

Helen Davis February 2016 K-8 Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <i>Chicken nuggets French fries Spinach Corn bread Mixed fruit 1% Variety milk</i>	2 <i>Tuna sandwich Salad w/ranch Vanilla ice cream Pineapple 1% Variety milk</i>	3 <i>Beef burrito Refried beans Pears 1% Variety milk</i>	4 <i>Salisbury steak Mashed potatoes Green beans Bread w/margarine Strawberries 1% Variety milk</i>	5 <i>Fish sticks Peas & carrots Stewed tomatoes Bread w/margarine Spiced peaches 1% Variety milk</i>	6
7	8 <i>Beef Sheppard pie Broccoli Bread w/margarine Mixed fruit 1% Variety milk</i>	9 <i>Chicken ala King on rice Carrots Spiced apples 1% Variety milk</i>	10 <i>Turkey hot dog Coleslaw Baked beans Mandarin oranges 1% Variety milk</i>	11 <i>Lasagne Garlic toast Green beans 1% Variety milk</i>	12 NO SCHOOL	13
14	15 NO SCHOOL	16 <i>Chicken noodle casserole California Normandy Bread w/margarine Strawberry cup O.J cup 2% Variety milk</i>	17 <i>Beef taco pie Brown rice Black bean Carrot Blueberries 1% Variety milk</i>	18 <i>Sausage pizza Salad w/ranch Apricot Apple juice 1% Variety milk</i>	19 <i>hamburger Sweet potato fries Lettuce-tomato Mixed fruit 1% Variety milk</i>	20
21	22 <i>Turkey/dressing/gravy Candied yams Broccoli Applesauce cup 1% Variety milk</i>	23 <i>Chicken divan Salad w/ranch Carn Bread w/margarine Peaches 1% Variety milk</i>	24 <i>Chicken tamale pie Refried beans Brown rice Mandarin oranges 1% Variety milk</i>	25 <i>Meatball w/noodle and sauce Mixed veggies Pineapple 1% Variety milk</i>	26 <i>Tuna casserole Peas & carrots Bread w/margarine Pears 1% Variety milk</i>	27
28	29 <i>Sausage patty Pancakes Potato rounds Broccoli Spiced apples 1% Variety milk</i>					

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Helen Davis February 2016 9-12 Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>1</p> <p>Chicken nuggets French fries Spinach Corn bread Mixed fruit/raisins 1% Variety milk</p>	<p>2</p> <p>Tuna sandwich Salad w/ranch Vanilla ice cream Baked chips Pineapple Peaches 1% Variety milk</p>	<p>3</p> <p>Beef burrito Refried beans Brown rice Pears 1% Variety milk</p>	<p>4</p> <p>Salisbury steak Mashed potatoes Green beans Bread w/margarine Strawberries 1% Variety milk</p>	<p>5</p> <p>Fish sticks Peas & carrots Stewed tomatoes Bread w/margarine Spiced peaches OJ cup 1% Variety milk</p>	6
7	<p>8</p> <p>Beef Sheppard pie Broccoli Bread w/margarine Mixed fruit Applesauce cup 1% Variety milk</p>	<p>9</p> <p>Chicken ala King on rice Carrats Spiced apples 1% Variety milk</p>	<p>10</p> <p>Turkey hot dog Coleslaw Baked beans Macaroni salad Mandarin oranges 1% Variety milk</p>	<p>11</p> <p>Lasagne Garlic toast Green beans Apricot Raisins 1% Variety milk</p>	<p>12</p> <p>NO SCHOOL</p>	13
14	<p>15</p> <p>NO SCHOOL</p>	<p>16</p> <p>Chicken noodle casserole California Normandy Bread w/margarine Strawberry cup OJ cup 2% Variety milk</p>	<p>17</p> <p>Beef taco pie Brown rice Black bean Carrot Blueberries Raisins 1% Variety milk</p>	<p>18</p> <p>Sausage pizza Salad w/ranch Apricot Macaroni salad Apple juice 1% Variety milk</p>	<p>19</p> <p>Cheeseburger Sweet potato fries Lettuce-tomato Mixed fruit 1% Variety milk</p>	20
21	<p>22</p> <p>Turkey/dressing/gravy Candie yams Broccoli Bread w/margarine Applesauce cup 1% Variety milk</p>	<p>23</p> <p>Chicken divan Salad w/ranch Corn Bread w/margarine Peaches Raisins 1% Variety milk</p>	<p>24</p> <p>Chicken tamale pie Refried beans Brown rice Mandarin oranges Applesauce cup 1% Variety milk</p>	<p>25</p> <p>Meatball w/noodle and sauce Mixed veggies Pineapple Chocolate pudding 1% Variety milk</p>	<p>26</p> <p>Tuna casserole Peas % carrots Bread w/margarine Pears 1% Variety milk</p>	27
28	<p>29</p> <p>Sausage patty Pancakes Potato rounds Broccoli Spiced apples Vanilla pudding 1% Variety milk</p>					

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