



AFTERSCHOOL SNACK PROGRAM

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2017 Summer Workshops



Missouri Department
of Elementary and Secondary Education



Afterschool Snack Eligible

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To participate a school must:

- Participate in the NSLP
- Sponsor or operate an afterschool care program
 - Provide care for children after school
 - Organized, regularly scheduled activities in a structured and supervised environment
 - Include education or enrichment activities
 - Students who are part of sports teams and clubs can receive after school snacks as part of a broad, overarching educational or enrichment program offered by the school - it cannot just be part of the practice or club meeting.



After-school Snack Eligible

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Area vs Non-Area Eligible

■ Area eligible

- At least 50% of enrolled children are certified eligible for free or reduced meals
- Eligible to receive reimbursement at the free rate for snacks for all children eligible for snacks
- POS count - number of reimbursable snack served

■ Non-area eligible

- Less than 50% of enrolled children are certified eligible for free or reduced meals
- POS count –number of reimbursable snacks by free, reduced, and paid students and claim reimbursement according to eligibility status



Reimbursement Rates for Snacks

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Free Afterschool Snacks- \$0.86

Reduced-Priced Snacks- \$0.43



Paid Snacks- \$0.07



After-school Snack Components

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Each snack must contain at least two different components:

- ▣ Fluid Milk
- ▣ Meat or Meat Alternative
- ▣ Fruit or Vegetable
- ▣ Grain (Whole Grain or Enriched)



Components must meet required serving sizes.



Afterschool Snack Production Records

- **Afterschool Snack Production Records**
 - Must be completed daily
 - Must be retained for 3 years plus the current SY
 - Available on DESE Website

Afterschool Snack Program Production Record

Date _____

Week of _____

Portion Size Requirement

	Children 1 and 2 years	Children 3 thru 5 years	Children 6 thru 18 years
Milk, fluid	½ cup	½ cup	½ cup
Meat or meat alternate	½ ounce	½ ounce	1 ounce
Juice or fruit or vegetable	½ cup	½ cup	¾ cup
Bread and/or cereal			
Enriched or whole grain break or	½ slice	½ slice	1 slice
Cereal: cold dry or	¾ cup	1/3 cup	¾ cup
Hot cooked	¾ cup	¾ cup	½ cup

Must serve at least 2 of 4 components

Meal Pattern Guideline	Monday	Tuesday	Wednesday	Thursday	Friday
Milk*					
100% strength juice or fruit or vegetable					
Bread or cereal					
Meat or meat alternate					
*Juice may not be used when milk is the only other food served					



Nutrition Facts Labels

Save your Nutrition Facts labels!

Ingredients:

WHOLE WHEAT FLOUR, WATER, SUGAR, WHEAT GLUTEN, YEAST, RAISIN JUICE CONCENTRATE, WHEAT BRAN, MOLASSES, SOYBEAN OIL, SALT, MONOGLYCERIDES, CALCIUM PROPIONATE (PRESERVATIVE), CALCIUM SULFATE, DATEM, GRAIN VINEGAR, CITRIC ACID, SOY LECITHIN, WHEY, NONFAT MILK

LEARN WHAT THESE NUTRITION FACTS MEAN TO YOU.

Nutrition Facts		Amount/Serving	%DV	Amount/Serving	%DV																												
Serving Size 1 slice (38g)		Total Fat 1g	2%	Total Carbohydrate 18g	6%																												
Servings Per Container 18		Saturated Fat 0g	0%	Dietary Fiber 2g	8%																												
Calories 90		Trans Fat 0g		Sugars 3g																													
Calories from Fat 10		Polyunsaturated Fat 0g		Protein 4g																													
		Monounsaturated Fat 0g																															
		Cholesterol 0mg	0%																														
		Sodium 135mg	6%																														
*Percent (%) Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower based on your calorie needs.																																	
<table border="1"> <thead> <tr> <th></th> <th></th> <th>2,000</th> <th>2,500</th> </tr> </thead> <tbody> <tr> <td>Total Fat</td> <td>Less than</td> <td>65g</td> <td>80g</td> </tr> <tr> <td>Saturated Fat</td> <td>Less than</td> <td>20g</td> <td>25g</td> </tr> <tr> <td>Cholesterol</td> <td>Less than</td> <td>300mg</td> <td>300mg</td> </tr> <tr> <td>Sodium</td> <td>Less than</td> <td>2,400mg</td> <td>2,400mg</td> </tr> <tr> <td>Total Carbohydrate</td> <td></td> <td>300g</td> <td>375g</td> </tr> <tr> <td>Dietary Fiber</td> <td></td> <td>25g</td> <td>30g</td> </tr> </tbody> </table>								2,000	2,500	Total Fat	Less than	65g	80g	Saturated Fat	Less than	20g	25g	Cholesterol	Less than	300mg	300mg	Sodium	Less than	2,400mg	2,400mg	Total Carbohydrate		300g	375g	Dietary Fiber		25g	30g
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Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4																																	
Vitamin A 0% • Vitamin C 0% • Calcium 4% • Iron 6% • Thiamin 4% Riboflavin 2% • Niacin 6% • Folic Acid 2%																																	



Afterschool Snack Point of Service

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- Similarly to NSLP and SBP, the point of service should be placed after the students have received their snacks.
- At Point of Service, record each student who received a snack after verifying that the student has received a reimbursable snack.



After-school Snack Administrative Review

- During the Administrative Review, the Nutrition Program Specialist will:
 - Verify school eligibility
 - Ensure accurate counting and claiming system is in place
 - Make sure snacks meet requirements
 - Review production records for a minimum of 5 days from the review period



Afterschool Snack Administrative Review

- Confirm that the LEA monitors activities twice per year
 - Monitored within the first 4 weeks of operation
 - Monitored one additional time later in the school year
- Documentation review and/or Snack Service Observation

After School Snack Program Review			
Local Education Agency (LEA)	School	Date of Review	
Each After School Care Program must be reviewed by the LEA two times a year. The first review must be conducted during the first four weeks, that the school is in operation each school year.			
	Yes	No	N/A
1. Does the LEA administer or operate the after school care program?	_____	_____	
2. Does the after school care program provide students with regularly scheduled activities in an organized, structured, and supervised environment that includes educational or enrichment activities?	_____	_____	
3. Is documentation of individual students' attendance maintained on a daily basis?	_____	_____	
4. Are accurate snack count records or rosters maintained on a daily basis? (Totals for area eligible sites, counts by type - free, reduced price, and full price for non-area eligible sites.)	_____	_____	
5. Do the snacks that are served meet the minimum meal pattern requirements?	_____	_____	
6. Are production records maintained?	_____	_____	
7. Is the snack priced as a unit?	_____	_____	_____
8. Is a maximum of one snack per student per day claimed for reimbursement?	_____	_____	
9. Are snacks served free or at a reduced price for all students who are determined to be eligible for free or reduced price snacks at a non-area eligible site?	_____	_____	_____
10. If charging for snacks, does the charge for a reduced price snack exceed 15 cents?	_____	_____	_____
11. Are snacks provided free of charge to all students at an area-eligible site?	_____	_____	_____
	Yes	No	N/A

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Thank You



<http://www.dese.mo.gov/divadm/food>

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