oz Servings/Case 294 Contribution: 1 M/MA Serving 1/2 Grain Serving*
*Calculation for grains based on 16 grams creditable per ounce.
UPC Code: 75632-06353 9 Gr Cs Wt: 31.95 Case Cube: 1.68 Case Dim: 19.6L x 13.1W x 11.44H Pallet: 7 T x 7 H Cs/Pallet: 49 Shelf Life 365 days

BID DESCRIPTIONS

Whole Grain Homestyle Breaded fully cooked CN labeled chicken breakfast patty produced from USDA A522 natural proportion white and dark meat commodity chicken with isolated soy protein. No other types of Soy permitted. Breakfast patty to be batter breaded with Whole Grain wheat flour homestyle breader. 1 breakfast patty @ 1.63 oz. guaranteed by CN Label to provide 1 oz. meat/meat alternative and 1/2 grain serving. Minimum portion count to be stated on label. Product to provide zero grams trans fats.

NUTRIENT INFORMATION (Preliminary)

Basic Components

Calories (kcal)	80	Carbohydrates (g)	4
Fat (g)	4	Dietary Fiber (g)	0
Saturated Fat (g)	1	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	7
Cholesterol (mg)	23	Whole Grain (g)	4

Vitamins

Vitamin A-IU (IU)	59
Vitamin C (mg)	0

Minerals

Sodium (mg)	195
Calcium (mg)	10
Iron (mg)	1

Everett Kuglar- Director of School Foodservice

1/15/13

Date



Fully Cooked

6353

Whole Grain Homestyle Breaded Breakfast Chicken Patties

INGREDIENTS: Chicken, Water, Isolated Soy Protein, Dried Whole Egg, Sugar, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder. **Breaded With:** Whole Wheat Flour, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Sugar, Spices, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Dextrose, Garlic Powder, Soybean Oil, Extractives of Paprika. **Battered With:** Water, Whole Wheat Flour, Modified Corn Starch, Sugar, Salt, Onion Powder, Leavening (Calcium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Garlic Powder, Chicken Broth, Dextrose, Yeast Extract, Maltodextrin, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Natural and Artificial Flavors, Lactic Acid, Extractives of Paprika. **Predusted With:** Whole Wheat Flour, Modified Corn Starch, Salt, Onion Powder, Garlic Powder, Maltodextrin, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Soybean Oil, Artificial Flavor, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Natural Flavor, Lactic Acid, Soybean Oil, Mono and Diglycerides, Extractives of Paprika.
CONTAINS: EGG, SOY and WHEAT

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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 10-14 minutes at 350°F;
Convection Oven for 8-10 minutes at 350°F. Appliances vary, adjust cook times accordingly.

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Each 1.63 oz. Fully Cooked Whole Grain Homestyle Breaded Breakfast Chicken Patties provides 1.00 oz. equivalent meat/meat alternate and 0.50 serving of bread alternate for Child Nutrition Meal Pattern Requirements. (Use of the logo and statement authorized by the Food and Nutrition Service, USDA 10/12.)



(01) 1 00 75632 06353 9



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand
PRODUCT NAME: FC CN LITE Homestyle Whole Grain Chicken Breakfast Patty with ISP & DWE
CODE NUMBER: 6373 Case Wt: 30# CN# 85651 Donated Food/Case: 23.873# Standard Yield: 125.7%
SERVING SIZE: 1.4 OZ Servings/Case 336 Contribution: 1 M/MA Serving 1/4 Grain Serving*
*Calculation for grains based on 16 grams creditable per ounce.
UPC Code: 75632-06373-7 Gr. Cs/Wt: 31.87 Case Cube: 1.48 Case Dim: 17.1L x 13.1W x 11.44H Pallet: 8T x 7H Cases/Pallet: 56 Shelf Life 365 days

BID DESCRIPTIONS

A fully cooked chicken breakfast patty lightly breaded with a whole grain rich homestyle breader produced from USDA 100103 natural proportion white and dark meat commodity chicken with isolated soy protein. No other types of Soy permitted. Breakfast Patty to be batter breaded with whole grain wheat flour homestyle breader. 1 Breakfast Patty @ 1.4 oz. guaranteed by CN Label to provide 1 oz. meat/meat alternative and **not more than 1/4 grain** serving. Minimum portion count to be stated on label. Product to provide zero grams trans fats.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	80	Carbohydrates (g)	4
Fat (g)	4	Dietary Fiber (g)	.5
Saturated Fat (g)	1	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	7
Cholesterol (mg)	24	Whole Grain (g)	2

Vitamins

Vitamin A-IU (IU)	60
Vitamin C (mg)	0

Minerals

Sodium (mg)	175
Calcium (mg)	11
Iron (mg)	1

Everett Kuglar- Director of School Foodservice

1/15/13

Date



Fully Cooked

6373

Whole Grain Lightly Breaded Homestyle Breakfast Chicken Patties

INGREDIENTS: Chicken, Water, Isolated Soy Protein, Dried Whole Egg, Sugar, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder, **Breaded With:** Whole Wheat Flour, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Sugar, Spices, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Dextrose, Garlic Powder, Soybean Oil, Extractives of Paprika, **Battered With:** Water, Whole Wheat Flour, Modified Corn Starch, Sugar, Salt, Onion Powder, Leavening (Calcium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Garlic Powder, Chicken Broth, Dextrose, Yeast Extract, Maltodextrin, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Natural and Artificial Flavors, Lactic Acid, Extractives of Paprika, **Predusted With:** Whole Wheat Flour, Modified Corn Starch, Salt, Onion Powder, Garlic Powder, Maltodextrin, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Soybean Oil, Artificial Flavor, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Natural Flavor, Lactic Acid, Mono and Diglycerides, Extractives of Paprika.
CONTAINS: EGG, SOY and WHEAT

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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 10-14 minutes at 350°F;
Convection Oven for 8-10 minutes at 350°F. Appliances vary, adjust cook times accordingly.

Each 1.400 oz. Whole Grain Lightly Breaded Homestyle Breakfast Chicken Patties provides 1.00 oz. equivalent meat/meat alternate and 0.25 oz. Equivalent Grains for Child Nutrition Meal Pattern Requirements. (Use of the logo and statement authorized by the Food and Nutrition Service, USDA 11/12.)



(01) 1 00 75632 06373 7



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC CN Traditional Whole Grain Breaded Chicken Patty with ISP & DWE

CODE NUMBER: 66210 Case Wt: 30# CN# 085008 Donated Food/Case: 20.27# Standard Yield: 148%

SERVING SIZE: 3.05 oz Servings/Case 156 Contribution: 2 M/MA Serving 1 Grain Serving*

*Calculation for grains based on 16 grams creditable per ounce.

UPC Code: 100 77013-66210-2 Gr. Wt. 31.95 Case Cube: 1.68 Case Dim: 19.61L x 13.1W x 11.44H Pallet: 7 T x 7 H Cases/Pallet: 49 Shelf Life 365 days

BID DESCRIPTIONS

Whole grain fully cooked CN labeled chicken Patty produced from USDA natural proportion white and dark meat commodity Chilled Chicken with Isolated Soy Protein. No other types of TVP permitted. Patty to be batter breaded with a crunchy textured whole grain modified crumb style breading system for optimum oven performance and extended holding times. One CN patty to provide 2 oz. of meat/meat alternative and one Grain serving. Minimum portion count to be stated on label. Product to provide zero grams trans fats and have allergens identified on label.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	216	Carbohydrates (g)	13
Fat (g)	12	Dietary Fiber (g)	2
Saturated Fat (g)	2	Total Sugars (g)	1
Trans Fatty Acid (g)	0	Protein (g)	14
Cholesterol (mg)	62	Whole Grain (g)	8

Vitamins

Vitamin A-IU (IU)	73
Vitamin C (mg)	11

Minerals

Sodium (mg)	370
Calcium (mg)	29
Iron (mg)	2

Everett Kuglar - Director of School Foodservice

1/15/13

Date

Plant # P-413, Boaz, AL



NET WT. 30 LBS.
MIN. 156 PCS.
KEEP FROZEN

Fully Cooked

66210

Whole Grain Breaded Chicken Patties

INGREDIENTS: Chicken, Water, Isolated Soy Protein, Dried Whole Egg, Nutek (Sea Salt, Potassium Chloride, Rice Flour), Sugar, Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder. **BREADED WITH:** Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt Dextrose, Spices, Mono and Diglycerides, Onion Powder, Garlic Powder, Dehydrated Bell Pepper, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Extractives of Paprika, Maltodextrin, Extractives of Turmeric, Yeast Extract, Natural Flavor, Hydrolyzed Corn Gluten, Silicon Dioxide. **BATTERED AND PREDUSTED WITH:** Water, Whole Wheat Flour, Whole Grain Yellow Corn Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Spices Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Calcium Carbonate, Onion Powder, Garlic Powder, Dehydrated Bell Pepper, Extractives of Paprika, Sodium Aluminosilicate, Extractives of Turmeric, Silicon Dioxide.
CONTAINS: EGG, SOY AND WHEAT

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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 15-20 minutes at 350°F;
Convection Oven for 8-10 minutes at 350°F. Appliances vary, adjust cook times accordingly.

CN
Each 3.05 oz. Fully Cooked Whole Grain Breaded Chicken Breast Patty provides 2.00 oz. equivalent meat/meat alternate and 1.00 serving of bread alternate for Child Nutrition Meal Pattern Requirements. (Use of the logo and statement authorized by the Food and Nutrition Service, USDA 09/12.)
CN



(01)1 00 77013 66210 2



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label.

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC CN Savory Roasted Chicken Patty with ISP & DWE

CODE NUMBER: 66218 Case Wt: 30# CN# 085013 Donated Food/Case: 26.11# Standard Yield: 115%

SERVING SIZE: 2.51 oz Servings/Case 186 Contribution: 2 M/MA Serving 0 Grain/Bread Serving

UPC #: 75632-66218 3 Gross Cs Wt: 31.87 Case Dim: 17.1 L x 13.1 W x 11.4 H Cube: 1.48 Pallet: Ti 8 Hi 7 Cs/Pallet: 56

BID DESCRIPTIONS

"Savory" style lightly coated CN labeled Chicken Patty produced from USDA Commodity natural proportion white and dark meat chicken with Isolated Soy Protein. No other types of Soy permitted. ISP may not exceed 6.5% of finished product weight. Product to be lightly coated with a non gluten based pre dust to enhance product performance and increase products ability to be utilized in multiple menu applications. Light pre dust coating not to exceed 4% by target application. One CN Patty to provide two ounces of meat/meat alternative and 0 grain servings. Minimum portion count to be stated on the label. Product to provide zero grams trans fat and have allergens identified on the label. No gluten allergens permitted. Product does not provide a grain serving.

NUTRIENT INFORMATION – Preliminary

Basic Components

Calories (kcal)	117	Carbohydrates (g)	2
Fat (g)	6	Dietary Fiber (g)	0
Saturated Fat (g)	1	Total Sugars (g)	1
Trans Fatty Acid (g)	0	Protein (g)	15
Cholesterol (mg)	42	Whole Grain (g)	0

Vitamins

Vitamin A-IU (IU)	95
Vitamin C (mg)	1

Minerals

Sodium (mg)	360
Calcium (mg)	15
Iron (mg)	1

Everett Kuglar – Director of School Foodservice

1/15/13

Date

66218

Fully Cooked

Savory Chicken Patty

INGREDIENTS: Chicken, Water, Isolated Soy Protein, Dried Whole Egg, Sugar, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder. **PREDUSTED WITH:** Modified Corn Starch, Yellow Corn Flour, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Dextrose. Predust set in Vegetable Oil.
CONTAINS: SOY AND EGG

NET WT. 30 LBS.
MIN. 186 PCS.
KEEP FROZEN

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CN 085013
One 2.51 oz. Fully Cooked Savory Chicken Patty Provides 2.00 oz. equivalent meat/meat alternate for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 11/12)
CN

HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 15-20 minutes at 350°F;
Convection Oven for 8-10 minutes at 350°F. Appliances vary, adjust cook times accordingly.



(01) 1 00 75632 66218 3



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC CN Homestyle Whole Grain Chicken Patty with ISP & DWE

CODE NUMBER: 6654 Case Wt: 30# CN# 84905 Donated Food/Case: 20.27# Standard Yield: 148%

SERVING SIZE: 3.05 oz Servings/Case 156 Contribution: 2 M/MA Serving 1 Grain Serving*

*Calculation for grains based on 16 grams creditable per ounce.

UPC Code: 75632-6654-7 Gr Cs Wt: 31.95 Case Cube: 1.68 Case Dim: 19.6 L x 13.1 W x 11.44 H Pallet: 7T x 7H Cs/Pallet: 49 Shelf Life 365 days

BID DESCRIPTIONS

Whole Grain Homestyle Breaded fully cooked CN labeled chicken patty produced from USDA 100103-A522 natural proportion white and dark meat commodity chicken with isolated soy protein. No other types of Soy permitted. Patties to be batter breaded with whole grain wheat flour homestyle breader. 1 patty @ 3.05 oz. guaranteed by CN Label to provide 2 oz. meat/meat alternative and 1 grain serving. Minimum portion count to be stated on label. Product to provide zero grams trans fats.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	171	Carbohydrates (g)	9
Fat (g)	8	Dietary Fiber (g)	2
Saturated Fat (g)	2	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	15
Cholesterol (mg)	50	Whole Grain (g)	8

Vitamins

Vitamin A-IU (IU)	127
Vitamin C (mg)	1

Minerals

Sodium (mg)	396
Calcium (mg)	22
Iron (mg)	2

Everett Kuglar- Director of School Foodservice

1/15/13

Date



Fully Cooked

6654

Whole Grain Homestyle Breaded Chicken Patty

INGREDIENTS: Chicken, Water, Isolated Soy Protein, Dried Whole Egg, Sugar, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder, **Breaded With:** Whole Wheat Flour, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Sugar, Spices, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Dextrose, Garlic Powder, Soybean Oil, Extractives of Paprika, **Battered With:** Water, Whole Wheat Flour, Modified Corn Starch, Sugar, Salt, Onion Powder, Leavening (Calcium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Garlic Powder, Chicken Broth, Dextrose, Yeast Extract, Maltodextrin, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Natural and Artificial Flavors, Lactic Acid, Extractives of Paprika, **Predusted With:** Whole Wheat Flour, Modified Corn Starch, Salt, Onion Powder, Garlic Powder, Maltodextrin, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Soybean Oil, Artificial Flavor, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Natural Flavor, Lactic Acid, Soybean Oil, Mono and Diglycerides, Extractives of Paprika.

CONTAINS: EGG, SOY and WHEAT

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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 15-20 minutes at 350°F;
Convection Oven for 8-10 minutes at 350°F. Appliances vary, adjust cook times accordingly.

Each 3.05 oz. Fully Cooked Whole Grain Homestyle Breaded Chicken Patty provides 2.00 oz. equivalent meat/meat alternate and 1.00 serving of bread alternate for Child Nutrition Meal Pattern Requirements. (Use of the logo and statement authorized by the Food and Nutrition Service, USDA 10/12.)



(01) 1 00 75632 06654 7



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label.

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: CN FC Hot & Spicy Whole Grain Breaded Chicken Patty with ISP

CODE NUMBER: 66660 Case Wt: 30# CN# 84885 Donated Food/Case: 20.27# Standard Yield: 148%

SERVING SIZE: 3.05 oz Servings/Case 156 Contribution: 2 M/MA Serving 1 Grain Serving*

*Calculation for grains based on 16 grams creditable per ounce.

UPC Code: 75632-66660-0 Gr Cs Wt: 31.95 Case Cube: 1.68 Case Dim: 19.6 L x 13.1 W x 11.44 H Pallet: 7 T x 7 H Cases/Pallet: 49 Shelf Life 365 days

BID DESCRIPTIONS

Hot and spicy seasoned whole grain CN labeled Chicken Patty produced from USDA Commodity natural proportion white and dark meat chicken with Isolated Soy Protein. No other types of Soy permitted. Patty is to be batter breaded with a crunchy textured spicy seasoned modified crumb style breading system for optimum oven performance and extended holding times. One CN patty to provide 2 oz meat/meat alternative, 1 Grain serving, and 8 grams of whole grain per serving. Minimum portion count to be stated on the label. Product to provide zero grams trans fat and have allergens identified on the label.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	184	Carbohydrates (g)	13
Fat (g)	8	Dietary Fiber (g)	1
Saturated Fat (g)	2	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	15
Cholesterol (mg)	50	Whole Grain (g)	8

Vitamins

Vitamin A-IU (IU)	163
Vitamin C (mg)	1

Minerals

Sodium (mg)	236
Calcium (mg)	21
Iron (mg)	2

Everett Kuglar - Director of School Foodservice

9/4/2013

Date



Fully Cooked

66660

Whole Grain Hot & Spicy Breaded Chicken Patty

INGREDIENTS: Chicken, Water, Isolated Soy Protein, Dried Whole Egg, Sugar, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder, **Breaded With:** Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Spices, Salt, Mono and Diglycerides, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Extractives of Paprika and Annatto, Garlic Powder, Gum Arabic, Spice Extractive. **Battered and Preduced With:** Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Modified Corn Starch, Yellow Corn Flour, Spices, Garlic Powder, Leavening (Monocalcium Phosphate, Sodium Bicarbonate), Extractives of Paprika and Annatto, Onion Powder, Gum Arabic, Natural Flavor, Spice Extractive, Breading Set in Vegetable Oil.

CONTAINS: EGG, SOY AND WHEAT

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Each 3.05 oz, Fully Cooked Whole Grain Hot & Spicy Breaded Chicken Patty provides 2.00 oz. equivalent meat/meat alternative and 1.00 serving of bread alternative for Child Nutrition Meal Pattern Requirements. (Use of the logo and statement authorized by the Food and Nutrition Service, USDA 10/12)

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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 15-20 minutes at 350°F; Convection Oven for 8-10 minutes at 350°F. Appliances vary, adjust cook times accordingly.



(01) 1 00 75632 66660 0



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label.

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: CN FC Hot & Spicy Whole Grain Breaded Chicken Patty w/ ISP & Foil Bags

CODE NUMBER: 66661 Case Wt: 30# CN# 84888 Donated Food/Case: 20.27# Standard Yield: 148%

SERVING SIZE: 3.05 oz Servings/Case 156 Contribution: 2 M/MA Serving 1 Grain Serving*

*Calculation for grains based on 16 grams creditable per ounce.

UPC Code: 75632-66661-7 Gr.Cs./Wt: 31.95 Case Cube: 1.68 Case Dim: 19.6 L x 13.1 W x 11.44 H Pallet: 7 T x 7 H Cases/Pallet: 49 Shelf Life 365 days

BID DESCRIPTIONS

Hot and spicy seasoned whole grain CN labeled Chicken Patty produced from USDA Commodity natural proportion white and dark meat chicken with Isolated Soy Protein. No other types of Soy permitted. Patty is to be batter breaded with a crunchy textured spicy seasoned modified crumb style breading system for optimum oven performance and extended holding times. One CN patty to provide 2 oz meat/meat alternative, 1 grain serving, and 8 grams of whole grain per serving. Minimum portion count to be stated on the label. Product to provide zero grams trans fat and have allergens identified on the label.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	184	Carbohydrates (g)	13
Fat (g)	8	Dietary Fiber (g)	1
Saturated Fat (g)	2	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	15
Cholesterol (mg)	50	Whole Grain (g)	8

Vitamins

Vitamin A-IU (IU)	163
Vitamin C (mg)	1

Minerals

Sodium (mg)	236
Calcium (mg)	21
Iron (mg)	2

Everett Kuglar

Everett Kuglar - Director of School Foodservice

9/4/13

Date



Fully Cooked

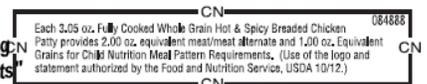
66661

Whole Grain Hot & Spicy Breaded Chicken Patty

INGREDIENTS: Chicken, Water, Isolated Soy Protein, Dried Whole Egg, Sugar, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder, **Breaded With:** Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Spices, Salt, Mono and Diglycerides, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Extractives of Paprika and Annatto, Garlic Powder, Gum Arabic, Spice Extractive. **Battered and Predusted With:** Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Modified Corn Starch, Yellow Corn Flour, Spices, Garlic Powder, Leavening (Monocalcium Phosphate, Sodium Bicarbonate), Extractives of Paprika and Annatto, Onion Powder, Gum Arabic, Natural Flavor, Spice Extractive, Breading Set in Vegetable Oil.

CONTAINS: EGG, SOY AND WHEAT

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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 15-20 minutes at 350°F;
Convection Oven for 8-10 minutes at 350°F. Appliances vary, adjust cook times accordingly.



(01) 1 00 75632 66661 7



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC CN LITE Homestyle Whole Grain Chicken Patty with ISP & DWE

CODE NUMBER: 6673 Case Wt: 30# CN# 85655 Donated Food/Case: 23.316# Standard Yield: 128.7%

SERVING SIZE: 2.65 oz Servings/Case 180 Contribution: 2 M/MA Serving 1/2 Grain Serving*

*Calculation for grains based on 16 grams creditable per ounce.

UPC Code: 75632-06673-8 Gr Cs. Wt: 31.87 Case Cube: 1.48 Case Dim: 17.1L x13.1W x11.44H Pallet: 8T x 7H Cases/Pallet: 56 Shelf Life 365 days

BID DESCRIPTIONS

A fully cooked chicken patty lightly breaded with a whole grain rich homestyle breader produced from USDA 100103 natural proportion white and dark meat commodity chicken with isolated soy protein. No other types of Soy permitted. Patties to be batter breaded with whole grain wheat flour homestyle breader. 1 patty @ 2.65 oz. guaranteed by CN Label to provide 2 oz. meat/meat alternative and **not more than 1/2 grain serving**. Minimum portion count to be stated on label. Product to provide zero grams trans fats.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	164	Carbohydrates (g)	9
Fat (g)	8	Dietary Fiber (g)	1
Saturated Fat (g)	2	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	14
Cholesterol (mg)	48	Whole Grain (g)	4

Vitamins

Vitamin A-IU (IU)	123
Vitamin C (mg)	1

Minerals

Sodium (mg)	356
Calcium (mg)	22
Iron (mg)	2

Everett Kuglar- Director of School Foodservice

1/15/13

Date



Fully Cooked

6673

Whole Grain Lightly Breaded Homestyle Chicken Patty

INGREDIENTS: Chicken, Water, Isolated Soy Protein, Dried Whole Egg, Sugar, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder, **Breaded With:** Whole Wheat Flour, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Sugar, Spices, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Dextrose, Garlic Powder, Soybean Oil, Extractives of Paprika, **Battered With:** Water, Whole Wheat Flour, Modified Corn Starch, Sugar, Salt, Onion Powder, Leavening (Calcium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Garlic Powder, Chicken Broth, Dextrose, Yeast Extract, Maltodextrin, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Natural and Artificial Flavors, Lactic Acid, Extractives of Paprika.

Predusted With: Whole Wheat Flour, Modified Corn Starch, Salt, Onion Powder, Garlic Powder, Maltodextrin, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Soybean Oil, Artificial Flavor, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Natural Flavor, Lactic Acid, Mono and Diglycerides, Extractives of Paprika.

CONTAINS: EGG, SOY and WHEAT

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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 15-20 minutes at 350°F; Convection Oven for 8-10 minutes at 350°F. Appliances vary, adjust cook times accordingly.

Each 2.65 oz. Fully Cooked Whole Grain Lightly Breaded Homestyle Chicken Patty provides 2.00 oz. equivalent meat/meat alternate and 0.50 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of the logo and statement authorized by the Food and Nutrition Service, USDA 3/13.)



(01) 1 00 75632 06673 8



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label.

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC CN Whole Grain Breaded Popcorn Chicken with ISP

CODE NUMBER: 69160 Case Wt: 20# CN# 084927 Donated Food/Case: 12.341# Standard Yield: 162%

SERVING SIZE: 3.08 oz Servings/Case 103 Contribution: 2.0 M/MA Serving 1 Grain Serving*

14 - .22 oz pieces = 1 serving

*Calculation for grains based on 16 grams creditable per ounce.

UPC #: 10075632 69160 2 Gross Cs Wt.: 21.45# Case Dim: 15.8 L x 9.5 W x 7.6 H Cube: 1.02 Pallet: Ti 10 Hi 8 Cs/Pallet: 80 Shelf Life 365 days

BID DESCRIPTIONS

Whole Grain Breaded fully cooked CN labeled chicken popcorn bites with isolated soy protein produced from USDA A522 natural proportion white and dark meat commodity chicken. No other types of TVP permitted. Chicken popcorn bites to be batter breaded with Whole Grain wheat flour homestyle breader. 14 Popcorn bites @ 0.22 oz. each guaranteed by CN label provides 2 oz. meat/meat alternative and 1 Grain serving. Minimum piece count per case to be stated on label. Product must provide zero grams trans fat.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	211	Carbohydrates (g)	13
Fat (g)	9	Dietary Fiber (g)	2
Saturated Fat (g)	2	Total Sugars (g)	1
Trans Fatty Acid (g)	0	Protein (g)	15
Cholesterol (mg)	47	Whole Grain (g)	8

Vitamins

Vitamin A-IU (IU)	112
Vitamin C (mg)	1

Minerals

Sodium (mg)	400
Calcium (mg)	16
Iron (mg)	2

Everett Kuglar – Director of School Foodservice

1/15/13

Date



Fully Cooked

69160

Whole Grain Popcorn Style Chicken Patty Fritters

INGREDIENTS: Chicken, Water, Isolated Soy Protein, Dried Whole Egg, Sugar, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder. **Breaded With:** Whole Wheat Flour, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Disodium Inosinate and Disodium Guanylate, Onion Powder, Spice, Yeast, Garlic Powder, Maltodextrin, Sugar, Soy Sauce (Fermented Soybeans, Wheat, Salt), Extractives of Paprika, Yeast Extract. **Battered With:** Water, Whole Wheat Flour, Modified Corn Starch, Salt, Onion Powder, Garlic Powder, Nonfat Milk, Whey, Disodium Inosinate and Disodium Guanylate.

Predusted With: Whole Wheat Flour, Modified Corn Starch, Salt, Spice Extractive.

CONTAINS: EGG, MILK, SOY AND WHEAT

CN Each 3.08 oz. serving (by weight) of Fully Cooked Whole Grain Popcorn Style Chicken Patty Fritters provides 2.00 oz. equivalent meat/meat alternate and 1.00 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of the logo and statement authorized by the Food and Nutrition Service, USDA 05/13.) CN

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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 10-12 minutes at 350°F;
Convection Oven for 6-8 minutes at 350°F. Appliances vary, adjust cook times accordingly.



(01)1 00 75632 69160 2



FACT SHEET

COMMODITY WHOLE MUSCLE PROCESSING



PROCESSOR NAME: Pilgrim's Pride Corp. – Chris P Chicken Brand

PRODUCT NAME: FC Whole Grain Breaded Chicken Breast Fillet

CODE NUMBER: 7516 Case Wt: 30# CN# 0 Donated Food/Case: 24.76# Standard Yield: 121%WM

SERVING SIZE: 4 oz Servings/Case 120 avg. Contribution: 2 MMA Serving 1 Grain Serving*

*Calculation for grains based on 16 grams creditable per ounce.

UPC Code: 075632 07516 7 GR CS WT 31.87 Cube: 1.48 Case Dim: 17.1L x13.1W x11.44H Pallet: 8 T x 7 H Cases/Pallet: 56 Shelf Life 365 days



BID DESCRIPTIONS

Fully cooked Whole Grain Breaded Skinless and Boneless Breast Meat 1 piece Whole Muscle Chicken Fillet. The approximate meat and Grain credits per serving meal contribution of 7516 Fully Cooked Chris P Whole Grain Breaded Breast Filet is 1 piece provides 2 oz. equivalent meat credit and 1 servings of Grain alternate.

***Please note, this is not a USDA approved CN labeled product. The meat and grain credits per serving have been calculated using resource data derived from the USDA Food Buying Guide.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	216	Carbohydrates (g)	16
Fat (g)	8	Dietary Fiber (g)	2
Saturated Fat (g)	1	Total Sugars (g)	1
Trans Fatty Acid (g)	0	Protein (g)	20
Cholesterol (mg)	45	Whole Grain (g)	8

Vitamins

Vitamin A-IU (IU)	188
Vitamin C (mg)	0

Minerals

Sodium (mg)	576
Calcium (mg)	21
Iron (mg)	1

Everett Kuglar

Everett Kuglar- Director of School Foodservice

5/1/13

Date

7516

Fully Cooked - Boneless, Skinless

Whole Grain Breaded Chicken Breast Fillets

With Rib Meat

INGREDIENTS: Boneless, Skinless Chicken Breast Fillets with Rib Meat, Water, Modified Food Starch, Reduced Sodium Sea Salt(Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, Sugar, Black Pepper, White Pepper, Garlic Powder, Yeast Extract. **Breaded With:** Whole Wheat Flour, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Yeast, Spice, Extractives of Paprika, Annatto and Turmeric, Dextrose, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate). **Battered With:** Water, Whole Wheat Flour, Modified Corn Starch, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Leavening (Calcium Acid Pyrophosphate, Monocalcium Phosphate, Sodium Bicarbonate), Spice, Maltodextrin, Extractives of Paprika, Annatto and Turmeric, Natural Butter Flavor. **Preduced With:** Whole Wheat Flour, Modified Corn Starch, Salt, Spice Extractive. Breeding Set in Vegetable Oil.

CONTAINS: MILK AND WHEAT

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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 20-24 minutes at 350°F.
Convection oven for 13-17 minutes at 350°F. Appliances may vary, adjust cook times accordingly.



(01) 1 00 75632 07516 7





FACT SHEET

COMMODITY WHOLE MUSCLE PROCESSING



PROCESSOR NAME: Pilgrim's Pride Corp. – Chris P Chicken Brand

PRODUCT NAME: FC Hot & Spicy Whole Grain Breaded Chicken Breast Fillet

CODE NUMBER: 7517 Case Wt: 30# CN# 0 Donated Food/Case: 24.76# Standard Yield: 121%WM

SERVING SIZE: 4 oz Servings/Case 120 avg. Contribution: 2 MMA Serving 1 Grain Serving

**Calculation for grains based on 16 grams creditable per ounce.*

UPC Code: 075632 07517 4 GR CS WT 31.87 Cube: 1.48 Case Dim: 17.1L x13.1W x 11.44H Pallet: 8T x 7H Cases/Pallet: 56 Shelf Life 365 days

BID DESCRIPTIONS

Fully cooked Whole Grain Breaded Hot & Spicy Skinless and Boneless Whole Muscle Breast Meat Chicken Fillet. The approximate meat and grain credits per serving meal contribution of 7517 Fully Cooked Chris P. Hot and Spicy Whole Grain Breaded Breast Filet is 1 piece provides 2 oz. equivalent meat credit and 1 servings of Grain alternate.

*****Please note, this is not a USDA approved CN labeled product. The meat and grain credits per serving have been calculated using resource data derived from the USDA Food Buying Guide.**

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	216	Carbohydrates (g)	16
Fat (g)	8	Dietary Fiber (g)	3
Saturated Fat (g)	1	Total Sugars (g)	1
Trans Fatty Acid (g)	0	Protein (g)	18
Cholesterol (mg)	45	Whole Grain (g)	8

Vitamins

Vitamin A-IU (IU)	174
Vitamin C (mg)	0

Minerals

Sodium (mg)	534
Calcium (mg)	18
Iron (mg)	1

Everett Kuglar

Everett Kuglar – Director of School Foodservice

5/1/13

Date



Fully Cooked - Boneless, Skinless

7517

Whole Grain Hot and Spicy Breaded Chicken Breast Fillets

With Rib Meat

INGREDIENTS: White Chicken, Water, Modified Food Starch, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, Sugar, Black Pepper, White Pepper, Garlic Powder, Autolyzed Yeast Extract, **Breaded With:** Whole Wheat Flour, Salt, Spices, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Garlic Powder, Onion Powder, Yeast Extract, Sugar, Spice Extractive, Dextrose, Extractives of Paprika, **Battered With:** Water, Whole Wheat Flour, Modified Corn Starch, Yellow Corn Flour, Salt, Spices, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Garlic Powder, Onion Powder, Gum Arabic, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Spice Extractive, Whey, Extractives of Paprika, **Preadusted With:** Whole Wheat Flour, Modified Corn Starch, Salt, Spice Extractives, **CONTAINS: MILK AND WHEAT**

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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 25 minutes at 350°F, Convection Oven for 20 minutes at 350°F. Appliances vary, adjust heating instructions accordingly.



(01) 1 00 75632 07517 4



FACT SHEET

COMMODITY WHOLE MUSCLE PROCESSING



PROCESSOR NAME: Pilgrim's Pride Corp. – Chris P Chicken Brand

PRODUCT NAME: FC Whole Muscle Whole Grain Breaded Chicken Bites

CODE NUMBER: 7518 Case Wt: 30# CN# 0 Donated Food/Case: 24.76# Standard Yield: 121%WM

SERVING SIZE: 3.75 oz Servings/Case 128 Avg. Contribution: 2 MMA Serving 1 Grain Serving
5 - .75 oz bites = 3.75 oz serving *Calculation for grains based on 16 grams creditable per ounce.

UPC Code: 075632 07518 1 GR CS WT 31.87 Cube: 1.48 Case Dim: 17.1 L x13.1 W x11.44 H Pallet: 8 T x 7 H Cases/Pallet: 56 Shelf Life 365 days



BID DESCRIPTIONS

Fully Cooked Whole Grain Breaded Skinless and Boneless Whole Muscle Breast Meat Chicken Bites. 5 - .75 oz avg. bites equals 1 – 3.75 oz serving. The approximate meat and Grain credits per serving meal contribution of 7518 Fully Cooked Chris P Whole Grain Breaded Breast Bites is 5 bites provides 2 oz. equivalent meat credit and 1 servings of Grain alternate.

***Please note, this is not a USDA approved CN labeled product. The meat and grain credits per serving have been calculated using resource data derived from the USDA Food Buying Guide.

NUTRIENT INFORMATION

Basic Components

Calories (Kcal)	208	Carbohydrates (g)	15
Fat (g)	8	Dietary Fiber (g)	2
Saturated Fat (g)	1	Total Sugars (g)	1
Trans Fatty Acid (g)	0	Protein (g)	19
Cholesterol (mg)	42	Whole Grain (g)	8

Vitamins

Vitamin A-IU (IU)	178
Vitamin C (mg)	0

Minerals

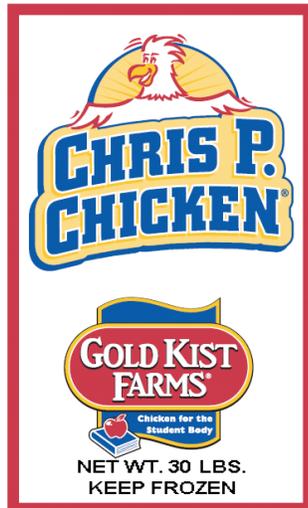
Sodium (mg)	546
Calcium (mg)	20
Iron (mg)	1

Everett Kuglar

Everett Kuglar – Director of Schéol Foodservice

9/9/13

Date



Fully Cooked - Boneless, Skinless

7518

Whole Grain Breaded Chicken Breast Chunks

With Rib Meat

INGREDIENTS: Boneless, Skinless Chicken Breast with Rib Meat, Water, Modified Food Starch, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, Sugar, Black Pepper, White Pepper, Garlic Powder, Yeast Extract, **Breaded With:** Whole Wheat Flour, Wheat Flour, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Yeast Extract, Spice, Yeast, Soybean Oil, Extractives of Paprika, Annatto and Turmeric, Dextrose, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate). **Battered With:** Water, Whole Wheat Flour, Modified Corn Starch, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar Leavening (Calcium Acid Pyrophosphate, Monocalcium Phosphate, Sodium Bicarbonate), Spice, Maltodextrin, Extractives of Paprika, Annatto and Turmeric, Natural Butter Flavor. **Preduced With:** Whole Wheat Flour, Modified Corn Starch, Salt, Spice Extractive. Breeding Set in Vegetable Oil.

CONTAINS: MILK AND WHEAT

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HEATING INSTRUCTIONS FROM FROZEN: Convection Oven for 16-20 minutes at 350°F. Convection oven for 12-16 minutes at 350°F. Appliances may vary, adjust cook times accordingly.



(01) 1 00 75632 07518 1



FACT SHEET



PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC Whole Muscle Roasted Chicken Breast Fillet with Grill Marks

CODE NUMBER: 7520 Case Wt: 20# CN# none Donated Food/Case: 25.45 Standard Yield: 88%

SERVING SIZE: Aprox. 3 OZ Servings/Case 106 Target 96 to 116 Contribution: 2 MMA Serving

UPC Code: 77013-07520-9 Gross Cs Wt. 21.45 Case Cube: 1.02 Case Dim: 15.8 L x 11.8 W x 9.5 H Pallet: 10 T x 8 H Cases/Pallet: 80



BID DESCRIPTIONS

Fully cooked Skinless and Boneless Breast Filet. Whole Muscle Chicken Breast Filet. Whole muscle chicken breast filet produced from sized young broiler breast meat. Product is not chopped and formed.

NUTRIENT INFORMATION

Computer generated nutritional information base on product ingredient formulation

Basic Components

Calories (kcal)	98	Carbohydrates (g)	1
Fat (g)	2	Dietary Fiber (g)	0
Saturated Fat (g)	1	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	19
Cholesterol (mg)	56	Whole Grain (g)	0

Vitamins

Vitamin A-IU (IU)	26
Vitamin C (mg)	1

Minerals

Sodium (mg)	417
Calcium (mg)	7
Iron (mg)	1

Everett Kuglar - Director of School Foodservice

1/15/13

Date



Fully Cooked

7520

Chicken Breast Fillets

With Rib Meat - Grill Marks Added

INGREDIENTS: Chicken Breast Fillets with Rib Meat, Water, Isolated Soy Protein, Modified Food Starch, Carrageenan, Salt, Sodium Phosphates.

Allergens: Soy

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HEATING INSTRUCTIONS FROM FROZEN: Microwave: On high 1½ minutes per portion; Conventional Oven: for 10-12 minutes at 400°F; Convection Oven for 8-10 minutes at 375°F. Appliances vary, adjust cook time accordingly.



(01) 1 00 77013 07520 9



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label or 3 oz. edible portion on bulk items.

Replacing Code 7810 for 13-14 school year

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC Whole Grain Breaded Chicken 8 Piece Cut Up Parts

CODE NUMBER: 7812 Case Wt: 35# CN# 0 Donated Food/Case: 27.73# Standard Yield: 126%

SERVING SIZE: 1 breast, 1 thigh, 1 drum & wing combination Servings/Case avg. 80

Contribution: 2 M/MA Serving 1 Grain Serving *Calculation for grains based on 16 grams creditable per ounce.

UPC #: 075632 07812 0 Gross Cs. Wt: 37.18 Case Dim: 19.6 L x 13.1 W x 13.1 H Cube: 1.94 Pallet: Ti 7 Hi 6 Cs/Pallet: 42 Shelf Life 365 days

BID DESCRIPTIONS

Fully cooked marinated Whole Grain breaded 8 piece chicken parts produced from USDA A521 commodity chicken. Product is to be packed in separate color coded bags by chicken part. Product must be produced for oven preparation. Each breast, thigh, or drumstick and wing combination to provide 2 ounces meat/ meat alternative per the USDA Food Buying Guide and 1 Grain serving. Product to provide zero grams trans fats.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	215	Carbohydrates (g)	11
Fat (g)	13	Dietary Fiber (g)	1
Saturated Fat (g)	3	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	12
Cholesterol (mg)	41	Whole Grains(g)	8

Vitamins

Vitamin A-IU (IU)	78
Vitamin C (mg)	1

Minerals

Sodium (mg)	591
Calcium (mg)	12
Iron (mg)	1

Everett Kuglar - Director of School Foodservice

7/15/13

Date

NET WT. 35 LB.
KEEP FROZEN
Approximately
80 Servings

Fully Cooked

7812

Whole Grain Breaded Chicken Parts

INGREDIENTS: Fryer Chicken Parts, Water, Salt, Sodium Phosphates, Citric Acid. **Breaded With:** Whole Wheat Flour, Bleached Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Spices, Garlic Powder, Onion Powder, Dehydrated Bell Pepper. **Battered With:** Water, Whole Wheat Flour, Bleached Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Dehydrated Bell Pepper, Spices, Onion Powder, Extractives of Paprika. **Predusted With:** Whole Wheat Flour, Bleached Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Corn Starch, Wheat Gluten, Dried Egg Whites, Salt.

CONTAINS: EGG AND WHEAT

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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 35-40 minutes at 350°F. Convection oven for 25-30 minutes at 350°F.
Appliances may vary, adjust cook times accordingly.



(01) 1 00 75632 07812 0



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label

Replacing Code 7915 for 13-14 school year

PROCESSOR NAME: **Pilgrim's Pride Corp. - Gold Kist Farms Brand**

PRODUCT NAME: **FC CN Whole Grain Breaded Popcorn Chicken with ISP with Serving Cups**

CODE NUMBER: **7916** Case Wt: **20#** CN# **084924** Donated Food/Case: **12.341#** Standard Yield: **162%**

SERVING SIZE: **3.08 oz** Servings/Case **103** Contribution: **2 oz M/MA Serving** **1 oz Grain Serving***
 14 - .22 oz pieces = 1 serving *Calculation for grains based on 16 grams creditable per ounce

UPC #: **75632 07916 5** Gr Cs Wt.: **22.45#** Case Dim: **15.8 L x 11.8 W x 9.5 H** Cube: **1.02** Pallet: **Ti 10 Hi 8** Cs/Pallet: **80** Shelf Life **365 days**



BID DESCRIPTIONS

Whole Grain Breaded fully cooked CN labeled chicken popcorn bites with isolated soy protein produced from USDA A522 natural proportion white and dark meat commodity chicken. No other types of TVP permitted. Chicken popcorn bites to be batter breaded with Whole Grain wheat flour homestyle breader. 14 Popcorn bites @ 0.22 oz. each guaranteed by CN label provides 2 oz. meat/meat alternative and 1 Grain serving. Minimum piece count per case to be stated on label. Product must provide zero grams trans fat. Each case must contain at least one

cup per stated CN serving.

NUTRIENT INFORMATION -

Basic Components

Calories (kcal)	211	Carbohydrates (g)	13
Fat (g)	9	Dietary Fiber (g)	2
Saturated Fat (g)	2	Total Sugars (g)	1
Trans Fatty Acid (g)	0	Protein (g)	15
Cholesterol (mg)	47	Whole Grain (g)	8

Vitamins

Vitamin A-IU (IU)	112
Vitamin C (mg)	1

Minerals

Sodium (mg)	400
Calcium (mg)	16
Iron (mg)	2

Everett Kuglar

Everett Kuglar - Director of School Foodservice

1/15/13

Date



Fully Cooked

7916

Whole Grain Popcorn Style Chicken Patty Fritters

INGREDIENTS: Chicken, Water, Isolated Soy Protein, Dried Whole Egg, Sugar, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder. **Breaded With:** Whole Wheat Flour, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Disodium Inosinate and Disodium Guanylate, Onion Powder, Spice, Yeast, Garlic Powder, Maltodextrin, Sugar, Soy Sauce (Fermented Soybeans, Wheat, Salt), Extractives of Paprika, Yeast Extract. **Battered With:** Water, Whole Wheat Flour, Modified Corn Starch, Salt, Onion Powder, Garlic Powder, Nonfat Milk, Whey, Disodium Inosinate and Disodium Guanylate. **Predusted With:** Whole Wheat Flour, Modified Corn Starch, Salt, Spice Extractive.

CONTAINS: EGG, MILK, SOY AND WHEAT

"Copy not for documenting Federal Meal Requirements"

Each 3.08 oz. serving (by weight) of Fully Cooked Whole Grain Popcorn Style Chicken Patty Fritters provides 2.00 oz. equivalent meat/meat alternate and 1.00 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of the logo and statement authorized by the Food and Nutrition Service, USDA 05/13.)

Distributed By: Pilgrim's Pride Corporation
 1770 Promontory Circle, Greeley, CO 80634 800-321-1470 www.poultry.com
 Gold Kist Farms is a registered trademark of Pilgrim's Pride Corporation
 Product of USA



HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 10-12 minutes at 350°F; Convection Oven for 6-8 minutes at 350°F. Appliances vary, adjust cook times accordingly.



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FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label or 3 oz. edible portion on bulk items.

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC Roasted Chicken 4 Piece Cut Up Parts- Breast & Thighs

CODE NUMBER: 88013 Case Wt: 30# CN# Not CN Donated Food/Case: 27.885# Standard Yield: 108%

SERVING SIZE: 1 breast, 1 thigh Servings/Case approximately 84 Contribution: 2 MMA Serv. 0 Bread Serv.

UPC Code: 75632-88013-9 Case Cube: 1.48 Case Dim: 17.06 L x 13.06 W x 11.44 H Pallet: 8 T x 7 H Cases/Pallet: 56



BID DESCRIPTIONS

Fully cooked marinated, roasted, unbreaded, 4 piece chicken parts produced from USDA 100100 commodity chicken. Product must be produced for oven preparation. Each breast or thigh to provide 2 ounces meat/ meat alternative. Product to provide zero grams trans fats.

NUTRIENT INFORMATION (Preliminary) (Based on 3 oz edible chicken)

Basic Components

Calories (kcal)	170	Carbohydrates (g)	0
Fat (g)	10	Dietary Fiber (g)	0
Saturated Fat (g)	3.5	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	19
Cholesterol (mg)	100		

Vitamins

Vitamin A-IU (IU)	105
Vitamin C (mg)	1

Minerals

Sodium (mg)	95
Calcium (mg)	1
Iron (mg)	1

Everett Kuglar - Director of School Foodservice

1/15/13

Date

Plant # P-21, Moorefield, WV



Fully Cooked

88013

Roasted Chicken Breasts and Thighs

INGREDIENTS: Chicken Breasts and Thighs, Water, Salt, Sodium Phosphates, Dextrose and Citric Acid

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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 32-35 minutes at 350°F;
Convection Oven for 18-20 minutes at 350°F. Appliances vary, adjust cook times accordingly.



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FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label or 3 oz. edible portion on bulk items.

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC Roasted Chicken 8 Piece Cut Up Parts

CODE NUMBER: 8820 Case Wt: 30# CN# 0 Donated Food/Case: 27.885# Standard Yield: 108%

SERVING SIZE: 1 breast, 1 thigh, 1 drum & wing combination Servings/Case average 92

Contribution: 2 MMA Serving 0 Grain Serving

UPC Code: 41723-08820 Gr.Cs Wt: 31.77 Case Cube: 1.48 Case Dim: 17.1L x13.1W x11.444H Pallet: 8 T x 7 H Cases/Pallet: 56 Shelf Life 365 days

BID DESCRIPTIONS

Fully cooked marinated roasted 8 piece chicken parts produced from USDA A521 commodity chicken. Product is to be packed in separate color coded bags by chicken part. Product must be produced for oven preparation. Each breast, thigh, or drumstick and wing combination to provide 2 ounces meat/meat alternative per the USDA Food Buying Guide. Product to provide zero grams trans fats.

NUTRIENT INFORMATION (Based on 3 oz edible chicken)

Basic Components

Calories (kcal)	170	Carbohydrates (g)	0
Fat (g)	10	Dietary Fiber (g)	0
Saturated Fat (g)	3.5	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	19
Cholesterol (mg)	100	Whole Grain (g)	0

Vitamins

Vitamin A-IU (IU)	105
Vitamin C (mg)	1

Minerals

Sodium (mg)	95
Calcium (mg)	1
Iron (mg)	1

Everett Kuglar - Director of School Foodservice

1/15/13

Date



Fully Cooked

8820

Roasted Chicken 8-Piece Cut-Up

INGREDIENTS: Chicken Parts, Water, Salt, Sodium Phosphates, Dextrose and Citric Acid.

Product contains 0g Trans Fat per serving.
One Serving = 1 breast piece, 1 thigh with back or 1 drumstick and 1 wing.



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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 32-35 minutes at 375°F; Convection Oven for 18-20 minutes at 350°F; Appliances vary, adjust cook times accordingly.

Nutrition Facts

Serving Size: 3oz. (84g) Edible Portion
Servings Per Container: Varies

Amount Per Serving	
Calories 170	Calories from Fat 90
% Daily Value*	
Total Fat 10g	15%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 100mg	33%
Sodium 95mg	4%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 19g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 4%

*Percent Daily Values are based on a 2,000



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